

(KP)

**Rajiv Gandhi University of Health Sciences, Karnataka**

I Year B.Sc. Nursing (PC) Degree Examination – OCTOBER 2015

**Time: Two Hours**  
**Marks**

**Max. Marks: 35**

**NUTRITION AND DIETETICS**  
**(RS-3 & RS-4)**

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

**LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. a) Define food hygiene.  
b) Explain the important method in food hygiene.
2. a) Explain the nutritional problems in India.  
b) Discuss the nutritional programmes in detail.

**SHORT ESSAYS (Answer any Three)**

**3 x 5 = 15 Marks**

3. Balanced diet for elderly
4. Supplementary feeding and weaning
5. Food standards
6. Nutritional status assessment



**SHORT ANSWERS**

**5 x 2 = 10 Marks**

7. Micronutrients and macronutrients
8. Food additives
9. Colostrum
10. Rickets
11. Pumping

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