



Eight O'Clock Reports

Published monthly for the members of Triangle Branch 182, Fleet Reserve Association
3829 Cullingworth Rd, Burtonsville, MD 20866
Email: fra.branch.182@gmail.com
Website: www.fra182.org
Facebook: https://www.facebook.com/Fleet-Reserve-Assn-Branch-182-185547198134416/

Triangle Branch 182, F.R.A.

Rockville, MD

July 2024

Volume 26 Number 07

President
Randy L. Phillipp

Jr Past President
D. Keith Kaider

Secretary/Treasurer
Thomas M. Rauch

Chaplain
PNC Paul R. Gunther

Members Only

FRA Auxiliary Unit 182 Officers

President
Dolores Manley

Secretary
Gloria Bastian

Treasurer
Anne Dobbs

Chaplain
Susan Kaider

Members Only



Important Dates for August 2024

04 Aug ~ U.S. Coast Guard Birthday - 234 Years!
21 Aug ~ Branch Meeting @ 1900, American Legion Post 86,
2013 Veirs Mill Rd., Rockville, MD and via Zoom/Dial-in
Zoom: URL: https://us02web.zoom.us/j/74199719408
Meeting ID: 741 9971 9408
Dial-In: 1-301-715-8592 or 1-253-215-8782
Meeting ID: 741 9971 9408



BRANCH MEETING July 17, 2024

At 1900 Jr. Past President Keith Kaider convened an informal meeting with 6 members present including PNC Paul Gunther, RSEC Thomas Rauch, Shipmate Valerie Mathews (Zoom), Shipmate Michael Tovornik (Zoom) and Shipmate Mark Allen (Zoom).

The meeting started with discussion and approval of the June Minutes. Shipmate Gunther made a motion to approve, Shipmate Tovornik seconded and all approved.

Next on the agenda was the Report of Committees. Membership & Retention, Shipmate Kaider reported that as of July we have 65 members with three for renewal.

Americanism & Patriotism, Shipmate Gunther reported that the 2024-25 Essay Contest has begun and the theme for this year is "What would Service to Our Country Mean to Me". More information/details are listed on the back of this newsletter.

Hospitals, Welfare, and Rehabilitation, Shipmate Kaider asked if anyone knew of any Shipmates in the hospital. No one knew of anyone in the hospital.

Youth Activities, Shipmate Kaider had nothing to report.

Next were communications to be read, Shipmate Rauch reported that he downloaded the following documents from the FRA Official Correspondence, received via mail, or received via email: 1) Memo ACK LTR NBR 28.24 dtd 6.20.24. 2) 2024-2025 1st Quarter Membership Report. 3) Central Liaison Committee April Meeting Minutes received from the CLC Secretary. 4) National 2024 Convention Newsletter #3. Note: Both the CLC April Minutes and National Convention Newsletter were sent to the Branch/Unit Email Distribution List. No other communications received.

Shipmate Rauch went over the June Financial Statement and supporting reports and Shipmate Tovornik made a motion to accept the report that was audited by the Audit Committee Chairman Shipmate Kaider, Shipmate Gunther seconded and all approved. Shipmate Rauch went over our Branch end of year Financial Statement for FRA Association Year 2023-24, and Shipmate Gunther made a motion to accept the report that was audited by the Audit Committee Chairman Shipmate Kaider, Shipmate Tovornik seconded and all approved.

Unfinished or Deferred Business. 1) Shipmate Kaider gave his report of the Annual Washington Commanders raffle tickets status. Raffle drawing was held after meeting. The raffle details are to the right. 2) Started discussion for Triangle Branch 182's 70th Anniversary next year. It was mentioned that we could have a pizza party at our May meeting and need to discuss with the Unit to see if they wanted to have a joint meeting/party. More details will need to be discussed in upcoming meetings. No other Unfinished/Deferred Business.

New Business. 1) Shipmate Rauch reported that the National Convention Journal Ads and Booster Rolls are due by October 1, 2024 and will be collecting money next meeting for any Shipmates that want to purchase advertisements and/or boosters. 2) National Convention Meals and Special Events forms are due by October 1 2024. 3) July CLC Meeting is on July 27, 2024 @ 1400 at Mrs. Philippines Home for Senior Citizens, 6482 Bock Rd., Oxon Hill, MD and via Zoom hosted by Branch 4. No other new business.

Good of the Order was held and then at 1935 Shipmate Keith motioned to adjourn the meeting, Shipmate Gunther seconded and all approved. Next meeting will be on August 21, 2024 at American Legion Post 86 and via Zoom.



Retain, Recruit, and Attend Reminder

Retention:

Membership As of July 2024				
Active	For Renewal	Past Due	Lost	Gain
65	3	0	0	0

You can renew at www.fra.org or please contact our Branch Secretary for more information.

Recruitment/Reinstatement: See www.fra.org or Branch Secretary for more details on incentive programs.

Attendance: See above for Branch Meeting Date, Time, Location

2024 Commanders Raffle Winners!

WASHINGTON COMMANDERS

The drawing for the Commanders Season Tickets/Cash raffle was conducted following the July Branch meeting at American Legion Post 86 in Rockville, MD. The winning tickets drawn are as follows:

\$500 Prize:
Grand Prize:

Members Only

The grand prize winner elected to take the \$1000 cash option vice the Commanders Season Tickets. This means that we will be selling the Preseason and Regular season games listed below. If you are interested in buying any of these tickets please contact Shipmate Kaider or Shipmate Rauch by **Monday, August 5, 2024.**

Please note that all tickets are in electronic format and cannot be printed out. The recipient will need to have a Smartphone. The tickets will be transferred via the Commanders/Seat Geek App using the recipient's email address or mobile phone number. The recipient can then save to their wallet for entry to the game.

FedEx Field, Section 135, Row 1, Seats 6&7

Preseason:
Mon, Aug 25 vs New England Patriots 8:00 PM

Regular Season:
Sun, Sept 15 vs New York Giants 1:00 PM

Sun, Oct 6 vs Cleveland Browns 1:00 PM

Sun, Oct 20 vs Carolina Panthers 4:05 PM

Sun, Oct 27 vs Chicago Bears 1:00 PM

Sun, Nov 10 vs Pittsburgh Steelers 1:00 PM

Sun, Nov 24 vs Dallas Cowboys 1:00 PM

Sun, Dec 1 vs Tennessee Titans 1:00 PM

Sun, Dec 22 vs Philadelphia Eagles 1:00 PM

TBD vs Atlanta Falcons TBD

Overall raffle fundraiser results will be posted in the Aug newsletter.

Thank you, Shipmates and Auxiliary Members

Members Only



Two Bell Ceremony in remembrance of those Shipmates that have received orders to serve on the Staff of the Supreme Commander.



Please remember our troops who continue to serve at home and around the world.



Americanism Essay Contest For Grades 7-12

"What would Service to Our Country Mean To Me"



The FRA sponsors an annual essay contest to promote the spirit of Americanism and Patriotism among our country's youth. FRA's Americanism Essay Contest is open to all students, grades 7 through 12, including those who are home schooled. Students are invited to submit a 350-word essay through an FRA member or local FRA branch before the December 1st deadline. Local winners are forwarded for competition at the regional level and regional winners compete for national prizes.

The grand national winner will receive \$1,500, with additional prizes for the top three essays in each grade category (\$1,000 for first place, \$750 for second place, and \$500 for third place). Each national winner will receive an attractive plaque citing his/her achievement, and every entrant judged at the national level receives a certificate of recognition. Additional prizes may be awarded to students winning at local and regional levels of competition.

For more information and Americanism Rules go to the following website: <https://www.fra.org/essay>

Deadline for all entries is **December 1, 2024**

Local entries can be submitted to the below address:

Name : Paul R Gunther
Address : 7716 Harvest Hills Rd
Mt. Airy, MD 21771-8442
Email : PaulG48104@aol.com
Phone : (240) 338-0929

MEMBERSHIP
Updates Since June 2024
Renewed Members New Branch Members
Carl Lenhart None
Thank you and Welcome, Shipmates!

AUGUST BIRTHDAYS
Carlton Thigpen, Jr 2nd John Koval 9th
Michael Tovornik 4th Thomas Rauch 14th
Wesley Stokes, Jr 20th
HAPPY BIRTHDAY, SHIPMATES

AUGUST FRA ANNIVERSARIES
Carlton Thigpen, Jr 42yrs Helene Delizo 23yrs
D. Keith Kaider 30yrs Andrew Gosnell 13yrs
Wesley Stokes, Jr 26yrs Harold Deweese 6yrs
Carl Lenhart 3yrs
Thank you for your support, Shipmates

Upcoming Meetings/Events

Central Liaison Committee
July 27, 2024 2:00 PM Hosted by Branch 4
MRS Philippines Home for Senior Citizens
6482 Bock Rd., Oxon Hill, MD

2024 East Coast Region Convention
September 10-12, 2024
Fort Magruder Hotel and Conference Center
6945 Pocahontas Trail, Williamsburg, VA 23185
For reservations call (757) 220-2250, \$99/night Code: FRA

Central Liaison Committee
October 26, 2024 2:00 PM Location: TBD

96th FRA / 91st AFRA National Convention/Centennial
November 11-16, 2024
Double Tree by Hilton Annapolis
210 Holiday Court, Annapolis MD 21401
Reservations: 1-410-224-3150 or
<https://www.hilton.com/en/attend-my-event/anpdttdt-90d-bcdab4c5-7f18-47ce-9b69-435dc9ec0f80/>
Rate: \$115.00/night plus tax, Cut-off October 9, 2024

VA| News Summer is here. Stay hydrated.

10 tips to increase your fluid intake:

1. Carry a refillable water bottle.
2. Don't wait until you're thirsty, drink water throughout the day.
3. Drink water when you first wake up.
4. Drink water at all your meals.
5. Eat foods that are high in water content, such as juicy fruits and vegetables (Grapes, melon, cucumbers, lettuce, celery, pineapples).
6. If you struggle to drink water, alternate your drinks. If you drink juice or soda, challenge yourself to have a cup of water as your next beverage.
7. Add fruit to your water to jazz it up. Slices of lemon or oranges can be a fun way to add a little flavor to your water.
8. Dilute juice with water or use club soda.
9. Set a timer on your phone or watch to remind yourself to hydrate throughout the day.
10. Set a goal on how much fluid you're going to drink in the day.

Reference: <https://news.va.gov/132742/summer-is-here-stay-hydrated/>

FRA AUXILIARY UNIT 182



AUGUST ANNIVERSARIES

Carolyn Self 31yrs

Thank you for your support, Auxiliary Members

LAFRA-07-18-2024

Due to illnesses and vacations, the Unit was unable to have our regular meeting in July.

Our next meeting will be August 15, 11:30 A.M. at President Manley's home, 344 W. Edmonston Drive, Rockville, Md.

Respectfully,
Susan Kaider

AUGUST BIRTHDAYS

Dolores Manley 13th
Sandra Long 24th

HAPPY BIRTHDAY, Auxiliary Members