

WEST ESSEX FOOTBALL



STATE CHAMPIONS

1974, 1980, 2001, 2003, 2004,
2006, 2007, 2011 & 2017

LEAGUE CHAMPS

1980, 1983, 1990, 1995, 2001,
2007, 2008, 2009, 2011, 2012,
2013, 2016, 2017 & 2018



**WE Football
Camp**

WEST ESSEX FOOTBALL CAMP

30 Hillcrest Drive
Wayne, NJ 07470

Phone: (201) 247-8651
E-mail: cbenacqu@westex.org

WEST ESSEX KNIGHTS

**2019 SUMMER
FOOTBALL CAMP**



**HOME OF THE
2001, 2003, 2004,
2006, 2007, 2011 &
2017 STATE CHAMPS**

**JULY 15th - 18th
GRADES 3 thru 8**

DEAR PLAYERS & PARENTS,

As the warm weather approaches it is time to start making plans for the summer and get ready for another year of the WEST ESSEX SUMMER FOOTBALL CAMP. The 2018 Varsity Knights had a successful season finishing 8-1 and capturing the 14th League Title in school history. The West Essex Varsity Coaching Staff as well as many current & former great Knights players will be on hand this summer to help teach your boys the skills and fundamentals needed to be successful football players in high school & beyond.

As the proud Head Football Coach as well as Nationally Certified Strength & Conditioning Coach here at West Essex, I have the pleasure of working year round with our players with one goal in mind...becoming the BEST FOOTBALL PLAYERS & TEAM we can be! That same level of dedication and care will be given to each and every camper.

Our NON-CONTACT Football Camp will put each player in a safe environment & emphasize **Offensive & Defensive Position Skills, Speed & Agility Drills, 7 on 7 Game Situations, Sportmanship, Team-work & the importance of having fun! This year we will be spending extra time teaching & drilling proper tackling techniques as recommended by the USA Football Heads Up Tackling Program.**

We are looking forward to getting to know each player and developing them to succeed in SCHOOL, FOOTBALL and THE GAME OF LIFE. Good luck & see you this summer.

Coach Benacquista

COACH BENACQUISTA

CAMP INFORMATION

DATE: Mon. July 15th - Thurs. July 18th

TIME: 9:00 AM to 1:00 PM

FEE: \$175 per week (\$50 discount for additional family members)

SITE: West Essex High School
65 West Greenbrook Road
North Caldwell, NJ 07006

CAMP HIGHLIGHTS

Each camper will receive:

- WEST ESSEX FOOTBALL T-shirt
- Interaction and instruction from the West Essex Varsity Coaching Staff as well as current & former West Essex "Greats" playing Football at the college level
- Football specific skills, speed & agility drills
- 7 on 7 Passing Tournament & Games
- Films & Highlight Videos
- Enrollment is limited...camp will be on RAIN or SHINE

Fill out the attached REGISTRATION FORM and return it with a \$100 NON-REFUNDABLE reservation deposit to:

CHRIS BENACQUISTA

30 Hillcrest Drive

Wayne, NJ 07470

The balance of \$75.00 is due on or before the 1st day.

REGISTRATION FORM

NAME _____

ADDRESS: _____

HOME PHONE # _____

PARENT CELL # _____

EMERGENCY CONTACT (Name & #): _____

BIRTH DATE _____

GRADE in SEPT. 2019 _____

E-MAIL _____

T-SHIRT SIZE (circle) Youth M L
Adult S M L XL

PLEASE READ & SIGN

I approve my child's attendance at the West Essex Knights Football Camp & certify that he is in good health. If medical attention is required during camp, I give permission for such care to be rendered. I recognize and understand that neither the West Essex Regional School District nor anyone associated with this camp will assume responsibility for accidents and medical or dental expenses incurred as a result of participation in this program.

_____ Date

_____ Signature of Parent or Guardian

Make checks payable to **GRAND SLAM CAMPS**

Any questions please call (201) 247-8651

or e-mail cbenacqu@westex.org