

You Keep **YOUR** Rights

Now that you live in a nursing home or a residential care facility, you have the same rights you've always had...and a few more

This is YOUR Home

You have the right to make yourself at home - to have visitors, to have your own belongings, to pursue your own interests. You also have the right to leave, and the right to stay.

This is YOUR Health

You have the right to know what your health condition is, to decide how you will be cared for, and to receive all the care you agreed to in your plan of care.

This is YOUR Life

You have the right to be treated with dignity and respect at all times. You have the right to decide how you want to spend your day, when to get up and go to bed, and what you want to do during the day.

You Also Have The Right....

To Know:

- What services are available and at what cost
- How to apply for Medicaid
- Your medical condition and treatment plan and alternatives

To Be Free From:

- Abuse
- Neglect
- Discrimination
- Restraints used against your will

To Choose:

- Your doctor and other health care providers
- Your care and treatment
- Your daily routine
- How to spend your money
- To visit with family and friends
- To participate in activities inside and outside the facility

To Privacy:

- In communication - mail, phone, visits
- While receiving personal care and medical treatment
- For your personal and medical records

The Home **Must**:

- Provide sufficient staff to meet your needs on all days, all shifts
- Provide you with reasonable notice before changing your room or your roommate
- Close your door and knock before entering except in case of emergency
- Assist you in getting up and going to bed in accordance with your requests
- Respond to all reasonable requests promptly
- Provide a safe and clean living environment
- Treat you at all times with courtesy, respect, and full recognition of dignity and individuality