

## This Month's Lifelong Learning Classes:

### Culinary Heritage

America's culinary heritage is a rich and diverse tapestry woven from the food traditions of Indigenous peoples, immigrants worldwide, and regional cultures. From Southern soul food and New England chowder to Tex-Mex, Cajun, and Pacific fusion, American cuisine reflects a blending of flavors, techniques, and stories that tell the nation's history through the plate.



#### Famous Chefs

Foodies are people who have a special interest in or knowledge of food. The term originated in 1980 when New York Magazine first used it. Until 1980, food was often portrayed in the media as gourmet and exclusive. Therefore, the new word brought excitement and accessibility to eating and discussing food, allowing everyone to participate.



#### The Food We Eat:

##### Feeding the Body & Soul

Yes, "Food for Our Heart and Brain" is a metaphor. It likens knowledge, information, or mental stimulation to food that nourishes the brain. Just as physical food provides the nutrients necessary for the body to function, "food for our brain" suggests that intellectual activities, learning, and mental challenges are essential for maintaining and improving cognitive health and mental well-being.





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# The Village Voice



June 2025

#### Message From the President

Thank you to the Owners who attended the Annual Meeting on May 20<sup>th</sup> to review the Association's accomplishments and finances for the past year and vote in the Board Election. Incumbents Anne Boho, Bonnie Kalaway, John Kramer, and yours truly were re-elected to two-year terms. When the Board meets this month, it will choose officers for the upcoming year.

Your Board of Managers is responsible for the Association's overall management, oversight, and control. It has statutory rights and duties governed by the Illinois Condominium Property Act and the Illinois General Not-for-Profit Corporation Act. As fiduciaries of the unit owners, board members must put the interests of the Association before their own personal interests and preferences, must avoid conflicts of interest, must demonstrate undivided loyalty to the Association, and must exercise reasonable business judgment in conducting the business affairs of the Association.

Owner/Resident Meetings held on the first Wednesday of each month deal with matters affecting the quality of life at Village Green and that benefit the community as a whole. Several issues of common courtesy and safety were discussed at the May meeting:

- When parking outside, please stay within the marked lines so as not to take up more than one space or crowd other vehicles.
- When entering and exiting the building, please ensure that locked doors close and latch securely behind you to maintain security for everyone. The same goes for overhead garage doors – be sure they close fully and stay down before driving or walking away.
- Blue recycling bins are only emptied once per week on Wednesdays. They are for clean cardboard and paper only. Small cardboard boxes should be flattened before going into the bins to conserve space. Large cardboard boxes should be broken down and taken to the first-floor trash room on the East side of the building. Absolutely NO cans, bottles, plastic, glass, styrofoam, pizza boxes, food or drink containers, etc in the recycle bins! Put these in your regular, bagged garbage that goes in the trash chute.

Thank you for being a good neighbor!

Roxane




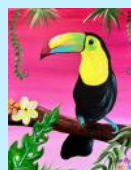


















# June 2025



# Village Green of East Dundee



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> ♦ 11:00 St. Margaret Mary Communion Service ♦ 11:30 Coffee & Pastries	<b>2</b>  ♦ 1:30 Let's Celebrate This Month's Birthdays	<b>3</b> ♦ 10:30 Tai Chi ♦ 1:30 Bean Bag Baseball ♦ 3:00 Rosary & Prayers	<b>4</b> ♦ 1:00 Owner / Resident Meeting  ♦ 2:00 Giant Crossword ♦ 3:00 Boomer Karaoke	<b>5</b> ♦ 9:00 Manicurist ♦ 1:00 Wii Bowling ♦ 1:30 Senior Chair Zumba	 ♦ 1:30 Presentation North West Housing Partnership's Aging in Place Program . Social Room ♦ 3:00 Village Singers ♦ 4:00 Happy Hour	 Sign up today for our painting class on Friday June 20th. Class fee \$10 
<b>8</b> ♦ 11:00 St. Margaret Mary Communion Service ♦ 11:30 Coffee & Pastries	<b>9</b>  ♦ 1:30 Lifelong Learning: Famous Chefs	<b>10</b> ♦ 10:30 Tai Chi  ♦ 1:30 Bean Bag Baseball ♦ 3:00 Rosary & Prayers	<b>11</b> ♦ 10:00 Board Meeting  ♦ 1:30 Wheel of Fortune ♦ 3:00 Boomer Karaoke Sing-Along	<b>12</b>  ♦ 10-11AM Immanuel Lutheran Church 5 <sup>th</sup> graders play games with residents in Social Room ♦ 9:00 Manicurist ♦ 1:00 Wii Bowling	<b>13</b>  <b>12:00 FATHER'S DAY LUNCH</b> ♦ 10:00 1st American Bank ♦ 3:00 Village Singers ♦ 4:00 Happy Hour	<b>14</b> This guided painting class is taught in a slow paced, step-by-step process. Even if you have never painted before, you will end up with a completed painting at the end of the class. All materials are provided. If you are curious sign up!
<b>15</b> <b>FATHER'S DAY</b> ♦ 11:00 St. Margaret Mary Communion Service ♦ 11:30 Coffee & Pastries	<b>16</b> ♦ 11:30 Lady's Lunch at Chili's  ♦ 1:30 Lifelong Learning: The Food We Eat: Feeding the Body & Soul	<b>17</b> ♦ 10:30 Tai Chi ♦ 12:00 Book Club  ♦ 1:30 Bean Bag Baseball ♦ 3:00 Rosary & Prayers	<b>18</b> ♦ 1:00 Food Meeting ♦ 1:30 Activities Meeting ♦ 3:00 Boomer Karaoke Sing-Along	<b>19</b> ♦ 9:00 Manicurist ♦ 1:00 Wii Bowling ♦ 1:30 Senior Chair Zumba	<b>20</b>  <b>FIRST DAY OF SUMMER</b> ♦ 1:30 Painting Class from If Walls Could Talk ♦ 3:00 Village Singers ♦ 4:00 Happy Hour	<b>21</b> 
<b>22</b> ♦ 11:00 St. Margaret Mary Communion Service ♦ 11:30 Coffee & Pastries	<b>23</b>  ♦ 11:00 Wellness / Fitness Workshop	<b>24</b> ♦ 10:30 Tai Chi ♦ 1:30 Bean Bag Baseball ♦ 3:00 Rosary & Prayers	<b>25</b>  <b>IT'S FUN!</b> ♦ 1:30 Volleyballoon ♦ 3:00 Boomer Karaoke Sing-Along	<b>26</b> ♦ 9:00 Manicurist ♦ 1:00 Wii Bowling ♦ 1:30 Senior Chair Zumba	<b>27</b>  ♦ 1:30 Wiffle Golf Mini Golf Course. Main Dining Room ♦ 3:00 Village Singers ♦ 4:00 Happy Hour	<b>28</b>  ♦ 6:30 DIME BINGO
<b>29</b> ♦ 11:00 St. Margaret Mary Communion Service ♦ 11:30 Coffee & Pastries	<b>30</b>  ♦ 1:30-2:00 In Home Presentation in the Social Room: Veteran Benefits with a tutorial on how to access, as well as spouses and families that qualify. Light snacks and drinks provided.	<b>JULY 1st</b> ♦ 10:30 Tai Chi ♦ 1:30 Bean Bag Baseball ♦ 3:00 Rosary & Prayers	<b>JULY 2nd</b> ♦ 1:00 Owner / Resident Meeting  ♦ 2:00 Giant Crossword ♦ 3:00 Boomer Karaoke	<b>JULY 3rd</b> ♦ 9:00 Manicurist ♦ 1:00 Wii Bowling ♦ 1:30 Senior Chair Zumba	<b>JULY 4th</b> <b>Resident's Birthdays</b> 324 MARINA NORMAN 07 254 RUTHANN MILLER 10 358 THERESA MILLER 10 326 LAURA FORESTER 11 206 RENELL LARRY 22	<b>JULY 5th</b> <b>Resident's Birthdays</b> 218 ROXANE BENNETT 22 246 JOY KAKACEK 24 300 MARY JOYNER 25 250 JAMIE FRY 26 