



DECEMBER 2018

MENU

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| 3. Hot Dog Fries Brussel Sprouts Chilled Fruit | 4. Salisbury Steak in Gravy Mashed Potatoes & Gravy Oriental Mixed Vegetables Chilled Fruit Cinnamon Muffin Roll | 5. Chicken ala King Biscuit Seasoned Spinach Fruit Crisp Fruit Juice Vanilla Wafers | 6. Ravioli Broccoli Garlic Roll Chilled Fruit Fresh Vegetables w/Dip | 7. Ham Loaf Baked Potato Seasoned Green Beans Roll Chilled Fruit Graham Crackers |
| 10. Hamburger Tater Tots Capri Mixed Vegetables Chilled Fruit | 11. Roast Pork Mashed Potatoes & Gravy Green Beans Chilled Fruit Roll Cinnamon Muffin | 12. Chicken & Noodles Mashed Potatoes Fruit Crisp Roll Fruit Juice | 13. Beef Pot Pie Wax Beans Fruit Muffin Chilled Fruit & Roll (Congregate-Unlock Secret Lunch) | 14. Baked Spaghetti Italian Vegetables Garlic Roll Fresh Vegetables w/Dip Chilled Fruit |
| 17. Chicken French Fries Mixed Vegetables Chilled Fruit | 18. Meatloaf Mashed Potatoes & Gravy Mixed Vegetables Chilled Fruit Animal Crackers & Roll (Breakfast Bar @ 9 am) | 19. Soup & Salad Bar Bean Soup Fresh Vegetables w/Dip Chilled Fruit Fruit Juice & Pudding (Chicken Noodle) | 20. Monthly Fellowship Baked Ham Au gratin Potatoes Seasoned Green Beans Pound Cake & Chilled Fruit Roll & Graham Crackers | 21. Roast Beef Mashed Potatoes Seasoned Carrots Chilled Fruit Roll Fruit Muffin |
| 24. CENTER CLOSED | 25. CENTER CLOSED  | 26. Swiss Steak in Gravy Mashed Potatoes & Gravy Mixed Vegetables Roll Chilled Fruit Graham Crackers | 27. Chicken Scalloped Potatoes Seasoned Green Beans Chilled Fruit Vanilla Wafers Roll | 28. Roast Turkey Stuffing w/Gravy Mixed Vegetables Roll Chilled Fruit Fresh Vegetables w/Dip |
| 31. Smoked Sausage Sauerkraut Mashed Potatoes Chilled Fruit Fruit Muffin | Please RSVP for daily lunches and Monthly Fel- lowship by the day before: 740-474-8831 |  | Breakfast Bar 12/18/18 @ 9am <ul style="list-style-type: none"> • Scrambled Eggs & Bacon • Hash Browns & Chilled Fruit • Cottage Cheese • Sliced Tomatoes • Coffee Cake & Fruit Juice | |