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**Proficiency Skills Checklist**

**PACU / Recovery- RN**

**NAME: DATE:** Directions:Check the column **S** = Strong skill: at least one (1) year of work can perform without assistance

that best describes your skill level **A** = Adequate skill: at least six (6) months work may require some assistance

in each area. **L**= Limited skill: less than six (6) months work will require assistance

**N**= No skill

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| **General Skills** |  |  | **S A L N** | | | |
| **Advanced directives** |  |  |  |  |  |  |
| **Awareness of HCAHPS** |  |  |  |  |  |  |
| **Patient/family teaching** |  |  |  |  |  |  |
| **Lift/transfer devices** |  |  |  |  |  |  |
| **Specialty beds** |  |  |  |  |  |  |
| **Restrictive devices (restraints)** |  |  |  |  |  |  |
| **End of life care/palliative care** |  |  |  |  |  |  |
| **Wound assessment & care** |  |  |  |  |  |  |
| **Automated Medication Dispensing System, Pyxis, Omnicell, or other** |  |  |  |  |  |  |
| **Bar coding for medication administration** |  |  |  |  |  |  |
| **Diabetic care & education** |  |  |  |  |  |  |
| **Blood Glucose Monitoring (BGM)** |  |  |  |  |  |  |
| **Insulin administration** |  |  |  |  |  |  |
| **National Patient Safety Goals** |  |  |  |  |  |  |
| **Accurate patient identification** |  |  |  |  |  |  |
| **Effective communication** |  |  |  |  |  |  |
| **Interpretation & communication of lab values** |  |  |  |  |  |  |
| **Medication administration** |  |  |  |  |  |  |
| **Labeling (medications & specimens)** |  |  |  |  |  |  |
| **Medication reconciliation** |  |  |  |  |  |  |
| **Anticoagulation therapy** |  |  |  |  |  |  |
| **Pain assessment & management** |  |  |  |  |  |  |
| **Monitoring conscious sedation** |  |  |  |  |  |  |
| **Infection control** |  |  |  |  |  |  |
| **Universal precautions** |  |  |  |  |  |  |
| **Isolation** |  |  |  |  |  |  |
| **Minimize risk for falls** |  |  |  |  |  |  |
| **Prevention of pressure ulcers** |  |  |  |  |  |  |
| **Universal protocol (site/side verification)** |  |  |  |  |  |  |
| **Normothermia** |  |  |  |  |  |  |
| **Beta blocker (preop)** |  |  |  |  |  |  |

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| **Anesthesia: General Knowledge** |  |  | **S A L N** | | | |
| **Moderate sedation/protocols & procedures** |  |  |  |  |  |  |
| **Local anesthetics** |  |  |  |  |  |  |
| **Regional blocks (intrathecal/epidural/spinal)** |  |  |  |  |  |  |
| **General anesthesia (IV anesthetic agents/inhalation anesthesia agents)** |  |  |  |  |  |  |
| **Administer & monitor paralytic agents** |  |  |  |  |  |  |
| **Administer & monitor reversal agents** |  |  |  |  |  |  |
| **Assessment of dermatomes** |  |  |  |  |  |  |
| **Neuromuscular blocking agents (depolarizing, non-depolarizing, reversal agents)** |  |  |  |  |  |  |
| **Benzodiazepines/reversal** |  |  |  |  |  |  |
| **Opioids/reversal** |  |  |  |  |  |  |

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| **Pulmonary** | |  |  | **S A L N** | | | |
| **Assessment of breath sounds/rate/effort** | |  |  |  |  |  |  |
| **Airway Management, Care & Maintenance** | | | | | | | |
| **Head positioning to ensure airway patency** | |  |  |  |  |  |  |
| **Oral/NT airway** | |  |  |  |  |  |  |
| **Laryngeal Mask Airway (LMA)** | |  |  |  |  |  |  |
| **Endotracheal tube** | |  |  |  |  |  |  |
| **Tracheostomy** | |  |  |  |  |  |  |
| **Use of ambu bag** | |  |  |  |  |  |  |
| **O2 therapy (NC/mask)** | |  |  |  |  |  |  |
| **Use of CO2 monitoring devices** | |  |  |  |  |  |  |
| **SVO2 monitoring** | |  |  |  |  |  |  |
| **Oral/NT suctioning** | |  |  |  |  |  |  |
| **Assisting with intubation** | |  |  |  |  |  |  |
| **Assisting with extubation** | |  |  |  |  |  |  |
| **Measuring tidal volume** | |  |  |  |  |  |  |
| **Arterial blood gas interpretation/analysis** | |  |  |  |  |  |  |
| **Obtaining ABG blood sample (art line, arterial puncture)** | |  |  |  |  |  |  |
| **Pulse oximetry** | |  |  |  |  |  |  |
| **Mechanical ventilation** | |  |  |  |  |  |  |
| **Pleural chest tubes** | |  |  |  |  |  |  |
| **Postoperative Care (Respiratory)** | | | | | | | |
| **Tracheostomy** | |  |  |  |  |  |  |
| **Laryngeal procedures/laryngectomy** | |  |  |  |  |  |  |
| **Lung transplant** | |  |  |  |  |  |  |
| **Video-assisted thoracoscopic surgery (VATS)** | |  |  |  |  |  |  |
| **Radical neck dissection** | |  |  |  |  |  |  |
| **Penetrating/open chest trauma** | |  |  |  |  |  |  |
| **Pulmonary - cont.** |  | |  |  | | | |
| **Sinus surgery** |  | |  |  |  |  |  |
| **Adenotonsillectomy (T&A)** |  | |  |  |  |  |  |
| **Thoracotomy/lobectomy/pneumonectomy** |  | |  |  |  |  |  |

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| **Cardiovascular** |  |  | **S A L N** | | | |
| **Cardiovascular assessment** |  |  |  |  |  |  |
| **Interpretation of arrhythmias** |  |  |  |  |  |  |
| **Performing 12 lead EKG's** |  |  |  |  |  |  |
| **Care of patient with VAD (ventricular assist device)** |  |  |  |  |  |  |
| **Set Up & Interpretation of:** | | | | | | |
| **Hemodynamic monitoring (CVC/aline/PA catheter)** |  |  |  |  |  |  |
| **External/temporary pacemaker** |  |  |  |  |  |  |
| **Cardiac arrest/CPR** |  |  |  |  |  |  |
| **Cardioversion/defibrillation** |  |  |  |  |  |  |
| **Postoperative Care (Cardiovascular)** | | | | | | |
| **Permanent pacemaker/AICD insertion** |  |  |  |  |  |  |
| **Vascular bypass/grafting** |  |  |  |  |  |  |
| **Embolectomy/thrombectomy** |  |  |  |  |  |  |
| **Abdominal aortic aneurysm (AAA) repair** |  |  |  |  |  |  |
| **Thoracic aortic aneurysm repair** |  |  |  |  |  |  |
| **Endoluminal stenting** |  |  |  |  |  |  |
| **Vena cava filter** |  |  |  |  |  |  |
| **Postoperative myocardial infarction** |  |  |  |  |  |  |

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| **Neurology** |  |  | **S A L N** | | | |
| **Baseline neurological assessment** |  |  |  |  |  |  |
| **Glasgow coma scale** |  |  |  |  |  |  |
| **Cranial nerve assessment** |  |  |  |  |  |  |
| **Seizure precautions** |  |  |  |  |  |  |
| **Cervical spine precautions** |  |  |  |  |  |  |
| **Postoperative Care (Neuro Surgery)** | | | | | | |
| **Craniotomy** |  |  |  |  |  |  |
| **Burr holes** |  |  |  |  |  |  |
| **Aneurysm clipping/coiling** |  |  |  |  |  |  |
| **Evacuation of hematoma (subdural, epidural)** |  |  |  |  |  |  |
| **Carotid endarterectomy** |  |  |  |  |  |  |
| **Intracranial tumor excision** |  |  |  |  |  |  |
| **Spinal tumor excision** |  |  |  |  |  |  |

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| **Neurology - cont.** |  |  | **S A L N** | | | |
| **Laminectomy** |  |  |  |  |  |  |
| **Spinal fusion** |  |  |  |  |  |  |
| **Ventricular peritoneal shunt** |  |  |  |  |  |  |
| **Tether Cords** |  |  |  |  |  |  |
| **Set Up & Care of Intracranial/Cerebral Perfusion Pressure Monitoring (ICP/CPP) via:** | | | | | | |
| **Ventriculostomy** |  |  |  |  |  |  |
| **Subarachnoid screw/bolt** |  |  |  |  |  |  |

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| **Gastrointestinal S A L N** | | | | | | |
| **Care of Patient with:** | | | | | | |
| **Gastric tubes (NG/G)** |  |  |  |  |  |  |
| **Jejunostomy tube** |  |  |  |  |  |  |
| **Assessment & management of wound drains (self-suction/irrigation/drainage)** |  |  |  |  |  |  |
| **Endoscopic procedures** |  |  |  |  |  |  |
| **Postoperative Care (GI)** | | | | | | |
| **Laparoscopic** |  |  |  |  |  |  |
| **Exploratory laparotomy** |  |  |  |  |  |  |
| **Nissen fundoplication** |  |  |  |  |  |  |
| **Esophageal procedures** |  |  |  |  |  |  |
| **Abdominal trauma** |  |  |  |  |  |  |
| **Gastroplasty/bypass (bariatric surgery)** |  |  |  |  |  |  |
| **Gastrectomy (partial/complete)** |  |  |  |  |  |  |
| **Whipple procedure** |  |  |  |  |  |  |
| **Pyloroplasty** |  |  |  |  |  |  |
| **Vagotomy** |  |  |  |  |  |  |
| **Appendectomy** |  |  |  |  |  |  |
| **Bowel/colon resection** |  |  |  |  |  |  |
| **Colostomy/ileostomy** |  |  |  |  |  |  |
| **Hernia repair** |  |  |  |  |  |  |

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| **Endocrine** |  | |  | **S A L N** | | | |
| **Transphenoidal hypophysectomy** |  | |  |  |  |  |  |
| **Adrenalectomy** |  | |  |  |  |  |  |
| **Thyroidectomy** |  | |  |  |  |  |  |
| **Parathyroidectomy** |  | |  |  |  |  |  |
| **Intravenous Management** | |  |  | **S A L N** | | | |
| **Starting peripheral IV's** | |  |  |  |  |  |  |
| **Care of patient with peripherally-inserted central catheter (PICC) Groshong/Hickman** | |  |  |  |  |  |  |
| **Administration of blood/blood products** | |  |  |  |  |  |  |
| **Autotransfusion of blood/blood products** | |  |  |  |  |  |  |
| **Administration of volume expanders (albumin, dextran, etc)** | |  |  |  |  |  |  |

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| **Miscellaneous** | | |  |  | | **S A L N** | | | | | | | |
| **Aldrete scoring** | | |  |  | |  | |  | |  | |  | |
| Experience with level 1 trauma patients | | |  |  | |  | |  | |  | |  | |
| **Management of patient with malignant hyperthermia** | | |  |  | |  | |  | |  | |  | |
| **Anaphylaxis** | | |  |  | |  | |  | |  | |  | |
| **Care of patients with latex allergies** | | |  |  | |  | |  | |  | |  | |
| **Phlebotomy: peripheral** | | |  |  | |  | |  | |  | |  | |
| **Drawing blood from invasive lines** | | |  |  | |  | |  | |  | |  | |
| **Pharmacology - Use & Administration of:** | | | | | | | | | | | | | |
| **H2 receptor antagonists: (Zantac, Pepcid, Carafate)** | | |  |  | |  | |  | |  | |  | |
| **Antiemetics (Zofran, Phenergan, Reglan)** | | |  |  | |  | |  | |  | |  | |
| **Steroids: (decadron, Solu-Medrol)** | | |  |  | |  | |  | |  | |  | |
| **Emergency meds (ACLS protocols)** | | |  |  | |  | |  | |  | |  | |
| **Anticonvulsants: (Dilantin, phenobarbital)** | | |  |  | |  | |  | |  | |  | |
| **Inotropes/vasoactive drips** | | |  |  | |  | |  | |  | |  | |
| **Calcium channel blockers: (Cardizem)** | | |  |  | |  | |  | |  | |  | |
| **Antihypertensives: (nipride)** | | |  |  | |  | |  | |  | |  | |
| **Antiarrhythimics: (amiodarone, lidocaine, procan)** | | |  |  | |  | |  | |  | |  | |
| **Diuretics: (Lasix, edecrin sodium, Bumex)** | | |  |  | |  | |  | |  | |  | |
| **Fibrinolytics** | | |  |  | |  | |  | |  | |  | |
| **Glycoprotein IIb/IIIa receptor inhibitors: (Integrilin, Aggrastat)** | | |  |  | |  | |  | |  | |  | |
| **Nebulizer treatments: (Ventolin, Atrovent, racemic, ephinephrine)** | | |  |  | |  | |  | |  | |  | |
| **Other Procedures** | | | | | | | | | | | | | |
| **Post orthopedic/musculoskeletal procedures** | | |  |  | |  | |  | |  | |  | |
| **Post ENT procedures** | | |  |  | |  | |  | |  | |  | |
| **Post breast procedures (mastectomy/lumpectomy)** | | |  |  | |  | |  | |  | |  | |
| **Post GYN procedures** | | |  |  | |  | |  | |  | |  | |
| **Post prostate procedures** | | |  |  | |  | |  | |  | |  | |
| **Post wound care (I&D/debridement)** | | |  |  | |  | |  | |  | |  | |
| **Age Specific Competencies** |  | | |  | | **S A L N** | | | | | | | |
| **Newborn/neonate (birth-30 days)** |  | | |  | |  | |  | |  | |  | |
| **Infant (31 days-1 year)** |  | | |  | |  | |  | |  | |  | |
| **Toddler (2-3 years)** |  | | |  | |  | |  | |  | |  | |
| **Preschool (ages 4-5 years)** |  | | |  | |  | |  | |  | |  | |
| **School age (ages 6-12 years)** |  | | |  | |  | |  | |  | |  | |
| **Adolescents (ages 13-21 years)** |  | | |  | |  | |  | |  | |  | |
| **Young adult (ages 22-39 years)** |  | | |  | |  | |  | |  | |  | |
| **Adults (ages 40-64 years)** |  | | |  | |  | |  | |  | |  | |
| **Older adult (ages 65-79 years)** |  | | |  | |  | |  | |  | |  | |
| **Elderly (ages 80+ years)** |  | | |  | |  | |  | |  | |  | |

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**The information on this and all preceding pages is true and correct.**

**Signature**

**Date**