ONE ISLAND FAMILY

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WEEKLY E-LETTER, DECEMBER 18, 2025

DECEMBER SERVICES:

- 21 Rev. Bob Murphy: "December: Back to Basics"
- 28 Dr. Arnold Kerzner: "Recovering from Trauma"

Is it possible for people to recover from trauma? What are the roads to such a recovery? Perhaps, the Japanese metaphor, "Kintsugi" reflects the process of recovery; putting broken pieces back together in a totally different way where the memories of trauma remain side by side with the recreation of a whole new story - in a more sustainable - even in more beautiful ways.

HERE is the reusable information and link for weekly attendance via Zoom:

Zoom Link - Meeting ID - 6164793132 Password - 018xPC

https://us02web.zoom.us/j/6164793132?pwd=am5Cb3puRkFGOU8vNTAvbjRHS VZWZz09

We welcome our **UUA AFFILIATE MINISTERS**

on a regular basis:

Rev. Bob Murphy and Rev. Doug Slagle

JOIN US THIS SUNDAY AT 11 AM:

Rev. Bob Murphy will put emphasis on Unitarian Universalist involvement with several holidays in December, including the winter solstice, as we explore:

"December: Back to Basics"

Join us in person or on zoom

NEXT BOARD MEETING, OPEN TO ALL: SUNDAY, DECEMBER 21, AT 12:45 in our Sanctuary

PLEDGES AND ANNUAL MEETING:

PLEASE NOTE DATE CHANGES!!!

Our annual members meeting is coming up **FEBRUARY 1, 2026.** To be a member qualified to vote at that meeting you must have signed our membership book by **1/2/26**.

Additionally, you have to have submitted a pledge for 2026 and made a good faith minimum payment of at least \$5.00 on your pledge before **1/17/26**. If you have any questions, please give me a call - Dave 757-285-1609

OUR CHOIR ON NOVEMBER 30TH:



Alana Robles, Claire Hurd, Belle Jampol, and Rick Gentilman.

It was great to have Elinor and Rick Gentilman with us again. We were sorry to see them leave a bit early, and look forward to their return. Stay warm, you two! Thanks to Ray Atkinson for this photo.

GREEN SANCTUARY 2030:

One Island Family is preparing to apply by the end of December to become a Green Sanctuary 2030, which is focused on mobilizing for climate justice. Ray Atkinson, who serves on the Board of Directors, is leading the application process.

If you want to help him or learn more, Ray can be reached at gismap1@gmail.com or 704-787-5859.

SHARED FROM THE CITIZEN:

An Immigrant Support hotline has been established to anonymously report suspicious activity at <u>305-771-4248</u>. The hotline is staffed by local resident volunteers and the information is used for tracking/witnessing purposes.

OUR CLASS SCHEDULE (USE OF FACILITY) IS CURRENTLY:

Jan Bergh	Mindfulness Meditation Sangha	TUE	5.30 PM
Carl Ferrette	Yoga	MON, THU	6.00 PM
Mike Mulligan	Mindful Movement	TUE, THU	10 AM
Marjorie Paul-Shook	Gentle Pilates	WED, SAT	10 AM

OUR LAND AND WATER ACKNOWLEDGMENT ADOPTED 11/10/24, AS AMENDED 12/7/25

WE ACKNOWLEDGE THAT THE LAND THAT ONE ISLAND FAMILY NOW STANDS ON AND THE WATERS SURROUNDING KEY WEST, WERE THE TRADITIONAL HOMES UNDER THE STEWARDSHIP OF THE MASCOGO, SEMINOLE, TEQUESTA, CALUSA AND TAINO PEOPLES. WE COMMIT TO SHARING THE HERITAGE OF OUR UNIQUE FLORIDA KEYS ENVIRONMENT, AND TO PROMOTING ITS PRESERVATION FOR FUTURE GENERATIONS



We welcome diversity of race, color, ethnicity, national origin, culture, citizenship status, sexual orientation, sex, gender identity, gender expression, family status, religious background, socioeconomic status, education, political perspective, age, and abilities.



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