



Senior Softball Program: Return to Practice Guidelines Effective June 15, 2020

Aloha! We are extremely excited to welcome back all of our Senior friends to our modified Senior Softball Practice Program. Below we will introduce you to Phase I of our Return to Play Guidelines. These Guidelines have been compiled from information available through the National Senior Softball Association, U.S. Centers for Disease Control (CDC), the County of Maui Mayor's Public Health Emergency Rules and various league and recreation program resources. These Guidelines are in place to ensure a safe return to practice for all of you and for everyone in the community. So, welcome back and enjoy your time back on the diamond.

Arrival/Departure Time:

- Coaches and players should arrive no earlier than 15 minutes prior to the start of their scheduled practice time.
- Coaches and players should vacate the field/facility as soon as possible after the conclusion of their practice to minimize unnecessary contact. Please leave the facility within 10 minutes after practice has concluded.
- There should be no congregating and socializing at the field prior to practice and after practice has concluded.
- Only coaches and players should attend practices.

Reducing the Spread:

- Avoid touching your eyes, nose and mouth with unwashed hands.
- Cover your coughs and sneezes with a tissue or elbow, then properly discard the tissue in the trash.
- People who exhibit COVID-19 symptoms will be asked to leave the park.
- Wash your hands often, using soap and water for at least 20 seconds each time.
- If soap and water are not available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Please provide your own hand sanitizer.
- Feeling sick? Please stay home when you are sick.

No Handshakes/Personal Contact:

- Coaches and players should take measures to prevent all but the essential contact necessary to conduct practices. This should include refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.
- Coaches & players will be expected to maintain social distancing at all practice activities.

Water / Hydrating Drinks:

- Coaches and players should bring their own personal drinks to all team activities.
- There should be no team water coolers.

Personal Protective Equipment (PPE):

- All coaches should wear cloth face coverings whenever possible.
- Players should wear cloth face coverings when in close contact areas and in places where recommended social distancing is challenging or not feasible, such as in dugouts.
- Face coverings should be worn at all times unless engaged in active practice

Dugouts:

- Maintain 6 feet social distancing whenever possible.
- If not able to maintain 6 foot distance, cloth face covering should be worn.
- Conduct team meetings outside of dugout whenever possible.
- Avoid contact with high touch surfaces

Player Equipment:

- Player equipment should be spaced accordingly to prevent direct contact.
- Players should have their own individual glove, bat and batting gloves.
- Measures should be enacted to avoid or minimize equipment sharing.
- Some equipment may not be able to be obtained by every player. When it is necessary to share equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA- approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player.
 - Player's equipment (e.g. bags, bats, gloves, batting gloves, etc.) should be cleaned and disinfected after each practice.
 - Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use.
 - Players should not share towels, clothing or other items that they may use to wipe their face or hands.

Softballs:

- Softballs should be cleaned and rotated on a regular basis.
- Foul balls landing outside the field of play should be retrieved by participating players and coaches. No one else should retrieve the ball.

Spitting, Sunflower Seeds, Gum, etc.:

- Sunflower seeds, gum, etc., will not be allowed in dugouts or on the playing field.
- All players and coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.

Team Practices:

- Limited to a single team. Players shall remain with the same team members to limit exposure.
- Daily team practice rosters shall be submitted to the DPR Representative.
- No scrimmages allowed.
- Coaches and players should keep a minimum 6 foot distance from each other during stretching, warm-ups, hitting, fielding and other practice drills

After Practice:

- Wipe down high touch surfaces with sanitized hand wipes.
- Remove all belongings.

DPR Responsibility:

- DPR will provide cleaning and sanitization of facilities between user groups whenever staff is available.
- DPR will collect and maintain daily team practice rosters.

All coaches and players must adhere to the PUBLIC HEALTH EMERGENCY RULES.

Failure to Adhere to Guidelines:

- Any player or coach not adhering to any of the above rules will put your team in jeopardy of having its ability to use the field suspended.

Any questions or concerns on these Phase I Return to Practice Guidelines, please contact Dave Mena at 463-3161 or David.Mena@mauicounty.gov.

By signing below, I acknowledge that I have read and understand the aforementioned Return to Practice Guidelines and agree that I will abide by all guidelines. Failure to follow any of the Return to Practice Guidelines will result in removal from this program.

Team Name: _____

Print Name

Signature

Date

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2. _____
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21. _____

I _____, attest that all signatures above are signed by
(Print & Sign Coaches Name)

the players participating on this team. All players listed above have read and understand the Return to Practice Guidelines and understand that any violation will result in their removal from this program.