

January 2020

Sea Breeze Adult Day Center

618 94th Ave North, St, Petersburg, FL 33702 - 727-623-9092

Happy New Year!

We hope everyone had a great holiday month and a happy New Year. Wow 2020!

December was a busy month for us with many special events and holiday activities. Everyone had so much fun creating beautiful 'Ugly Christmas Sweaters'. Such a creative group!

We also had 3 musical events and a great Christmas and New Years luncheon celebration.

Special Events

Jan 15 – 10:00 am

Jan 23 – 10:00 am

A Pampered Morning

Jan 8 – 12:00 pm

1950's Themed Lunch

Jan 8 – 1:30 pm

Elvis' b-day Music Event

Jan 15 – 1:30 pm

Fitness with Eric Allen

Jan 22– 1:45 pm

Music with Larry Lewis

Jan 24 – All day

Pirate Invasion Event

Happy Birthday

Sonny
Vergie
Lucy
Louise
Margaret



On January 8th we will be celebrating Elvis' birthday with a great performance by Keith Coleman, which will be preceded by a 1950s themed luncheon.

To join in on the Gasperilla events at the end of the month we will have our own Pirate Invasion day on January 24th. Which we are sure will be a lot of fun. Arrrr!





**Ugly Christmas Sweater
Event**



**Holiday Trivia
Game**



New Year's Luncheon

Hi-Yo, Silver!



On January 31, 1933, a Detroit radio station hit broadcasting gold when it aired the first episode of a western series called *The Lone Ranger*. It was an instant hit, and 2,956 radio episodes were produced, followed by a series of books and television shows, a half-dozen movies, and countless games and toys. *The Lone Ranger* phenomenon became a cultural touchstone for an American nation hungry to romanticize its Wild West roots.

Perhaps the greatest appeal of the Lone Ranger was in his strict moral code. He may have hidden behind his signature black mask, but he never hid his desire for truth and justice. The Lone Ranger always used perfect grammar and never swore or used slang. He never drank or smoked. Scenes never took place in rough saloons but in restaurants serving food rather than liquor. The Lone Ranger had a pistol, as any western hero should, but he never shot to kill. He instead used his gun to disarm others and bring them to jail. Criminals were never glamorized with wealth or fame, nor did they enjoy positions of power. These decisions were made deliberately by the show's creators, Fran Striker and George W. Trendle. They intended *The Lone Ranger* to be wholesome family entertainment with a hero destined to become an honorable American icon.

The Lone Ranger hit the American public during a particularly fragile time. Many Americans were suffering during the Great Depression and had lost faith in their government and social institutions. The public needed a working-class hero—an ordinary man with extraordinary abilities—who promised to protect those who couldn't help themselves and bring order to a lawless frontier. Such a hero was easily adaptable to any era or medium. As such, *The Lone Ranger* transitioned easily into books, television, and the big screen over the decades. While *The Lone Ranger* has suffered its critics, especially due to its depiction of Native Americans, the Lone Ranger himself has endured as a symbol of justice and truth.

Pedestrian Crossing

During the late 19th century, pedestrianism, or competitive walking, was all the rage. The frenzy for pedestrianism reached a fever pitch on January 13, 1879, when champion British pedestrian Ada Anderson showcased her talents in America for the first time. Anderson had already become England's preeminent pedestrian, thanks to her training by another champion racewalker, William Gale. Anderson was at her physical peak and adept at sleep deprivation by the time she arrived in America. Her manager wanted to showcase his star at Gilmore's Garden (now Madison Square Garden) in New York City but was rebuffed by the venue's owner, who believed Anderson would never be able to complete the feat of walking 2,700 quarter-miles in 2,700 quarter-hours. The event moved to Brooklyn's Mozart Garden. Anderson began her trek on December 16, 1878. Thousands watched her walk for 28 straight days, during which she took just nine-minute sleeping breaks until at last, she completed her walk on January 13th. Because of heavy wagers placed on the event, police protected her during her last laps. After crossing the finish line, she was hailed as the world's greatest pedestrian.

Why I love coming to Sea Breeze Adult Day Center ...



I love coming to the center because I enjoy the experience of being here. I have several friends here who I spend time with. I stay active and love the many activities, especially the musical events, daily trivia and word games. The center is clean and the staff is nice.

By Ena C.

Mummers the Word

Each year on New Year's Day, the Mummers Parade makes its way through Philadelphia. The parade is one of the oldest folk festivals in the United States, with roots dating back to the mid-17th century, when Swedish and Finnish immigrants would go door-to-door visiting neighbors on the day after Christmas. The parade is related to the English and Irish traditions of mummers' plays, folk plays performed in streets and pubs by amateur costumed actors. Today, the parade is a New Year's spectacle full of clowns, string bands, elaborate floats, and fancy costumes.



At 11 hours long, the parade may also be the longest held in America.

Meet the Staff

Bella Lemke – Therapy Dog



I was born in 2015, but I can't remember where. In 2017, I was adopted by my mommy, Natalie, whom I love very much. I get to go to work with her every day and help out making everyone happy. At home I love chasing squirrels and lizards in our backyard.

I also like to take long walks, play with my toys and take naps on our sofa. I am very social and love being with people especially if they pet me and give me belly rubs. I know many commands and love receiving treats for doing what I am told.

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