

JUDITH NORMAN, MA, MS, LPC, RPT

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Professional Summary

Certified Synergetic Play Therapist and Supervisor with specialized training in early childhood trauma. Working from an interpersonal neurobiology perspective, and licensed as both a Professional Counselor and School Counselor, combines clinical knowledge, therapeutic and educational frameworks, along with concentrating on physiological patterning and nervous system functioning. Certified as an EMDR Therapist, works with children, adolescents, families, and, with professionals in education and mental health. Experience ranging from working with babies to adults, as a professional and a volunteer, in communities and schools, in North America and internationally.

Skill Highlights

- Licensed Professional Counselor
- Certified Synergetic Play Therapist
- Certified Synergetic Play Therapist Supervisor
- Certified EMDR Therapist
- Licensed School Counselor
- Registered Play Therapist Supervisor
- Mindfulness in Education Instructor
- Sand Tray Therapist
- Parent/Family Educator
- School & Professional Trainer

Professional Experience

- Executive Director, Lead Therapist** May 2013 to Current
Braindrops Play Therapy & Wellness - Fort Collins, CO
Psychotherapy, including Play Therapy with all ages. Education and support with families. Collaboration with other professionals and schools. Workshops for families, schools, and professionals. Clinical supervision and training. Rhythmic movement and primitive reflex integration.
- Elementary School Counselor** Aug 2009 to June 2015
Thompson School District - Loveland, CO
Mental health with individuals and groups. Work with teachers, administrators, and other professionals in assessing needs and providing support. Develop and implement classroom curriculum with an emphasis on self-regulation. Introduction and training of Mindfulness and social emotional learning curriculum now used in many district schools. Lead Teacher, School Leadership Team, Professional Development, District-Wide Culturally Responsive Leadership Team.
- Psychotherapist** Aug 2012 to Aug 2013
Play Therapy Institute of Colorado - Boulder, CO
Play therapy with children. Family education and support. Supervision.
- Director of Guidance** Aug 2002 to June 2007
Canadian Academy - Kobe, Japan
Clinical supervision. Leadership & guidance of mental health and academic support teams. Mental health with individuals and groups. Develop and implement school-wide programs (K-12) and social-emotional curriculum (Pre-K-5).
- Family Involvement Specialist** Aug 1997 to June 1999
2-Way Bilingual Immersion School - Milwaukie, OR
Family outreach. Home visits. Identify and support culturally relevant practices.

Speaker Early Childhood Education Speaker's Bureau - Milwaukie, OR Develop and provide workshops. Research on child temperament and learning styles.	Aug 1996 to June 1999
Parent Educator Willamette Falls Hospital - Milwaukie, OR Educate and support parents	Jan 1994 to Jan 1999
Director Tibetan Resettlement Project - Dharamsala, India Create and implement a cultural orientation program.	Aug 1991 to May 1992

Education and Training

Play Therapy Institute of Colorado - Boulder, CO Faculty: Lisa Dion Content: Advanced training synergetic play therapy, Attachment, Trauma, Sensory & Regulatory issues, Divorce, Grief, Adoption.	2013
Mindful Education Institute - Mt. Madonna, CA Program Faculty: Jack Kornfield, Dr. Jon Kabat-Zinn, Susan Kaiser Greenland, Linda Lantieri, Pam Dunn, Vinny Ferrero, Chris Mckenna, Amani Carey-Simms, Daniel Rechtschaffen, Megan Cowan, Meena Srinivasan Content: Mindfulness in education, Program development & implementation, Training.	2013
Sensorimotor Psychotherapy Institute - Boulder, CO Faculty: Dr. Allan Schore Content: The Science of the Art of Psychotherapy: Advances in Regulation Theory.	2011
Sand Tray Training Institute of New Mexico - Corrales, NM Faculty: Dr. Theresa Kestley Content: Sand tray therapy, Trauma, Special populations, Groups.	2011
Master of Science, Counseling Concordia University - Mequon, WI	2004
Master of Arts, Human Development/Bi-cultural Development Pacific Oaks College - Anaheim, CA	2001
Intercultural Communication Institute - Portland, OR Program Faculty: Dr. Milton Bennett, Dr. Janet Bennett, Dr. Bruce LaBrack, Margaret Pusch, Dr. Michale Paige, Dr. John Condon. Content: Intercultural communication, 3rd culture kids, Experiential learning model.	1990

Additional Training

- Eye Movement Desensitization Reprocessing (EMDR) Levels 1 & 2 - EMDRIA, 2012
- Additional EMDR Trainings: EMDR with Young Children, EMDR for Early Trauma & Neglect Held in Implicit Memory, Advanced specialization in Early Trauma Protocol, Looking through the Eyes: EMDR & Ego State Therapy Across the Dissociative Continuum, Somatic Interventions and EMDR.
- Sensorimotor Psychotherapy Institute - Broomfield, CO
Dissociative disorders, Attachment, Early childhood trauma.
- Demartini Method "The Breakthrough Experience" - Demartini Institute, 2014
- RMT Levels 1 & 2 and RMT for School Readiness - Rhythmic Movement International, 2014
- RMT Level 3 - Rhythmic Movement International, 2016
- Foundations for Clinical Neuroplasticity - Cardinal Capers, 2016
- "Practicing Mindsight" - Mindsight Institute
- "The New Brain Series" - National Institute for the Clinical Application of Behavioral Medicine
- "Art Therapy for Grief & Loss" - Creative Healing Hayes Art Therapy