

# BROADCASTER

Volume 3, Issue 10 March/April 2015

## Are You Ready to Join The Pioneers and Change the Face of LTC?

Joan Devine, RN-C, BSN Board President, MC5 (Missouri Coalition Celebrating Care Continuum Change) <a href="https://www.momc5.com">www.momc5.com</a>

"Nursing in long term care." Doesn't always sound like the most glamorous place for a nurse to work. It certainly doesn't have the prestige or all the bells and whistles of a hospital, with the expectations that you will save lives on a daily basis. Maybe not, but what it does offer is the opportunity to make a difference in the lives of those elders who have given so much all of their lives and who now need us to assure that in their final years...in their elderhood...they are served by those who value their wisdom and knowledge and who honor their personhood. A relationship-based model of care provided by individuals who understand that quality of live is something we all deserve every second we are on this earth.

Nursing homes have long been designed under a medical model of care. The setting was institutionalized and life for those who lived there was regimented by their medical needs and the "tasks" that we as caregivers dictated as the priority for our day...and ultimately theirs.

Well, there are a group of pioneers out there who are saying "enough"! Life need not be lived in an institution just because you are old or frail. Our elders deserve a home...a <u>real</u> home. They deserve that we, as their "care partners," work with them to find ways to assure that while their health needs are met, it is done in a dignified way ... a way that supports what THEY want, not necessarily what we "know is best."

You're studying to be an LPN...so what does this all

mean for you? Many of you will likely go to work in a nursing home. You will practice gerontogical nursing – you won't just be the nurse working in the nursing home. In gerontological nursing, the goal is to help elders achieve optimum levels of physical, psychological, social and spiritual health so they achieve wholeness.

Creating home for those who live in the nursing home is the way the pioneers believe this goal can be achieved for our elders. Creating "home" in our nursing homes is a journey that begins when we listen to the voice of the elders - our residents - and work as care partners with them to assure that ALL of their needs are met based on individualized assessments and by listening to their voice.

In order to continue this journey we need partners who are committed to making life better for those elders living in nursing homes. Who understand the value of home and have the passion to join this journey...to help lead this journey! Perhaps that is your calling...I hope so!

The first step is to learn more. I challenge you to gather all the information you can. Google "culture change in LTC", or better yet, go to the Pioneer Network website (www.pioneernetwork.net) or the site for Missouri's advocates for culture change, Missouri Coalition Celebrating Care Continuum, Change/MC5 (www.momc5.com). Or the best option, come to an MC5 regional meeting where you will have a chance to meet others on this journey. There are 13 regions throughout Missouri, so there should be one close to you. The dates and times are on the website — they are all FREE.

This is an exciting time for long term care. We have an opportunity to make a real difference for our residents and for the future of aging in this country. As a pioneer for culture Change in LTC, I invite you to join us on this journey, because together we can make a difference!

#### In This Issue

- A message from MC5
- Convention Information and Registration
- Election of Officers
- Scholarship Application

## MOSALPN IS SELLING RAFFLE TICKETS!

This year we will be drawing for a 2 night stay at Tan-Tar-A Resort, a handmade quilt, \$50.00 gift card, 2 tickets to a Cardinals game and a designer mirror.

The drawing will be held at this years convention and you do not need to be present to win.

If you would like to buy some tickets or if your school would like to sell them for your organization, contact Vickie at the state office.



## MoSALPN 67th Annual Convention

## "Navigating the Future"

### May 31st — June 2, 2015

#### Tan-Tar-A Resort, Lake of the Ozarks

#### Sunday May 31, 2015

3:00 pm — 5:00 pm Registration – Lobby

3:00 pm — 5:00 pm Board of Directors Meeting

5:00 pm — 7:00 pm MoSALPN Business Meeting

7:00 pm - 10:00 pm DJ/Karaoke

#### Monday June 1, 2015

7:30 am — Registration/Exhibit Hall opens

8:00 am — Opening/Call to Order

Recognition of Schools

Reading of the Proclamation

President's Welcome

9:00 am - 5:00 pm Red Cross Blood Drive - Redbud Room

9:00 am - 10:00 am Keynote Speaker - Tom Ziglar, CEO of Ziglar Inc. - "Creating the Future You Want!"

10:00 am - 10:15 am Break

10:15 am - 12:15 pm Breakout Sessions - (One of the presenters will be in the general session room and the other 2 will be in the breakout rooms)

- 1) Diane Oldfather "Social Media and Nursing"
- 2) Phyllis Edler, Mercy Hospital "Sexually Transmitted Diseases"
- 3) Rebecca McClanahan, President MONA "Legislative Advocacy: Navigating the Political Future of Nursing"

12:30 pm – 1:30 pm Awards Luncheon – Scholarships, essays, LPN of the Year, etc. (students please stay in your uniforms through lunch).

2:00 pm - 3:00 pm - Breakout Sessions

- 1) Stormy Anderson, Administrator, Heisinger Bluffs- "Set Your Compass to Hire Me!"
- 2) Reng Winters, Nurse Practitioner, Truman VA Hospital "Caring for our Veterans"

3:00 pm - 3:15 pm Break

3:15 pm - ? - Clark Crowell, College Network - "Preparing for the NCLEX Exam"

Diann Sloan, Author with Pearson Education - "Changes to the PN NCLEX Exam"

Pot of Gold Drawing and Conclusion

#### Tuesday, June 2, 2015

7:30am -12:00 pm — Exhibit Hall Open

7:30 am - 8:30 am - Educators Breakfast-Bibi Schultz, RN, MSN, State Board of Nursing -

"The Future of Teaching and Learning in Nursing"

8:30 am - 10:00 am - Kristine Strong - "Professionalism in Nursing"

10:00 am - 10:30 am - Break/check out

10:30 am – 11:30 am – Becky Dennis, Patient Advocate and Author – "Brain Wreck"

11:30 am – 12:30 pm – Dr. Novella Perrin, Ph.D. – "The Plimsoll Line"

12:30 pm - Drawings for the Pot of Gold, Door Prizes, Raffle and the conclusion of the convention.

# MISSOURI STATE ASSOCIATION OF LICENSED PRACTICAL NURSES, INC

#### **67<sup>TH</sup> CONVENTION REGISTRATION FORM**

May 31st - June 2, 2015

NAME OF SCHOOL			_	
ADDRESS of SCHOOL			_	
MoSALPN Registration and Awards Luncheon	\$35.00	Total \$		
(MoSALPN student member)				
Registration and Awards Luncheon	\$40.00	Total \$		
(Non MoSALPN student member)				
COORDINATOR & FA	ACULTY			
Registration and Awards Luncheon	\$40.00	Total \$		
(MoSALPN Sustaining Member)				
Registration and Awards Luncheon	\$45.00	Total \$		
(Non MoSALPN Member)				
	Total Amount \$			
Will your school be arriving on :	Sunda	ayMonday	(check one).	
Will your school be attending all day Monday June 01, 2015?		Yes	No	
Vill your school be leaving after the Luncheon?		Yes	No	
Vill your school be attending on Tuesday, June 02, 2015?		Yes	No	
Will your school be attending the business meeting Sunday, May 31, 2015?		Yes	No	
# Of Educators attending the Breakfast 7:30-8:30am June 02, 2015.				

# THE COMPLETED REGISTRATION FORM AND REGISTRATION FEE MUST BE RECEIVED IN THE MOSALPN OFFICE BY MAY 20, 2015.

Register for the convention on our website at <a href="https://www.mosalpn.org">www.mosalpn.org</a>.

#### HOTEL REGISTRATION

To make your Hotel Reservation, call the Tan-Tar-A Resort at

800-826-8272 or visit www.tan-tar-a.com.

Be sure to let them know you are with the MoSALPN group to receive the special hotel rate of \$101.00 a night. This is good for two days before and two days after the convention so make it a vacation and bring the family.

**RESERVATIONS MUST BE MADE BY MAY 4, 2015!** 

## **Student Contest**

## Why I want to be an LPN

This contest is open to any student currently enrolled in a School of Practical Nursing. There is no limit to the number of entries from one school. Essays are judged by an impartial committee. They will be judged on: Overall Content, Organization, Originality and Mechanics.

- Subject Topic "Why I want to be an LPN"
- The length of the essay should not exceed 500 words. It must be typed and double spaced on one side of the paper.
- Three copies must be submitted to MoSALPN, PO Box 105542, Jefferson City, MO 65110 and post marked no later than May 18, 2015.

Prizes are: 1<sup>st</sup> place \$100.00, 2<sup>nd</sup> place \$75.00 and 3<sup>rd</sup> place \$50.00.

The winning essays will be published in the Broadcaster Newsletter following the convention.

## **POSTER CONTEST**

The theme of the poster contest has been changed to

"Navigating the Future". One entry per school is allowed and it is open to all Practical Nursing Schools. Contest entries must be on a 22" x 28" piece of poster board and have your schools name on it. Voting will take place at the convention and one penny equals one vote, and you can vote as many times as you want, so the school who brings in the most pennies will receive 50% of ALL the money collected and 50% will go to the MoSALPN Legislative Fund. The winner will be announced Tuesday June 2, 2015.

# EXECUTIVE BOARD MEMBER POSITIONS

The Vice-President, Secretary and two Board Members position's are up for election this year. We are also looking for people to serve on our committees.

If you are interested in representing MoSALPN at the Executive Board level, or on a committee, please review the bylaws for eligibility requirements and contact Vickie at the state office by May 4, 2015. A nomination form is included in this newsletter for use.

## Membership Cards

We are now sending the membership cards out on the membership renewal notices. So when you receive your next renewal notice don't forget to cutout the card for your records.

## **MOSALPN SCHOLARSHIP APPLICATION**

For Students Currently enrolled in a Practical Nursing Program 2014 - 2015

The application needs to be filled out completely and returned to the address on the application by May 18, 2015. Any application received after that date will not be accepted. All applications are judged on the information received. Copies may be made. Print in ink or type, please.

Phone Home ( )		Cell ( )			
Nursing School					
Graduation date	Current GPA				
Annual household income	e, please include all sources:				
Social Security	Child Support	Wages	AFDC	Other	
# of Dependents	Marital Status	Tuition Cost			
	please indicate why you feel you s				
EMPLOYMENT HISTOR	Y:				
		4			
		5			
		6		· · · · · · · · · · · · · · · · · · ·	
In no less than 25 words	please indicate what you feel your	ongoing contribution to the	field of nursing will be	e upon graduation.	
Applicant Signature		_Da	ate		
	**********				

2.

Program Coordinator's Signature

# 2014 MoSALPN State Convention Members Registration Application May 31st — June 2, 2015

(An additional fee of \$10.00 will be added to Registrations received after May 20, 2015.)

NOTE: You can now register for the convention on our website at www.mosalpn.org.

MoSALPN Registration and Luncheon	
(LPN and Sustaining Members)	
Registration and Luncheon	
(Associate Member 65 and over)	
Registration and Luncheon	
(Non-MoSALPN Member)	
Luncheon Guest	
Total Amount Enclosed\$	
Name:	
Address:	
City: State: Zip Code:	
Phone No: ( ) Email Address:	
City: State: Zip Code:	

**Cancellation Notice:** Upon receipt of a written request, MoSALPN will issue your registration fee less a \$25.00 processing fee, if received before May 20, 2015.

If you have any questions, contact Vickie Smith at MoSALPN at (573) 636-5659 or mosalpn@centurylink.net.

## THE COMPLETED REGISTRATION FORM AND REGISTRATION FEE MUST BE RECEIVED IN THE MOSALPN OFFICE BY MAY 20, 2015.

Register for the convention on our website at <a href="https://www.mosalpn.org">www.mosalpn.org</a>.

### **HOTEL REGISTRATION**

To make your Hotel Reservation, call the Tan-

Tar-A Resort at 800-826-8272 or visit <u>www.tan-tar-a.com.</u>

Be sure to let them know you are with the MoSALPN group to receive the special hotel rate of \$101.00 a night. This is good for two days before and two days after the convention so make it a vacation and bring the family.

## **RESERVATIONS MUST BE MADE BY MAY 4, 2015!**

## **MoSALPN NOMINATION CONSENT FORM**

NAME	
ADDRESS	
PHONE (Home)	(Cell)
E-MAIL	(We will never share your email address)
PLACE OF EMPLOYMENT	
MEMBER OF MoSALPN Yes	YEARS OF MEMBERSHIP
PREVIOUS POSITIONS HELD WIT	H MoSALPN
ELECTED POSITIONS YOU ARE II	ITERESTED IN:
VICE-PRESIDENT	SECRETARY (2) BOARD MEMBERS
COMMITTEES: (Meet at least once	a year or may meet via conference call)
Convention Finance	By-Laws Ways & Means
Legislative Membersh	p Education
	CONSENT FORM
	, hereby give my consent to have my name considered by the
	of In the event that I am no
chosen as a candidate for this office	, I would also be interested in being considered for one of these offices,
	of MoSALPN with the membership expiring
Date	Signature

# When national recognition happens year after year, it's more than an award... it's a reputation.

<u>University of Missouri Health Care</u> - the <u>only</u> hospital in Central Missouri ranked among top hospitals in the state for three consecutive years!

- Full time, benefit eligible Practical Nursing positions available now in an outpatient setting · Monday-Friday,
   8a-5p hours
- Salary range: starts at \$30,700/year with NO EXPERIENCE!
- No nights, weekends or call responsibilities!
- New grads welcome
- Eight paid holidays, 12 vacation days, 12 sick days and 4 personal days per year (*based on 1.0 FTE*) · Health, dental & vision <u>benefits</u> on your **first day** of employment even for your spouse/family!
- 75% off of any University of Missouri tuition, perfect for RN pre-reqs
- 2015 <u>Health & Wellness incentives</u> that puts \$450 cash in your pocket

#### **About University of Missouri Health Care**

Located in central Missouri, Columbia is home to the University of Missouri, and consistently ranked nationally as one of the most desirable places to live. This unique city combines the quality and culture of larger metropolitan areas, with lower housing costs, excellent schools and beautiful neighborhoods. *Information about Columbia, Missouri:* <u>Visitor and Area Guide – 2013-2014</u>, <u>Cost of Living, Relocation Resources, Fast Facts</u> and <u>General Information</u>.

A highly competitive salary, outstanding benefits package, which includes generous retirement and vacation plans, and tuition assistance for employees and family members accompany this position.

For immediate confidential consideration, please apply online - your career is waiting for you....what are <u>YOU</u> waiting for?

Jessica L. Hardy Health Care Recruiter University of Missouri Health System One Hospital Drive, 1W-46, DC059.20 Columbia MO 65212

Health Care

University of Missouri Health System

Telephone: <u>573.884.3545</u> Fax: <u>573.882.8188</u>

Email: HardyJL@health.missouri.edu

Web: http://jobs.muhealth.org/

## WE WANT TO HEAR FROM YOU!

The Broadcaster Newsletter is published 4 times a year, and we would like to hear from our members, students, and schools. Send any local event information, professional awards received, school news, or articles you would like to share with your peers to Vickie Smith at the State office or email to mosalpn@centurylink.net.



Visit us on Facebook to keep up to date on Association events and activities.

