WELCOME TO THE MANAGER'S DESK, I'M MIKE CORNELL.

GEAR UP WITH GOALS - CANDY ARRINGTON

"Commit to the Lord whatever you do, and he will establish your plans" Proverbs 16:3 (NIV).

How do you view the coming year? Do you look forward to fresh possibilities and renewed potential? Or do you cling to the familiarity of the waning year?

The New Year stretches before us like a blank white piece of paper. Why not take advantage of the clean slate the New Year provides and set some goals to work toward?

Following are some areas in which to consider goal setting:

Spiritual goals – (John 15:5) Spiritual growth doesn't just happen. Decide to devote some time and energy to jump-starting spiritual growth:

- 1. Read the Bible through. Even if you've done this before, consider doing it again.
- 2. Get involved in a structured Bible study.
- 3. Decide to share Jesus without fear. Make witnessing a priority.

Mental goals – (Proverbs 1:5) Challenge yourself mentally by taking steps to learn or try something new.

- 1. Do in-depth library or Internet research on a particular subject
- 2. Enroll in a continuing education class at a local college or tech school.
- 3. Get your whole family involved in learning a foreign language.

Emotional/Relational Goals – (Colossians 3:12-13) Often we need to work on emotional issues or strained relationships, but continually avoid doing so because of the difficulties involved. Consider goals in the following areas:

- 1. Forgiveness Decide to extend the gift of forgiveness for an old hurt.
- 2. Patience Practice patience in areas where you are historically impatient.
- 3. Anger management Make a conscious decision to control your anger and determine its sources.

Physical Goals – (1 Corinthians 6:19-20) Following the marathon overindulgence of December, most of us need to get serious about maintaining the temple that is our body. Decide to:

- 1. Enroll in an exercise program and go!
- 2. Deny yourself those tasty morsels.
- 3. Have a family plan that encourages physical activity and togetherness.

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AS I CLOSE TODAY LET ME REMIND YOU THAT YOUR YEAR END GIFTS NEED TO BE POSTMARKED BY TODAY TO COUNT AS A TAX DEDUCTION FOR 2021. ALL GIFTS TO WRVM ARE TAX DEDUCTIBLE. TAKE ADVANTAGE OF OUR ONLINE GIVING FORM.

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THANK YOU FOR JOINING ME FOR THE MANAGER'S DESK. I'M MIKE CORNELL.