

# SHAKE IT OFF

Rachael Martin 12.11.14

Stewing too long on one particular thing even if it hurts and you are right to feel the way you do, doesn't mean you should. You may find yourself drowning in confusion, depression, and chaos if you don't remember that Jesus came to set you free from the worlds way of doing things. Just because there's a ROW of candy staring at you when you check out at Walmart doesn't mean you have to buy one of everything.

Listen friends, I know it's not easy to go to a person and deal directly with a matter, it's easier to complain and bicker and talk about it. The Lord has given us His word to keep division, strife, and the Jezebel spirit out of His body – to keep His bride intact. I'm not saying we don't need friends to talk to about stressful situations either, there is wisdom in getting council and of course praying with others. However, individually we will stand before the Lord – so individually we need to know when it's time to shake it off and forgive and move on – and if you think that it will just settle itself, you may be walking on dangerous ground. Problems don't resolve on their own, and then you find yourself sweeping stuff under the rug and I have a blog I wrote about that subject!!



I don't mean to come off too harsh – and you may be in a waiting season, which is fine! I just really felt more to encourage someone out there who is stuck and hurt and in a rut – we all

have takin' a lickin' and what we have done about it has shaped us into who and where we are now. Shake it off and step it up and be about God's business, time is of the essence! Who and where are you now?

Do you by any chance need to shake some things off that you have been holding onto because you feel like you can fix it or you feel like it's hopeless? The waiting, the consecration, the sanctification, the serving in His temple, are all ways to step up and away from the "ordinary routine" of things. I will leave you with this story that I heard some time back, I feel it's a good reminder.

*The Lord bless you richly today with strength and divine change of position for heavens strategy to become yours in Jesus name!*

**This parable is told of a farmer who owned an old mule. – Author Unknown**

The mule fell into the farmer's well. After carefully assessing the situation, the farmer sympathized with the mule, but decided that neither the mule nor the well was worth the trouble of saving. Instead, he called his neighbors together and told them what had happened...and enlisted them to help haul dirt to bury the old mule in the well and put him out of his misery.

Initially, the old mule was hysterical! But as the farmer and his neighbors continued shoveling and the dirt hit his back, the mule began to SHAKE IT OFF AND STEP UP! Blow after blow. "Shake it off and step up...shake it off and step up...shake it off and step up!" The mule repeated this action and began to encourage himself. No matter how painful the blows, or how distressing the situation seemed, the old mule fought "panic" and just kept right on SHAKING IT OFF AND STEPPING UP! It wasn't long before the old mule, battered and exhausted, STEPPED TRIUMPHANTLY OVER THE WALL OF THAT WELL AND WAS FREE!

What seemed like it would bury him, actually helped him...all because of the manner in which he handled his adversity. THAT'S LIFE! If we face our problems and respond to them positively, and refuse to give in to panic, bitterness, or self-pity...THE ADVERSITIES THAT COME ALONG TO BURY US USUALLY HAVE WITHIN THEM THE VERY REAL POTENTIAL TO BENEFIT US!

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