

**NorCal Powerlifting "Strength in Diversity" July 22, 2018 Results**

Name	Age	Sex	Weight (lb)	Wt Class	Division	Category	Squat (kg)			Bench (kg)			Deadlift (kg)			Best Total (kg)	Coefficient Wilk's	Coefficient Age (Foster, McCulloch)
							1	2	3	1	2	3	1	2	3			
<b>POWERLIFTING</b>																		
Aysha Pal	28	F	131.2	132	Open	R/P	100	105	0	70	75	0	110	120	127.5	307.5	345.01	345.01
Ryland Nella	15	F	148	148	Teen	R/P	55	67.5	77.5	35	37.5	0	82.5	92.5	100	215	220.30	259.95
Ana Baker	29	F	144.8	148	Novice	R/P	100	105	110	72.5	77	82.5	137.5	0	147.5	340	353.97	353.97
Jenny Kot	24	F	140.8	148	Novice	R/P	87.5	102.5	0	42.5	50	0	95	102.5	0	255	271.06	271.06
Abigail Clugston	21	F	146.6	148	Junior	R/P	100	105	0	52.5	0	57.5	122.5	130	137.5	300	309.52	315.71
Abigail Clugston	21	F	146.6	148	Open	R/P	100	105	0	52.5	0	57.5	122.5	130	137.5	300	309.52	315.71
Sheryl Soo	27	F	144.6	148	Open	R/P	85	102.5	105	42.5	52.5	55	90	117.5	120	280	291.80	291.80
Ana Baker	29	F	144.8	148	Open	R/P	100	105	110	72.5	77.5	82.5	137.5	0	147.5	340	353.97	353.97
Laura Burnett	30	F	147.2	148	Open	R/P	85	90	95	42.5	45	0	100	107.5	112.5	252.5	259.74	259.74
Shirley Negron	40	F	147	148	Open	R/P	100	102.5	110	55	62.5	0	137.5	147.5	152.5	325	334.65	334.65
Shirley Negron	40	F	147	148	Master	R/P	100	102.5	110	55	62.5	0	137.5	147.5	152.5	325	334.65	334.65
Crystal Le	14	F	162.4	165	Teen	R/P	92.5	97.5	100	57.5	62.5	0	47.5	0	0	210	201.93	248.37
Cecilia Cisar	24	F	155.4	165	Open	R/P	95	105	0	47.5	50	52.5	130	145	155	312.5	309.41	309.41
Sarah Fausto	25	F	163.5	165	Open	R/P	122.5	127.5	0	72.5	77.5	80	135	142.5	147.5	355	339.88	339.88
Stephanie Cuaresma	26	F	163.8	165	Open	R/P	100	105	110	40	42.5	45	110	115	120	275	262.98	262.98
Francesca Burke	39	F	158.8	165	Novice	R/P	95	100	105	47.5	50	52.5	122.5	127.5	132.5	290	282.97	282.97
Mary Portwood	35	F	178.4	181	Sub-master	R/P	150	157.5	170	82.5	0	0	145	152.5	0	405	368.25	368.25
Tracy Burman	39	F	179.6	181	Sub-master	R/P	0	92.5	100	60	0	0	92.5	100	110	270	244.62	244.62
Tracy Burman	39	F	179.6	181	Open	R/P	0	92.5	100	60	0	0	92.5	100	110	270	244.62	244.62
Alexis Lira	20	F	198.2	198	Novice	R/P	117.5	122.5	0	62.5	62.5	0	130	140	147.5	332.5	287.43	296.05
Annette Thorsen	55	F	223.2	242	Master	R/P	77.5	82.5	87.5	52.5	57.5	60	130	140	0	287.5	238.52	292.19
Mary Ann Freitas	29	F	336.4	275	Open	R/P	157.5	0	0	102.5	0	0	0	0	0	260	199.80	199.80
Sonia Villegas	35	F	256.4	275	Sub-master	R/P	120	125	132.5	60	62.5	0	115	120	125	320	257.35	257.35
<b>PUSH/PULL</b>																		
Valerie Cowell	59	F	198	198	Master	RPP				65	70	0	87.5	92.5	100	170	147.02	193.33
<b>DEADLIFT ONLY</b>																		
<b>BENCH ONLY</b>																		
<b>POWERLIFTING</b>																		
Williamson Roasa	28	M	145	148	Novice	R/P	132.5	145	150	82.5	90	0	165	177.5	187.5	427.5	336.63	336.63
Amir Rana	25	M	146.4	148	Novice	R/P	142.5	152.5	160	85	90	95	165	177.5	185	440	343.76	343.76
Amir Rana	25	M	146.4	148	Open	R/P	142.5	152.5	160	85	90	95	165	177.5	185	440	343.76	343.76
Sean Nguyen	17	M	160.4	165	Teen	R/P	167.5	0	182.5	115	125	0	162.5	170	182.5	490	356.78	385.32
Andrew Hudspeth	20	M	157.8	165	Junior	R/P	115	122.5	130	77.5	82.5	87.5	132.5	137.5	145	362.5	267.13	275.14
John Adam Strugis	26	M	161.4	165	Novice	R/P	120	0	132.5	102.5	112.5	117.5	205	217.5	227.5	477.5	346.12	346.12
John Adam Strugis	26	M	161.4	165	Open	R/P	120	0	132.5	102.5	112.5	117.5	205	217.5	227.5	477.5	346.12	346.12
Travis Tenorio	28	M	164	165	Open	R/P	147.5	150	152.5	112.5	117.5	0	197.5	212.5	0	482.5	345.78	345.78
Anthony Miu	29	M	161.4	165	Open	R/P	132.5	152.5	165	92.5	102.5	117.5	162.5	195	202.5	485	351.55	351.55
Kyle Aaron Papas	17	M	179.2	181	Teen	R/P	142.5	150	0	80	85	0	170	177.5	182.5	417.5	282.22	304.79
William Umali	18	M	172.2	181	Teen	R/P	107.5	112.5	120	77.5	82.5	85	160	162.5	0	367.5	254.78	270.07
Thomas Thach	20	M	178.2	181	Junior	R/P	127.5	0	147.5	87.5	92.5	0	147.5	175	185	425	288.28	296.93

**NorCal Powerlifting "Strength in Diversity" July 22, 2018 Results**

Name	Age	Sex	Weight (lb)	Wt Class	Division	Category	Squat (kg)			Bench (kg)			Deadlift (kg)			Best Total (kg)	Coefficient Wilk's	Coefficient Age (Foster, McCulloch)
							1	2	3	1	2	3	1	2	3			
Luis Virrueta	20	M	180.6	181	Open	R/P	137.5	145	0	90	0	95	167.5	175	182.5	422.5	284.24	292.77
Abraham Zuniga	22	M	178.8	181	Junior	R/P	205	215	227.5	147.5	155	162.5	250	267.5	0	657.5	445.06	449.51
Marco Zuniga	24	M	178.8	181	Open	R/P	145	167.5	170	95	105	107.5	175	200	205	482.5	326.60	326.60
Laszlo Tallai	30	M	178.6	181	Open	R/P	185	205	220	145	155	0	230	250	0	625	423.35	423.35
Manoj Kumar	35	M	168.6	181	Sub-master	R/P	142.5	150	157.5	65	70	0	160	170	182.5	410	288.27	288.27
Joshua Ramirez	23	M	198.4	198	Novice	R/P	165	177.5	0	97.5	107.5	115	180	192.5	210	502.5	320.81	320.81
Daniel Fernandez	30	M	194.8	198	Novice	R/P	0	0	125	105	120	0	182.5	210	227.5	472.5	304.53	304.53
Levy Wilson	25	M	194.8	198	Open	R/P	220	220	227.5	0	0	0	0			227.5	146.63	146.63
Indivar Singh	26	M	194.8	198	Open	R/P	195	210	0	125	0	132.5	200	217.5	0	560	360.92	360.92
Naveen Kolagla	29	M	189.6	198	Open	R/P	130	135	0	75	80	0	160	167.5	175	390	255.07	255.07
Nathan Patterson	31	M	195.8	198	Open	R/P	165	175	0	180	0	0	220	232.5	0	587.5	377.63	377.63
Jimmy Algrem-Bell	20	M	239.8	242	Junior	R/P	200	215	227.5	137.5	0	145	215	232.5	0	605	357.29	368.01
Samuel Taylor	30	M	237	242	Open	R/P	0	0	205	147.5	0	0	230	240	250	602.5	357.16	357.16
Dale Thorsen	57	M	239.4	242	Master	R/P	82.5	87.5	92.5	77.5	82.5	87.5	117.5	122.5	0	302.5	178.74	226.64
Nima Harirchian	24	M	273.8	275	Novice	R/P	132.5	145	155	92.5	0	0	197.5	215	227.5	475	271.04	271.04
Beny Nevarez	21	M	249.2	275	Junior	R/P	175	185	192.5	95	100	0	187.5	200	212.5	505	294.82	300.72
Frank Romano	23	M	252.5	275	Junior	R/P	225	257.5	272.5	142	152.5	160	225	272.5	305	737.5	428.99	428.99
Loren Edralin	23	M	274	275	Junior	R/P	247.5	262.5	272.5	132.5	145	152.5	255	272.5	282.5	707.5	403.64	403.64
David Linares	27	M	321	308	Open	R/P	247.5	262.5	0	147.5	157.5	0	250	272.5	0	692.5	384.77	384.77
Ian Strand	31	M	425.8	308	Open	R/P	272.5	290	305	0	182.5	0	247.5	260	0	747.5	398.35	398.35
Matt Slate	37	M	287.6	308	Open	R/P	230	242.5	250	190	197.5	202.5	230	245	250	702.5	397.08	397.08
<b>PUSH/PULL</b>																		
Jonathan Roux	15	M	157.6	165	Teen	RPP				80	82.5	0	155	0	0	237.5	175.18	206.71
Anthony Miu	29	M	161.4	165	Open	RPP				92.5		117.5	162.5	195	202.5	320	231.95	231.95
Christopher Burke	33	M	194	198	Novice	RPP				137.5	145	150	177.5	195	210	360	232.53	232.53
Zachary Paschall	29	M	211.2	220	Open	RPP				105	112.5	0	182.5	205	0	317.5	196.75	196.75
Darnell Simpkins	40	M	305.6	308	Master	RPP				0	0	197.5	237.5	245	260	457.5	256.04	256.04
<b>BENCH ONLY</b>																		
Dimitri Grover	12	M	111.2	114	Teen	B				60	65	72.5				72.5	73.48	
Anthony Miu	29	M	161.4	165	Open	B				92.5	102.5	117.5				117.5	85.17	85.17
Nathan Patterson	31	M	195.8	198	Open	B				180	0	0				180	115.70	115.70
<b>DEADLIFT ONLY</b>																		
John Adam Sturgis	26	M	161.4	165	Open	DL							205	217.5	227.5	227.5	164.90	164.90
Anthony Miu	29	M	161.4	165	Open	DL							162.5	195	202.5	202.5	146.78	146.78