



Tuscaloosa Ballroom Dance Club

eNewsletter September 2025

National Dance Day Dance

at McAbee Center

(3801 Loop Road; 35404)

Friday, September 19, 2025

Music: *DJ Richard Richards*

7:00 p.m. - 10:00 pm

ADMISSION (cash, check, or venmo)

Members: \$5

Non-members: \$8 (\$16/couple)

Students: \$5

Sustaining, Bronze, Silver, Gold, & Platinum Members: *Prepaid!*

Members and guests must be at least 18 years of age.

Attire: Dressy Casual

Co-sponsored by PARA4Life @ McAbee Center

National Dance Day Dance : Friday, September 19, 2025

TBDC and PARA4Life are pleased to extend a heartfelt invitation to our celebration of Dance! Whether you are a professional dancer or someone who just loves to dance, we invite you to join us in recognizing National Dance Day. Dance lifts our spirits, improves our health, and brings people together! It's the perfect cure for whatever ails you. DJ Richard Richards will provide the perfect sounds for this very special occasion. And, to add even more enjoyment to the evening, Richard and his lovely wife, Rita, will perform two exhibition dances - - the Tango and the Foxtrot. You will not want to miss this wonderful event. So, mark your calendar and make it your goal to spend this evening with TBDC. You'll be glad you came!

Don't forget, this is a FRIDAY night dance.

Doors open at 6:30 p.m. Dancing begins at 7:00 p.m. and ends at 10:00 p.m.

Attire: Dressy Casual

Admission (cash, check, or venmo): \$5/TBDC member, \$8 non-member (\$16/couple), \$5/student. TBDC's sustaining members are prepaid!

Bring a wrap: Most dance clubs keep their dance spaces a few degrees cooler than normal for the comfort and well-being of their active dancers. So, if you are cold-natured or tend not to dance as much as others, please bring a wrap to all TBDC dances.

Snacks. Water is provided. TBDC invites our regular dancers to bring an item for the snack table.

McAbee Center (3801 Loop Road; Tuscaloosa, 35404): The entrance to McAbee Center's parking lot is at the intersection of Loop Road and Veterans Memorial Parkway. (The VA Hospital is located behind and to the right of McAbee Center.) There is no access to McAbee Center's parking lot from the hospital campus, so please avoid the hospital's main entrance. For a map, click here: [Map](#).

From Birmingham, take interstate Exit 79 for University Blvd. At the end of the exit ramp, bear right onto University Blvd. After 4.6 miles, turn left at the traffic light onto Veterans Memorial Pkwy. In ½ mile, turn left onto Loop Rd and immediately turn left again to access McAbee Center's parking lot.

Denim and Diamonds Dance

Oh, what a night! Denim and diamonds everywhere . . . from the incredible handmade denim flowers and jewels adorning the guest tables, to the denim pockets hanging from the refreshment table and wall (some containing written gems of wisdom). There was also a beautifully illuminated photo backdrop. As always, Tricia Schuster delivered uniquely perfect decorations. The dancers, attired in denim and bling, filled the dance floor, happily dancing to the superb sounds of Just Friends (the expanded version of Five of a Kind). As an added treat, Regina Noland turned a break into a line dance lesson and led a large group in the circle line dance, Sixteen Steps. It was so much fun! Thank you, Regina. Everyone had a rollicking good time.

Special thanks to our incredible people who work behind the scenes:

Lewis Cotton - amazing publicist and special photographer; Kathy Cotton - attendance table manager without equal; and Kim Brown - always helpful venue manager.

And, a big shout out goes to all the members and guests who bring the delicious treats that give us the energy to dance all night.

A lovely door prize, donated by Barkley Buick GMC Cadillac, was given away during the second break. Bonnie and Scott Porter were congratulated on their 18th wedding anniversary, and Regina led the guests in singing Happy Birthday to Ken Lee.

TBDC's introductory dance lessons returned on Tuesday, September 2, 2025!

We are happy to announce that TBDC's Fall Dance Lessons have returned.

Looking ahead: Autumn Leaves Dance on Friday, October 17, 2025.

Believe it or not, it won't be long before autumn leaves start drifting by your window. With this in mind, TBDC and PARA4Life invite you to join us for the Autumn Leaves Dance. Music for this occasion will be provided by the legendary Drew White Orchestra. We hope to see you there.

(Please note: The venue for this dance has been changed. It will be held at the Taylorville Methodist Church, located at 640 Bear Creek Road, Tuscaloosa, Alabama 35405.)

TBDC's 2025 Sponsors

Ruby Sponsors (\$100-299)

Emerald Sponsors (\$300-499)

Barkley Buick GMC Cadillac: 3575 Skyland Boulevard East, Tuscaloosa, AL 35405
<http://www.barkleygmc.com>

Sapphire Sponsors (\$500-999)

Budget Mini-Storage, in memory of Don Wright: 9331 Hwy 69, Northport, AL 35473
(205) 330-9098

SWEN Chinese Restaurant: 1130 University Boulevard, Suite B2, Tuscaloosa, AL 35401
(205) 391-9887 and 3420 Hwy 69 N, Northport, AL 35473 (205) 333-8886
Facebook: [Swen Chinese Restaurant](#).

TBDC's 2025 Sustaining Members

Sustaining Members: Pat Atkins; Carolyn and Gary Bishop; Bruce Evans; Bryan Fair; Bonnie and Scott Porter; Diana Secor; Janet and John Weber; and Dr. Albert and Anna White.

Bronze Members: Kathy and Lewis Cotton; Carolyn and Jim Hill; Garry Pearson and Angie Summerlin; and Carol and Tom Russell.

Silver Members: Nita and Scott Hestevold.

Gold Members: Regina and Butch Noland.

Platinum Members: Melody and Wayne Roberts.

TBDC's 2025 Dance Schedule

	Band/CD	Theme	Decorators
Jan 18 (Sat)	5 of a Kind	January Frost Dance	Diana Secor
Feb 15 (Sat)	Drew White	Love in Bloom Ball	Carol and Tom Russell
Mar 22 (Sat)	5 of a Kind	Sock Hop	Regina and Butch Noland
Apr 26 (Sat)	Ain't Misbehavin'	Arbor Day Dance	Nita and Scott Hestevold
May 17 (Sat)	DJRR	Birds of a Feather Dance	Ken Lee
Jun 21 (Sat)	5 of a Kind	Blue Hawaii Dance	Janet and John Weber
Jul 19 (Sat)	Drew White	Picnic Dance	Bruce Evans
Aug 16 (Sat)	5 of a Kind	Denim and Diamonds Dance	Tricia Schuster
Sep 19 (Fri)	DJRR	National Dance Day Dance	Nita and Scott Hestevold
Oct 17 (Fri) Taylorville Methodist Church	Drew White	Autumn Leaves Dance	Regina and Butch Noland
Nov 21 (Fri) Taylorville Methodist Church	5 of a Kind	Stardust Dance	Janet and John Weber
Dec 13 (Sat)	Drew White	Nutcracker Ball	Kathy and Lewis Cotton

Attire: “Ball” designates a dressy event (with semi-formal wear or formal wear invited), and “Dance” designates a dressy-casual or theme event.

In Case of Severe Weather...

When a severe-weather alert has been issued for the evening of any TBDC event, TBDC will decide by 4 p.m. whether to proceed with or cancel the event. By 4:30 p.m., TBDC will notify friends and members by email and with a post on its Facebook page. *Note:* As a rule, TBDC cancels events only when tornadic or winter weather poses a serious safety concern; a mere rainstorm does not stop the sun from shining on the dance floor!

Monthly Listings... TBDC: Facebook, Website, and Email

- ***TBDC's email address:*** TBDC.91@gmail.com
- ***Facebook:*** For announcements, last-minute information, and photos, visit TBDC's Facebook page [Tuscaloosa Ballroom Dance Club – Community Organization]. In the top box, click “Like” to be notified by Facebook when information and photos are posted.
- ***TBDC's website:*** www.tbdc.org [webmaster: Lewis Cotton]
- ***Instagram:*** tusc_ballroom_dance_club
- ***Tuscaloosa Patch:*** Look for our announcements.

Janet Weber
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