

September 2019 Newsletter

# The Bear Facts

Celebrating 62 Years of Early Childhood Education

Dear Parents,

With the start of the 2019-2020 school year BHCNS marks its 62<sup>nd</sup> anniversary as a community preschool of excellence. We are excited to begin the new school year by providing a fun and informative environment for your children to PLAY, GROW, LEARN!

Communication is vital to the success of our school and your child's experience here. To stay in the know, join our Facebook Friend's page and like our Facebook business page, join our Yahoo Group, and follow us on Instagram, and read and save the updates sent by the office and your child's teacher. Pop in, call the office, or email any time you have a question, concern or comment. If we don't know, we can't change, help, or adapt!

Over the summer many exciting changes and upgrades occurred to the school and the property. Including:

- New security features, see pages 4 & 5 for details
- Reworking drop-off and pick-up procedures, see page 5 for more
- Fencing the turtle playground
- Creating new classroom spaces in rooms 111, 113, & 117
- Building storage closets for our abundant materials & books
- Adding new refrigerators to store lunches and snacks
- Humidity modifications to rooms 103, 105, and 107
- New toilets installed in the lower level bathrooms
- Cleaning, painting, purging, and reorganizing!

We are utilizing the ASQ-3 screening tool for all children in our program. Your child's questionnaire will be coming home in your child's folder at Orientation on September 6 and if you aren't at Orientation it will be sent home the first week of school. We ask that you complete the ASQ-3 questionnaire with your child in the coming weeks and return it to school. A full explanation of the program is on pages 7 and 8.

If you love us as much as we think you do, please vote for BHCNS in Bethesda magazine's [Best of Bethesda](#) contest. Details on page 10.

Now that the upgrades have been completed, and the classrooms have been readied we look forward to having a wonderful school year with you and your children. Thank you for sharing your child with BHCNS.

Liz Sobrino  
BHCNS Director



## UPCOMING EVENTS

### ANNUAL PICNIC: SEPTEMBER 21



Our annual Back to School Picnic, sponsored by the Parents' Group, will be on Saturday, September 21<sup>st</sup> between 4:00 and 6:00 pm at the playgrounds and field outside the school building. There will be games, face painting, yummy food, and lots of fun.

Rain location will be Memorial Hall.

Join new and old friends for this wonderful BHCNS tradition. If your last name begins with A-L, bring a main dish to share. If your name begins with M-Z, bring a side dish to share.

Kona Ice will be here for snow cones.

The Parents' Group will provide paper goods and drinks.

Volunteers will be needed to help with set-up and clean-up. Volunteering is a great way to meet other parents.

[CLICK HERE TO VOLUNTEER](#)

Bring a blanket to spread on the ground!

Twos families will gather by the red balloons. 3s will gather by the blue balloons. 4s will gather by the yellow balloons. To make it easier to identify age groups, please consider dressing your child in their age-group color!

Looking forward to seeing everyone at this fun event!

## WELCOME BACK TO SCHOOL FROM THE BHCNS PARENTS' GROUP

The BHCNS Parents' Group is looking forward to another great year! This volunteer-run group is responsible for sponsoring and organizing social and community events, coordinating fundraising efforts, and serving as a resource to new families to BHCNS and/or the surrounding area. All BHCNS families are automatically members of the Parents' Group – there are no fees or commitments to join! If you would like to volunteer your time, keep an eye out for emails from [ParentsGroup@bhpcns.org](mailto:ParentsGroup@bhpcns.org) for upcoming opportunities.

During the first week of school, the Parents' Group will provide coffee and snacks in the Rainy Day room. This is a great opportunity to meet and mingle with other parents while you wait for your little ones during the abbreviated schedule.

New Families to BHCNS: The Parents Group will be hosting a meet-and-greet for new families on Thursday, September 19<sup>th</sup> and Friday, September 20<sup>th</sup> from 9:15 a.m.-10:15 a.m. in the Church library located on the second floor. If you have any questions or would just like to meet other new families, please drop in for a cup of coffee!

Our first big event is the Back to School Picnic on Saturday, September 21st from 4:00 – 6:00 p.m. We are looking for volunteers to help make this event a success! If you have a few minutes to spare, please [CLICK HERE TO VOLUNTEER](#).

We also want to remind everyone of two fantastic ongoing partnerships:



We're partnering with LabelDaddy again this year! These labels are machine washable and don't require any ironing or sewing. LabelDaddy will give you 10% off your order AND give 15% back to BHCNS when you visit [LabelDaddy.com](http://LabelDaddy.com) and enter BHCNS at checkout. Now is a great time to place an order to ensure that all of your children's' back to school clothes are labeled!



Did you know that BHCNS has an AmazonSmile account? To take advantage of this amazing fundraising opportunity simply go to [smile.amazon.com](http://smile.amazon.com) from the web browser on your computer or mobile device. You may also want to add a bookmark to [smile.amazon.com](http://smile.amazon.com) to make it even easier to return and start your shopping at AmazonSmile. Then select Bradley Hills Presbyterian Church - you only need to select the school once! Be sure to visit [smile.amazon.com](http://smile.amazon.com) for BHCNS to receive a portion of the proceeds on every purchase made!

Lastly, please check [BHCNS.org](http://BHCNS.org) and select the Parents' Group tab to check up-to-date information on current events and fundraising efforts. [Click here](#) to see what's happening on the Parents' Group page.

We're looking forward to working with all of you this year!

Maggie Maloney

[maggiewmaloney@gmail.com](mailto:maggiewmaloney@gmail.com)

Sarah McGovern

[sarahlothrop@hotmail.com](mailto:sarahlothrop@hotmail.com)



## NEW SCHOOL YEAR MESSAGE FROM THE BHPCNS BOARD CHAIR

The Nursery School Board extends a big welcome to all of our new and returning families! We are so excited for the school year and all of the fun that is ahead.

Our first Board meeting of the year is September 19th at 7:00pm. The Board meets every other month and parents are welcome to join for these meetings. If you would like to join us please send an email to [Board@bhpcns.org](mailto:Board@bhpcns.org) to get more details.

This year the Board has set up three new subcommittees: Long Term Planning, Personnel and Property, and Safety. These subcommittees will allow the Board to take a deeper dive into various issues within these three areas. If there are topics that you would like to us to consider please let us know! We also may be doing some proactive outreach to the parent community to get thoughts and feedback as we begin our work. Even if you don't have specific thoughts on these subcommittees, we still encourage you to reach out at any point and on any topic.

Feedback from parents is very helpful to us throughout the year. You can reach us directly at [Board@bhpcns.org](mailto:Board@bhpcns.org) or fill out an anonymous form on the Board portion of the school website. We hope you all have a wonderful start to the school year and we look forward to seeing many of you soon!

Missy Banashak - BHPCNS Board Chair

## THE COMMUNITY AT 6601 BRADLEY BLVD.

There are many building users at BHPC. The Nursery School shares the building with the Bradley Hills Presbyterian Church, The Friends Club: a support group of men with early onset Alzheimer's, The Bethesda Jewish Congregation, (BJC) and the House of Abraham. Occasionally events for these groups may require closing or a change in the Nursery School schedule. **BHPCNS will be closed on September 30, and October 9, 2019 for BJC's celebration of their high holiday.**



**Bethesda Jewish**  
CONGREGATION



**The  
Friends  
Club**

## A MESSAGE FROM BRADLEY HILLS PRESBYTERIAN CHURCH

We are looking forward to getting to know Nursery School Families better this month. Three possible opportunities are:

**Tuesday, September 10, 7:30, pm, BHPC Lounge:** Welcome the members of the House of Abraham who are worshipping on Friday afternoons from 1:15-1:50 pm and meet and greet other users of the church space including BHPC, Bethesda Jewish Congregation, and the Friends Club. [Click here to RSVP.](#)



**Friday, September 13, 8:30-9:30 am, Covenant Hall:** Listening Session for nursery school parents and staff to meet with BHPC Session (governing board) to discuss visions and concerns for the school, ask questions of Session, learn about future church plans, etc. Child care will be provided. [Click here to RSVP.](#)

**Tuesday, September 24, 7:00-8:00 pm, Covenant Hall:** Second Listening Session. [Click here to RSVP.](#)

## A MESSAGE FROM BRADLEY HILLS PRESBYTERIAN CHURCH CONTINUED

Other BHPC activities that might be of interest and to which you are welcome:

Sunday, September 29, 12:00 – 1:30 pm, Memorial Hall: **Family Connections Lunch** for families with young children to meet for lunch and discussion. This month's topic will be "Answering Life's Hard Questions" with a panel of church members and staff. Child care activities will be provided during the discussion period. Please let Matt Nabinger, Director of Christian Education, know if you are planning to attend ([matt@bradleyhillschurch.org](mailto:matt@bradleyhillschurch.org))

## BHPCNS SECURITY SUMMER ENHANCEMENTS



The safety and well-being of the children entrusted to BHP CNS has always been our top priority. To that end BHP CNS has been working with security experts for the past year and a half to determine the best ways to keep our children, their families, and are staff as safe as possible while still enjoying all the BHPC campus has to offer. Based on those recommendations many key action items have been implemented.

### SECURITY ENHANCEMENTS

- New keypad locks on the Brown, Green, BHPC office, and the door to the Bradley Hills playground located behind the office. Only the BHP CNS staff will be provided the codes to open these exterior doors. The key pads can be programmed to be operational during specific time frames and will be operational throughout the school day. These locks will allow teachers to enter the building without having to buzz the office and will cut down on potential wait times for bathroom trips and classes returning from the playgrounds and other outdoor areas.
- New keypad locks have been installed on all 4 stairwells leading to the lower level of the building. These locks will allow us to lock down the lower level of the school in the event of an emergency.
- Our upstairs classroom has also been outfitted with keypad locks so that space may be securely locked in the event of an emergency.
- New signage is being installed this week to direct visitors to the school, the church, or the Bethesda Jewish congregation and other key spaces in the building.
- Three SLOW/CHILDREN AT PLAY signs have been permanently placed, at strategic points on the driveways, and 4 additional, temporary and moveable SLOW/CHILDREN AT PLAY signs have been placed on the driveway to remind all drivers that there are children at play and to slow down.
- Added new security cameras and buzzer system to the Brown and Green Doors allowing the office to see and communicate with all guests who buzz to be entered into the building.
- The turtle playground has been enclosed by fencing.

As a result of these conversations we are making some changes to our procedures in the building.

## BHPCNS SECURITY SUMMER ENHANCEMENTS CONTINUED

### NEW PROCEDURES

- **Entering the building for morning drop-off:**
  - Parents, care-givers, and children may enter through the Brown and Green doors between 8:50 and 9:20 am. The doors will be manned by a school staff member to monitor and direct all people entering the building. At all other times parents and care-givers will be required to buzz to enter the building.
- **Entering the building for 11:30, 12:30 or 2:30 pick-up:**
  - Parents and care-givers coming to collect children after their school day is finished will enter through the BROWN doors only. The brown doors will be manned by a school staff member to monitor and direct all people entering the building.
- **Entering the building at non-drop-off and non-pick-up times:**
  - Parents, guests, care-givers, and visitors coming to school not during drop-off or pick-up may use the Brown or Green doors, but will need to be buzzed in and come directly to the office.
- **Parents, guests, care-givers, and visitors signing-in:**
  - All parents, guests, care-givers, and visitors coming to BHPCNS and will be staying in the building, will be required to come to the office and sign-in and provide the office with an emergency contact phone number. Visitors will be required to wear a VISITOR badge. When guests leave they will also need to sign-out.

## BHPCNS MORNING DROP-OFF AND END OF SCHOOL DAY DISMISSAL

**NEW:** All parents and children are to enter and depart BHPCNS through the Brown and Green Doors at morning drop-off. For pick-up at 11:30, 12:30 and 2:30 caregivers are to enter through the Brown Doors.

### Morning Drop-Off:

Children are to be dropped off at their classroom doorways in the morning. The children will be greeted at the classroom by their teachers. Drop off is a time to say good morning to the teacher and say good bye to your child. We ask that you keep your goodbyes, simple and sweet! **If your child is crying their teachers will comfort them while you are in the Rainy Day Room. We will keep you updated on your child's progress. If needed, we will have you collect your child early.**

### Dismissal:

Children are to be collected at their classroom door at dismissal time. Please identify yourself and the child you are collecting to the teacher. If will take us a week or two to match children and caregivers.

**Please be prompt at drop off and pickup. Drop off and pick up are times to focus on your children. It is not the time to discuss your child with their teacher.**



## WHAT YOUR CHILD SHOULD BRING TO SCHOOL EVERYDAY!



Your child will need to bring their tote bag to and from school every day to carry all their school stuff!



Your child is to bring a water bottle to school each day. We will refill as needed.



If your child is staying for lunch, they must have a small, soft-sided bag. We refrigerate all lunches.



Folders, school provided, are to go to and from school each day. They will contain important information.



For your child's comfort on the playgrounds they are to wear closed toe shoes and socks.

**PLEASE label all belongings with your child's name!**

## BHPCNS SOCIAL MEDIA AND AMAZON

To be up to date on soccer classes, yard sales, and other great community news join the BHPCNS Yahoo group. Click here: <http://groups.yahoo.com/group/bhpcnsstudents/>  
You will need to set up a Yahoo profile and user name.



Find us on  
**Facebook**

Friend Bradley Bear at <http://www.facebook.com/bradley.bear2>  
Like Bradley Hills Presbyterian Church Nursery School's Page!  
And if you'd like to give us a review, that would be great too!

To follow-up all the fun at BHPCNS, join us on Instagram at:  
bradley\_hills\_bear  
We are excited to add Instagram to our Social Media!



**amazon**smile  
You shop. Amazon gives.

Do you shop on Amazon? If you do, please designate Bradley Hills Presbyterian Church as your charitable donation. It's easy: On your first visit to **AmazonSmile** ([smile.amazon.com](http://smile.amazon.com)), you are prompted to select a charitable organization from our list of eligible organizations. **Sign** in to [smile.amazon.com](http://smile.amazon.com).

If this is your first child in a school setting you may not have set up a SignUp Genius account, but it's important that you do ASAP. The school and Parents' Group will be using SignUp Genius for many events, field trips, room parents, volunteers for events and more. To create an account go to: <https://www.signupgenius.com>. Click on Log In and create an account.



**Bradley Hills  
Presbyterian Church  
Nursery School  
Website**

Bookmark the BHPCNS website:  
<https://www.bhpcns.org/> to stay up to date on all things BHPCNS, including recent newsletter, classroom calendars, snack schedule and more.

## BETHESDA JEWISH CONGREGATION & BHPCNS FOOD DRIVE FOR MANNA FOOD



BHPCNS is excited to partner with the Bethesda Jewish Congregation, BJC, to collect needed food supplies for the Manna Food Center. Please consider donating items between 9-27 and 10-11, 2019. Items needed include:

**GRAINS:** instant oatmeal, brown rice, whole grain pasta

**PROTEIN:** canned tuna, salmon, chicken in water, dry/canned beans, nut butters

**FRUITS & VEGGIES:** canned vegetables, canned fruit in juice, fruit cups

Return donations in the brown bags sent home at Orientation or drop-off your contributions in Covenant Hall. Let's see if we can cover the entire floor with donations.

## THE ASQ-3 SCREENING TOOL AND EARLY INTERVENTION FOR CHILDREN



At BHPCNS we believe that early intervention for a developmental delay can make a tremendous difference in a child's life. There is a wide range of normal development in children. Most developmental delays in children are not serious and with interventions children eventually catch up. Even children who do have serious delays can make big improvements when treatment begins as early as possible.

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To identify if a child may possibly have a developmental delay we do several screenings at BHPCNS, including the ASQ-3 for all our children, vision screenings for our 3 and 4-year olds, hearing screenings for our 3 and 4-year olds, speech screenings for children identified as possibly having a speech or language delay, and occupational therapy screenings for children identified as possibly having gross, or fine motor delays. All of the screenings are performed by vetted professionals and done in a fun and age appropriate manner. Results and recommendations are shared with parents. Any recommendations for a more thorough developmental assessment will be discussed with parents in a parent/teacher/director conference. Please contact the office if you have questions, comments, or concerns.

### How Developmental Delays May Present In Young Children

There are 5 main types of developmental delays in infants and young children. They include problems with:

- language or speech - articulation, expressive, and/or receptive language
- vision – ability to see properly
- movement – fine and gross motor skills, understanding boundaries, controlling one's movements
- social and emotional skills – age appropriate interactions with adults and peers
- cognitive skills - thinking and processing information

**Language and/or Speech Delays** in toddlers and young children are common. In fact, language and speech problems are the most common type of developmental delay. Speech refers to verbal expression, including the way words are formed. Language is a broader system of expressing and receiving information, such as being able to understand gestures.

## DEVELOPMENTAL DELAYS AND EARLY INTERVENTION AT BHP CNS CONTINUED

**Vision Developmental Delays** can be difficult to recognize. Until about 6 months a newborn's vision is normally blurry. After 6 months a child's vision improves as the child begins to coordinate sight in both eyes. Sometimes this does not happen and vision problems such as farsightedness, near sightedness, lazy eye, may develop impacting a child's sight.

**Motor Skill Developmental Delays** may be related to problems with gross motor skills, such as crawling or walking, or fine motor skills, such as using fingers to grasp a spoon, hold a pencil or crayon, or more. Some children have challenges controlling their movements, they may be bouncy, or have challenges recognizing where they are in space leading to walking into things or obstacles, and/or understanding personal boundaries.

**Social and Emotional Developmental Delays** may be when a child experiences problems interacting with adults or other children. Other challenges include excessive tantrums, hurting themselves, being inconsolable, and forming attachments.

**Cognitive Developmental Delays** may present as a child not "learning" age-appropriate concepts, such as their colors or shapes, or when a child is challenged following sequential directions and developmental norms.

[Click here](#) for additional information from the Center for Disease Control on Pediatric Developmental Monitoring and Screening.



## BHP CNS ADMINISTRATIVE NOTES & UPDATES

### **Tuition Payments:**

Payments are due the first of each month, Sept.-May, and are considered late if not received by the 15<sup>th</sup> of the month. If your payment is not received by the 15<sup>th</sup>, a 10% late fee will be assessed.

### **Automated Bill Payer System:**

If you have set up an automated "bill payer" system, include the words Nursery School on the check to make sure your payment is received at the Nursery School and not deposited with the Church's donations by mistake.

### **Classroom and Office Email Communication:**

By the end of the first week of school you should have received at least one email from your child's classroom teacher. If you have not received an email, please email your child's teacher so they may capture your email address. (Occasionally messages land in spam/trash folders.) BHP CNS staff emails all follow the same format. The teacher's first initial and last name at BHP CNS. Example: [Lsobrino@bhpncs.org](mailto:Lsobrino@bhpncs.org).

### **Student Records:**

Each year we undergo a rigorous inspection by the Maryland State Department of Education. To be prepared we will be doing a thorough check of all our student's records. We will notify you of any missing paperwork, immunizations, etc. We ask that you submit any missing paperwork promptly. We appreciate your help in making sure our records are compliant with state regulations.



## BHPCNS ADMINISTRATIVE NOTES & UPDATES CONTINUED

### Healthy Kiddos:

BHPCNS is committed to keeping children healthy. If your child is not feeling well, please keep them home, and call BHPCNS's office to let us know that they will be out. We have a 24 hour fever free, vomiting free, rule and ask that you abide by that timeline.

Here at school we are:

- Asking you to wash your child's hands with soap and warm water before coming into the classrooms. Hand sanitizer is available but is not as effective as washing with soap and water.
- We will be cleaning and disinfecting classroom surfaces and toys regularly.
- Asking you to follow the CDC recommendations for flu vaccine and immunizations.

### Label all Belongings:

PLEASE label all your child's belongings, jackets, tote bags, lunch bags, anything that they bring to school should be labeled with your child's name. You would be amazed at how many children don't recognize their own belongings and how many children have the same jackets, and bags. Lost and Found is outside of Room 117.

### Early Morning with Bradley Bear, Lunch Bunch, and Stay and Play Programming,

Forms for these additional programs can be collected outside the office, or downloaded from our website, [www.bhpcns.org](http://www.bhpcns.org). All three programs will begin on October 1, 2019. Teachers, parents and the office will all be part of determining if/when a child is ready for additional programming.

### School Snacks:

BHPCNS has a school wide snack schedule. A calendar of the snack schedule is posted on the bulletin board outside the office and on [our website on our calendar page](#). You may request a hard copy from the office. We serve 2 of the following food groups daily:

- A protein, i.e. organic vanilla yogurt, string cheese, etc.
- A fruit or vegetable, i.e. apple slices, carrot sticks, grapes, etc.
- A carbohydrate, i.e. graham crackers, gold fish, etc.

### Children's Lunches:

BHPCNS provides organic 1% milk at lunch each day. Children are offered a choice of organic milk or filtered water at lunch time. You do not need to pack a drink with your child's lunch.

Please pack healthy, nutritious lunches for your children. BHPCNS teachers are not allowed by our licensing agency to make the children eat their "growing" foods first. If you pack a cookie and your child wants to eat that instead of their sandwich, we are technically not allowed to have them eat their sandwich first.

Children's lunches should be foods children are familiar with and should be cut into appropriate sized servings. Sandwiches cut into quarters are much easier for little ones to eat. **Gogurts are not permitted at nursery school.** We send home any easily wrapped, uneaten lunch foods. Uneaten yogurts, apple sauce cups, etc. will be tossed out. Lunch is a social time. Children like to talk and share their lives at lunch. Sometimes this gets in the way of eating their whole lunch. Don't worry as your child settles into school they will eat more of their lunch.

### Donations: Before you throw it out donate it to BHPCNS

- We participate in the Ronald McDonald House Pop Tab Recycling Program. Pull off those tabs from your soda cans, cat food cans, and other cans that have one. Bring them to school and we will send them off!
- BHPCNS also collects used ink cartridges to be recycled. Drop yours by the office.
- Baby food jars are always needed to hold paint, push pins, etc. Please drop yours off in the office.
- Large oatmeal canisters to be crafted into drums.
- We can never have too many toilet paper or paper towel rolls.
- And you wouldn't believe how much newspaper we can use each month.

If your family can donate any of these items, we'd be thrilled to collect them from you in the office.

**Parent's Bulletin Boards:**

Across from the office is the BHPCNS' bulletin board. This space is updated regularly with our school monthly calendar, children's birthdays, and flyers about school events.

Another bulletin board by the bathrooms is used to share flyers about community programs, parenting events, sports programs, etc. that may be of interest to families. Please check these board occasionally.

**BHPCNS Open Door Policy:**

If at any time you have a concern or praise for something that is happening at BHPCNS, please stop by the office to share your thoughts. Without your input we don't know where we need to improve or what we are doing correctly. We value all input☺

**Young 2-Year-Old-Program begins January 14, 2020!**

Do you have a child born between September 1, 2017 and December 31, 2017 who would like to come to school? Registration is open for our Young 2s program. Please share with your family and friends who may have children who would benefit from the Young 2s' program. We have a limited number of spaces and they will be filled on a first come first serve basis. For more information contact the office.

[Click here to access the registration link.](#)



**October 23!**

**POTTY TRAINING 101:** Is toilet training your child in your future? Are you struggling with toilet training your child? Are you thinking there must be a better way to reach this childhood milestone? If you've answered yes to any of the above questions, you **MUST** come to our Potty Training seminar, sponsored by the Parents' Group on October 23 at 7:30 pm in Covenant Hall. Sally Neuberger, the Potty Training guru, will be here to share her expertise about all things potty, how to train, how to deal with setbacks, when to train, and more! Bring your questions, but not your child. This is an adult only program. Details to follow.

It's that time of year again, when residents of Bethesda vote for their favorite things! Please take a minute and vote for your favorite nursery school!

[Click her to Vote for BHPCNS by 9-13!](#)

It only takes a few minutes and with your support we will again be selected as a nursery school of choice! Ask your friends and family to vote too!



**School Day Attire!**

Children love to climb, swing, run, jump, skip, hop, hang upside down, and more throughout the day. Please make sure your children are appropriately dress for the playground and sitting at circle time in the classrooms. Children should wear underwear at all times. I know it sounds like a crazy reminder, but you'd be amazed at the things we see at nursery school.

**PS:** The downstairs bathrooms are for children only during the day. Adults, including teachers and staff are to use the upstairs bathrooms.

## SEPTEMBER BIRTHDAYS!!!!

Jack Grant  
Tommy Grant  
Hunter Grant  
Mia Banashak  
Audrey Moulton  
Lily Hutchins  
Sadie Hutchins  
Cora Cappell



Brody Wiggins  
Lucy Giannattasio  
Sadie Smith  
James Trunk  
Ethan Chernyakov  
Gracie Mense  
Emily Kelly  
Nola de Vault

When sending in birthday treats, please send in **small** cupcakes, mini muffins, fruit kabobs, etc., keeping classroom food allergies in mind. We share birthday treats at snack time! There is a snack ingredient form outside the office. Please complete this form so we can be aware of any possible allergic complications. If you have any questions, please reach out to your child's teacher or the office.

## ALERT MONTGOMERY

Montgomery County has an Alert system that sends you texts or emails in the event of an emergency. You can customize the system to send alerts only about items that interest you. I strongly recommend signing up for this alert system to receive messages about Montgomery County Public Schools, MCPS, and school closings. BHCNS follows MCPS with regard to delayed openings, and school closings.

To register to have alert messages emailed or texted to you go to:

<https://member.everbridge.net/index/1332612387832009#/login> to set up your account

## IMPORTANT UPCOMING CALENDAR DATES

**September 10:** BHCNS, BHPC, BJC, House of Abraham, and Friends Club Meet and Greet 7:30 and 9:00 pm.

**September 13:** BHCNS and BHPC Listening Session between 8:30 and 9:30 am. Childcare will be provided.

**September 19 and 20:** Coffee for New Parents in the Library 9:15 to 10:30. Come to have questions answered by "experienced" BHCNS Parents.

**September 19:** BHCNS Board Meeting at 7:00 pm. If you'd like to attend, please contact Missy Banashak.

**September 20:** Red day in the 4s' classes. Details to follow from your teacher. All ages are welcome to wear red!

**September 21:** Back to School Picnic between 4:00 and 6:00 pm.

**September 24:** BHCNS and BHPC Listening Session between 7:00 and 8:00 pm.

**September 27:** Yellow day in the 4s' classes. Details to follow. All ages are welcome to wear yellow.

**September 27:** Manna Food Drive in conjunction with the Bethesda Jewish Congregation begins.

**September 30:** BHCNS will be closed.

**October 1:** Early Morning, Lunch Bunch, and Stay and Play Programs begin.

**October 3:** Back to School Night

7:00 to 7:30 pm Tuesday/Thursday classes

7:45 to 8:15 pm Monday, Wednesday, Friday classes and Monday through Friday classes

(Times are tentative and may change. Classroom teachers will share more information.)

**October 4:** Blue day in the 4s' classes. Details to follow. All ages are welcome to wear blue.

**October 9:** BHCNS will be closed.

**October 11:** Green day in the 4s' classes. Details to follow. All ages are welcome to wear green.

**October 17:** Pizza and John Henry Night (Details to follow)

**October 18:** Purple day in the 4s' classes. Details to follow. All ages are welcome to wear purple.

**October 23:** Potty Training seminar with Sally Neuberger at 7:30 pm. (Details to follow.)

**October 25:** Orange day in the 4s' classes. Details to follow. All ages are welcome to wear orange.

**October 30 & 31:** Classroom Halloween Fun! Details to follow.

## DISTRIBUTION OF THE BEAR FACTS NEWSLETTER

At the beginning of each month the office will send electronically a copy of the BEAR FACTS to every registered household. Be on the lookout for an email at the beginning of each month with the newsletter attached. It is important to read the newsletters and accompanying emails as they are filled upcoming events, important information, parenting tips, and more! To stay in the know, read your monthly BEAR FACTS and save it for future reference. If you would prefer to receive a hard copy of our newsletter, tear off and return the form below.

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**Newsletter Distribution Preference:** Name of Child: \_\_\_\_\_

BHPCNS publishes a monthly newsletter to be distributed to all families. Please check if you wish to receive a hard copy of the newsletter (sent home in your child's tote bag) in addition to an electronic copy.

Yes, I'd like to receive a hard-copy of the BHPCNS monthly newsletter

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BRADLEY HILLS PRESBYTERIAN CHURCH NURSERY SCHOOL

September 2019 Newsletter

***The Bear Facts***

**Celebrating 62 Years of Early Childhood Education**

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