

February 2025 Newsletter

Dear Sunrise Community,

I would like to begin by thanking the many families for their ongoing support and commitment to Sunrise. Your involvement makes our program special and helps our students succeed to their potential. Thank you to the parents and grandparents who have volunteered to be guest readers or come into the school to share a special holiday or family custom. It is wonderful to observe these presentations and activities in the classrooms!

118 Years of Montessori Education

This year marks 118 years of Montessori Education.

Each year in February, the Montessori Community throughout the world acknowledges the qualities of the Montessori Approach to Education and the teachings of Dr. Maria Montessori's philosophy. Maria Montessori was a pioneer in education.

She paved the way for a new method of teaching, allowing children to learn through the Prepared Environment.

This approach to learning is both "hands-on" and most importantly is child centered. This allows the student to move through the curriculum as they are developing lifelong skills and a love for learning.

Sunrise is fortunate to have a dedicated team of teachers to guide our students. I want to thank our classroom teaching teams and extended day program team for their commitment and dedication to the Sunrise students and families. Each teacher brings a unique quality to our early childhood program and their hard work does not go unnoticed!

Classroom A Team: Co-Head Teachers; Ms. Samantha Renaud and Ms. Emily Hill

Classroom Aides; Ms. Karen McLaughlin and Ms. Sarah Rapoza

Classroom B Team: Head Teacher; Ms. Lynne Anselmo

Assistant Teacher; Ms. Marianne Nowak

Classroom Aides; Ms. Judy DeChellis and Ms. Jessica Mucciarone

Extended Day Team: Lead Teacher; Ms. Jessica Mucciarone

Classroom Aide; Ms. Amanda Beauregard

Offering quality Montessori preschool, pre-k transitional and kindergarten programs since 2005.

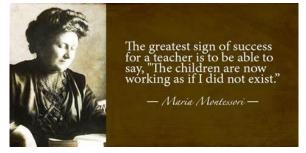
31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038 www.MySunriseMontessori.com

Other Upcoming News & Events

A classic photo from the first Casa dei Bambini in Rome, Italy from the 1907 grand opening in the courtyard and a photo of Maria Montessori outdoors with her students.







"Lead by Example" Andrea Rossick

Think Ahead about Sunrise's Summer Program

Many families have been inquiring about our Summer Program. We have 4 weeks scheduled again this summer. You may choose either the 5-morning or 5-full day option and you may sign up week to week or for all 4 weeks. The Summer Program is only open to current and newly accepted Sunrise students. Participants should be 3 years old by June 1, 2025.

• Week 1 Space Week June 23 – 27 led by Ms. Jessica with Ms. Marianne assisting.

Week 2 Farm Week
 July 7 - 11 led by Ms. Jessica with Ms. Marianne assisting.

Week 3 STEM Week
 July 14 - 18 led by Ms. Samantha with Ms. Jessica assisting.

Week 4 Yoga & Movement July 21 – 25 led by Ms. Samantha with Ms. Jessica assisting.

More details about the themes, times, cost, and a registration form can be found attached to this newsletter! During the summer schedule, Sunrise does not offer the before or aftercare program.



Update - The Little Gym in Medway - Sunrise Family Meet Up and Fundraiser

Thank you to our Parent Reps for planning and holding a Sunrise family meet up at the Little Gym in Medway. Thank you to the families who attended and helped to support Sunrise! This fundraiser generated \$290 for Sunrise – yay!

Donation Thank You's



The staff received several amazing and special treats on Valentine's Day! Thank you to Elaine Liu's family for the delicate and delicious handmade mini cookies – they were so beautiful. Thank you, Arha Vallabhaneni's family, for the sugar cookies and case of tee-shirt bags for our program. Reid Letourneau's family sent a teacher Valentine box filled with amazing lip balms, hand creams, specialty hot chocolate blends, gummy bears, bottle openers, and so much more!

Mason Finnan's family brought in a bouquet of flowers for the staff and donated a meditational book to the classroom. Mckenna Rojee (Cooper's sister) attended our toddler time session and purchased the following items from our Amazon Wish list: Wooden Geoboard, Sequencing Cards, & a set of Mathlink Cubes for counting. Thank you to all the families that continue to donate each month!

Recent donors through Benevity

Sunrise received two monetary donations through Benevity this year. Thank you to the families of Arinas Bouagal and Aaryash Basu for their generosity!

If you would like to learn more about this donation process, please view https://benevity.com/about-us

Dependent Care - Childcare Tax Forms

If you still need a completed dependent care form or statement for your tax documents, please reach out directly to our bookkeeper, Rebecca Reda at

mysunrisebilling02038@gmail.com

Upcoming – Sprouting Tree Yoga session at Sunrise on March 11

Sunrise is excited to announce that we have a yoga session scheduled with Katherine Aissis from Sprouting Tree Yoga. Katherine is visiting our program, and she will present two 30-minute classes for our students. We are so excited. Please visit her link, **Sprouting Tree Yoga**, for more information on her program.



Save the date! Saturday, May 17th from Noon to 2pm.

Our annual Spring Fair may be several months away, but behind the scenes, we are busy planning.

In the upcoming weeks, your Parent Reps will send out additional details and information about how you can help.

The Spring Fair raises funds through monetary donations and through sales of raffle tickets. Our fundraising goal for the upcoming year is to pay for the annual American Montessori Society conference held in Washington, D.C. in March 2026. Our target goal is \$3200.00

See the <u>parent corner</u> on the school's website for more information.

Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our "Parent Corner". This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



As the teachers are working with the children during the

day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.

Head of School

Andrea Rossick:

Headofschool@MySunriseMontessori.com

Co-Head Teachers

Emily Hill & Samantha Renaud:

Classroom-A@MySunriseMontessori.com

Head Teacher

Lynne Anselmo:

MsAnselmo@MySunriseMontessori.com

Sunrise Parent Representatives:

Erica Cucino, Lindsay Fiorito, & Manisha Thanneeru ParentRep@MySunriseMontessori.com

CALENDAR OF EVENTS

March 9: Daylight Savings Time! Be sure to set your clock ahead one hour.

March 14: Professional Development Day. No classes, no Extended day program.

This is a work day for all staff.

April 18: Professional Development Day. No classes, no Extended day program.

This is a work day for all staff.

April 21 through April 25: Spring vacation week. No classes, no Extended day program.

Enjoy the time with your families.

Save the Date!!!!!!

Saturday, May 17, 2025 is our Annual Spring Fair.

Sensation station 9-10 am

Thursdays – March 6, 13, 20 & 27 – classroom A Wednesdays – March 5, 12, 19 & 26 – classroom B

Pizza dates for full day students: March 7, 21 & 28



Passive Fundraisers are just one of the many ways you can support Sunrise Montessori School!

Box Tops for Education

For over 20 years, Box Tops for Education has given families an easy way to earn cash for their school, with products they already buy. You have seen and clipped those rectangular box tops. Now you can simply scan your store receipt with the Box Tops mobile app to identify participating products and instantly add cash to the school's earnings online. Go to www.boxtops4education.com to learn more.



Recycle your printer ink cartridges

Do you have used printer ink cartridges hanging around at home? Don't throw those out -Sunrise has a collection box for printer cartridges. Each month we turn them in at Staples for credit towards office supplies.



Restaurant Dine-In Events

Throughout the year our fundraising coordinators will set up local restaurant dine-in events. Enjoy a great meal and the company of family and friends all while supporting local businesses and Sunrise Montessori School.



Grocery Shopping / Giving Bags

Purchase a reusable community bag at any Big Y, Shaw's or Stop & Shop store, follow the directions on the attached Giving Tag and direct a \$1 donation to Sunrise Montessori School







Price Chopper / Market 32

Register your AdvantEdge card to benefit Sunrise Montessori School. Our school will earn points for educational products through the Tools for Schools program. Visit: https://rewards.pricechopper.com/tools-for-schools/signup to register. Be sure to select Sunrise Montessori School.

Mabels Labels

This on-going fundraiser provides great ideas for labeling your child's items. Check out: http://campaigns.mabelslabels.com/ and click on the school's name.

For Small Hands

Montessori items and activities for your child. Use the school code #130331 and Sunrise will receive a credit towards future material purchases through Montessori Services. For online orders, please visit https://www.forsmallhands.com/scp/130331

Scholastic Books

Each month parents will receive flyers from Scholastic Books which offer titles for children of all ages. Points from your purchases accumulate for the school which are then redeemed for new books and materials for the classrooms.

Amazon Wish List for Sunrise

Did you know? Sunrise has a Wish List on Amazon. Be sure to check out the following link: <u>Sunrise-Amazon-Wishlist</u> New items are added each month.

Thank you for supporting Sunrise Montessori School!

Sunrise Montessori School, Inc. Summer Programs – 2025

Sunrise Summer Programs provide a great introduction for children who are newly enrolled for the upcoming year, as well as for those children who have recently completed the academic year. Our summer program weeks are full of age-appropriate activities and exciting themes. Each week provides the opportunity for children to meet their classmates and teachers and relax on the summer schedule while having fun!

Summer weeks will include either a special enrichment presentation at school or a visit to the Sensation Station in the Hayward St. complex.

June 23 - June 27 **Space Week**



Let's get ready to blast off! Join us this week as we embark on a great adventure and discover the universe. We'll learn about the planets, stars, the solar system, distant galaxies and more. Through space-themed crafts and activities we'll imagine what it is like to venture to far off places. The stories we hear will be "stellar"!

July 7 - July 11 Farm Week



Hop on board the hay wagon and join us as we learn fascinating facts about farms and the many types of animals that live and work on them. We'll sample farm fresh fruits and vegetables and learn how farmers plant the fields, harvest crops and bring food to the dinner table. With fun activities, books, and crafts we will all be aspiring farmers and move & groove to animal themed songs!

July 14 - 18 STEM Week



Through STEM (science, technology, engineering and mathematics) the children will discover what inspires and interests them. Using LEGOS and blocks, one might build a skyscraper; laboratory science can be explored through beakers and tubes; and math is fun when explored through games and puzzles. This week is guaranteed to engage your child and encourage cooperation and sharing of ideas.

July 21 - 25 Yoga & Movement Week



Time to slow down, breathe, and take in the beauty that surrounds us. This week the children will experience yoga, movement and mindfulness. We will incorporate theater, meditation, dance and more as your child focuses on him/herself and their environment. Which yoga pose or moment of reflection will become your child's new favorite? Namaste.



Registration form for Summer Programs 2025

Child's name:			
Address:			
Parent/guardian name (s):			
Preferred email:			
Contact phone (mobile # or home #):			
Session selection is flexible. Sign up for one week or several. Please indicate your choice(s) with an "x"			
	Morning session 8:30am to 11:3	on <i>(\$275 per week)</i> 30am	Full Day session (\$400 per week) 8:30am to 2:30pm
Week 1 June 23 – June 27			
no session the week of June 30 – July 4			
Week 2 July 7 – July 11			
Week 3 July 14 – July 18			
Week 4 July 21 – July 25			
 See the accompanying page for weekly themes. The Summer Program is open to current students, newly accepted students who are at least 			
3 years old by June 1, 2025, and students who were enrolled during the 2024-2025 school year.			
No outside applicants are eligible.			
A deposit of \$100 per week selected must accompany this registration form.			
• Each summer program week is limited to 20 participants and will be filled on a first come / first served basis .			
Upon registration, additional paperwork and confirmation of the selected week(s) will be sent to you.			
 Final payment on the remaining balance is due no later than Friday, May 30, 2025. 			
 Invoices will be sent approximately 2 weeks before the due date (mid-May). 			
Please call the office at 508.541.8010 to inquire about late registrations.			
Please drop off completed form & deposit at school or mail to:		Sunrise Montessori Schoo PO Box 515	l, Inc.

Franklin, MA 02038



Classroom A Newsletter February 2025

Dear Classroom A families,



Classroom A is excited to announce our new class pet! The children are thrilled that we got to pick the hamster's name as a class. Our hamster's name is Toast.

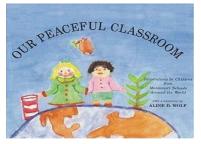
The month of February was filled with many celebrations and learning about how we can spread kindness and love! Our classroom also celebrated Valentine's Day together and had a wonderful Valentine exchange! We read books about friendship and kindness in celebration of Valentine's Day.





February 29th marks the first day of Ramadan which concludes on March 30th at sundown. Our class is beginning to talk about Ramadan. Ramadan is a holiday of fasting, reflecting and community. In class we talked about the prayer mat. It is customary for Muslims to kneel down in front of the prayer mat and recite a prayer.

At Sunrise we celebrated Montessori Education Week during the last week of February. The children learned about Maria Montessori and her life's work. Maria Montessori was born on August 31, 1870. She created the first Montessori school in Rome in 1907 and called it "Casa dei bambini", which means Children's House. We read a book titled Our Peaceful Classroom by Aline D Wolf and we pointed



out the comparisons from the book to the materials in our classroom.

In Geography the focus is currently on Europe. The children are learning about the different animals that live in Europe. Throughout February we highlighted several countries that are located in Europe. We continue to explore Italy (the birthplace of Maria Montessori) and the children are excited to discuss many of the popular foods associated with Italy.





In **Science** we are exploring Space. The children are learning about the eight planets with our 3 part matching work. The children take special interest in the space puzzle and learning about astronauts, rovers and rocket ships along with the planets.



This month in **Kindergarten** the children are practicing their number writing and addition. The Kindergarteners enjoyed working with Legos to help introduce addition.

The Kindergarteners also are learning to blend words together and spelling CVC words.

Just as a reminder, if it is not raining or too cold, our class goes outside as much as we can during play time. Please make sure your child has appropriate boots for the occasional muddy conditions of the playground so everyone stays dry and comfortable for the duration of the play time! An extra pair of socks for their cubby is helpful at this time of year.

Thank you,

Ms. Samantha, Ms. Emily, and Ms. Karen





Classroom B Newsletter February 2025

Dear Sunrise Parents,

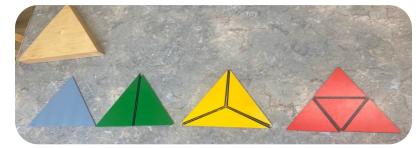
Happy February! This month, we continue to foster independence, curiosity, and kindness in our Montessori environment. Our lessons focused on friendship, peace, and the importance of caring for ourselves and others.



In **Practical Life**, the children are refining their fine motor skills through advanced activities like pouring, the buttoning frame, velcro frame, and tying frame. The children are showing much growth setting up their own snacks as well as their lunches. We are doing a great job transitioning from our work cycle to outdoor play by putting on our own snow clothes, hats and mittens independently and heading outside.

In **Sensorial**, the children explored shapes, textures, and patterns. Lessons were given on the Constructive Triangle box. The "Constructive Triangles," are designed to introduce the

children to geometric shapes, specifically triangles, by allowing them to manipulate different sized and colored wooden triangles, helping them develop spatial awareness, visual discrimination skills, and fine motor control while



preparing them for later geometry concepts through tactile exploration and manipulation.

In the **Math Area** we are moving forward with lessons that build upon the child's knowledge of numbers and sequential order by introducing more counting, higher number recognition, and simple addition concepts.



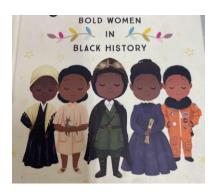
In the **Science Area** we learned about the Groundhog. We read stories and worked on the parts of a groundhog. We are also learning about the seasonal changes as we move closer to spring and incorporate

nature-based learning into our daily routine.

Although the children are thrilled with all the snowfall this month, we look forward to the spring season ahead.



In **Cultural Studies** we are excited to continue to celebrate Black History Month, introducing the children to more inspiring historical figures such as Rosa Parks, Dr. Gladys West and other influential leaders. Through stories, art, and discussions, we will highlight the importance of equality, kindness, and respect for all.





Language and Literacy

This month, we are focusing on the development of language and early reading skills in our Montessori environment. Through hands-on, multi-sensory activities, the children are building a strong foundation for literacy at their own pace.



The Sandpaper Letters continue to help children connect sounds to symbols, while the Moveable Alphabet work encourages the children to form words and express their thoughts. The children are also enjoying storytelling, poetry, and classified cards, enriching vocabulary and comprehension.

Congratulations to three of our students who have started the beginning phases of reading.

Reading is a joyful journey, and we encourage you to support this at home by reading with your child daily, engaging in conversations, and fostering a love for books.

Science: The Solar System

The children are excited as we begin our journey exploring the solar system this month.







In the **Kindergarten Area** we are off to a great start in this new month. The Kindergarteners are practicing their handwriting skills, writing both letters and numbers. In the Math area we are working on simple addition. We are also working on the weather, the changes in each season and recently the children made an illustration to represent the weather that we enjoy most.

Valentine's Exchange was a blast.

The children loved giving their cards and treats to one another. They enjoyed making an art project and cards for their family.



Montessori Week:



The last week of February is designated for Montessori Education Week worldwide. Our class celebrated by learning who Maria Montessori was and why our school is called a Montessori School. The children had a special lesson presentation on Maria Montessori's Timeline. We read stories, made materials and sang songs. It was a great week to honor such an amazing individual.





"The greatest gifts we can give our children are the roots of responsibility and the wings of Independence."

Maria Montessori

Love, learn & grow! Ms. Lynne Anselmo, Ms. Marianne and Ms. Jessica



Happy Birthday to Thomas Morgan



February 2025 Extended Day Newsletter

February was a short, but busy month. We focused on a variety of themed **Art** crafts. For one week we highlighted a dinosaur theme featuring a different dinosaur each day.

For Valentine's Day we enjoyed a week of heart and flower crafts, such as the pipe cleaner roses pictured on the right.

During the last week of February, we explored a space theme. The children enjoyed reading stories about space and creating the Earth.

Our **Science** experiment, called "zooming hearts", taught us about surface tension. Surface tension is the force that causes a liquid's surface to act like a stretched elastic membrane thereby allowing the surface to resist external forces. For the experiment we dipped a paper heart in dish soap and then placed it in a container of water. The soap caused a break in the surface tension which then caused the heart to "zoom" across the water. The project is pictured below.



With the unpredictable weather we've been experiencing lately, the students loved the indoor obstacle course that we made. We used a combination of stepping blocks, climbing on our hands and knees under obstacles, hopping over pillows, and learning how to wait and take turns. It was a memorable and fun lesson!

With Peace and Friendship,
Ms. Jessica and Ms. Amanda



The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.