

FAIRFAX ICE ARENA'S COACHING STAFF

★ **Lexi Adelstein** ★

Started Skating: 5
Trained: Adley Ice Arena
Fairfax, Virginia



- ★ USPS Junior Freestyle Level
- ★ USPS Gold Medalist in Moves in the Field
- ★ 2016 USPS National Qualifying Series Junior Level Gold Pin Award
- ★ 2014 USPS Championship Virtual Series Competitor

Available to teach all recreation skating levels

★ **Dana Chinn** ★

Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ Gold Medalist in Freestyle
- ★ 1990 Junior National College Champion
- ★ Regional & Sectional Coach
- ★ 2-Time South Atlantic Medalist
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyle

★ **Vanessa Jesiewicz** ★

Started Skating: 5
Trained: Serpentine Ice Arena
Cleveland, Ohio



- ★ USPS Five-Time Gold Medalist
- ★ Polish Junior National Championship Competitor
- ★ Eastern Great Lakes Regional Medalist
- ★ Midwestern Sectional Competitor

Available to teach all recreation skating levels

★ **Robin Schell** ★

Started Skating: Age 4
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Medalist
- ★ South Atlantic Regional Competitor
- ★ M.A. in Interdisciplinary Studies
- ★ 10 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Melissa Temme** ★

Started Skating: 8
Trained: Ocaside Ice Arena
Tempe, Arizona



- ★ Intermediate Freestyle, Moves in the Field, and Bronze Dance
- ★ Coached at Frank Southern Ice Arts in Bloomington, IN
- ★ Bachelors of Arts in Sport Psychology

Available to teach all recreation skating levels

★ **Brenda Denny** ★

Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Double Gold Medalist
- ★ 2004 Virginia State Games Champion
- ★ Principal Skater at Wild & Scenatures Theme Park
- ★ 15 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Haruka Miranda** ★

Started Skating: Age 6
Trained: Kyoto Aquarena
Kyoto, Japan




- ★ 3-Time Junior Grand Prix Competitor
- ★ 5-Time Japanese National Competitor
- ★ 2012 Ladies' Princesse de Liege
- ★ Dansey On Ice Principal Skater
- ★ Bachelors Degree in Health and Sports Science

Available to teach all recreation skating levels

★ **Kim Sherrock** ★

Started Skating: Age 5
Trained: Ice Time
Long Island, New York



- ★ Former Ice Capades Show Skater
- ★ Master of Arts in Early Childhood/Elementary Education
- ★ 25 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Katie Townsend** ★

Started Skating: Age 6
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Double Gold Medalist
- ★ Senior Ladies South Atlantic Competitor
- ★ Professional Skating Association Member
- ★ 10 Years of Coaching Experience

Available to teach all levels of Freestyle and Field Moves

★ **Adriana DeSanctis** ★

Started Skating: Age 5
Trained: IceLand Area
Princeton, New Jersey



- ★ Senior Grand Prix Medalist
- ★ 5-Time Junior Grand Prix Competitor
- ★ 9-Time Canadian National Team Member
- ★ U.S. National Team Member
- ★ Bachelors Degree in Communications

Available to teach all levels of Freestyle

★ **Kimmie Nguyen** ★

Started Skating: 7
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Double Gold Medalist
- ★ 4-Time Senior Ladies South Atlantic Regional Competitor
- ★ U.S. National Collegiate Competitor
- ★ Currently training under World and International Coaches Kalle Strid and Mikael Olofsson

Available to teach all recreation skating levels

★ **Jill Smith** ★

Started Skating: Age 5
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Double Gold Medalist
- ★ Senior South Atlantic Competitor
- ★ B.S. Degree in Athletic Training
- ★ Professional Skating Association Master Status in Moves in the Field
- ★ Professional Skating Association Certified in Freestyle

Available to teach all levels of Freestyle and Field Moves

★ **Christine Valente** ★

Started Skating: 7
Trained: SkatNation Plus
Richmond, Virginia



- ★ USPS Quadruple Gold Medalist
- ★ U.S. National Solo Dance Series Final Competitor
- ★ U.S. Eastern Sectional Competitor in Ice Dance
- ★ Current Senior Solo Ice Dance Competitor

Available to teach all recreation skating levels

★ **Joe Griffin** ★

Strength Trainer




- ★ Bachelor of Science in Kinesiology from University of Maryland
- ★ Won 2015 Strength Coach of the Year (MLB Los Angeles Angels)
- ★ Certified Strength and Conditioning Specialist

Available to teach all recreation skating levels

★ **Ann Marie Novock** ★

Started Skating: 8
Trained: Adley Ice Arena
Dearborn, Michigan



- ★ Coached at Motor Plantant Figure Skating Club in Michigan
- ★ Specialist in Developmental Skating for Kids, Children and Adults
- ★ Bachelors of Science in Communications from Central Michigan University
- ★ 18 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Sandi Smith** ★

Started Skating: Age 35
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ Specializes in Special Needs Skaters
- ★ 20 Years Coaching Experience

Available to teach all recreation skating levels

★ **Audrey Weisiger** ★

Started Skating: Age 8
Trained: Broadmoor World Arena
Colorado



- ★ USPS Double Gold Medalist
- ★ U.S. National Medalist
- ★ 1990 Coach of the Year, World & Olympic Coach
- ★ Professional Skating Association Master Rating

Specializes in competitive skating/choreography

★ **Jonathon Hodgkinson** ★

Started Skating: Age 8
Trained: National Ice Center
Nottingham, UK



- ★ British National Champion Ice Dance
- ★ National International Competitor (Great Britain)
- ★ Ice dance Coach (National Ice Center, Nottingham, UK)
- ★ Performed with Disney On Ice

Available to teach all levels of Freestyle and Field Moves

★ **Mikael Olofsson** ★

Started Skating: Age 5
Trained: Gothenburg Ice Rink
Sweden



- ★ Swedish National Medalist from 1994-2002
- ★ 4-Time Nordic Championships Medalist
- ★ Technical Specialist and Professional Skating Association Master Rating
- ★ Head Coach of Figure Skating Club in Sweden and Denmark
- ★ Previously Coached Swedish and Danish National Competitor

Available to teach all levels of Freestyle and Field Moves

★ **Sandra Sparger** ★

Started Skating: Age 6
Trained: Fairfax Ice Arena
Fairfax, Virginia



- ★ USPS Triple Gold Medalist
- ★ Senior Ladies South Atlantic Medalist
- ★ Professional Skating Association Member
- ★ Trained under Joan Ogilvie
- ★ 25+ Years of Coaching Experience

Available to teach all levels of Freestyles and Field Moves

★ **Caitlin Wong** ★

Started Skating: Age 6
Trained: Wintehurst
Lakewood, Ohio



- ★ Completed Senior Moves and Novice Freestyle
- ★ Bachelor's and Master's Degrees in Nutrition
- ★ 5 Years Coaching Experience

Available to teach all recreation skating levels

★ **Irina Chilova** ★

Started Skating: Age 4
Trained: Central School of Olympic Prospects, St. Petersburg, Russia



- ★ Single Junior Champion of St. Petersburg
- ★ Senior Champion in Ice Dancing
- ★ Principal Skater in St. Petersburg Ballet on Ice for 13 Years
- ★ Received B.S. in Figure Skating Coaching, St. Petersburg, Russia
- ★ 20 Years of Coaching Experience

Available to teach all recreation skating levels

★ **Nadia Hodgkinson** ★

Started Skating: Age 5
Trained: Seneca, Russia




- ★ Single Junior Regional Champion
- ★ Russian National Championship Competitor
- ★ Ladies Regional Champion
- ★ Principal Skater with Disney On Ice
- ★ Received Masters Degree in Physical Culture and Sports

Available to teach all levels of Freestyle and Field Moves

★ **Niek Perna** ★

Started Skating: Age 8
Trained: Worthington, Delaware



- ★ Senior Pairs Champion
- ★ National Coach
- ★ USPS Gold Medalist
- ★ Professional Skating Association Master Rating
- ★ 25+ Years of Coaching Experience

Available to teach all levels specializes in pairs & striking techniques

★ **Kalle Strid** ★

Started Skating: Age 4
Trained: Gothenburg, Sweden



- ★ World Coach and Choreographer
- ★ Swedish National Team Member
- ★ 4-Time World Coach
- ★ Head Coach of Denmark's Largest Skating Club of Copenhagen
- ★ Choreographer for Danish and Swedish National Team

Available to teach all levels and choreography

For Private Lessons
contact the Skating Director
E-mail:
lessons@fairfaxicearena.com