

(KP)

# Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination – OCTOBER 2015

Time: Two Hours  
Marks

Max. Marks: 35

## NUTRITION AND DIETETICS (RS-3 & RS-4)

**Q.P. CODE: 1732**

Your answers should be specific to the questions asked  
Draw neat, labeled diagrams wherever necessary

### LONG ESSAYS (Answer any One)

1 x 10 = 10 Marks

1. a) Define food hygiene.  
b) Explain the important method in food hygiene.
2. a) Explain the nutritional problems in India.  
b) Discuss the nutritional programmes in detail.

### SHORT ESSAYS (Answer any Three)

3 x 5 = 15 Marks

3. Balanced diet for elderly
4. Supplementary feeding and weaning
5. Food standards
6. Nutritional status assessment

### SHORT ANSWERS

5 x 2 = 10 Marks

7. Micronutrients and macronutrients
8. Food additives
9. Colostrum
10. Rickets
11. Scurvy

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