

The role of nursing in promoting health awareness in health facilities

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Abstract: the aim of the current study is to find out the extent of the role of nursing in raising health awareness among patients and reviews, providing information and valuable health advice for their benefit first and for their health second, knowing the existence of satisfaction and their impressions of the nursing staff among the patients and reviews that they are performing their duties in a manner befitting the reputation of the nursing staff in health facilities. An electronic questionnaire was created through the Google Drive application, where this questionnaire was distributed to social networking WhatsApp groups, where 600 responses were obtained from those (residents of the city of Mecca), out of a total of 700 questionnaires.

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Introduction:

Nursing is a profession in the healthcare sector that focuses on caring for individuals and families so that they can yet reach or strive for optimal health and quality of life (search.credoreference.com). In addition to providing care and support, the nursing profession aims to educate the public and promote health ([Freeman,2021](#)). Some believe that the role of the nurse is to follow the instructions prescribed by the doctor only and apply his medical prescription. However, the role assigned to this element is greater than that. When we say the medical team working in the hospital or medical center, nursing is considered one of the most important elements in this team; The nursing profession is considered one of the noble and humane professions, as it touches many segments of society and deals with many special cases. The World Health Organization's definition of the nursing profession came to embody the true meaning of this

ancient profession, as it says that nursing is a science and art that cares for the individual as a whole, body, mind and spirit to help him recover; And the matter is not limited to this limit, rather the role of the nurse extends to taking care of the patient's family and society and providing the necessary health education by giving the necessary medical instructions and advice to deal with his disease in an easy way, meaning that the role here is no longer limited to taking medicines and medical instructions and applying them, but rather he cares Spreading medical information and educating the community. The role of the nursing staff is no longer limited to providing curative service only, but today it is much further than that, as it is the duty of the nurse to provide a preventive service to her patients such as health education and awareness by giving educational instructions and advice about the causes of diseases and how to prevent them. Two people do not disagree on the importance of the role of

the nursing staff in health education for the individual and society mainly in order to enhance the health of the individual and society, as health education includes providing advice and directions to inpatients and their families on how to use their treatments and take care of themselves after discharge from the hospital to reduce complications and prevent infection for the patient and his contacts for him. The nursing profession can be described as the backbone of health services due to its essential and important role in improving the quality and quality of services. The role of the nurse is not limited to curative services but also has an important role in providing preventive services. No, but more than that, the nurse must provide health education and deliver information in a correct and professional manner, taking into account the different educational, age, and health levels of each patient, and building trust between nursing and patients, while knowing the types and standards of health education that would contribute to improving patients' skills and knowledge and building health trends. sound, leading to an informed and educated society (<https://www.thearabhospital.com>).

2-Material and Methods:

This study began in (the holy city of Mecca in Saudi Arabia), begin writing the research and then recording the questionnaire in January 2022, and the study ended with data collection in July 2022. The researcher used the descriptive analytical approach that uses a quantitative or qualitative description of the social phenomenon (The role of nursing in promoting health awareness in health facilities). This kind of study is characterized by analysis, reason, objectivity, and reality, as it is concerned with individuals and societies, as it studies the variables and their effects on the health of the individual, society, and consumer, the spread of diseases and their relationship to demographic variables such as age, gender, nationality, and marital status. Status, occupation (Alserahy,2008), And use the Excel 2010 Office suite histogram to arrange the results using: Frequency tables Percentages (Al Zoghbi,2000). A questionnaire is a remarkable and helpful tool for collecting a huge amount of data, however, researchers were not able to personally interview participants on the online survey, due to social distancing regulations at the time to prevent infection between participants and researchers and vice versa (not coronavirus participation completely disappearing from society). He only answered the questionnaire electronically, because the questionnaire consisted of thirteen questions, all of which were closed. The online approach has also been used to generate valid samples in similar studies in Saudi Arabia and elsewhere (Kadasah,2020)

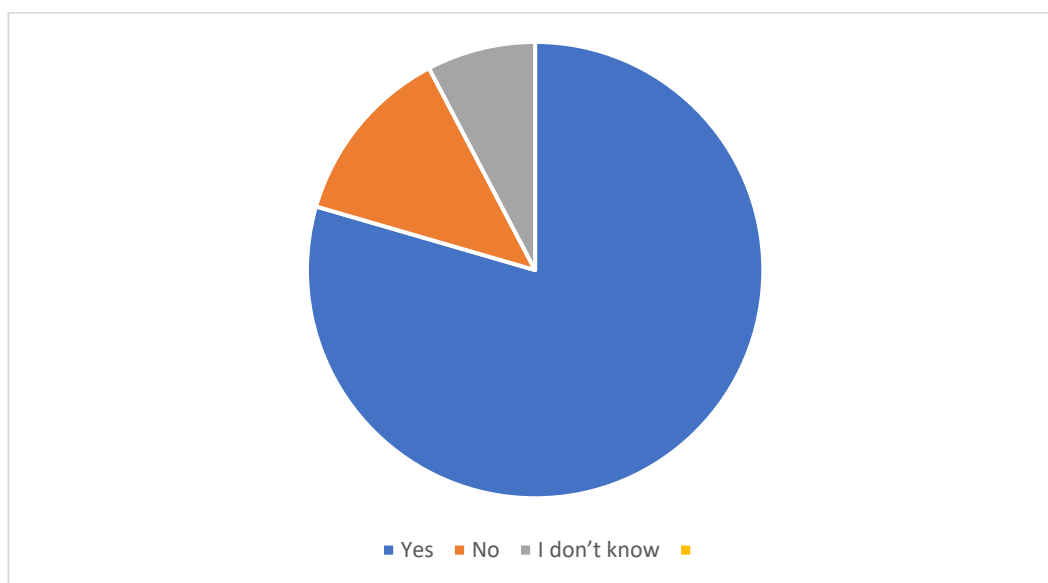
3- Results:

As for the ages of the respondents responding to the research questionnaire, they are as follows: 16-23 years old (23.1%), 24-31 years old (12.8%), 32-39 years old (17.9%), 40-47 years old (28.2%) And finally, from 48-55 years, their percentage is 17.9% (meaning that all age groups of participants specified in the research questionnaire participate in answering the research questionnaire), with regard to the genders of the participants in answering the questionnaire were as follows: For males, their percentage was 86.5%, while the percentage Females 13.5%, and as for the nationality of the participants, the percentage of Saudis was 97.4%, while non-Saudis were 2.6%. When knowing their professions, we find that: the percentage of students among them is 0%, government employees 62.5%, employees in the private sector 0%, and freelancers 6.2% and there is no one among them Causing (non-working) 0%, with regard to the professions of women (females) participating in answering the questionnaire, they are as follows: female students with a rate of 22.9%, Government employees 54.3%, employees in the private sector 2.7%, self-employed women 11.5%, and housewives 8.6%. With regard to the first question, do you think that nursing effectively practices health awareness in the community? We find that 79.5% said yes and 12.8% said no, while 7.7% said they don't know. As for the second question, do you think that nursing is entrusted with providing health services only or health services and providing medical advice to clients? 87.2% said yes, 8% said no, and 4.8% answered I don't know. The third question is, do you think that nursing homes only provide health services and adhere to them without others? 41% of the participants in the questionnaire said yes, 56.4% said no, and 2.6% answered I don't know. The fourth question is, do you think that the nurse gives the necessary advice on how to prevent chronic diseases? Those who said yes, their rate is 78.9%, and those who said no, and I don't know, the same percentage is 10.5%. The fifth question about Do you think that the nurse gives the necessary advice on how to prevent infectious diseases? 82.1% answered yes, while 10.2% said no, and 7.7% did not know. The sixth question is: Do you think that these advices are obligatory for him towards his work, or are instructions he is required to follow? 79.5% answered yes, 15.4% said no, and 5.1% did not know. The seventh question is, does the nurse give you instructions that must be followed? 51.3% answered yes, 33.3% answered no, 15.4% did not know, and the eighth question was about have you ever filed an official complaint against a nurse in the health facility for not performing his duty? 15.4%

said yes, while 82.1% said no and 2.5% did not know. The ninth question is, do you feel that the nursing staff fails to provide you with advice and guidance? 28.2% answered yes, while 66.7% said no, and 5.1% did not know. As for the tenth question, it was about, from your point of view, do you think that nursing is performing its duty to the fullest. 71.8% answered yes, 17.9% said no, and 10.3% did not know. The eleventh question is about what are the deficiencies or needs that you see that the nursing role in the community is complete? There were multiple participants, including those who said: the presence of health educators, there is no, following up on the doctor's diagnosis with the patient by repeating the points he recommended to his patient, especially the elderly, none, increasing the community's awareness of the improvement in the level of health and taking comprehensive analyzes to

prevent diseases, the presence of human cadres, Having the appropriate time and space, raising awareness in schools (these were the answers of most of the participants in responding to the research questionnaire), the twelfth question is also open b. Is there a question, in your opinion, that was not asked to you in terms of health nursing education? Some of them also answered, "Are there any medical errors that I was exposed to by the nurse? Is the nurse committed to cleanliness, sterilization, and the use of preventive measures when dealing with With the patient, these were the majority of the participants for this particular question, with regard to the last question (closed) about did the nurse give you written (paper) advice or instructions, as references to the health facility regarding your health condition? Those who said yes or are equal (40%), and I don't know about 20%.(figure No.1)

Figure No.1: The role of nursing in practicing health awareness effectively in the community



4-Discussion:

Through the answers of the participants in the questionnaire, we find that all participants stated that nursing practices health awareness in the community (79.5%) and has a great impact on society and that they provide advice to patients on how to prevent infectious diseases by 82.1% and they provide health services with advice to patients by 87.2% %, and tips for preventing chronic diseases 78.9%, and that the auditors did not file a formal complaint against the nurses 82.1%, noting that the auditors stated that the nurse is not negligent in providing advice and guidance to them by 66.7% and that the nurse performs his duty to the fullest towards them by 71.8%. Through

the results of this study, we find that there is a state of satisfaction among the patients with the community services provided to them by the nursing staff in the health facility. This is consistent with the study (Suprato, 2021) in which he says that there is a relationship between charters, skills and competencies with the level of implementation of community health services and that health center nurses have good competence to carry out community health activities optimally, and this appears in the positive responses by participants in these The study towards nurses and their role in preventive and supportive care in the community. This current study recommends increasing the competence of nurses in order to

improve the implementation of community health services through training and mentoring through dedicated teams, or cooperating with colleagues and providing support in the form of reward and punishment policies such as the nurse's career path, which is the same as Suprpto's recommendation.

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