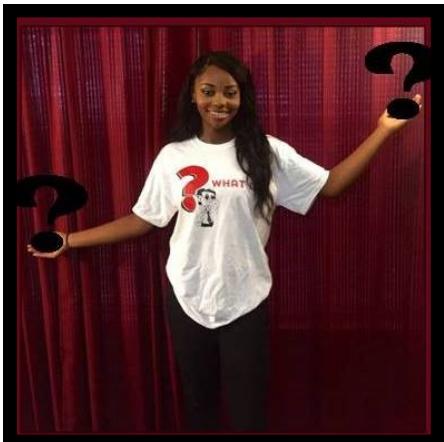
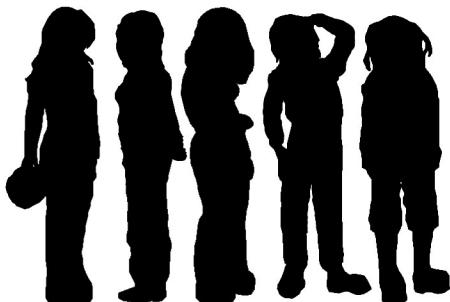


# What If

Ask me and I will  
show you how,



The future is bright  
and it begins with our  
Young People!!!



If you believe your child is being bullied remain calm and objective. Take notes and get the Who, What, When, Where and How. Notify the school or if need be the proper law enforcement. Reassure your child that it is going to be ok.

Today we have some of the smartest and creative children that has ever been known to mankind. From science and technology to entertainment and literature, our young people have blazed trails that had not been explored before. Unfortunately we are only scratching the surface of such amazing talent. Our goal and purpose is to ask our young people, **What If?** Then we let their creative juices flow!!!!

**Brothers Brooks Vision 2  
Mission LLC**



Brothers Brooks Vision 2 Mission LLC

<https://www.whatifjustask.com/what-if-i-could-stop-bullying.html>

**W.I.?J.A.**

What IF? Just A.S.K.



**Bullying**  
Having a Talk  
with your Child  
about the safety  
and security from  
bullying



Alamy



# W.I.?J.A.—HAVING A TALK WITH MY CHILD ABOUT BULLYING

## What is Bullying?

Bullying at all levels is the process of stripping someone's dignity and respect from them.

## Children who are bullied may:

- Feel alone, helpless, afraid or unsafe
- Get physically sick
- Become distracted and do poorly in school
- Skip school because they're afraid
- Lose pride and self-esteem
- Fight back and hurt themselves or others
- Blasé themselves

### Talking is important:

Here's why:

- Your child may be a victim of bullying or know others who are being bullied
- Your child may be bullying others
- Bullying can get students suspended from school Some forms are against the law.

### Talking give you a chance to:

- Share your thoughts and values.
- Counter peer pressure or media messages about bullying.
- Help your child learn that bullying is wrong.

## What do I Ask as a Parent

**Based on your child's age you can determine the appropriateness o the questions to ask. Here are some examples**

- Do you know what bullying means?
- Can you give some examples of bullying?
- How might someone who is being bullied feel?
- Where can someone who's being bullied get help?
- If this happen to you, whom would you tell.

### **There is always a right time to talk about bullying:**

- When school begins.
- When your child brings up the subject or talks about events that sound like bullying.
- If bullying occurs in your family.
- If you hear your child say that bullying is no big deal.
- If you see your child bullying someone or your child has been called a bully.
- When you see bullying being glorified on Television, Social Media or in Music

## Now You Can..... Just A.S.K.

1. Ask The Question
2. Seek The Answer within yourself first and then use your resources
3. Know and believe in your abilities



**Now  
that you**

**have the awareness let's do the following: talk with your child about bullying; help them to understand that it is not ok to bully or be bullied. If they are being bullied let them know that they can reach out to you, relatives, teacher, counselor, coach, friend or someone in law enforcement. Let them know that there are people who care and love tem and understand your situation. Let them know that they are not alone - they can reach out!!!! Please!!**