

Seasons

Count: 48 **Wall:** 4 **Level:** Beginner / Improver waltz
Choreographer: Derek Robinson, UK. June 2016
Music: Seasons of Love by Heartbeat. CD: Once in a Lifetime. (105 bpm).

Music Available from Amazon and Heartbeat Duo web site: <http://www.heartbeatduo.com.au/buy-music-online/>

Start after 12 counts. There is one easy restart on wall 5.

Sec 1: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.

1-2-3 Cross right over left, step left to side, step right in place.
4-5-6 Cross left over right, make ¼ turn left, stepping back on right, step left beside right (9.00)

Sec 2: RIGHT TWINKLE, LEFT TWINKLE 1/4 TURN.

1-2-3 Cross right over left, step left to side, step right in place.
4-5-6 Cross left over right, make ¼ turn left, stepping back on right, step left beside right (6.00)

Sec 3: WEAVE LEFT, DRAG RIGHT.

1-2-3 Cross right over left, step left to left side, cross right behind left.
4-5-6 Step left a long step to left side, drag right toe up towards left, touch right toe beside left

(Restart here on wall 5 - you will be facing 6.00)

Sec 4: WALTZ 3/4 TURN, WALTZ BACK.

1-2-3 ¼ turn right stepping forward on right, ½ turn right stepping back on left, step right beside left (3.00)
4-5-6 Step back on left, step right beside left, step left in place

Sec 5: FORWARD, SWEEP, FORWARD, POINT.

1-2-3 Step forward on right, sweep left foot out and forward over two counts
4-5-6 Step forward on left, point right toe to right side, hold

Sec 6: BACK, SWEEP, BACK, POINT.

1-2-3 Step back on right, sweep left foot out and back over two counts
4-5-6 Step back on left, point right toe to right side, hold

Sec 7: BACK ROCK, SIDE x 2.

1-2-3 Cross rock right behind left, recover onto left, step right to right side
4-5-6 Cross rock left behind right, recover onto right, step left to left side

Sec 8: BACK ROCK, SIDE, BEHIND, SIDE, TOGETHER.

1-2-3 Cross rock right behind left, recover onto left, step right to right side
4-5-6 Cross left behind right, step right to right side, step left beside right

Begin again