

## SCHEDULE

08:30 - 09:00 Registration & Coffee  
09:00 - 10:45 Introduction/Overview of  
Systems Centered Groups and  
Functional Subgrouping Part 1  
10:45 - 11:00 Break  
11:00 - 12:15 Small Experiential Group 1  
12:15 - 01:00 Lunch  
01:00 - 02:45 Functional Subgrouping  
Part 2  
02:45 - 03:00 Break  
03:00 - 04:15 Small Experiential Group 2  
04:15 - 04:30 Break  
04:30 - 05:00 Surprises, Learnings,  
Satisfactions and Dissatisfactions

learn from experience

### WORKSHOP DESCRIPTION

Using didactic, experiential, and the opportunity to observe a group, this workshop will give all of us an opportunity to learn through experimentation. We will use Agazarian's Functional Subgrouping and see what we discover (test the theory), including how this skill provides a method that promotes development and reduces our tendency to scapegoat and be scapegoated.

Nonprofit  
U.S. Postage  
PAID  
Baton Rouge, LA  
Permit No. 32

Louisiana Group Psychotherapy Society  
PO Box 83005  
Baton Rouge, LA 70884

## LOUISIANA GROUP PSYCHOTHERAPY SOCIETY

### WHAT'S ALL THE "BROUHAHA" ABOUT FUNCTIONAL SUBGROUPING?

What it is, what it isn't  
and how we use it to  
resolve conflict

Dayne Naretta, LCSW,  
CGP, BCD

October 28, 2017

Behavioral Wellness Center - BR General  
4045 North Blvd  
Baton Rouge, LA 70806



## ABOUT THE INSTITUTE

**DAYNE NARRETTA, LCSW, CGP, BCD** has been facilitating groups since 1992. She has done most of her group training through American Group Psychotherapy Association (AGPA) and its local affiliates including LGPS. She was introduced to Systems Centered group work in 2004 and continues her training in the Systems Centered Training and Research Institute. She has also been influenced by attachment theory as well as modern analytic theory. Dayne is a past president of LGPS, currently on the board for AGPA, and is a co-director for the Systems Centered Annual Conference. She has been a member of a systems centered training group since 2008.

### WORKSHOP OBJECTIVES

1. Participants will discriminate the difference between stereotypical subgrouping and functional subgrouping.
2. Participants will learn and practice the skill of functional subgrouping and its effect on attunement.
3. Participants will learn how functional subgrouping manages conflict and helps the group develop by containing the different until the group is ready to take it in.
4. Participants will learn the difference between exploring and explaining.

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St. Christopher's Addiction Wellness Center  
Victory Addiction Recovery

## INFORMATION

### CONTINUING EDUCATION

- 6.5 CEUs
- *Psychologists:* LGPS is an approved continuing education sponsor for Louisiana licensees.
- *Social Workers:* Applications have been submitted for review to the Louisiana State Social Work Board.
- *Counselors:* Applications have been submitted for review to the Louisiana Counseling Association.

### ADDITIONAL FEES

- Onsite Registration is an additional \$30.
- All cancelations must be submitted in writing and received three days prior to the institute. An administration fee of 50% of the registration cost will be deducted.

## REGISTRATION

Name & Credentials \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please do not contact me via email about LGPS.

### Institute Registration Fee

- Member \$120.00  
 Member: New Professional\* \$85.00  
 Non-Member \$200.00  
 Non-Member: New Professional\* \$150.00  
 Student \$35.00

### Renew Your LGPS Membership

- Membership Year: June 1, 2017-May 31, 2018  
 Full \$65.00  
 New Professional/Retired\* \$45.00  
 Student \$25.00

\* A New Professional is someone who has graduated within the last 3 years.

Experiential Leader Preference	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>
Christen Cummins, LCSW			
Anita Evans, LCSW-BACS, BCD, DCSW			
Christopher Garner, PsyD, MSCP, CGP			
Kimberlee Hedrick, LCSW			
Jay Martinez, LCSW, LAC			
Karen Travis, LCSW-BACS, CGP, BCD, FAGPA			

REGISTER ONLINE OR MAIL THIS FORM WITH PAYMENT

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