Viper Field Hockey Club: Tryouts GuidelinesCOVID-19 Guidelines



Drop Off and Pick Up

Check-in Process

- Parents &/or Caretakers will not be allowed inside the facility during Tryouts.
 Only the players will be allowed to enter the facility for tryouts
- **Drop-Off:** When you pull up to the facility, the parent will park in a parking spot and will stay in the car and rolls the window down while the player gets out and approaches the front door.
 - Parents and caretakers should, when safe to do so, wear a mask for drop-off and pick-up in case a staff member needs to approach the car.
 - Older Participants who drive themselves will park and enter the facility to get a temperature reading.
- **Temperature Check:** Upon arrival, every players temperature will be taken using contact-free thermometers. Anyone with a temperature <u>above 100.4 degrees</u> will not be permitted back to tryouts for 7 days, unless documentation of a negative test result can be provided and 72 hours has passed.
- **Signs of Illness:** Our staff will also make a visual inspection of the players for signs of illness which could include flushed cheeks, rapid breathing or difficulty breathing (<u>without</u> recent physical activity), or fatigue.
 - The player will be removed from participation and Parent will be notified
 - Older children who drove themselves will call to notify their parents and see if they can drive themselves home
- Carpooling: Anyone who is in the same drop-off vehicle with someone who fails these screenings will also be denied entry into tryouts that day.
- **Admittance**: Once temperature clears, the player will be cleared to participate in the tryouts.

Check-out Process

- **Check-Out:** Please pull up into the parking lot and park in a parking spot. Parent will wait in their car and the player will be sent to the vehicle. Please be aware and careful that there will be children going to cars in the parking lot when you exit.
- <u>Older Participants</u> who drove themselves will exit the building at the end of the tryouts and exit the parking lot with caution.

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Health & Safety Protocol

Standard Procedures / Reminders

While attending a Viper Field Hockey Club Tryouts, participants should remember to follow all recommended health and safety actions. Per the CDC, these include things like:

- Hand Washing: Participants will need to wash their hands often with soap and water for at least 20 seconds especially after handling equipment, blowing their nose, coughing, or sneezing.
- Social Distancing: It is recommended to stay at least 6 feet (about 2 arms' length) from other people, when possible. We will be encouraging social distancing through increased spacing, small groups, and limited mixing between groups.
- Participants will be assigned specific area to sit while in the facility so social distancing can be followed.
- The skills being evaluated will be conducted in assigned small groups on the court while other groups wait their turn
- Cover Coughs and Sneezes: Always remember to cover your mouth and nose with
 a tissue when you cough or sneeze or use the inside of your elbow. Throw used
 tissues in the trash. Immediately wash your hands with soap and water for at least
 20 seconds. If soap and water are not readily available, clean your hands with a
 hand sanitizer that contains at least 60% alcohol.

Sanitation & Cleaning Procedures

- Frequently Touched Surfaces: Frequently touched surfaces including doorknobs, countertops, handles, toilets, faucets, etc. will be cleaned and disinfected by our staff every 2-3 hours, and then again when camp wraps up for the day.
- Cleaning Stations: EPA certified cleaning solutions will be used for increased cleanup throughout the tryouts.
- Hand Washing & Sanitizing: Promoting frequent handwashing for plyers and staff.
 Hand sanitizer stations are placed throughout the building for in between
 handwashing. <u>Before entering the court area, each player will need to use the
 sanitizer station</u>.
- Personal Items: There will be a designated area for the player's personal belongings.
 - Please limit the number of extra items brought into the building
 - Each player should limit the items to their field hockey equipment, one bag and water container(s)
- **Staff Training:** All Viper Sports Club Staff will be trained on all new health and safety protocols.

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On-Going Monitoring

- When to Stay Home: We need any player who is sick, or coming from a household where someone is sick, to stay home.
 - Call in all absences to 610-495-0999
 - o Leave name of participant and reason for absence
- **Updates:** Our facility will regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and we will update policies and procedures when needed.

Symptomatic & Confirmed Cases

If a participant or Viper Field Hockey Club staff member tests positive for COVID-19:

- Positive Cases: Any positive case of Covid-19 should be reported to the Viper Sports Club Facility director immediately. Viper Sports Club director will notify parents of all participants based on level of exposure. Any participants and staff member involved in that activity (ex: Tryouts, Skills Training, Hooked on Hockey Camp, etc.) would not be able to return to activity at the Viper Sports Club for 14 days. Cleaning protocols will be initiated for any areas in which the participant was located.
- Return to Tryouts: The participant who tested positive <u>will not</u> be permitted back to tryouts until they test negatively for COVID-19.
 - If needed the player will attend another special tryout in September set up for this situation once they have tested negative with written documentation.
- Positive Case in Household: If a person living with a participant or staff tests positive, they must stay home and isolate as recommended by the CDC.
 - If needed the player will attend another special tryout in September set up for this situation once they have tested negative with written documentation.
- Symptomatic Individuals: Participants will be sent home if showing symptoms and will not be allowed to return to the facility for 14 days, unless documentation of a negative test result can be provided and 72 hours has passed. Parents of players who were exposed to symptomatic individuals will be notified.
 - If needed the player will attend another special tryout in September set up for this situation once they have tested negative with written documentation.

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Masks/Face Coverings

- Viper Sports Club Staff: All staff will wear cloth face coverings during camp
- **Player:** Children and youth will not be required to wear cloth face coverings, although face coverings are still recommended by the CDC, especially for older youth, when feasible, particularly in indoor or crowded locations.

Shared Objects/Equipment

- We discourage sharing of items that are difficult to clean, sanitize, or disinfect.
- We instruct participant to try and keep their belongings separated from others.
- We will ensure adequate supplies to minimize sharing of high-touch materials to the extent possible or limit use of equipment to one group of participants at a time
- We will clean and disinfect between sessions when needed.

Water Bottles: Players are to <u>bring their own water container</u> and the facility will provide water bottles for refills when needed.

Bring plenty of water

Group Sizes

- Smaller groups will be established for the skills portion of the evaluation.
- The remaining players not involved in a skill circuit will be placed in designated area in the facility awaiting their turn on the court.
- During the scrimmaging: only the two teams playing will be on the court.
 - o Any subs for those teams will sit at least 6' away from each other on the bench
 - o All other teams will be in their designated areas awaiting their turn
- Viper FH Club will maintain an adequate ratio of staff to players to ensure safety.

Exclusionary Criteria

- **Temperature:** Participants who register a temperature above 100.4° will not be permitted participate for 14 days, unless documentation of a negative test result can be provided and 72 hours has passed.
- **Symptomatic Individuals:** Participants will be sent home if showing symptoms and will not be allowed to return to camp for 14 days, unless documentation of a negative test result can be provided and 72 hours has passed. Parents of participants who were exposed to symptomatic individuals will be notified.

Everyone will need to have completed and signed the Waiver/Registration Form before entering the court for tryouts.