

Strategy to Avoid Excessive Oxygen (SAVE-O2) Trials

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Disclosures

No conflicts of interest

Funding:

- 1) NIH, National Heart, Lung, and Blood Institute (NHLBI)
- 2) Joint Warfighter Medical Research Program (JWMRP)
- 3) Special Operations Medical Association (SOMA)

The views and conclusions contained herein are those of the authors and should not be interpreted as necessarily representing the official policies or endorsements, either expressed or implied, of the Department of Defense, the USAMRDC, or the U.S. Government.

The SAVE-O2 AI trial was investigator-initiated. PRO100 devices were rented from O2matic (Herlev, Denmark) for the trial. O2matic was not involved in the funding, design, data collection, analysis, or decision to publish.

Goals & Objectives

- 1) Clinical implications and practice guidelines from the SAVE-O2 Trial
- 2) Introduce *autonomous* solutions for oxygen titration via the SAVE-O2 AI Trial
- 3) Explore the role of skin pigmentation in pulse oximeter performance



ATLAS – Airway, Trauma, Lung injury, and Sepsis Research



Strategy to Avoid Excessive Oxygen in
Critically Ill Trauma Patients

Trial Summary



Objective: determine feasibility, safety & effectiveness of targeted normoxemia to improve outcomes in critically injured patients

Design: Cluster Randomized, Stepped Wedge Implementation Trials

- Minimal Risk, Waiver of Informed Consent (efficient & saves costs)
- One-way crossover to normoxemia protocol (target SpO₂ 90-96%)

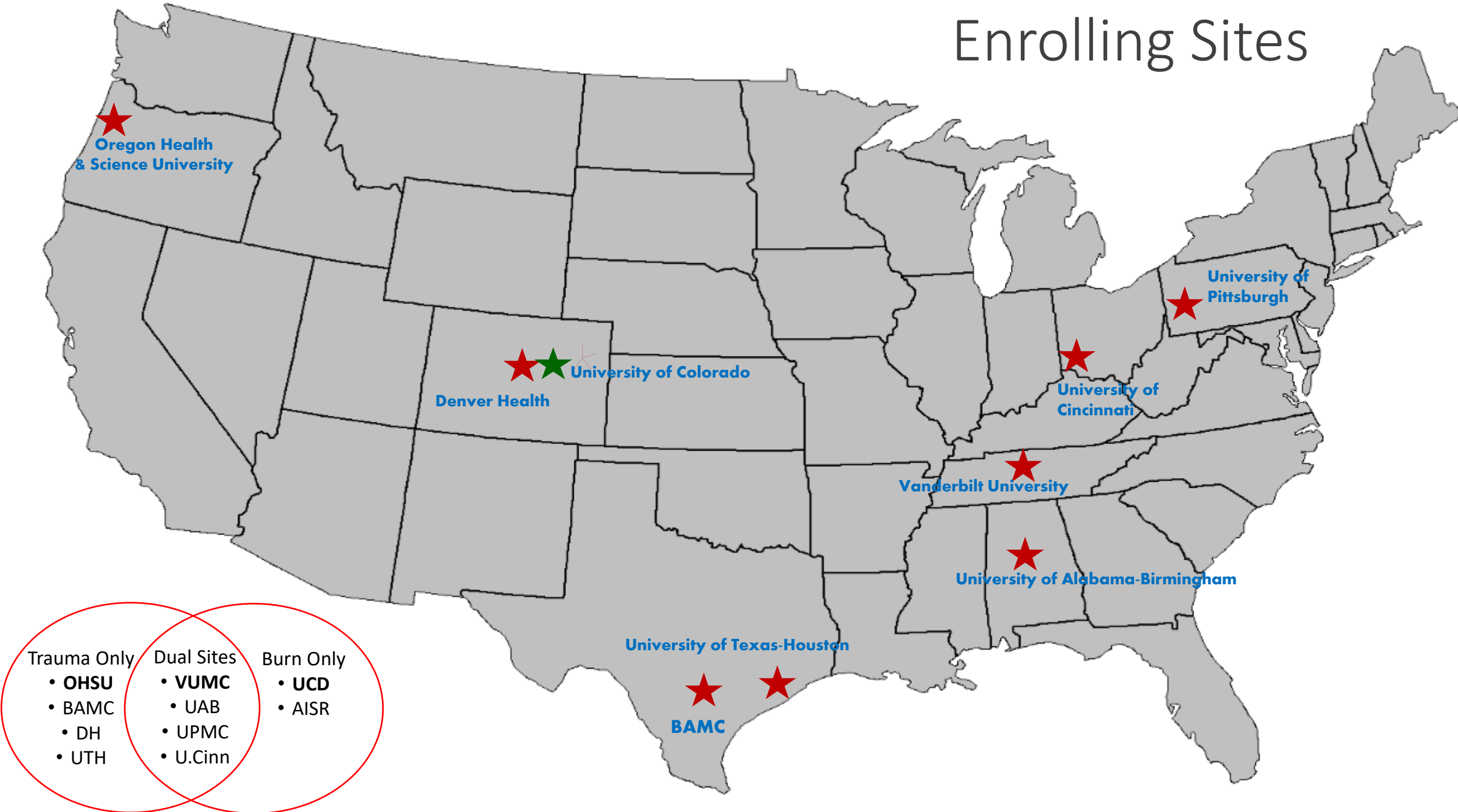
Population: Adult critically ill trauma pts hospitalized w/in 24h of injury at 8 US Level 1 Trauma Centers

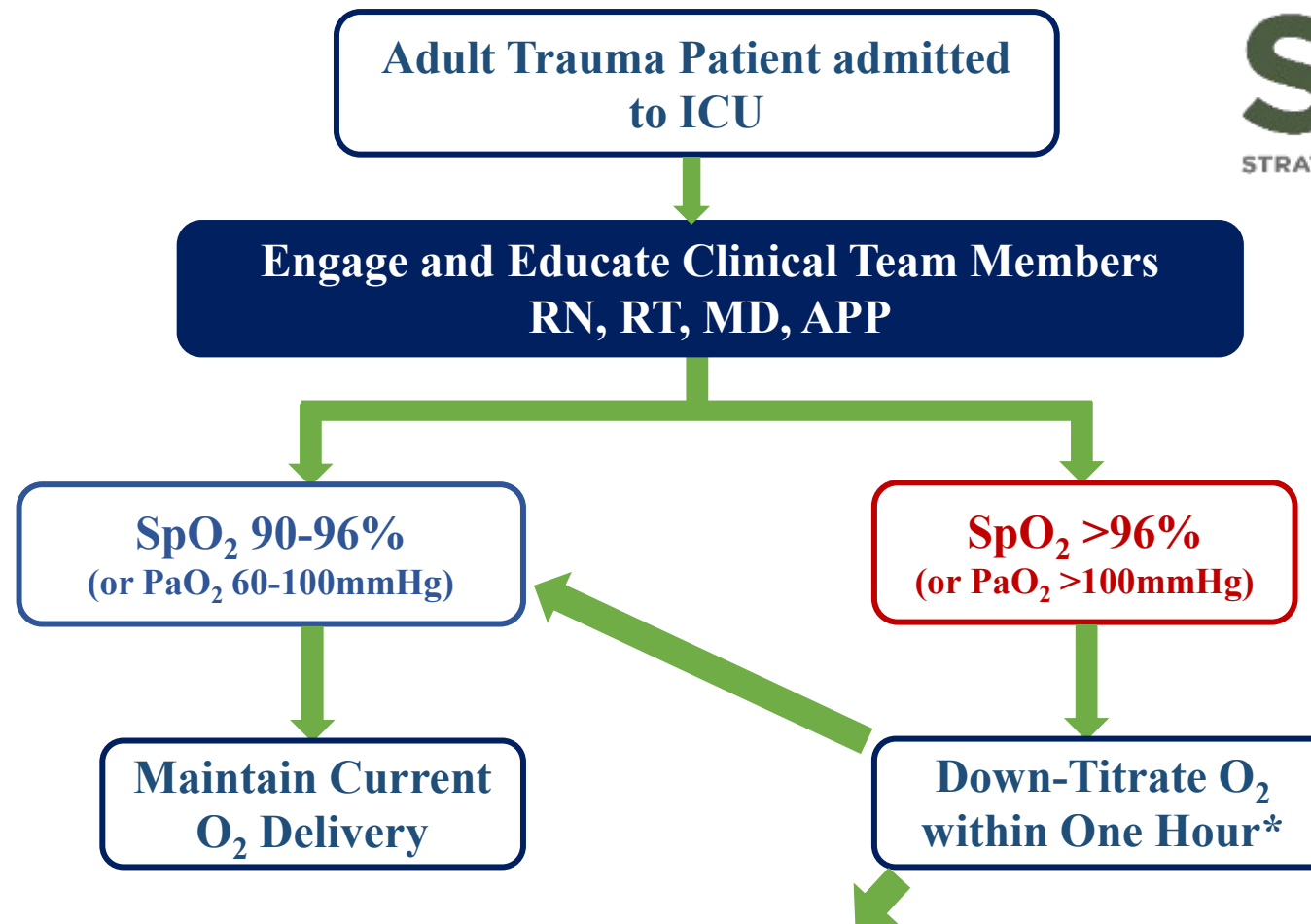
Primary Endpoint: Supplemental Oxygen Free Days (SOFD) to day 28

- Defined as number of days alive and not on supplemental O₂

Hypothesis: Targeted normoxemia will limit exposure to hyperoxemia and safely reduce the use of concentrated oxygen

Enrolling Sites





***Intervention non-binding
& can be overridden by
clinician when in best
interest of patient**

Attention (1)

ⓘ Consider lowering patients oxygen supplementation BPA #2146

SpO₂ is above 96%.
O₂ saturations >96% are associated with worse clinical outcomes.

Lower oxygen volume to maintain O₂ saturation of 90-96% or select clinical rationale for continuing current oxygen therapy.

Acknowledge Reason

Yes, I will titrate oxygen to maintain S... Allergy Untreated pneumothorax Pregnancy Cyanide poisoning

Carbon monoxide poisoning Sick cell Other clinical reason (please specify)

Accept Dismiss

March 31, 2025

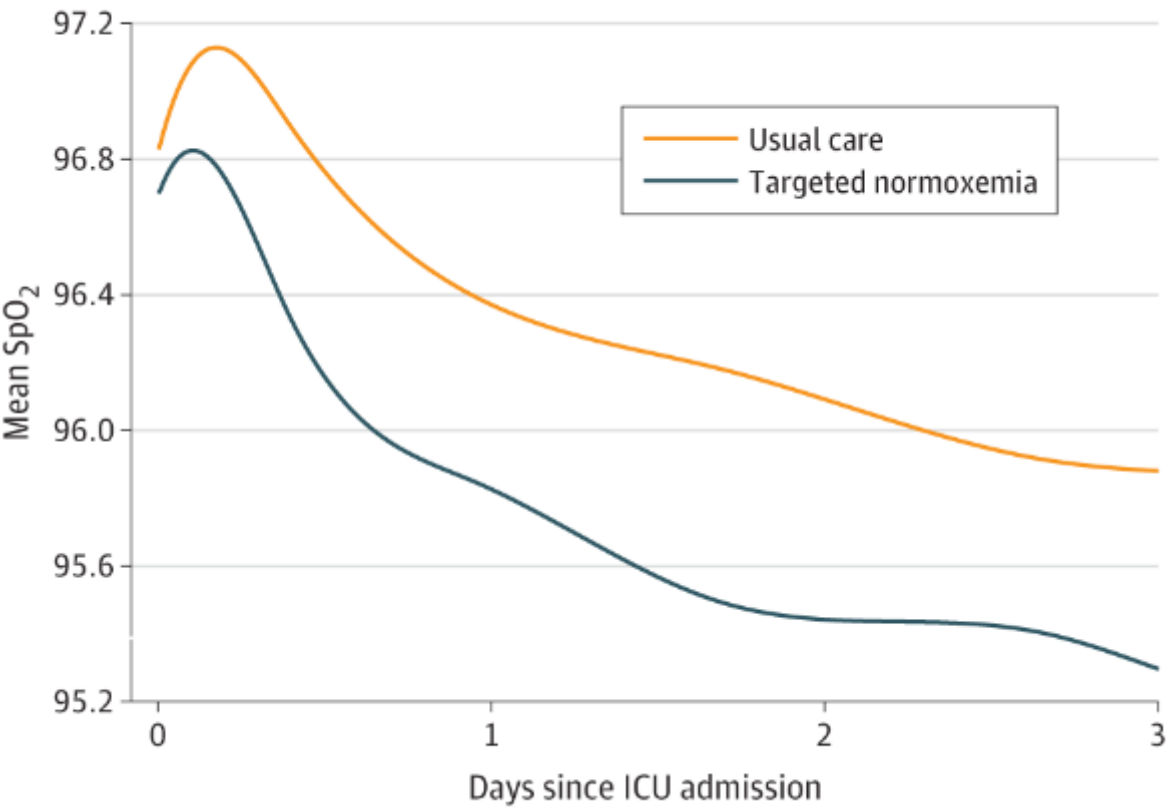
Targeted Normoxemia and Supplemental Oxygen-Free Days in Critically Injured Adults

A Stepped-Wedge Cluster Randomized Clinical Trial

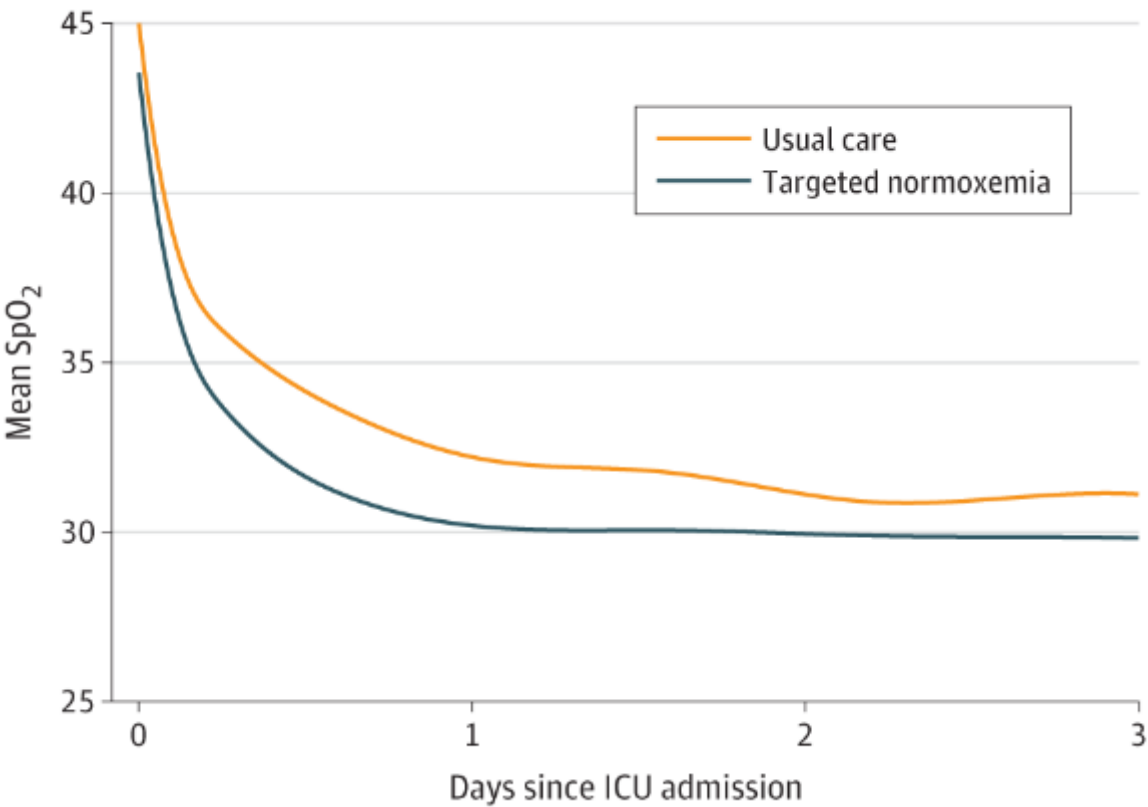
David J. Douin, MD¹; John D. Rice, PhD²; Erin L. Anderson, RN³; et al

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A Mean SpO₂ values



B Mean FIO₂ values



Targeted Normoxemia
Days in Critically Inj
A Stepped-Wedge C

David J. Douin, MD¹; John D. Rice, PhD²; Erin L.

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JAMA Netw Open. 2025;8(3):e252093. doi:10.10

Table 1. Patient Demographics and Injury Characteristics at Baseline

Characteristic	Patients, No. (%)	
	Targeted normoxemia group (n = 5661)	Usual care group (n = 6826)
Age, mean (SD), y	53.2 (21.3)	50.4 (20.9)
Sex		
Female	1655 (29.2)	2033 (29.8)
Male	4006 (70.8)	4793 (70.2)
Race and ethnicity ^a		
Hispanic	642 (11.3)	483 (7.1)
Non-Hispanic Black	599 (10.6)	1372 (20.1)
Non-Hispanic White	2930 (51.8)	4088 (59.9)
Other ^b	376 (6.6)	513 (7.5)
Unknown	1114 (19.7)	370 (5.4)
BMI, mean (SD)	27.9 (6.6)	28.2 (6.9)
Current or former smoker	1212 (21.4)	1305 (19.1)
Supplemental oxygen use at baseline	76 (1.3)	127 (1.9)
No. of Elixhauser comorbidities, mean (SD)	2.9 (2.3)	2.4 (2.2)
Cardiac comorbidities	882 (15.6)	1130 (16.6)
Pulmonary comorbidities	494 (8.7)	720 (10.5)
Penetrating mechanism of injury ^c	699 (12.3)	1161 (17.0)
EMS mode of arrival	5391 (95.2)	6616 (96.9)
Initial GCS score, mean (SD)	12.1 (4.3)	11.7 (4.5)
ISS, mean (SD)	19.3 (11.7)	19.9 (12.2)
TBI	2616 (46.2)	1879 (27.5)
Mechanical ventilation before ICU	1846 (32.6)	2826 (41.4)
Proportion of time receiving invasive mechanical ventilation, mean (SD), %	22.3 (34.2)	26.2 (34.5)
Mechanical ventilation at any time during ICU admission	2321 (41.0)	3388 (49.6)



Targeted Normoxemia and Supplemental Oxygen-Free Days in Critically Injured Adults

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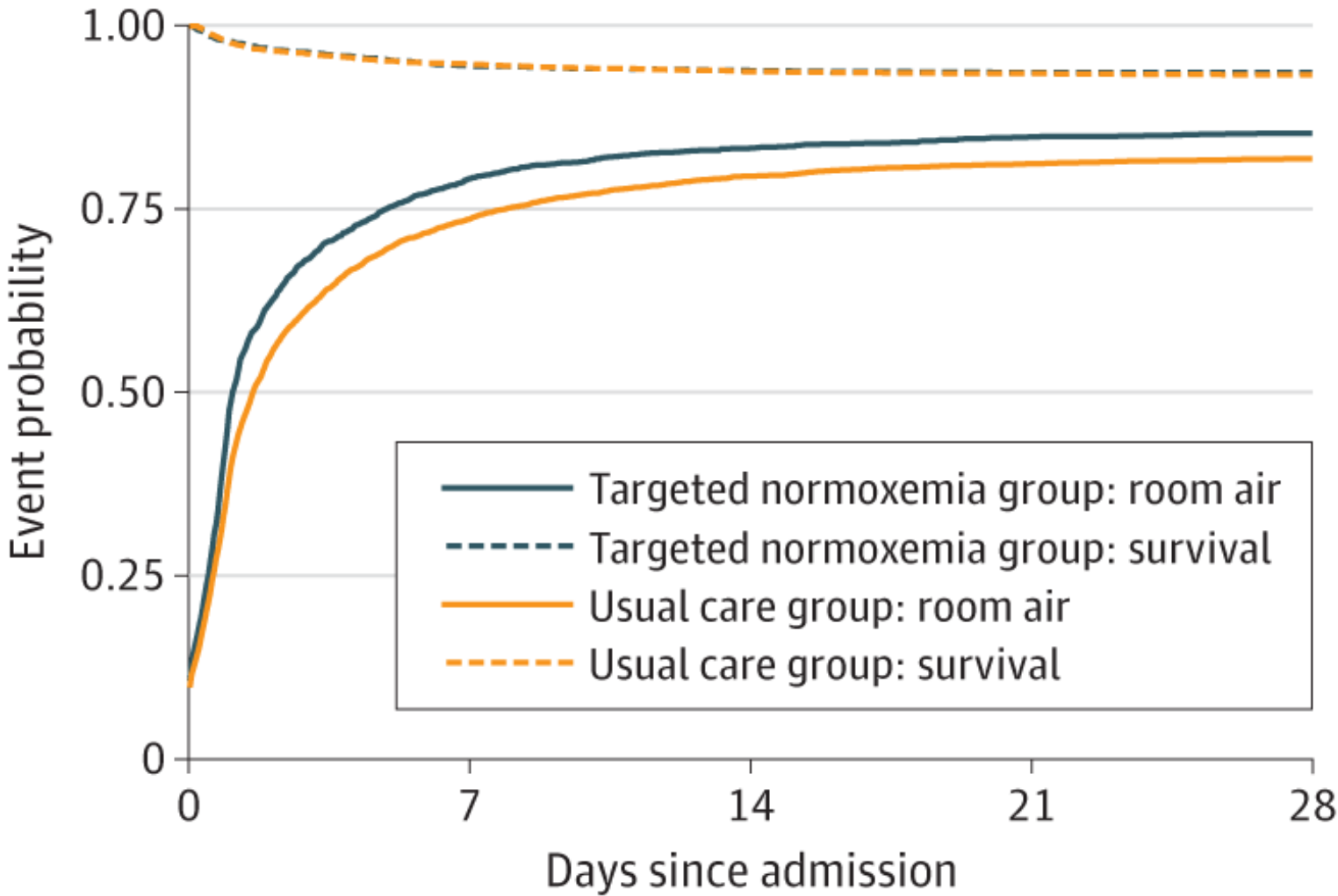
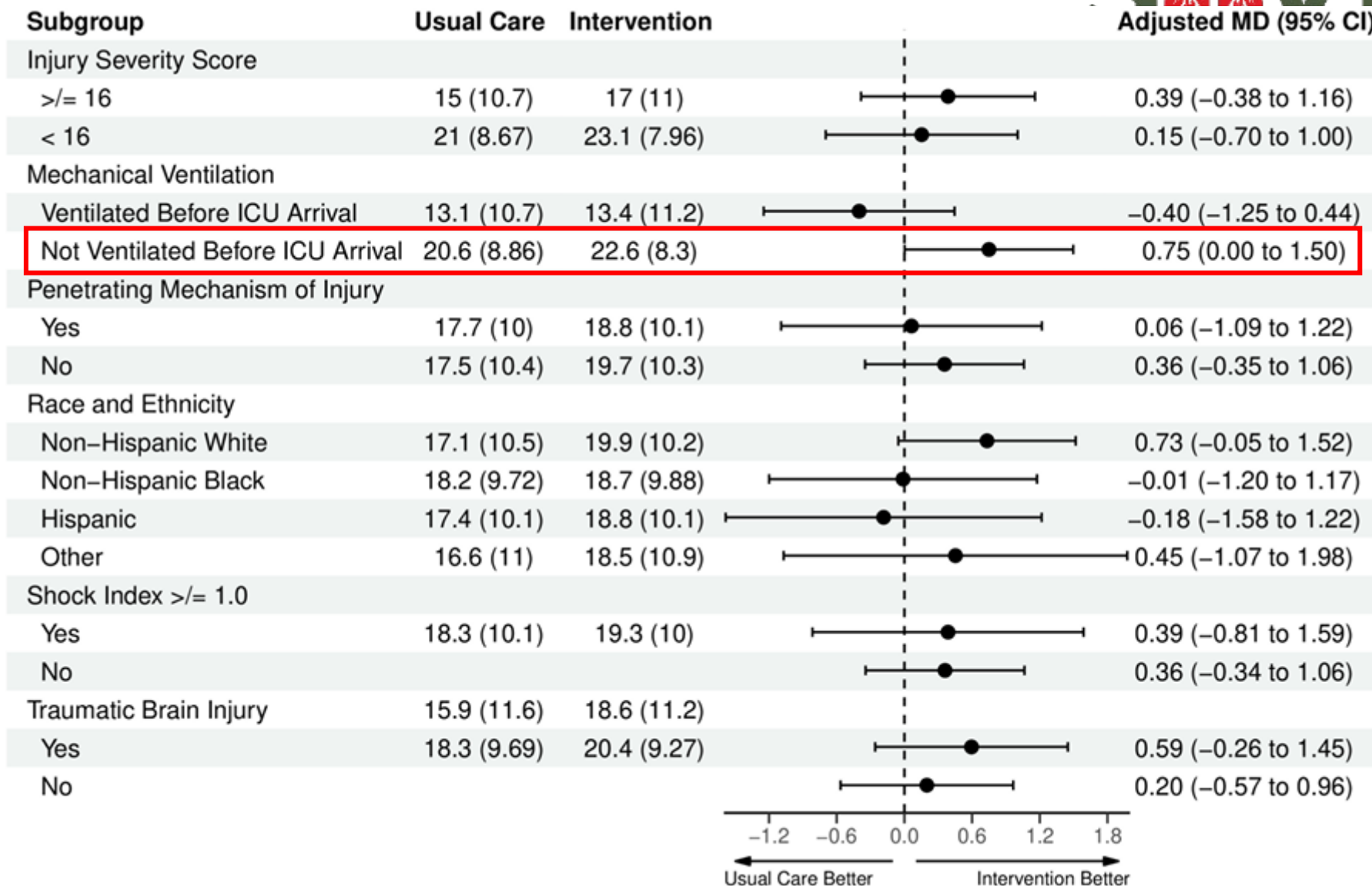


Table 2. Primary and Main Secondary Outcomes

Outcome	Mean (SD)		Adjusted mean difference (95% CI)
	Targeted normoxemia group (n = 5661)	Usual care group (n = 6826)	
Primary outcome: SOFDs through day 28	19.6 (10.3)	17.5 (10.4)	0.32 (−0.37 to 1.00)
P value	NA	NA	.30
In-hospital mortality to day 90, No. (%)	563 (9.9)	732 (10.7)	AHR: 1.05 (0.83 to 1.33) ^a
HFDs through day 90	69.8 (27.4)	69.0 (27.5)	1.16 (−0.35 to 2.68)
Hospital LOS, d	13.1 (17.4)	13.2 (16.1)	AHR: 1.08 (0.99 to 1.18) ^a
ICU LOS, d	5.7 (7.7)	6.3 (10.3)	−0.03 (−0.09 to 0.03)
VFDs through day 28 ^b	23.3 (9.2)	22.4 (9.7)	0.55 (0.03 to 1.08)
Time to room air, d	1.6 (3.2)	2.7 (4.0)	AHR: 1.23 (1.13 to 1.33) ^a
Total volume of oxygen administered per patient, L	18 862 (43 097)	32 565 (62 793)	−5500 (−8720 to −2280)
Total volume of oxygen administered per patient, L/min	2.2 (3.3)	3.3 (3.7)	−0.54 (−0.72 to −0.35)
Proportion of time spent in normoxemia (SpO ₂ 90%-96%) in ICU, %	0.72 (0.29)	0.56 (0.32)	0.07 (0.06 to 0.09)
Proportion of time spent in hyperoxemia (SpO ₂ >96%) in ICU, %	0.27 (0.29)	0.42 (0.31)	−0.07 (−0.09 to −0.06)
Proportion of time spent in hypoxemia (SpO ₂ <88%) in ICU, %	0.011 (0.06)	0.011 (0.06)	0.0001 (−0.004 to 0.004)



Conclusions of SAVE-O2 Trial

A targeted normoxemia approach:

- Is safe (no increased hypoxemia)
- Effectively reduced need for supplemental oxygen
 - Most (95%) patients needed little or no supplemental oxygen
- Maintained/improved patient outcomes
- Increased SOFD among patients not receiving mechanical ventilation

Open questions:

- Autonomous solutions

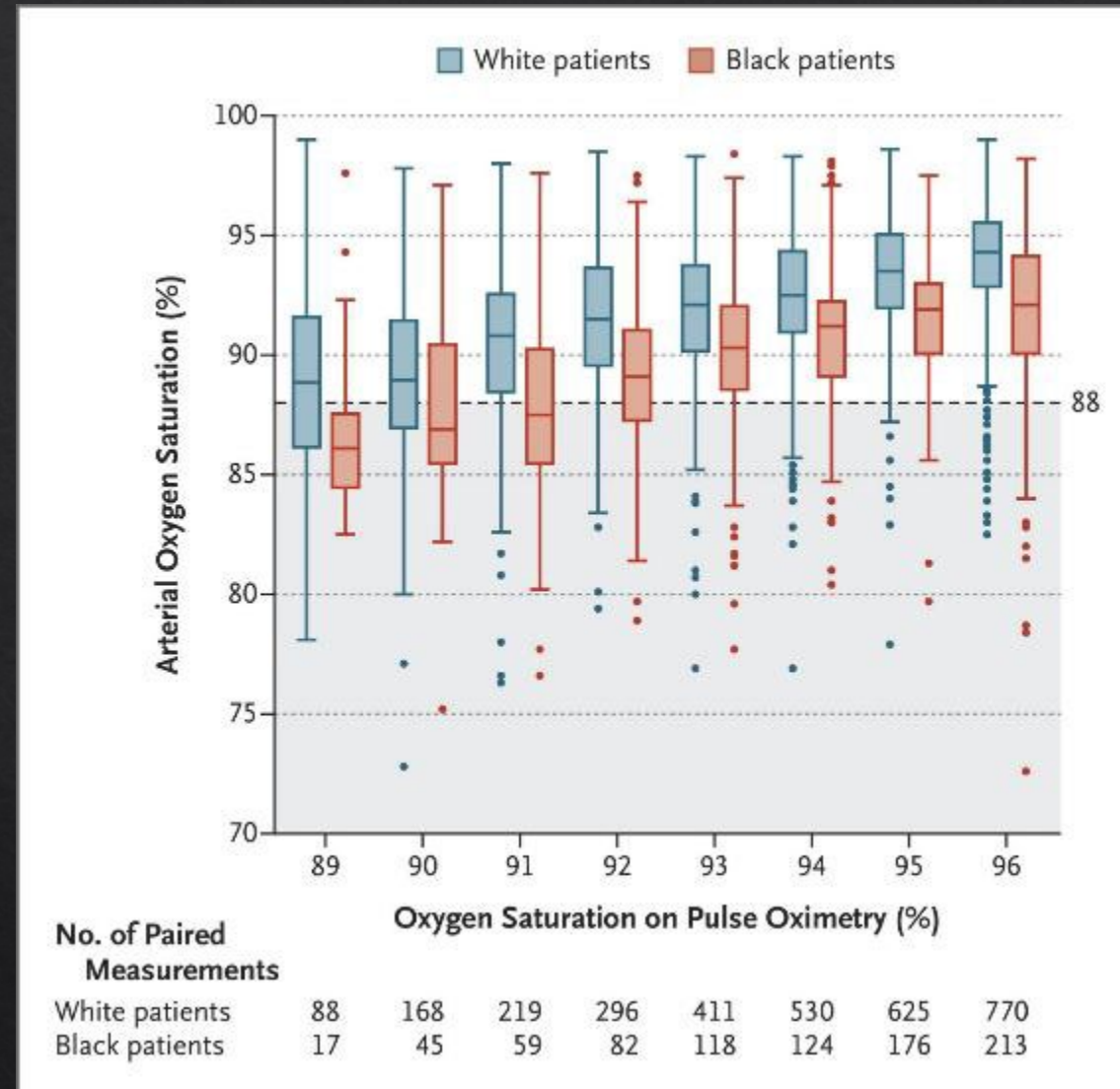
Skin Pigmentation and Unrecognized Hypoxemia

Pulse-Ox measurement error is common, & more frequent at lower pulse oximetry levels

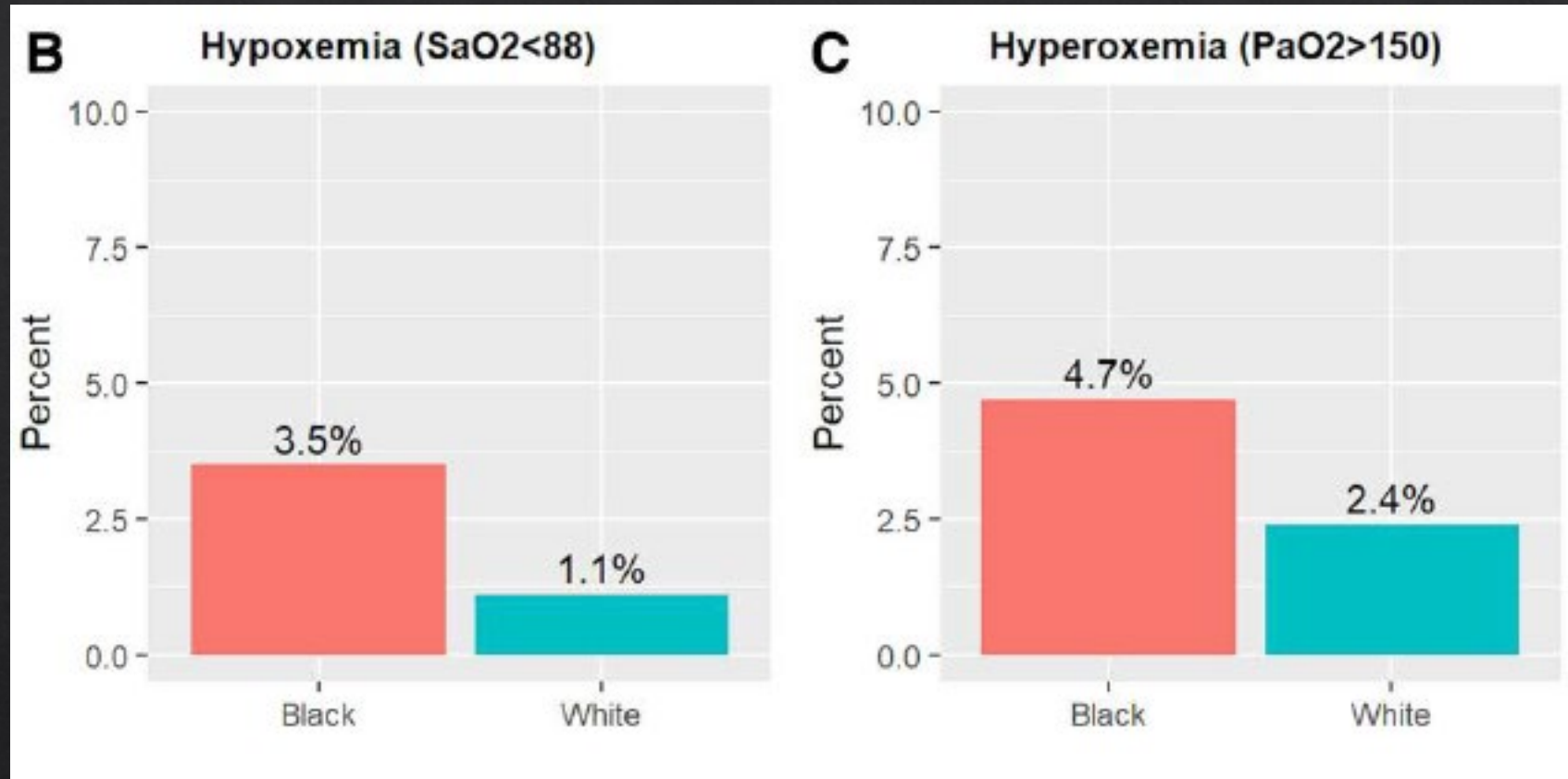
Unrecognized hypoxemia ($\text{SaO}_2 < 88\%$ when $\text{SpO}_2 \geq 92\%$) is more common among patients with darker skin pigmentation

...Independent of clinical factors or pulse oximeter

Skin Pigmentation and Unrecognized Hypoxemia



Skin Pigmentation and Unrecognized Hypoxemia



SaO₂ among 1,024 patients when SpO₂ 92-96%
Black patients had a higher incidence of both hypoxemia (3.5% vs 1.1%, p=0.002) and hyperoxemia (4.7% vs 2.4%, p=0.03)

Skin Pigmentation and Unrecognized Hypoxemia

Ultimate solution is likely an improved pulse-oximeter (Co-Oximetry) – at least 5-10 years away

However, race/ethnicity is a poor surrogate for skin pigmentation

FDA Executive Summary

Prepared for the
February 2, 2024, meeting of the
Anesthesiology and Respiratory Therapy Devices Panel of the
Medical Devices Advisory Committee
Center for Devices and Radiological Health (CDRH)
United States Food and Drug Administration

Performance Evaluation of Pulse Oximeters Taking into Consideration Skin Pigmentation, Race and Ethnicity



GUIDANCE DOCUMENT

Pulse Oximeters for Medical Purposes – Non-Clinical and Clinical Performance Testing, Labeling, and Premarket Submission Recommendations

Draft Guidance for Industry and Food and Drug Administration Staff

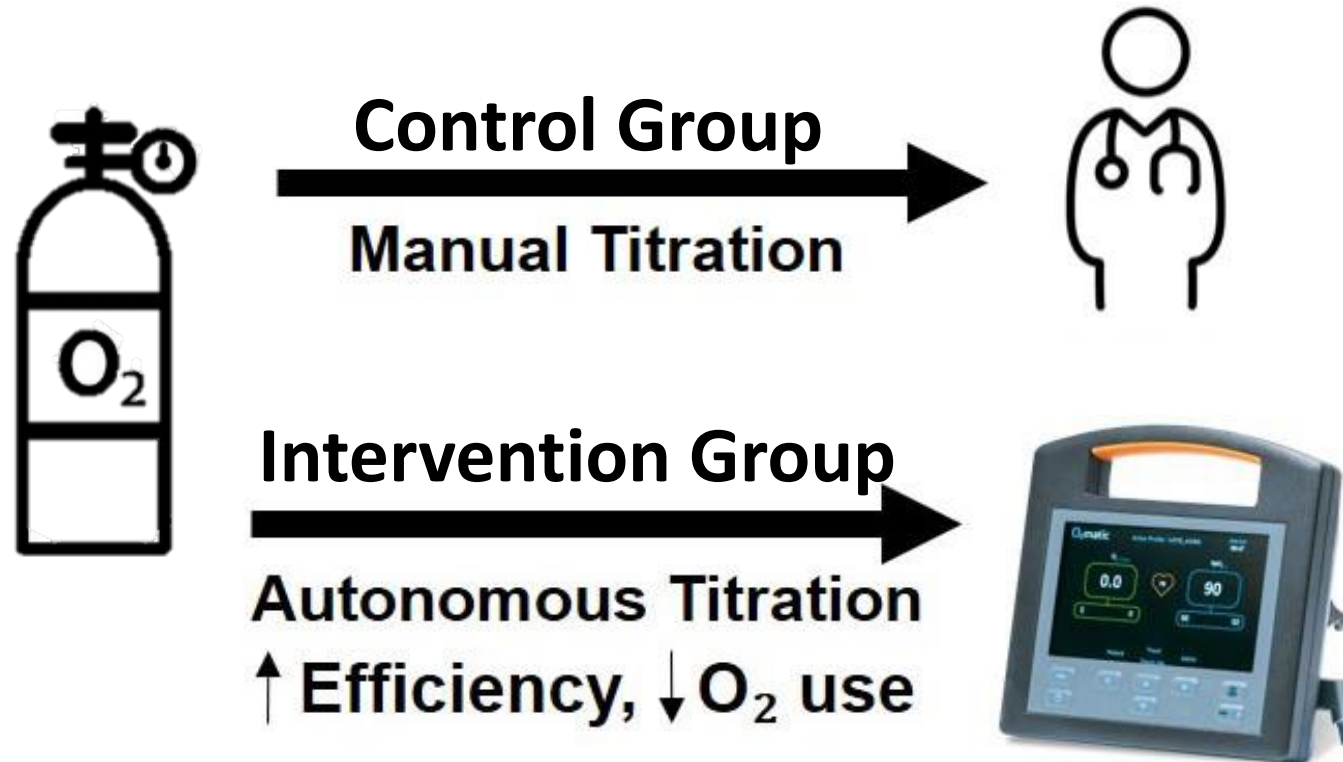
JANUARY 2025

SAVE-O₂

STRATEGY TO AVOID EXCESSIVE OXYGEN

USING AUTONOMOUS OXYGEN TITRATION INTERVENTION (AI)

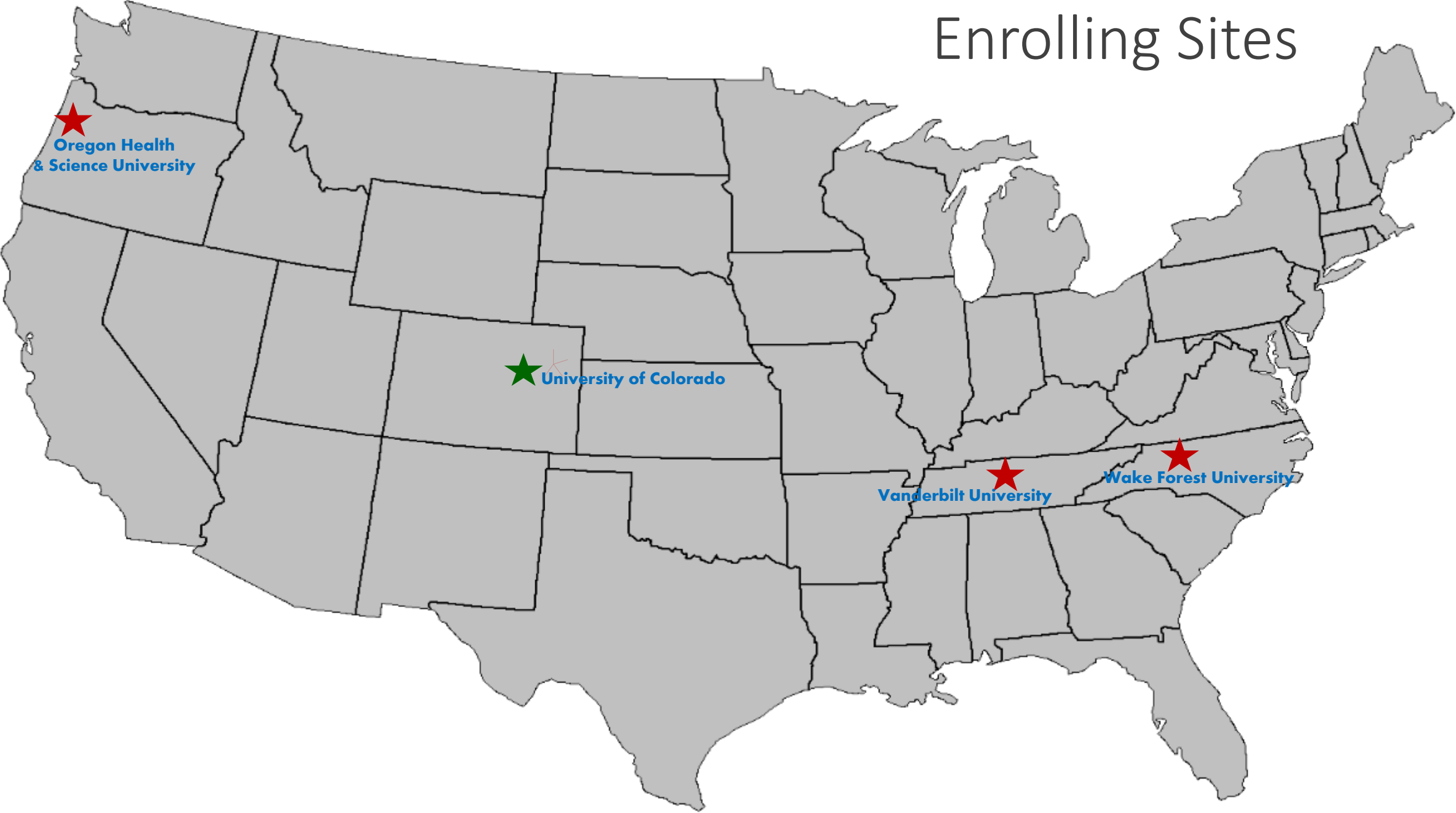
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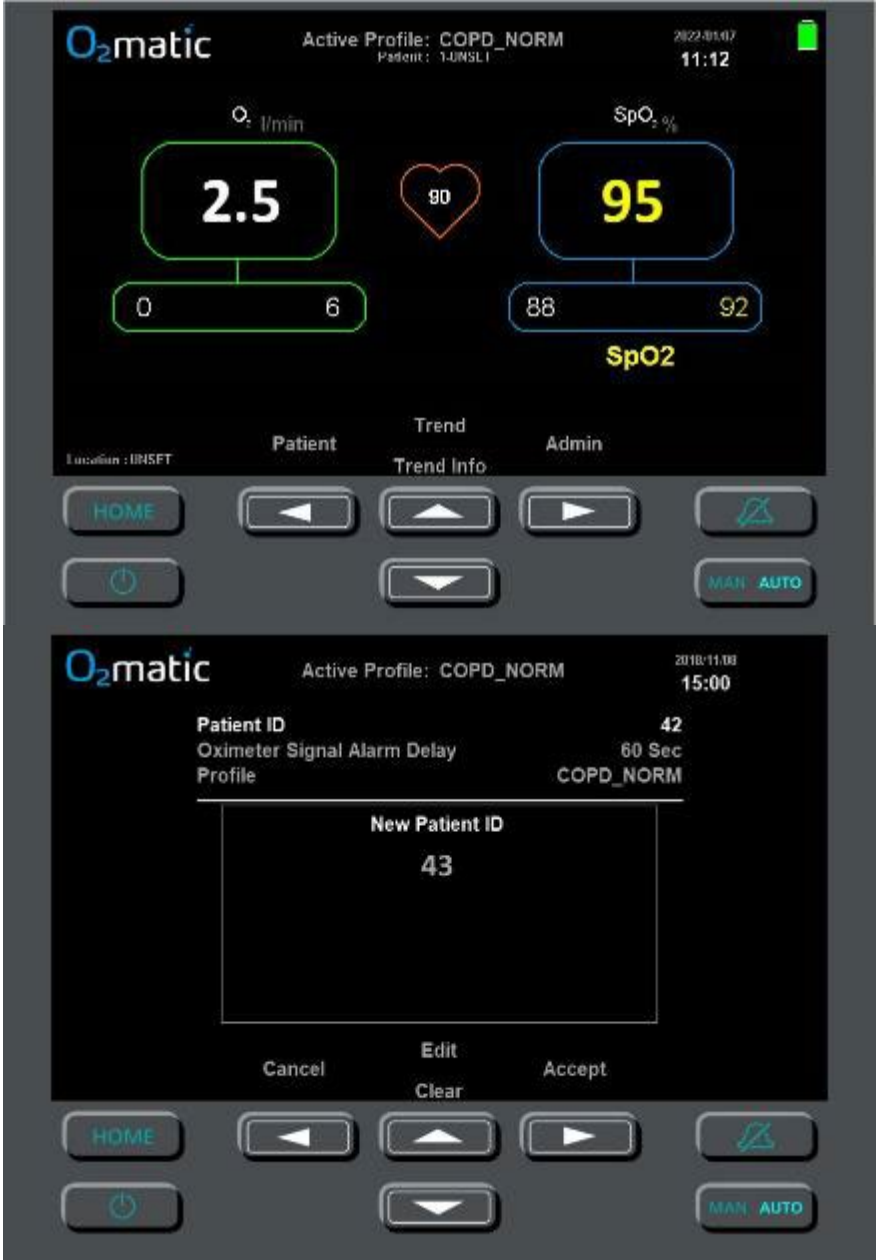
Study Design

- Multicenter randomized controlled trial
 - Oversight by FDA, IRB, DSMB
 - 300 patients at four level 1 trauma centers in the U.S.
- Manual titration (control) versus automated titration with PRO100 (intervention)
 - Goal SpO₂ range 90-96%, target 93% for all patients
 - Enroll within 36 hours of hospital arrival

Enrolling Sites



O2matic PRO100 Device

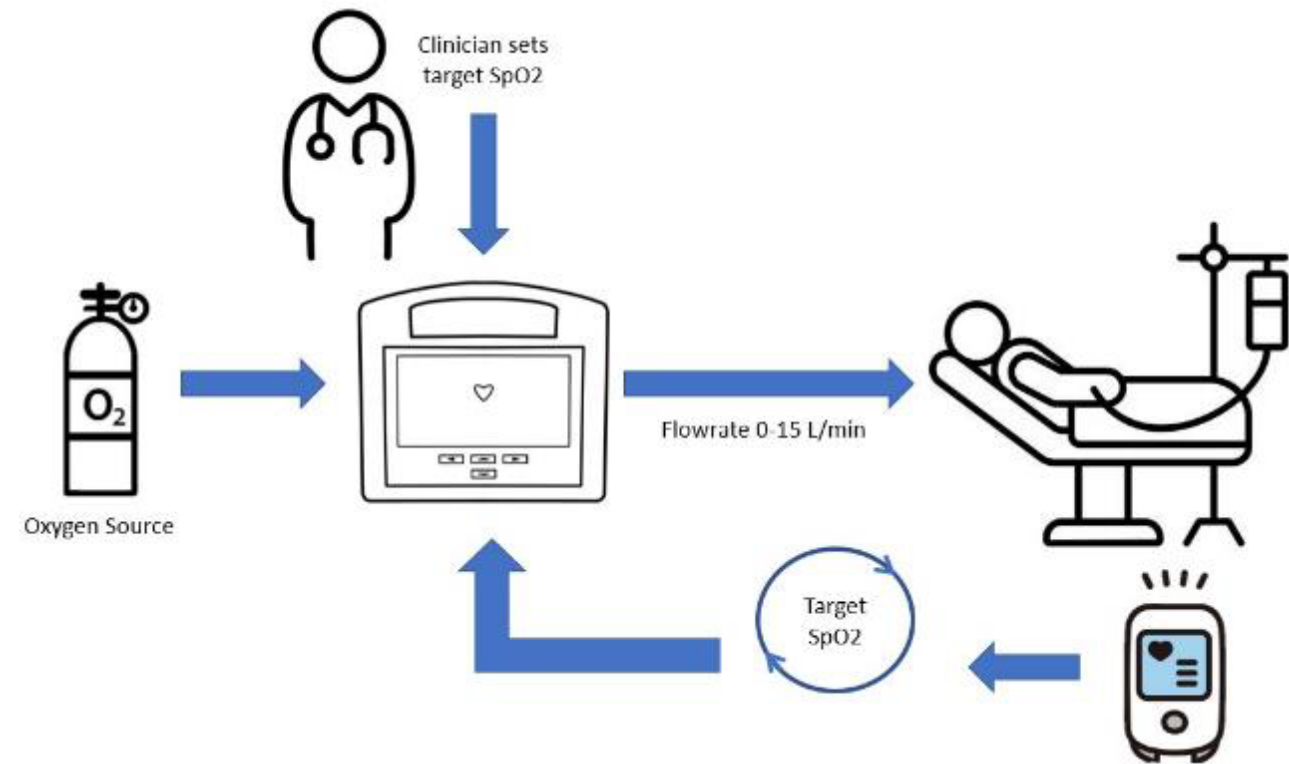


Implementation

- Usual Care



- Automated Titration

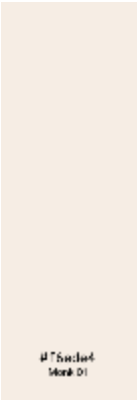











Skin Pigmentation

Fitzpatrick Skin Type Scale

					
Type I	Type II	Type III	Type IV	Type V	Type VI
Light, pale white	White, fair	Medium, white to olive	Olive, moderate brown	Brown, dark brown	Black, very dark brown to black
Always burns, never tans	Usually burns, tans with difficulty	Sometimes mild burn, gradually tans to olive	Rarely burns, tans with ease to a moderate brown	Very rarely burns, tans very easily	Never burns, tans very easily, deeply pigmented

Monk Skin Tone Scale

									
#F5dcd4 Monk 01	#F5e7cd Monk 02	#F7e6d8 Monk 03	#f5dcd4 Monk 04	#d7bce9e Monk 05	#a687a5b Monk 06	#825a43 Monk 07	#684134 Monk 08	#3a312a Monk 09	#292420 Monk 10

Nix Spectro 2 (5 mm)



Outcomes

1. **Primary Outcome:** Proportion of time spent within targeted normoxemia range (SpO₂ 90-96%, target 93%)

2. **Secondary Outcomes**
 - **Amount of supplemental oxygen administered**, in first 72 hrs
 - **Proportion of time spent in hypoxemia** (SpO₂ <88%) in first 72hrs
 - **Proportion of time spent in hyperoxemia** (SpO₂ >96%) in first 72hrs
 - **Time to Room Air**, time from hospital presentation to first episode of no supplemental oxygen (room air)



**Estimated to complete enrollment of 300
patients in early 2026**

Conclusions

- SpO₂ 90-98% is appropriate for most critically ill adults
- Targeting normoxemia (SpO₂ 90-96%) is safe and maintains/improves outcomes for critically ill trauma patients
 - Likely improves outcomes for non-MV patients
- Unrecognized hypoxemia (SaO₂ < 88% when SpO₂ ≥ 92%) is more common among darker skin patients
 - But, race/ethnicity is a poor surrogate for skin pigmentation
- Autonomous oxygen titration solutions may be coming
 - already available in Europe/Australia/NZ

SAVE-O₂ Team and Collaborators

STRATEGY TO AVOID EXCESSIVE OXYGEN

Clinical and Data Coordinating Centers



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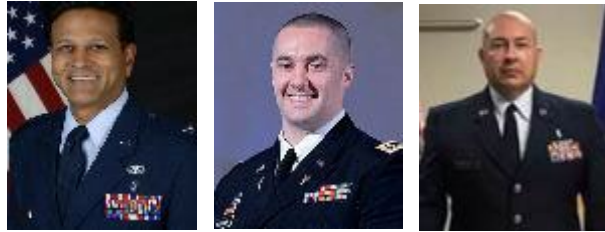
Site PIs



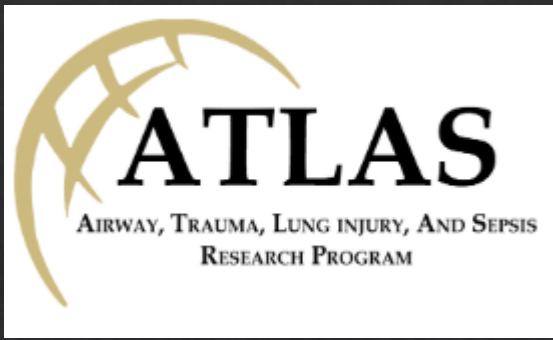
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Thank you!

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