



CHILDREN 1ST
Because Childhood Matters

Register online at Children1st.net

Children Cope with Divorce

- Only court approved course for divorcing & unmarried parents in IA District 3.
- Meets IA code 598.15
- Required by South Dakota Supreme Court Rule 22-09.
- Attendance is mandatory for both parents in all cases involving child custody or child visitation, including modification of custody & physical care.
- Parents may attend together or separately.

Overview

This zoom course is designed to educate divorcing parents on how to minimize the negative impact of their separation on their children, particularly when adults are dealing with their own challenges related to the divorce. This 3-4 hr. session teaches strategies to support children's emotional well-being during this transition period. The course assists parents in redefining their relationship & developing suitable plans for their children.

Child-centered approach

The primary goal of this course is to equip parents with the knowledge & skills to prioritize their children's needs during the divorce process.

Educational content

This course covers topics like open communication with children, managing emotional responses, maintaining consistent routines, & navigating co-parenting dynamics.

Participant expectations

- Participants must register & pay online.
- Participants must be logged in & present on camera before the class begins.
- Participants must return to class on time after scheduled breaks.
- Participants must be actively engaged in class.
- Participants must have child care arranged & be in a quiet location so that they can give their full attention to the material presented.
- Classes of five or less students are subject to rescheduling.
- Participants will be notified 24 hours in advance of any cancellations.

*This program is copyrighted as CHILDREN COPE WITH DIVORCE FAMILIES FIRST.

2025 Class Schedule

Classes are in English only, but participants may have an adult interpreter join them free of charge

<u>January 2025</u>	<u>Time</u>	<u>February 2025</u>
Jan. 8th	6-10pm	Feb. 5th
Jan. 17th	6-10pm	Feb. 19th
Jan. 18th	9am-1pm	Feb. 22nd
Jan. 22nd	6-10pm	Feb. 21nd

<u>March 2025</u>	<u>Time</u>	<u>April 2025</u>
Mar. 5th	6-10pm	Apr. 2nd
Mar. 14th	6-10pm	Apr. 16th
Mar. 15th	9am-1pm	Apr. 26th
Mar.25th	6-10pm	Apr. 25th

<u>May 2025</u>	<u>Time</u>	<u>June 2025</u>
May 7th	6-10pm	June 4th
May 16th	6-10pm	June 18th
May 17th	9am-1pm	June 21st
May 21st	6-10pm	June 20th

<u>July 2025</u>	<u>Time</u>	<u>Aug. 2025</u>
July 2nd	6-10pm	Aug. 6th
July 18th	6-10pm	Aug. 15th
July 19th	9am-1pm	Aug. 16th
July 23rd	6-10pm	Aug. 20th

<u>Sept. 2025</u>	<u>Time</u>	<u>Oct. 2025</u>
Sept. 3rd	6-10pm	Oct. 1st
Sept. 12th	6-10pm	Oct. 15th
Sept. 13th	9am-1pm	Oct. 25th
Sept. 17th	6-10pm	Oct. 24th

<u>Nov. 2025</u>	<u>Time</u>	<u>Dec. 2025</u>
Nov. 5th	6-10pm	Dec. 3rd
Nov. 19th	6-10pm	Dec. 12th
Nov. 22nd	9am-1pm	Dec. 13th
Nov. 21st	6-10pm	Dec. 17th

Contact Us

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