



Nourishing News

Summer 2024



“Charity begins at Home”

When it comes to volunteering at the Food Bank, summer is the perfect time to involve kids in our projects.

Plus, it puts their endless energy to use for a worthy cause. This summer, our pantry was blessed to have local 4H participants sorting food, rolling trash bags and bagging diapers. We hosted several VBS groups from local churches, giving tours of our facility and sharing how their help impacts lives. Some of our children’s garden participants worked extra hard in the garden and were able to enter their produce in the Tri Rivers Fair, winning several ribbons, including “Best of Show” for their carrots. And alongside our regular volunteers, kids of all ages took turns filling carts and stocking shelves, all while entertaining us with their riddles, dance moves and smiles.



“One in five school-age kids in the U.S. faces hunger.”

Notebooks and pencils aren't the only things needed for the school year — being able to get enough food is even more important. How is any kid expected to pay attention in class if their tummy is growling? But when kids are fed, they thrive, they struggle less with their school work and behave better. In 2023, the Salina Food Bank distributed 5,144 food kits to local elementary and middle schools to help keep kids fed during the academic year, and an additional 250 summer school food kits for those enrolled in summer school. Young kids are not the only students battling hunger. Did you know that the Salina Food Bank has partnered with KWU, K-State Salina, Salina Tech and Salina Adult Education Center at various times to help their respective students learn how to access our programs and fuel their learning? We also support their on-campus efforts to have free food, especially fresh produce,

available. With school now in session, our team is once again looking for extra hands to help deliver food kits and food totes around town for hungry students.

If you can help with transporting boxes or kits, let us know at
785-827-7111!



“Charity begins at Home” (continued)

The adage “charity begins at home” holds true when it comes to volunteerism. By exposing young people to the joy of helping others, we are cultivating a generation of individuals who actively seek opportunities to contribute positively. According to recent statistics, approximately two-thirds of the 44% of adults who volunteer today began their philanthropic endeavors during their youth.



STOCKTOBERFEST 2024



SALINA
EMERGENCY AID
FOOD BANK

EST. 1971

OCT. 3rd 5 - 7PM @ KWU'S "KIRWIN HOUSE"



Join us for BBQ, Brews & More!



- Live Music from Brandon Smith
- Salina Selfie Station
- Wine Pull / Liquor Pull
- Raffle & Silent Auction

**ORDER YOUR TICKETS
TODAY!!**

785-827-7111



Salina Emergency Aid Food Bank
255 S. Chicago
Salina, KS 67401
www.salinafood.org

PLEASE
PLACE
STAMP
HERE

RETURN SERVICE REQUESTED



Turkey Fund & Holiday Bags

'Tis the season for the Food Bank to start collecting products for our annual Holiday Bags! This year we are also collecting monetary donations to go in our "Turkey Fund" - a dedicated pool of resources to offset the cost products to fill a minimum of 400 meal bags for our clients. To get involved with this special project, contact Janie!

Join us for dinner & dessert on
October 24th 6:00 - 7:30pm.
Please RSVP by Oct. 11th



*Volunteer
Celebration
& Annual Meeting*