Ninjas Edge...Camps 2019

146 w. Carmel Dr. / Carmel 46032
Train@ninjasedge.com
317-587-8777

5 Day Ninja Camp…ages 5 to 12yrs.

Full of Action! Complete Body Movement! Mental Challenges! Physical Challenges!

Skills in Ninja are technique based with progressions that advance your training. Total Ninjas have technique, skills, strength, agility style and creativity. All these attributes turn into innovative Free Runs.

Some of the Skills that will be taught: Ninja Roll, Safety-Side-Turn Vault, Handstands, Side Cartwheels, Wall Runs, Wall Pops, Tic-Tac, Precision Jumps, Balance Moves and more.

Explore City Scape Lane, Hulk Hang, Swing Street, Basketball Court, Spider Wall Alley, Wicked Run and more runs that will keep that heart pumping!

There are always surprises that will make this week full of excitement, Join Us!

Ninjas will be required nourishment bring light lunch and drink
All will receive a T Shirt to be worn at camp along with you own joggers
Wear grippy socks or flexible sole athletic shoe

Bring a Light Lunch and Drink
$150
($10 discount for more than 1 camp week)

July 22nd – 26th	August 5th – 10th
12:30-4:00	12:30-4:00

----------Detach-Complete and Return with Payment 1 Wk. Prior to Camp----------

Participants Name_____ B-Day_____

Address_____ Zip_____ Cell #_____

Email_____ Other Contact #_____

Date of Camp You Will Attend _____ &_____ & _____

I understand and assume all risks that participating in any type of movement activity in which my child participates in at Spectrum Sports Inc./Ninjas Edge. I hereby release, acquit and discharge and hold harmless Spectrum Sports Inc./Ninjas Edge owners, principles, equipment and employees from any responsibilities resulting in any injury all kinds/forms from activity with rotation, jumping turning and movement there is a chance of injury, pain, broken bone or even paralysis.

_____	_____	_____
Responsible Party Signature	Responsible Party Print Name	Date

Any Medical Condition we should be aware of: _____