

2021 CASCADE INVITATIONAL

Cascade, IA
 Fillmore Fairways Golf Course
 Weather: Sunny, Wind S 15-25mph & 84
 Thursday, September 16, 2021

MEET OFFICIALS

Meet Director:
 Adam Kedley
Meet Referee:
 Steve Rutz
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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Race #3
Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Monticello	43	3-8-9-10-13(17)(26)	1:48:29	21:42	1:24.2
2 Jesup	58	1-2-5-23-27(31)(32)	1:50:55	22:11	3:42.5
3 Wahlert, Dubuque	82	4-6-20-24-28(29)(37)	1:54:50	22:58	3:23.0
4 Benton Community	98	7-11-22-25-33(39)(46)	1:56:41	23:21	3:45.2
5 Beckman Catholic, Dyersvi	101	14-15-16-21-35(41)(44)	1:57:20	23:28	2:40.8
6 Regina, Iowa City	113	12-18-19-30-34(36)(38)	1:58:52	23:47	2:46.0
7 Maquoketa	232	42-45-47-48-50	2:18:47	27:46	1:57.8
8 Anamosa	235	40-43-49-51-52(53)	2:22:28	28:30	5:15.5
DNP Maquoketa Valley, Delhi					
DNP Cascade, Western Dubuqu					
DNP Calamus-Wheatland					
DNP Prince of Peace Catholic, C					
DNP Midland, Wyoming					
DNP Durant					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
1 STEINES, Noelle	FR	Calamus-Wheatlan	-	18:57.2	6:06.0	3:47.4
2 WILSON, Mkenzie	FR	Jesup	1	20:39.6	6:39.0	4:07.9
3 TREPTOW, Amanda	SR	Jesup	2	20:44.5	6:40.6	4:08.9
4 ALTHOFF, Emma	JR	Monticello	3	21:02.7	6:46.4	4:12.5
5 MEYER, Ellie	SR	Wahlert, Dubuque	4	21:15.7	6:50.6	4:15.1
6 WRIGHT, Clare	SO	Jesup	5	21:17.8	6:51.3	4:15.5
7 KIRBY, Ellen	SR	Wahlert, Dubuque	6	21:20.1	6:52.0	4:16.0
8 LYONS, Jaida	SO	Benton Community	7	21:21.3	6:52.4	4:16.3
9 KRAMER, Karle	SR	Monticello	8	21:32.7	6:56.1	4:18.5
10 KOEHLER, Leah	FR	Monticello	9	21:38.7	6:58.0	4:19.7
11 CAPRON, Ava	FR	Monticello	10	21:47.9	7:01.0	4:21.6
12 RINDERKNECHT, Abby	SR	Benton Community	11	22:20.8	7:11.5	4:28.1
13 WHITAKER, Mya	JR	Regina, Iowa City	12	22:22.3	7:12.0	4:28.4
14 RECKER, Lydia	SR	Monticello	13	22:26.9	7:13.5	4:29.4
15 KRUSE, Maria	SO	Beckman Catholic,	14	22:33.4	7:15.6	4:30.7
16 REITER, Madelyn	FR	Beckman Catholic,	15	22:53.1	7:21.9	4:34.6
17 MERTZ, Julia	SO	Beckman Catholic,	16	22:55.0	7:22.6	4:35.0
18 KEHOE, Marisa	SO	Monticello	(17)	23:09.4	7:27.2	4:37.9
19 FRANKLIN, Natalie	SR	Regina, Iowa City	18	23:19.1	7:30.3	4:39.8
20 PURSLEY, Josie	SR	Regina, Iowa City	19	23:19.2	7:30.3	4:39.8
21 BELKEN, Josie	JR	Wahlert, Dubuque	20	23:31.5	7:34.3	4:42.3
22 KNEPPER, Abby	JR	Beckman Catholic,	21	23:44.0	7:38.3	4:44.8
23 JONES, Abbie	FR	Benton Community	22	23:46.5	7:39.1	4:45.3
24 TOMSON, Maddie	SR	Jesup	23	23:50.8	7:40.5	4:46.2
25 CONLIN, Anna	JR	Cascade, Western	-	24:00.0	7:43.5	4:48.0
26 VAN OTTERLOO, Anna	JR	Wahlert, Dubuque	24	24:04.0	7:44.8	4:48.8

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**Race #3
Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
27 KING, Gwen	JR	Benton Community	25	24:05.6	7:45.3	4:49.1
28 FREESE, Savannah	JR	Monticello	(26)	24:10.9	7:47.0	4:50.2
29 HANSEN, Faith	SR	Monticello	-	24:16.8	7:48.9	4:51.3
30 O'CONNOR, Natalie	SR	Jesup	27	24:22.0	7:50.6	4:52.4
31 FUSCO, Carlie Jo	JR	Durant	-	24:31.5	7:53.6	4:54.3
32 IMLER, Isabel	SO	Maquoketa Valley,	-	24:37.0	7:55.4	4:55.4
33 STEFFEN, Rylee	SO	Wahlert, Dubuque	28	24:38.6	7:55.9	4:55.7
34 PAPE, Marley	FR	Wahlert, Dubuque	(29)	24:39.8	7:56.3	4:55.9
35 HENDRICKS, Emily	JR	Monticello	-	24:40.1	7:56.4	4:56.0
36 KLITGAARD, Cate	SO	Regina, Iowa City	30	24:43.2	7:57.4	4:56.6
37 ETZEL, Triniti	SR	Monticello	-	24:46.6	7:58.5	4:57.3
38 NESBIT, Olivia	FR	Jesup	(31)	24:58.1	8:02.2	4:59.6
39 ALBERT, Mckenna	SO	Jesup	(32)	24:58.8	8:02.4	4:59.8
40 THOMA, Sydney	SR	Jesup	-	25:03.1	8:03.8	5:00.6
41 MOORE, Haiden	FR	Benton Community	33	25:06.4	8:04.9	5:01.3
42 SPIES, Alex	SR	Regina, Iowa City	34	25:08.2	8:05.4	5:01.6
43 DUDZIK, Maria	SO	Beckman Catholic,	35	25:14.2	8:07.3	5:02.8
44 HEIN, Allison	SR	Regina, Iowa City	(36)	25:38.4	8:15.1	5:07.7
45 DEHN, Anna	SO	Wahlert, Dubuque	(37)	25:45.4	8:17.4	5:09.1
46 POSTEL, Mya	JR	Monticello	-	25:47.0	8:17.9	5:09.4
47 ROHER, Katie	JR	Monticello	-	26:00.7	8:22.3	5:12.1
48 GRAHAM, Lillian	FR	Wahlert, Dubuque	-	26:07.7	8:24.6	5:13.5
49 CUSHMAN, Laura	SO	Wahlert, Dubuque	-	26:12.5	8:26.1	5:14.5
50 MUNSHOWER, Alison	SO	Wahlert, Dubuque	-	26:14.5	8:26.8	5:14.9
51 SICKELS, Keira	SO	Regina, Iowa City	(38)	26:16.5	8:27.4	5:15.3
52 DEMOSS, Jessa	SO	Benton Community	(39)	26:16.9	8:27.5	5:15.4
53 SLEEP, Leah	SO	Anamosa	40	26:17.3	8:27.7	5:15.4
54 VANDERWERF, Alexis	SR	Jesup	-	26:18.1	8:27.9	5:15.6
55 GLAWATZ, Ella	JR	Monticello	-	26:19.0	8:28.2	5:15.8
56 RECKER, Ellie	JR	Beckman Catholic,	(41)	26:30.9	8:32.1	5:18.2
57 SCHNIER, Madison	SO	Prince of Peace Cat	-	26:31.4	8:32.2	5:18.3
58 EYE, Harley	SR	Maquoketa	42	26:42.4	8:35.8	5:20.5
59 WEHRSPANN, Lydia	SO	Jesup	-	26:42.5	8:35.8	5:20.5
60 TREBON-BOYD, Amaya	FR	Jesup	-	27:11.1	8:45.0	5:26.2
61 SCRANTON, Ava	JR	Anamosa	43	27:23.2	8:48.9	5:28.6
62 PATTERSON, JoAnna	FR	Monticello	-	27:26.6	8:50.0	5:29.3
63 REITER, Sydney	SR	Beckman Catholic,	(44)	27:32.2	8:51.8	5:30.4
64 SIMMONS, Ali	SO	Maquoketa	45	27:35.6	8:52.9	5:31.1
65 WACEK, Kierstyn	FR	Benton Community	(46)	27:38.4	8:53.8	5:31.7
66 VERNHAGEN, Lauren	SO	Monticello	-	27:41.6	8:54.8	5:32.3
67 MCDERMOTT, Olivia	SO	Maquoketa	47	27:44.8	8:55.8	5:33.0
68 CRAWFORD, Jessica	SR	Benton Community	-	27:51.3	8:57.9	5:34.2
69 THIER, Jordan	JR	Beckman Catholic,	-	27:54.6	8:59.0	5:34.9
70 SCHUTTE, Karlie	FR	Jesup	-	27:55.0	8:59.1	5:35.0
71 PAYTON, Ariana	SR	Maquoketa	48	28:04.2	9:02.1	5:36.8
72 SHAW, Olivia	FR	Anamosa	49	28:09.1	9:03.7	5:37.8

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
73 STADTMUELLER, Jackie	JR	Monticello	-	28:15.5	9:05.7	5:39.1
74 TOPPING, Lilly	JR	Cascade, Western	-	28:16.8	9:06.1	5:39.4
75 BOSE, Peyton	FR	Jesup	-	28:23.6	9:08.3	5:40.7
76 NIE, Halie	SR	Jesup	-	28:38.5	9:13.1	5:43.7
77 HOVEY, Brittny	SR	Maquoketa	50	28:40.2	9:13.7	5:44.0
78 KUNDE, Kaitlin	FR	Midland, Wyoming	-	28:44.1	9:14.9	5:44.8
79 JOSS, Alexa	SR	Regina, Iowa City	-	28:57.5	9:19.2	5:47.5
80 EVANS, Riley	SO	Monticello	-	29:00.5	9:20.2	5:48.1
81 WAGNER, Maggie	JR	Anamosa	51	29:05.6	9:21.8	5:49.1
82 BUSH, McKenna	FR	Maquoketa Valley,	-	29:07.6	9:22.5	5:49.5
83 BRAUN, Paula	SR	Beckman Catholic,	-	29:18.1	9:25.9	5:51.6
84 GREBNER, Marie	FR	Beckman Catholic,	-	29:18.1	9:25.9	5:51.6
85 REA, Mallory	SO	Beckman Catholic,	-	29:18.5	9:26.0	5:51.7
86 SCHWAKE, Emma	JR	Benton Community	-	29:19.3	9:26.2	5:51.8
87 THORSON, Camille	SO	Jesup	-	29:25.2	9:28.2	5:53.0
88 REED, Mary	JR	Beckman Catholic,	-	29:39.9	9:32.9	5:56.0
89 BRIDGEWATER, Whitney	JR	Benton Community	-	29:56.4	9:38.2	5:59.3
90 ZELLE, Katelyn	FR	Jesup	-	29:58.2	9:38.8	5:59.6
91 HOGAN, Jordan	SR	Maquoketa Valley,	-	30:10.5	9:42.7	6:02.1
92 GOEDKEN, Chloe	FR	Beckman Catholic,	-	30:13.8	9:43.8	6:02.8
93 BOILEAU, Faith	SO	Regina, Iowa City	-	30:16.8	9:44.8	6:03.4
94 MANTERNACH, Tatum	JR	Wahlert, Dubuque	-	30:29.6	9:48.9	6:05.9
95 VIRTUE, Lydia	FR	Wahlert, Dubuque	-	31:20.1	10:05.1	6:16.0
96 WHITSON, Emma	SO	Anamosa	52	31:32.7	10:09.2	6:18.5
97 SCHUG, Kaitlyn	SO	Jesup	-	31:49.3	10:14.5	6:21.9
98 MOESTCHEN, Lily	FR	Monticello	-	31:52.4	10:15.5	6:22.5
99 HELGENS, Caejyn	FR	Anamosa	(53)	32:29.5	10:27.5	6:29.9
100 GLAWE, Ana	FR	Benton Community	-	32:48.8	10:33.7	6:33.8
101 GREVING, Ally	SR	Regina, Iowa City	-	32:56.6	10:36.2	6:35.3
102 FOY, Lydia	JR	Wahlert, Dubuque	-	33:13.3	10:41.6	6:38.7
103 BEHN, Sage	FR	Jesup	-	33:41.8	10:50.7	6:44.3
104 SAUSER, Ella	FR	Monticello	-	34:11.0	11:00.1	6:50.2
105 HOGAN, Allison	SO	Maquoketa Valley,	-	34:59.7	11:15.8	6:59.9
106 PORTZEN, Payton	FR	Wahlert, Dubuque	-	35:25.6	11:24.1	7:05.1
107 SLAGHT, Caroline	SR	Wahlert, Dubuque	-	36:04.7	11:36.7	7:12.9
108 GILLE, Madison	SR	Wahlert, Dubuque	-	36:05.1	11:36.9	7:13.0
109 KANE, Kelley	SO	Jesup	-	36:08.7	11:38.0	7:13.7
110 KREMER, Delaney	FR	Cascade, Western	-	36:15.9	11:40.3	7:15.2