



Chantarelle Gazette

Chantarelle Homeowners' Association Newsletter

JUNE 2025 – Issue 36.6

MAY MUSINGS

Discovering The Creativity Within Us

Last month I wrote about each of us having creativity. We are lucky to live in a community where residents are well traveled, well read and have tons of interests and talent! One of our newer residents, Peggy Lindstrom is a gifted self-taught fine artist who paints, and also does mosaic tile creations. On a recent visit to her home, I was amazed at how prolific she is. She has created beautiful bird houses, mirrors, picture frames and other exquisite novelties all from broken up pieces of ceramics. She told me that she really enjoys “thrifting” to find her materials. With her creativity, China plates, teacups and old pottery can be transformed and given a new life as a beautiful mirror or picture frame. Here is just a small sampling of Peggy’s work:



Every weekday morning I watch *Mornings on CBS* with Gayle King. Right now, she and her co-anchors are trying their hand at something they’ve never done before in a series called, “Never Too Late”. It’s never too late to find your creative outlet. What haven’t you done that you’d like to try? Go out there and explore your options! At our age, it’s now or never!

-- Valerie Camarda, Editor

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PRESIDENT’S REMARKS

Editor’s note: As many of you know, Steve passed away on May 27. This was his last column for our newsletter.

My good luck has finally run out. I was diagnosed 10 years ago with lung cancer and because it was caught early it was surgically eradicated with the help of chemo. Four years later I had another small tumor which was also caught early and was removed, this time with the help of a robot. Unfortunately, now, the initial primary cancer has returned and it led to aggressive treatment of both chemo and radiation, which damaged my lungs and made any new interventions more difficult.

Given the prognosis, I am resigning my position as Board Member and President of the Chantarelle HOA as of May 20, 2025, to continue to work on healing.

For the most part being your President for the last 7 years has been enjoyable, and I am glad I served. I believe as a team (the Board and all the other Volunteers) we accomplished a lot and leave the HOA as good as we found it. I am especially proud of the work with Ron on financials with only one HOA dues increase during my tenure.

Thanks for all your assistance and making this a wonderful experience for me.

--Steve Rogers, President

TREASURER'S REPORT AS OF MARCH 31, 2025

RESERVE ACCOUNTS

There were no reserve expenses in March, and the reserve fund remains in good shape at \$594,227.49 at the end of the month. We also are in fairly good shape in operating expenses, as we were under budget by about \$17,407.81 in that category. However, this is not unusual since it's still early in the year. Our operating cash stands at about \$10,155.07, which is better than it was at the end of the previous month.

Our delinquent accounts continue to present a challenge, as the number of homeowners who were more than one month behind in their HOA dues increased from 5 at the end of February to 6 at the end of March, and the amount in arrears increased from \$7,452.33 to \$8,288.76. We did not have financial information for April for this report, so I don't know if any significant changes occurred in April that affect the amount in arrears. Depending on what occurred in that month, with these delinquent accounts will determine what kind of action the HOA will need to take.

TIP

Americans are estimated to waste an average of \$32.84 per month on unused or under-used subscriptions, according to Self, a financial technology company. This can include magazine and newspaper subscriptions as well as streaming and technology services. To identify these, it's a good idea to periodically go through your credit card and bank statements looking for recurring payments you don't recognize or have forgotten about.

--Ron Yamato, Treasurer

CHANTARELLE SOCIAL NEWS

Unfortunately, no one responded to host and set up the "First Friday" for June 6th, as I am not able to be there. I was advised at our HOA Meeting on May 20th to go ahead and cancel this gathering, so please make a note that there will be no "First Friday" for June 6th.

I also would like you all to know that I am resigning as the "Social Chair" as of May 31st. I have thoroughly enjoyed this position and the planning of many of our fun events. It's hard to let go, but I am currently very busy taking care of a couple family members who need me more. I am hoping that someone in our community will step forward to take over, as I would hate to see our Social Events come to a halt. If you are interested in this position, please call Ron Yamato to let him know at (415) 305-1400.

--Lois Rogers, Social Chair

LANDSCAPE COMMITTEE REPORT

I'm sitting here in my dining room writing this while looking at flowers in my yard. Roses too many to count, Bird of Paradise, Day Lilies and herbs. This has been such a nice, cool May, everything is happy.



A little bit of business first. I want to apologize to anyone affected by the difficulty Waldron encountered with the sprinklers. We had a broken pipe, days of thinking the water was flowing and it wasn't.

Two of us bought water gauges to check our own lawns for water and finally found a broken solenoid after 3.5 weeks of work.

Hopefully, everything is fine now. You might consider buying your own water gauge to determine how much water you're getting. Just remember to put it where the mowers





don't have access. The sprinklers should go Monday, Wednesday and Friday evening starting at 9 pm. The sprinklers water each yard for 35 minutes. The sprinklers should finish by 6 am. Please email me if you're not getting water. We have

replaced some sprinkler heads and I think everything is going well.

Here's to a happy and bountiful June!

--Tom Flinn, Landscape Chair

415-621-7572 thomasflinn@gmail.com

CHANTARELLE XERISCAPE GARDEN



WELCOME COMMITTEE

POOL

So happy the pool is open and the water aerobics classes have started. The wonderful weather we have had this week has brought out so many brave ladies. (Men are welcome too) We had 9 swimmers for one class. So, to our new neighbors and others, please join us

on Mondays, Wednesdays, Fridays from 11:30 - 12:30. The water is wonderful.

NEW NEIGHBORS

We welcome two new households to our great neighborhood!

168 South Temelec Circle

Bob Knox - 415-297-3342 - robertjr@knox.net

Yvonne Ruiz - 925-787-0614

teachhuacruz@comcast.net

150 St. James Drive

Patti and Scott Baily - 925-766-6032

ssbaily70gmail.com

Heard through the grapevine that we'll have new neighbors very soon at 148 South Temelec Circle.

Houses on the market currently:

209 South Temelec Circle

159 Saint James Drive

175 Saint James Drive

Let us know if you see any activity in your neighborhood and we will follow up with a WELCOME visit.

--Russelle Johnson - 707-935-8658

rxrjohnson@yahoo.com

--Peggy Owens - 707-343-7087

powens2@juno.com

--Shelley Lawrence - 951-202-0459

pashelaw@gmail.com

--Debby Bonamassa - 315-725-8047

debbonamassa@yahoo.com

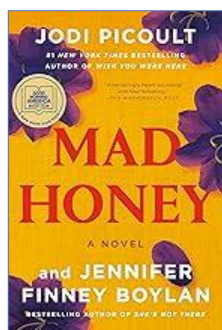
SUNSHINE COMMITTEE

If you know of a neighbor who is feeling under the weather or needs a little cheering up, please let us know. We would like to show that our lovely community cares.

--Jackie O'Neill - 707-292-0261

BOOK CLUB NEWS

This month's book *Mad Honey* was selected by Gail Dodgshon. *Mad Honey* is a riveting novel



of suspense, an unforgettable love story, and a moving and powerful exploration of the secrets we keep and the risks we take in order to become ourselves.

The Book Club will meet on Thursday, June 12th at 2:00 in the Club House.

--Barbara White - (415-377-8712)

COMINGS AND GOINGS

Carol Colglazier just returned from 3 weeks in Ireland and had a wonderful time! It was her third time visiting the Emerald Isle. (I love it to!)

--Valerie Camarda

GUESS WHO . . .



Jan McCarthy was the only one who correctly identified our last mystery resident -- Valerie Camarda.



Now, see if you can guess who this young charmer is.

Send your guess to me at valerie@marketingsense.net

--Valerie Camarda

ODDS AND ENDS

ABANDONED CAR - Have you noticed the white car parked over by our Club House? It's been there for weeks. Probably was stolen and left there to become someone else's problem. The windows are open and the keys are in the

console. Numerous calls to the Police and Sheriff's office have led to a dead end. Got any ideas on how to get rid of it? Maybe we should donate it to *Kars for Kids*.

SQUIRRELS ABOUND - Have you noticed that we have a lot more squirrels than usual? That's because some residents are actually feeding them! They're adorable, but also very destructive. They eat our expensive plants and vegetation. Please don't feed the squirrels. Let them find their own nuts!

--Valerie Camarda

CLUBHOUSE NOTES

Chantarelle HOA members are welcome to join in fun activities with your neighbors. If you have an interest in joining a Clubhouse activity, please contact the club coordinators for the groups with scheduled activities:

Water Aerobics/Flex Exercise

Peggy Owens -- 707-343-7087

Bunco Babes

Russelle Johnson -- 707-935-8658

Mexican Train Dominoes

Peggy Owens -- 707-343-7087

Art Club

Mike Hashii -- 415-686-5512

Poker Night

Ron Yamato -- 415-305-1400

Book Club

Marybeth Jacobsen - 949-290-4757

Barbara White - 415-377-8712.

The days and times for those groups with scheduled activities are located on the calendar at the back of this newsletter.

If you are interested in knowing more about starting a new club activity or renting the Clubhouse facility for your next family and friends event, please contact our new Clubhouse coordinator, Marianne Sullivan, at msullivan101010@gmail.com or 530-575-9386

--Marianne Sullivan, Coordinator

BOARD OF DIRECTORS

TBD, President
707-771-9290
Susan Carlisle, Vice-President
415-302-8935
Ron Yamato, Treasurer
415-305-1400
Cindy Adamson, Secretary
707-931-8832
Pat Chace, Director
707-935-7301

MANAGEMENT COMPANY

Strong Property Management
PO Box 1368, Sonoma, 95476
Paul Strong 707-933-9151
Email: paul@strongmgt.com
24-hour Emergency Number:
1-800-359-2362

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MORE MOSAIC ART BY PEGGY LINDSTROM



SAFETY AND WELFARE

FUN AND FITNESS IN THE CHANTARELLE POOL

If you haven't tried exercising in the pool, there's no better time than the present.

Our group meets every Monday, Wednesday and Friday from 11:30 to 12:30.

We follow a 45-minute audio program with a 5-minute relaxation period.

You are welcome to join us, but if those days and times don't work for you, here are some other options:

The website **ActiveBeat** has some suggestions for water exercises that you can do on your own (although I strongly recommend having someone with you, at least to observe and maybe chat while you're exercising).

Walking in Water

- Especially good if you have any joint issues. The water is very forgiving, as well as providing resistance.

Jumping Jacks

- That's right, just like calisthenics in elementary school, but maybe more fun.

Flutter Kicking

- Flutter kicking is another excellent low-impact cardio exercise that will get your heart rate up. Using a kickboard, hold it in front of you and then flutter kick your legs to propel you around the pool.
- If you don't have access to a kickboard, you can perform this exercise without it. Simply begin by floating in the water on your belly and then kicking your legs. Be sure to kick at a steady tempo to get your heart rate up!

Back Wall Glide

- The back wall glide exercise will help stimulate the muscles in your lower body and core. Begin by holding onto the pool ledge. Next, tuck your knees into your chest and press your feet into the wall.
- Once you're in position, push off from the wall and float on your back going as far as you can. Then bring your knees to your chest and push your feet down to the floor of the pool. Finally, run, jog, or walk (whatever you're capable of doing) back to the wall. Repeat this exercise for five to ten minutes.

Pool Edge Push-Ups

- If you have a hard time doing push-ups on land, then give them a try in the pool! Pool edge push-ups are a joint-friendly exercise that will help you build strength in your shoulders, chest, and arms.
- Begin by facing the pool wall and put your arms out in front of you. Place your hands on the pool edge about shoulder-width apart. Next, press your weight through your hands and slowly raise your body, halfway out of the water while keeping your elbows slightly bent. Hold for a few seconds and then slowly lower back into the pool. Try to repeat for 10 repetitions.

Lateral Arm Raises

- Lateral arm raises are another great exercise that targets your arms and upper body. Once again to feel a greater resistance we recommend using water weights for this exercise.

- Start by standing in the water at shoulder height. Hold the dumbbells at your sides and begin to raise your arms to shoulder height. Then, slowly lower back down. Try to repeat for one to three sets with ten repetitions in each set.

Leg Curls

- Leg curls will help strengthen your hamstrings and calves. You'll work against the resistance of the water as you lower and lift your leg.
- Begin by standing with your feet together. Extend both arms out to the sides and if you need to, hold on to the edge of the pool with one hand for support. Next, bend your right knee and tap your butt with your heel to perform butt kicks. Lower your leg and repeat with the left leg. Continue alternating back and forth for 20 repetitions.

High knee lift extensions

- High knee lift extensions are an excellent exercise that can help strengthen the muscles in your lower body and core. You don't need weights; however, if you want to add extra resistance you can add ankle weights.
- Start by standing in the water at about waist height. Next, engage your core and begin to lift your left leg. Bend the knee until your leg is at water-height. Hold this position for a couple of seconds and then extend your leg straight out. Hold this position for another couple of seconds and then lower your leg back down to the starting position. Repeat with the other leg and continue alternating legs for up to ten minutes.

Whatever you decide to do, have fun and stay safe.

– Peggy Owens, Coordinator

SAFETY/WELFARE Committee

powens2@juno.com

POOL OPEN

If you are at the Clubhouse/pool and have children who are minors using the bathroom,
please supervise them so that the bathroom remains clean.

CHANTARELLE WEEKLY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
Pool Aerobics 11:30		Pool Aerobics 11:30		Pool Aerobics 11:30

JUNE 2025

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Bunco 1:00-4:00	4	5	6 No First Friday	7 Reserved Private Event
8	9	10 Mexican Train Dominos 12:30-4:00	11	12 Book Club 2:00-3:30	13	14 Flag Day
15 Father's Day	16	17	18 Poker 6:30	19 Juneteenth	20 Summer Solstice	21
22	23	24 Mexican Train Dominos 12:30-4:00	25	26	27	28
29	30	0				

Waldron Landscaping is now here on Monday 8:00-4:00 and Tuesday 8:00-4:00.

Garbage, recycling & garden trash pickup is on Monday.