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KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
GNM SUPPLEMENTARY EXAMINATION - February 2015
1st Year Paper – III Fundamentals of Nursing
{Fundamentals of Nursing, First Aid & Personal Hygiene }

Time: 3 hours **Max. Marks:75**

SECTION-I

I. Give the Meaning of the following **1x4=4**

a) Stomatitis b) Health c) Infection d) Dyspnoea

II. Fill in the blanks **1x4=4**

a) When the body temperature is raised 105^0 F is called _____
b) Sterilization by steam under pressure is known as _____
c) The resistance to certain disease is artificially attained by _____
d) The oral cavity is also called as _____

III. Write short notes on any FOUR of the following **3x4=12**

a) Qualities of a Nurse
b) Application of hot water bag
c) Active and passive exercises
d) Care of the rubber goods
e) Types of beds and their uses.

IV. a) Define Bedsore **2+3+4=9**
b) List the causes of Bedsore.
c) Explain the Nursing care of a patient with Bedsore.

V. a) Define Mental Health. **2+3+4=9**
b) Enumerate the characteristics of a Mentally Healthy person.
c) Discuss the promotion of Mental Health in old age.

OR

a) Define Blood pressure.
b) List the factors causing variations in Blood pressure.
c) Explain the procedure of measuring Blood Pressure of a patient in your ward.

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SECTION – II

VI. Choose the correct answer and write. **1x3=3**

a) The normal pulse rate of adult is
i) 72 bts/mt. ii) 120 bts/mt iii) 140 bts/mt.
b) Constipation can be prevented by
i) High fat diet ii) High fibre diet iii) High protein diet
c) Difference between axillary and rectal temperature is
i) 4^0C ii) 2^0C iii) 6^0C.

VII. State whether the following statements are TRUE or FALSE **1x4=4**

a) One pint is equal to 30ml
b) Evacuant enema relieves constipation.
c) The presence of blood in the urine is called Haematuria.
d) Drugs used to relieve vomiting are called Anti inflammatory drugs.

VIII. Write short notes on any FOUR of the following **3x4=12**

a) Health Team
b) Nursing care of the patient with breathing difficulty
c) Disinfection of sharps and needles
d) Instillation of ear drops.
e) Characteristics of respiration.

IX. a) Define Bed bath. **1+3+5=9**
b) List the purposes of Bed bath.
c) Explain the procedure of giving Bed bath to an unconscious patient.

X. a) Define Fracture. **1+4+4=9**
b) Write the causes and types of Fracture.
c) Discuss the first aid management of the patient with fracture leg.