

# 2019 TMCHS Bravettes Girls' Cross Country

## Grahams Island Invite

Sept. 14, 12:30 p.m.

Team totals (Top 2)

1. Rugby, 30; 2. Jamestown, 69

### Top 10 finishers

1. Meghan Ford, Jamestown, 18:23.58; 2. Elise Ramberg, Langdon, 19:21.74; 3. Quinn Neppi, Rugby, 21:19.58; 4. Brooklyn Bartsch, Rugby, 21:38.39; 5. Keely Arnston, Rugby, 21:35.05; 6. Baylee Lura, Carrington, 21:51.36; 7. Amelia Shepard, Rugby, 21:52.05; 8. Maddy Orr, 22:24.00; 9. Madison Jones, 22:26.89, Harvey-WC; 10. Payton Johnston, Devils Lake, 23:31.86

### TMCHS results

32. Ayva Marion, 25:53.22; 36. Tambraye Trotter, 26:27.35

**Notes:** There were 54 runners in the varsity race...Jamestown's Meghan Ford was the individual champion, finishing in a time of 18:23.58...Jamestown and TMCHS competed from the WDA.

## Rugby Booster Invite

Sept. 28, 11 a.m.

Rugby Golf Course, Rugby

### Team totals (Top 5/WDA, 5,000 meters)

1. Rugby, 46; 2. Williston, 70; 3. Watford City, 77; 4. New Town, 142; 5. Stanley, 206; 14. TMCHS, 401

**Individual winner:** Hayley Ogle, Watford City, 18:52.99

### Top 10 Finishers

1. Hayley Ogle, Watford City, 18:52.99; 2. Jaelyn Ogle, Watford City, 19:16.03; 3. Eleni Lovgren, Williston, 19:21.84; 4. Brooklyn Bartsch, Rugby, 20:16.68; 5. Quinn Nepple, Rugby, 20:19.62; 6. Amelia Shepard, Rugby, 20:34.93; 7. Hailey White Owl, New Town, 20:51.65; 8. Sierra Watterud, Williston, 21:00.56; 9. Kaitly Hove, Trenton, 21:07.58; 10. Abigail Lawrence, Stanley, 21:09.73

### TMCHS results

52. Tambraye Trotter, 24:24.93; 58. Ava Marion, 24:39.98

**Notes:** There was 95 varsity runners...Watford City's Hayley Ogle won the meet...Rugby won the meet...Three WDA teams compete (TMCHS, Watford City, Williston)

## WDA Championships

Oct. 15, 1 p.m.

Heart River G.C., Dickinson, N.D.

### Team totals (5,000 meters)

1. Minot, 60; 2. Century, 86; 3. Bismarck High, 109; 4. Watford City, 109; 5. Williston, 116; 6. Mandan, 124; 7. Jamestown, 177; 8. Legacy, 182; 9. Dickinson, 187; 10. TMCHS, 607

**Individual winner:** Meghan Ford, Jamestown, 17:49.88

### Top 20 (All-WDA)

1. Meghan Ford, Jamestown, 17:49; 2. Hayley Ogle, Watford City, 19:01; 3. Eleni Lovgren, Williston, 19:18; 4. Jadyn Guidinger, Legacy, 19:23; 5. Jaelyn Ogle, Watford City, 19:32; 6. Emily Goldade, Century, 19:39; 7. Jilee Golus, Bismarck High, 19:48; 8. Morgan Wald, Bismarck High, 19:55; 9. Abigail Hoffarth, Minot, 19:57; 10. Trinity Jessen, Minot, 20:03; 11. Aislin Anderson, Century, 20:05; 12. Lily-ana Campbell, Minot, 20:08; 13. Acey Elkins, Mandan, 20:10; 14. Abbie Wahlund, Minot, 20:11; 15. Emma Compere, Minot, 20:21; 16. Maria Moore, Mandan, 20:35; 17. Ellie Schmitz, Watford City, 20:40; 18. Sierra Watterud, Williston, 20:45; 19. Peyton Jensen, Century, 20:50; 20. Maliah Burke, Minot, 20:53

### TMCHS results

113. Ayva Marion, 26:11.06

**Notes:** The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Minot won its first WDA title since 2007 and eighth overall...Jamestown's Meghan Ford won her second consecutive WDA title...Nine teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Mandan, Minot, Watford City, Williston) had at least one runner earn all-WDA honors (Top 20)...Minot had six runners finish in the top 20...Mandan's Kelby Rinas, who is injured and did not compete, was named W. Region senior athlete of the year...Minot's Carla Wahlund was named W. Region coach of the year...There were 132 runners competing...Temperature at race time was 45 degrees under mostly cloudy skies.

## Class A Meet

Oct. 26, 11 a.m.

Souris Valley G.C., Minot, N.D.

### Team totals

1. West Fargo, 95; 2. Fargo Davies, 110; 3. GF Central, 140; 4. Minot, 152; 5. Bismarck High, 184; 6. Century, 224; 7. Watford City, 230; 8. Fargo North, 235; 9. Williston, 283; 10. Mandan, 286; 11. GF Red River, 330; 12. Fargo Shanley, 349; 13. Valley City, 374; 14. WF Sheyenne, 376; 15. Devils Lake, 384; 16. Dickinson, 457; 17. Legacy, 458; 18. Jamestown, 465; 19. Fargo South, 598

**Individual winner:** Meghan Ford, Jamestown, 17:40.8

### Top 20 (All-State)

1. Meghan Ford, Jamestown, 17:40.8; 2. Hayley Ogle, Watford City, 18:28.2; 3. Anna Lien, Fargo North, 18:40.0; 4. Jaelyn Ogle, Watford City, 18:42.9; 5. Eleni Lovgren, Williston, 18:42.9; 6. Claire Hynek, GF Central, 18:44.3; 7. Hope Pringle, West Fargo, 18:49.7; 8. McKenna Lovehaug, Fargo Davies, 18:51.9; 9. Onnica Stansbury, WF Sheyenne, 19:06.1; 10. Jadyn Guidinger, Legacy, 19:10.0 11. Mikayla Weiss, GF Central, 19:11.6; 12. Emily Goldade, Century, 19:12.2; 13. Jilee Golus, Bismarck High, 19:18.1; 14. Payton Lane, Fargo Davies, 19:20.4; 15. Acey Elkins, Mandan, 19:21.4; 16. Anna Berhnardt, Fargo Shanley, 19:22.2; 17. Morgan Wald, Bismarck High, 19:22.9; 18. Ashley Hanson, Fargo Shanley, 19:26.0; 19. Clare Bolding, West Fargo, 19:28.0; 20. Kaelyn Berg, West Fargo, 19:29.4

### WDA results

#### Minot results

23. Trinity Jessen, 19:40.63; 28. Allie Wahlund, 19:51.29; 30. Abigail Hoffarth, 19:57.45; 32. Emma Compere, 20:03.36; 39. Maliah Burke, 20:08.76; 41. Lilly Campbell, 20:09.18; 57. Maicee Burke, 20:35.31; 58. Abbie Wahlund, 20:39.35; 67. Deja Meyer, 20:50.71; 108. Brooke Keller, 21:43.81

#### Bismarck High results

13. Jilee Golus, 19:18.06; 17. Morgan Wald, 19:22.83; 43. Taya Fettig, 20:14.07; 52. Zoe Reichenberger, 20:32.66; 59. Brooke Burgard, 20:40.88; 62. Sophia Ness, 20:43.11; 78. Neely Reichenberger, 21:03.37; 89. Tehya Sweitzer, 21:22.73; 122. Ella Reister, 21:56.08; 130. Alice Brownotter, 22:16.90

#### Century results

12. Emily Goldade, 19:12.00; 21. Aislin Anderson, 19:35.19; 44. Peyton Jensen, 20:15.30; 60. Shalae Lindell, 20:42.39; 87. Liberty Howell, 21:19.20; 110. Marissa Russon, 21:45.03; 121. Kylie Wald, 21:55.35; 144. Brenna Dietrich, 22:37.03; 152. Ashlynn Kaul, 22:53.91; 154. Rhenna Martin, 22:56.93

#### Watford City results

2. Hayley Ogle, 18:28.15; 4. Jaelyn Ogle, 18:42.81; 33. Ellie Schmitz, 20:03.71; 55. Savanna Olson, 20:33.73; 136. Tricia Schmitz, 22:31.03; 158. Kalena Hanohano, 23:12.23

#### Williston results

5. Eleni Lovgren, 18:42.81; 31. Sierra Watterud, 20:00.98; 71. Viktoria Holdaway, 20:56.01; 81. Morgan Landry, 21:10.61; 95. Niah Shumway, 21:25.00; 105. Marenn Larsen, 21:41.35; 112. Keira Shannon, 21:46.80; 114. Solveig Lovgren, 21:48.32; 138. Kaydance Heller, 22:32.43; 145. Lacey Sime, 22:38.75

#### Mandan results

15. Acey Elkins, 19:21.36; 50. Maria Moore, 20:30.43; 56. Anna Bendish, 20:34.89; 63. Cyera Moore, 20:45.44; 102. Amaya Ramsey, 21:37.65; 135. Whitney McGee, 22:28.97; 151. Kendal Beckler, 22:49.76; 157. Ashlyn Markel, 23:07.62

#### Dickinson results

53. Peyton Laser, 20:32.82; 76. Symone Beld, 29:59.85; 97. Aleigha Villars, 21:27.38; 104. Macy Weiss, 21:41.02; 127. Mattie Obrigewitch, 22:10.37; 133. Mattilyn Biel, 22:22.72; 141. Claire Kreidt, 22:34.68; 175. Veronica Pavek, 24:41.02

#### Legacy results

10. Jadyn Guidinger, 19:09.97; 83. Aubree Melchior, 21:15.02; 94. Emma Schlecht, 21:24.82; 129. Aeva Franco, 22:12.94; 142. Brooke Will, 22:34.90; 159. Selena Silk, 23:14.85; 161. Rachel Holzer, 23:21.89; 163. Ellie Deede, 23:34.68; 171. Taylor Wentz, 24:18.20; 172. Shelby Butler, 24:20.72

### Jamestown results

1. Meghan Ford, 17:40.71; 106. Julia Skari, 21:41.52; 107. Bernadette, Belzer, 21:41.72; 119. Ellie Kruger, 21:52.82; 132. Jayla Hoffer, 22:19.84; 150. Alyssa Allen, 22:47.07; 260. Maddy Orr, 23:15.56; 162. Emily Sargeant, 23:30.94; 173. Jera Truax, 24:23.80; 176. Kyra Hoffer, 24:44.97

**Notes:** West Fargo won the team title...Minot High was the top WDA finisher (fourth)...Jamestown's Meghan Ford defended her individual title and became the first Blue Jay runner to do so since Laurie Fox (1993-94)...Nine WDA runners earn all-state honors led by Century which had five...Seven WDA teams had at least one all-state finisher...Ten WDA teams participated...There were 177 runners...Mandan Kelby Rinas was named state senior athlete of the year...Minot's Carla Wahlund was named state coach of the year...Minot hosted the meet for the first time since 2014