

**BIG SOUTH PREVIEW**Lynchburg, VA  
Liberty University**OFFICIAL MEET REPORT**  
printed: 9/16/2017 10:25 AM

September 16, 2017

**Race #1**  
**Mens 8k - Official****FINAL RESULTS****RACE SUMMARY**

Start Time: 9:00 am

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Finish Order	Spread
1 Liberty	19	1-3-4-5-6(7)(8)	26:58	1-3-4-5-6-7-8	0:30.2
2 UNC-Asheville	71	10-13-15-16-17(20)(22)	28:33	14-18-20-21-22-25-28	0:26.2
3 Radford	72	9-11-12-19-21(24)(25)	28:34	12-16-17-24-26-32-33	1:10.2
4 High Point	83	2-14-18-23-26(28)	28:58	2-19-23-30-35-38	4:30.2
5 Longwood	149	27-29-30-31-32	35:57	36-39-40-42-43	10:33.4

**INDIVIDUAL RESULTS**

Athlete	Year	#	Team	Score	Time	Avg. Mile	Avg. kM	5k
1 Azaria Kirwa	JR	36	Liberty	1	26:43.9	5:22.7	3:20.5	16:14.9(3)
2 Alejandro Juan Torres	JR	14	High Point	2	26:46.3	5:23.2	3:20.8	<b>16:14.4(1)</b>
3 Samuel Proctor	SR	40	Liberty	3	26:50.8	5:24.1	3:21.4	16:15.8(6)
4 James Zentmeyer	JR	42	Liberty	4	26:56.0	5:25.2	3:22.0	16:15.2(4)
5 Augustine Lisoreng	FR	38	Liberty	5	27:04.1	5:26.8	3:23.0	16:14.6(2)
6 Felix Kandie	FR	35	Liberty	6	27:14.1	5:28.8	3:24.3	16:16.1(7)
7 Nick Doan	SO	34	Liberty	(7)	27:21.8	5:30.3	3:25.2	16:15.5(5)
8 Louis Paone	JR	39	Liberty	(8)	27:36.7	5:33.3	3:27.1	16:21.6(9)
9 Graham Hansel		80	UNA-Liberty	-	27:42.3	5:34.5	3:27.8	16:26.7(13)
10 Ben Klemmeck	FR	37	Liberty	-	27:53.1	5:36.6	3:29.1	16:19.3(8)
11 Colin Schutz	SR	41	Liberty	-	27:53.5	5:36.7	3:29.2	16:26.2(12)
12 Haben Zemichael	SR	72	Radford	9	27:56.3	5:37.3	3:29.5	16:27.6(15)
13 Paul Squires		82	UNA-Liberty	-	28:06.2	5:39.3	3:30.8	40:08.3(43)
14 Dominic Collichio	SR	93	UNC-Asheville	10	28:20.5	5:42.2	3:32.6	16:58.4(22)
15 Jack Tidball		83	UNA-Liberty	-	28:25.1	5:43.1	3:33.1	16:23.6(10)
16 Juan Cisneros	FR	66	Radford	11	28:27.2	5:43.5	3:33.4	16:40.6(17)
17 Pete Decker	FR	67	Radford	12	28:27.5	5:43.6	3:33.4	16:49.6(19)
18 Zach Boone	SO	92	UNC-Asheville	13	28:28.8	5:43.8	3:33.6	17:00.2(25)
19 TJ Morales	SO	16	High Point	14	28:29.1	5:43.9	3:33.6	16:25.6(11)
20 Hunter Newman	SO	98	UNC-Asheville	15	28:33.2	5:44.7	3:34.2	17:01.5(27)
21 David Hager	JR	95	UNC-Asheville	16	28:35.4	5:45.2	3:34.4	16:59.6(24)
22 Quin Meyer	FR	97	UNC-Asheville	17	28:46.7	5:47.4	3:35.8	16:59.0(23)
23 Anthony Sasso	FR	17	High Point	18	28:48.0	5:47.7	3:36.0	16:27.1(14)
24 Carson Fernandez	FR	68	Radford	19	28:50.8	5:48.2	3:36.4	16:35.9(16)
25 Blanton Gillespie	JR	94	UNC-Asheville	(20)	28:57.9	5:49.7	3:37.2	16:58.0(21)
26 Makinnley Casey	SO	65	Radford	21	29:06.5	5:51.4	3:38.3	17:00.7(26)
27 Cameron Francis		79	UNA-Liberty	-	29:21.6	5:54.4	3:40.2	16:47.8(18)
28 Jacob Todd	FR	100	UNC-Asheville	(22)	29:25.8	5:55.3	3:40.7	17:06.8(28)
29 Caleb Muller		81	UNA-Liberty	-	29:27.6	5:55.7	3:41.0	17:17.3(31)
30 Stephen Gray	FR	13	High Point	23	29:28.1	5:55.8	3:41.0	17:12.6(29)
31 Matthew Barrera	JR	91	UNC-Asheville	-	29:31.3	5:56.4	3:41.4	17:15.5(30)
32 Ashenafi Kidanu	SO	69	Radford	(24)	29:51.9	6:00.5	3:44.0	16:55.4(20)
33 Nathan Burgreen	JR	64	Radford	(25)	30:22.5	6:06.7	3:47.8	17:32.4(33)
34 Frisco Poole	SR	71	Radford	-	31:07.6	6:15.8	3:53.5	17:24.0(32)

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**Race #1**  
**Mens 8k - Official****FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

<b>Athlete</b>	<b>Year</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>5k</b>
35 Patrick Van Der Cruyssen	JR	18	High Point	26	31:16.5	6:17.6	3:54.6	18:05.6(34)
36 Jon Swartout	FR	56	Longwood	27	31:39.2	6:22.1	3:57.4	18:37.9(36)
37 Neil Lucas	FR	70	Radford	-	31:49.9	6:24.3	3:58.7	18:11.9(35)
38 Jeff Mettler	JR	15	High Point	(28)	33:09.5	6:40.3	4:08.7	19:41.5(39)
39 John Bapties	JR	51	Longwood	29	33:38.8	6:46.2	4:12.4	19:34.1(38)
40 Alexander Dembek	SO	53	Longwood	30	34:17.8	6:54.0	4:17.2	19:53.9(40)
41 Joshua Reams	JR	300	Unattached	-	34:57.1	7:02.0	4:22.1	19:33.6(37)
42 Ron Gyamfi	FR	55	Longwood	31	37:53.1	7:37.4	4:44.1	21:31.6(41)
43 Chrishon Dollard	FR	54	Longwood	32	42:12.6	8:29.6	5:16.6	22:46.2(42)

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**Race #2**  
**Womens 5k - Official****FINAL RESULTS****RACE SUMMARY**

Start Time: 9:45 am

**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Avg.	Finish Order	Spread
1 High Point	19	1-3-4-5-6(12)(14)	19:12	1-3-4-5-6-12-14	0:53.6
2 Liberty	43	2-7-8-11-15(18)(19)	19:39	2-7-8-11-16-19-20	1:20.6
3 UNC-Asheville	84	10-13-16-21-24(28)	20:44	10-13-17-26-33-41	2:21.8
4 Radford	91	9-17-20-22-23(26)(27)	21:05	9-18-25-31-32-37-39	2:16.7
5 Longwood	147	25-29-30-31-32(33)	24:28	34-42-43-44-45-47	3:10.5

**INDIVIDUAL RESULTS**

Athlete	Year	#	Team	Score	Time	Avg. Mile	Avg. kM	1 Mile
1 Famke Heinst	FR	7	High Point	1	18:41.2	6:00.5	3:44.2	5:56.5(2)
2 Noel Palmer	FR	31	Liberty	2	18:46.7	6:02.3	3:45.3	5:58.7(3)
3 Julia Hellman	FR	8	High Point	3	18:49.2	6:03.1	3:45.8	<b>5:55.0(1)</b>
4 Franziska Jakobs	FR	10	High Point	4	19:26.6	6:15.1	3:53.3	6:01.3(5)
5 Zoe Geis	SO	6	High Point	5	19:27.9	6:15.5	3:53.6	5:59.6(4)
6 Caroline Baudinet	FR	2	High Point	6	19:34.8	6:17.7	3:55.0	6:01.7(6)
7 Brooke Turner	SO	33	Liberty	7	19:42.9	6:20.4	3:56.6	6:11.1(14)
8 Kammi Kurtz	JR	26	Liberty	8	19:44.9	6:21.0	3:57.0	6:02.3(7)
9 Carrie Keevey	SR	60	Radford	9	19:49.3	6:22.4	3:57.9	6:18.2(18)
10 Kamyra DeCarmo	SO	87	UNC-Asheville	10	19:52.2	6:23.3	3:58.4	6:26.6(24)
11 Alyssa Karle	SR	25	Liberty	11	19:53.0	6:23.6	3:58.6	6:10.5(13)
12 Sydney Bagus	FR	1	High Point	(12)	19:53.8	6:23.9	3:58.8	6:04.9(9)
13 Kelly Coleman	JR	85	UNC-Asheville	13	19:54.6	6:24.1	3:58.9	6:29.3(26)
14 Kylie Hennessey	SO	9	High Point	(14)	19:56.7	6:24.8	3:59.3	6:05.5(10)
15 Courtney Kerr	JR	11	High Point	-	19:58.1	6:25.2	3:59.6	6:09.1(12)
16 Mary Kate McElroy	FR	30	Liberty	15	20:07.3	6:28.2	4:01.5	6:08.2(11)
17 Phoebe Schneider	SR	90	UNC-Asheville	16	20:10.7	6:29.3	4:02.1	6:28.5(25)
18 Annsley Eckert	FR	58	Radford	17	20:21.7	6:32.8	4:04.3	6:14.5(15)
19 Lauren Hirneisen	FR	24	Liberty	(18)	20:28.2	6:34.9	4:05.6	6:15.1(16)
20 Gabby Delbo	SO	20	Liberty	(19)	20:40.0	6:38.7	4:08.0	
21 Keaton Case	SO	3	High Point	-	20:44.7	6:40.2	4:08.9	6:22.2(21)
22 Kelly Shaffer		77	UNA-Liberty	-	20:46.3	6:40.7	4:09.3	6:25.1(23)
23 Heidi Smith		78	UNA-Liberty	-	21:02.1	6:45.8	4:12.4	6:23.5(22)
24 Alice Kassens	SR	149	Unattached	-	21:11.9	6:49.0	4:14.4	6:38.5(32)
25 Percie Lyons	JR	61	Radford	20	21:12.4	6:49.1	4:14.5	6:19.9(19)
26 Megan Brewer	JR	84	UNC-Asheville	21	21:26.5	6:53.7	4:17.3	6:31.4(27)
27 Charis Dinger	SO	5	High Point	-	21:38.9	6:57.7	4:19.8	6:20.9(20)
28 Erin Hansel	SO	75	UNA-Liberty	-	21:41.3	6:58.4	4:20.3	6:32.4(28)
29 Terrill Zentmeyer	SO	119	Unattached	-	21:42.6	6:58.8	4:20.5	
30 Carmela Culhane	FR	4	High Point	-	21:46.3	7:00.0	4:21.3	6:04.4(8)
31 Olivia Hodge	SO	59	Radford	22	21:53.8	7:02.4	4:22.8	6:35.9(30)
32 Mariah Quintero	SR	62	Radford	23	22:06.0	7:06.4	4:25.2	6:34.6(29)
33 Maddie Lowe	SR	88	UNC-Asheville	24	22:14.0	7:08.9	4:26.8	6:43.8(34)
34 Casey Williams	FR	49	Longwood	25	22:20.8	7:11.1	4:28.2	6:47.3(36)

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**Race #2**  
**Womens 5k - Official****FINAL RESULTS****INDIVIDUAL RESULTS (continued)**

<b>Athlete</b>	<b>Year</b>	<b>#</b>	<b>Team</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>	<b>1 Mile</b>
35 Delaney McDowell	JR	229	Unattached	-	22:44.5	7:18.7	4:32.9	
36 Clara Lynch	FR	27	Liberty	-	22:45.2	7:19.0	4:33.0	6:42.0(33)
37 Naomi Brindley	FR	57	Radford	(26)	22:46.2	7:19.3	4:33.2	6:37.2(31)
38 Kylie Polsgrove	JR	32	Liberty	-	23:29.5	7:33.2	4:41.9	6:49.9(38)
39 Amber Street	JR	63	Radford	(27)	23:30.3	7:33.5	4:42.1	6:48.6(37)
40 Cory Wilson	FR	12	High Point	-	23:40.3	7:36.7	4:44.1	6:58.4(40)
41 Kelley Petroski	SO	89	UNC-Asheville	(28)	23:52.6	7:40.6	4:46.5	6:56.2(39)
42 Kasey Laign	JR	45	Longwood	29	24:24.5	7:50.9	4:52.9	7:06.9(41)
43 Maranda Wilson	SR	50	Longwood	30	24:41.0	7:56.2	4:56.2	7:08.3(42)
44 Casey Rip	SR	47	Longwood	31	25:21.4	8:09.2	5:04.3	7:38.1(45)
45 M.E Lazorchak		46	Longwood	32	25:31.3	8:12.4	5:06.3	7:32.1(44)
46 Maggie McDermott	SO	28	Liberty	-	25:44.9	8:16.8	5:09.0	7:09.8(43)
47 Kate Spradlin	SO	48	Longwood	(33)	26:52.0	8:38.3	5:22.4	6:45.9(35)
48 Ashley Allen	SO	43	Longwood	-	32:19.5	10:23.6	6:27.9	8:14.6(46)