

***Community Resources
For Putnam County
Algood/Cookeville, South Cookeville &
Monterey
Head Start Centers
2017-2018***



To locate additional information on Community Resources access,
www.tennhelp.com or Call 211

Developed and Distributed by L.B.J. & C. Head Start

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Adult Education:

Fortis Institute

4550 S Jefferson Ave

Cookeville, TN. 38501

(931) 528-8665 (*Assists Adults to further their education*)

Genesis Career College

880-A East 10th Street

Cookeville, TN. 38501

(931) 526-8735 (*Assists Adults to further their education*)

Nashville State Community College

1000 Neal Street

Cookeville, TN. 38501

(931) 520-0551 (*Assists Adults to further their education and they also sponsor job fairs*)

Putnam County Adult Basic Education

286 E. Main Street

Algood, TN. 38506

(931) 528-8685

They offer: ESOL, GED, Adult High School, Hi-SET test (Assists Adults to further their education)

Roane State Community College

Crossville, TN 38555

931-456-9880 (*Assists Adults to further their education*)

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502 (*Assists Adults to further their education and job skills training*)

Tennessee Technological University

Cookeville, Tennessee 38505

(800) 255-8881 or (931) 372-3888 or 931-372-3101 (*Assists Adults to further their education*)

Volunteer State Community College

113 Windle Community RD.

Livingston, TN 38570

931-823-7065

(Assists adults with furthering their formal education. Assistance with financial aid & scholarship sign-up is available)

Adult Job Training Services:

Adult Learning Center

286 E. Main Street
Algood, TN. 38506
(931) 528-8685

*They offer: ESOL, GED, Adult High School, Basic Computer Training
(Assists Adults to further their education)*

Career Center

580 S. Jefferson Suite A
Cookeville, TN. 38501
(931) 520-8733
(Assist adults in locating jobs)

Career Solutions

565 South Jefferson
Cookeville, TN. 38501
(931) 520-8789
(Assists Adults with disabilities to further their education)

Genesis Career College

880-A East 10th Street
Cookeville, TN. 38501
(931) 526-8735
(Assists Adults to further their education)

Fortis Institute

Highway 111
Cookeville, TN.
(931) 526-3660
(Assists Adults to further their education)

Mr. Wayne's school of Hair Design

Willow Tree Shopping Mall
Cookeville, TN. 38501
(931) 526-1478
(Assists Adults to further their education)

Nashville State Community College- Cookeville Higher Education

1000 Neal Street
Cookeville, TN. 38501
(931) 520-0551
(Assists Adults to further their education and they also sponsor job fairs)

Social Security Administration - SSI Program

1145 Perimeter Park Drive

Cookeville, TN 38501

931-528-9765 & **Hotline:** 800-772-12131

(Assists with Disability Services, Money/Employment Assistance. The SSA administer a program called SSI for persons with disabilities who are age 65 or older, a blind adult or child, or disabled adult or child - children under 18. If under 18, substantially reduced ability to function independently, appropriately and effectively in a manner expected of children of similar age due to a physical or mental impairment, which has lasted or is expected to last at least 12 months or end in death.)

Tennessee Department of Human Services - Putman County

Families First Program

1000 England Drive, Suite B

Cookeville, TN 38501

931-528-7487

Tennessee Technology Center

910 Miller Ave.

Crossville, TN. 38555

(931) 484-7502

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave Cookeville, TN 38506

931-528-1127

Vocational Rehabilitation

100 England Dr

Cookeville, TN. 38501

(931) 526-9783

(Provides assistance with re-education of disabled individuals and job skills training)

Vocational Training Center

1605 Brown Ave.

Cookeville, TN. 38501

(931) 526-4721 or 931-526-1115

(Provides assistance with vocational education, work adjustments and job placement for people with disabilities)

Resources for Bereavement:

Heart of the Cumberland

P.O. Box 2474

Cookeville, TN 38502

Phone: 931-525-2600

heartofthecumberland@gmail.com

Specifically for children and teens that are hurting because of losses suffered through death, divorce or family circumstances

Hospice Grief Recovery Group

Sponsored by: Gentiva Hospice

851 South Willow Ave Ste 102

Cookeville, TN.

931-520-1705-Main Office

931-528-5133

New Beginnings Bereavement Support Group

Meets at the First United Methodist Church

3rd Wednesday of each month at 11:00 a.m.

Crossville, TN. 38555

(931) 484-4748

Childcare:

ABC, 123

7848 SOUTH FORK ROAD
BAXTER, TN 38544
(931) 858-6698
(Mon – Fri call for fees)

Agape Pre-School

Methodist Church
124 N Holly St
Monterey, TN 38574
(931) 839-2597

ALGOOD/COOKEVILLE HEAD START

180 WEST CHURCH ST
ALGOOD, TN 38506
(931) 537-9057
(Free Service)

BRIGHT SIDE

520 E. 10TH STREET
COOKEVILLE, TN 38501
(931) 526-9649 (Mon – Fri call for fees)

BUSY BEES PRESCHOOL

749 BUFFALO VALLEY RD
COOKEVILLE, TN 38501
(931) 372-8275 (Call for fees)

COLOR MY WORLD CHILD CARE AND LEARNING

1701 N. DIXIE
COOKEVILLE, TN 38501
(931) 528-1503 (Call for fees)

Cookeville Cooperative Pre-School

Sponsored by: St. Michaels Episcopal Church
640 N Washington Ave.
Cookeville, TN. 38501
931-526-4654 (Monday-Friday 8:30 a.m. – 11:15 a.m.)

COOKEVILLE CREATIVE LEARNING

275 S WALNUT
COOKEVILLE, TN 38501
(931) 528-2782 (Call for fees)

CUMBERLAND EARLY SCHOLARS ACADEMY (-E-)

728 S Jefferson Ave
COOKEVILLE, TN 38501
(931) 528-2543 (*Call for fees*)

CUMBERLAND PRESBYTERIAN NURSERY

565 E. 10TH STREET
COOKEVILLE, TN 38501
(931) 528-8587 (*Call for fees*)

JACOB'S LADDER

210 E. BROAD ST
COOKEVILLE, TN 38501
(931) 520-0181 (*Call for fees*)

KIDDIE KORNER DAYCARE

357 DRY VALLEY RD
ALGOOD, TN 38506-0000
(931) 537-6423 (*Call for fees*)

LONDON BRIDGE PRESCHOOL & INFANT TODDLER

1175 EAST 10TH STREET
COOKEVILLE, TN 38501-0000
(931) 528-6860 (*Mon – Fri call for fees*)
(931) 372-6977 (*Mon – Fri call for fees*)

MONTEREY HEAD START

705 EAST COMMERCIAL
MONTEREY, TN 38574
(931) 839-3323 (*Free Service*)

MRS. KRISTIE'S

1578 ELMORE TOWN RD
BAXTER, TN 38544 (931) 858-5559
(*Mon – Fri call for fees*)

Lighthouse Learning Academy

1160 Perimeter Park Dr
Cookeville, TN 38501

Little Wonderland

402 South Chestnut
Monterey, TN.38574
(931) 839-8478

MS THERESA'S PRESCHOOL

1630 HANGING LIMB ROAD

MONTEREY, TN 38574

(931) 839-6682 (*Call for Fees*)

NOAH'S ARK

780 FAIRGROUND LANE

COOKEVILLE, TN 38501

(931) 528-7113 (*Mon – Fri call for fees*)

South Cookeville Head Start

571 South Willow Ave.

Cookeville, TN 38501

(931) 372-8021 (*Free Service*)

THE NANNIES OF COOKEVILLE, INC

125 EAST STEVENS STREET

COOKEVILLE, TN 38501

(931) 520-7749

(*Mon – Fri call for fees*)

TTU CHILD DEVELOPMENT LAB

720 QUADRANGLE

COOKEVILLE, TN 38505

(931) 372-6262 (*Call for fees*)

Ms. Crystals Learning Tree

Hwy 70

Monterey, TN 38574

931-544-3794

Resources to help in Child Abuse Situations:

Algood City Police Department

110 E Main Street
Algood, TN. 38506
(931) 537-6830
911 Emergencies
(Assist with emergency needs)

Child Abuse Hotline

900 2nd Avenue North
Nashville, TN 37201
877-237-0004
(Hotline Only. Provides a 24-hour line to take reports of abuse and neglect from anyone who knows about a child abuse situation.)

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies
(Assist with emergency needs)

Court Appointed Special Advocates for Children (CASA)

580 S Jefferson Ave
Cookeville, TN. 38506
931-520-9542
(Assist with child placement for best possible outcome when child is taken from home due to abuse and/or neglect)

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3000
(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

Juvenile Court Family Services

421 East Spring Street
Cookeville, TN. 38501
(931) 528-5541

(Assist with family legal needs)

LifeCare Family Services

665 S Jefferson Ave
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Monterey Police Department

711 E. Commercial Ave
Monterey, TN
(931) 839-2323

911 Emergencies

(Assist with emergency needs)

Putnam County Sheriff's Department

421 Spring Street
Cookeville, TN. 38501
(931) 528-8484

911 Emergencies

(Assist with emergency needs)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

616-B North Church Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Tennessee Commission on Children/Youth

1225 S Willow Ave
Cookeville, TN 38501
(931) 646-0955

Dental Providers who take TennCare:

Algood Family Dental Clinic

172 West Main Street
Algood, TN 38506
(931) 537-9948

Aspen Dental

416 W Jackson St
Cookeville, TN 38501
931-754-1103

Cookeville Regional Dental Clinic

327 North Cedar Street
Cookeville, TN 38501
(931) 528-5105

Crossville Dental Clinic

1720 West Avenue
Suite # 6
Crossville, TN. 38555
(931) 484-3007

Cumberland Pediatric Dentistry

510 S Jefferson Ave
Cookeville, TN 38501
931-854-1200

Dr. Steven Ellis

Upper Cumberland Family Dentistry
215 Oak St
Livingston, TN. 38570
(931) 823-5517 or 537-2254

Dr. Buckie Parsons

215 Oak St
Livingston, TN. 38570
(931) 823-5517 or 537-2254

Hays Dental Care

620 E. 10th Street
Cookeville, TN. 38501
(931) 526-1614

Hermitage Dental Clinic

Dr. Charles Burdeshaw
107 Bonnabrook Drive
Hermitage, TN 37076
1-800-889-1654

Hintz Family Dentistry

120 West Jackson Avenue
Cookeville, TN. 38501
(931) 526-5460

Monterey Dental Center

400 West Crawford Ave, Ste C
Monterey, TN. 38574
(931) 839-8684 (*Open Monday – Thursday*)

Putnam County Health

701 County Services Rd
Cookeville, TN. 38501
(931) 528-2531

Robinson Dental Care

738 East Spring Street
Cookeville, TN. 38501
(931) 520-8880

Zoo Crew

Neal St
Cookeville, TN 38501
931-349-7807

Dr. L.G. Puckett

508 N. Church St
Livingston, TN
931-823-3754

Cloudland Dental

510 Livingston Rd
Crossville, TN 38555
931-484-3007

Cumberland Pediatrics

Jefferson St
Cookeville, TN 38501
931-854-1200

**Dental Providers, who may not take TennCare,
but offer services to low-income families:**

Bread of Life Homeless Shelter and Clinic

281 4th Street

Crossville, TN 38555

931-707-0503

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Prescription Assistance Program

www.pparx.com

1-888-477-2669

In the Month of February on a Saturday several Putnam County Dentist's provide a free dental services day. This day is announced in the local papers and Head Start shares this with our families and staff.

Resources for Persons with Disabilities:

Project Affirm

501 Spruce Street
Dale Hollow Mental Health Center
Livingston, TN 38570
931-432-5590 & Hotline: 931-823—5678

Children's Special Services

Cookeville, TN 38501
931-528-2531

Independent Opportunities Inc. (I.O.I.)

25 West Broad Street
Suite # 8
Cookeville, TN. 38501
(931) 528-7701

KIDS Putnam

1130 Chocolate Dr
Cookeville, TN 38501
931-526-5437

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Social Security Administration - SSI Program

1145 Perimeter Park Dr
Cookeville, TN 38501
931-528-9765 & *Hotline*: 800-347-4501

Support Group for Families of Children w/Disabilities

Sponsored by: Upper Cumberland Regional Health
200 West 10th Street
Cookeville, TN. 38501
931-528-7531

Tennessee Department of Human Services - Putnam County

1000 England Drive, Suite B
Cookeville, TN 38501
931-528-7487

TN Early Intervention System (TEIS)

Upper Cumberland
1519 East Spring St. Suite E
Cookeville, TN 38506
(931) 528-1623

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Vocational Rehabilitation

100 England Dr
Cookeville, TN. 38501
(931) 526-9783

Vocational Training Center

1605 Brown Ave.
Cookeville, TN. 38501
(931) 526-4721 or 931-526-1115

Assurance Wireless

Free phone with 250 minutes per 250 minutes per month to apply call:
1-888-898-4888

Resources to help in Domestic Violence Situations:

Algood City Police Department

110 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357
911 Emergencies
(Assist with emergency needs)

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies
(Assist with emergency needs)

Domestic Violence Support Group

Sponsored by Genesis House: 931-526-5197

District Attorney General

1519-East Spring Street
Cookeville, TN. 38501
(931) 528-5015
(Assist with child Abuse/domestic violence and other legal issues)

Genesis House

Street location is confidential
Cookeville, TN N/A
(931) 526-4730

Hotline: 800-707-5197

(This shelter offers a 24 hour crisis line (will accept collect calls), emergency shelter for women and children, legal advocacy, children's advocacy, case plans for employment and housing, supportive and transitional housing, and individual counseling for domestic violence issues. They will also provide services in non-crisis situation as well. They offer support groups for victims of domestic violence and rape/sexual assault).

LifeCare Family Services

665 South Jefferson
Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

(A faith-based community Non-profit mental health facility that offers community mental health and counseling services, including marriage & family therapy: child, youth and adult psychiatric care & nursing; Child & adolescent counseling: intensive and therapeutic case management: and family preservation.)

Monterey Police Department

Commercial Ave
Monterey, TN. 38574
(931) 839-2323
911 Emergencies
(Assists in emergency situations)

Putnam County Sheriff's Department

Spring Street
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies
(Assist with emergency needs)

Trinity Outreach Center

205 West Wall Street
Algood, TN 38506
931-537-9814
(Assists in paying utilities, rent, and prescription drugs. Individuals can also receive food and clothing help.)

Resources available to help fight the Alcohol and Drug Abuse
(Including METH) Problems in your area:

All Local Churches in Area (See listed under Pre-Marriage Counselors)

12 Steps to Freedom

Algood Presbyterian Church
Algood, TN 38506
Last Wednesday
931-239-8251

Standing Stone Church

Elmore St
Monterey, TN 38574

Alcoholics Anonymous (AA)

Monterey, TN 38574
Meets at the Senior Citizens on Friday Nights at 7:00 p.m.

AA/NA

Monterey Senior Citizen
Elmore St
Monterey, TN 38574

Algood City Police Department

110 West Main Street
Algood, TN. 38506
(931) 537-6830 or 931-537-6357
911 Emergencies

Bradford Health Center @ Cookeville Regional Office

1330 Neal Street, Suite D
Cookeville, TN 38501
931-528-6803

Center Grove Church of Christ

Meetings on Meth Abuse
38575 S Grundy Quarles Hwy
Gainesboro, TN 38575
931-858-7460

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Daily Surrender

St. Michael's Church
N Washington Ave
Sunday, Thursday, Friday, 7PM

Drug Abuse Hotline

1-800-888-9383
(Call to report illegal drug activity)

Freedom Group

165 E Broad St
1st United Methodist Church
(Mondays 7PM)

LifeCare Family Services

665 South Jefferson
Cookeville, TN. 38501
(931) 528-0051 (615) 781-0688

MADD of Tennessee (Mothers Against Drunk Driving) - Putnam County

18 N Madison Ave
Cookeville, TN 38502
931-284-4829 & **Hotline:** 800-544-MADD

Meth Hotline

Spring Street
Cookeville, TN. 38501
(931) 525-6384

Meth Hotline/Statewide

1-877-866-6384
(Call to report suspected Meth activity)

Mothers Against Drunk Driving /Support Group Meetings

18 N. Madison Ave
Cookeville, TN. 38501
931-284-4829

Noon Group

St Michael's Church
North Washington Ave
M-F 12 Noon

Plateau Mental Health Center

Substance Abuse Services

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 Hotline: (877) 567-6051

Putnam County Sheriff's Department

421 Spring St
Cookeville, TN. 38501
(931) 528-8484
911 Emergencies (*Assist with emergency needs*)

Promise of Hope

Friendship United Methodist
5454 N Jefferson Ave
Wednesdays 6 PM

The Ranch

PO Box 38
Nunnely, TN 37137
1-866-247-7183

Recovery 1st

St. Michael's
N Washington Ave
Cookeville, TN 38501
Tuesday, Wednesday, Saturday, 7PM

Serenity on the Square

20 N Dixie Ave
Cookeville, TN 38501
Thursday & Friday 7PM, Saturday 10AM

Thirteenth Judicial Task Force

Cookeville, TN. 38501
(931) 528-5400 (*Drug Task Force*)

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Assistance in the event of an Emergency Situation:

Air Evac Life Team

106 Emergency Services Dive
Albany, KY 42602
(606) 387-9099
Emergency = 911

Algood City Police Department

110 West Main Street
Algood, TN. 38506
(931) 537-6830
911 Emergencies

Baxter Fire Department

410 Elm St
Baxter, TN.
(931) 858-2621
911 Emergencies

Cookeville City Police Department

10 East Broad Street
Cookeville, TN. 38501
(931) 526-2125
(931) 526-2126
911 Emergencies

Cookeville City Fire Department

45 East Broad Street
Cookeville, TN. 38501
(931) 526-2121
(931) 520-5236
911 Emergencies

Monterey Police Department

711 Commercial Ave.
Monterey, TN. 38574
(931) 839-2323
911 Emergencies

Monterey Fire Department

Monterey, TN. 38574
(931) 839-2323
911 Emergencies
(Assist with emergency needs)

Poison Control/National

1-800-222-1222

Poison Control/Cookeville

1-800-288-9999

Putnam County Sheriff's Department

421 Spring Street

Cookeville, TN. 38501

(931) 528-8484

911 Emergencies

Putnam County Ambulance Service

700 County Services Dr

Cookeville, TN. 38501

(931) 528-1555

911 Emergencies

Putnam County Fire Department

700 County Services Dr

Cookeville, TN. 38501

(931) 528-1200

911 Emergencies

Putnam County Sheriff's Department

421 Spring Street

Cookeville, TN. 38501

(931) 528-8484

911 Emergencies

Shriners of Tennessee

1354 Brick Church Pike

Nashville, TN. 37207

(615) 226-7676

Thirteenth Judicial Task Force

Cookeville, TN. 38501

(931) 528-5400

(Drug Task Force)

Assistance with Food/Clothing/Utilities Needs:

Allons Church of Christ

3154 Celina Hwy
Allons, TN.
(931) 823-4145
(Assist with various needs)

Baxter Church of Christ

24 Buffalo Valley Rd
Contact: John Pippin
931-858-3518
(Assist with food and clothing)

St Thomas Outreach

421 North Washington Ave.
Cookeville, TN. 38501
(931) 526-2575 931-372-1368
(Assist with food needs)

Center Grove Church of Christ

38575 S Grundy Quarles Hwy
Gainesboro, TN 38575
931-858-7460

Church on the Hill

3001 Phillips Cemetery Rd
Algood, TN
931-537-9504
Mon, Tues, Thurs 9-4pm
(Assists with utilities once a year)

Collegeside Church of Christ

252 East 9th Street
Cookeville, TN. 38501
(931) 526-4605 or 526-2661
(Assist with food needs)

First Baptist Church

18 South Walnut
Cookeville, TN. 38501
(931) 526-7108
(Assist with food needs)

First United Methodist Church of Cookeville

165 E Broad

Cookeville, TN 38501

931-526-2177

*(Assists with **Clothing**, Transportation and **Utilities**. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

Helping Hands

421 E. Broad St

Cookeville, TN 38501

931-526-8838 M-F 9-12 & 1-5p

Life Church

2223 N. Washington Ave.

Cookeville, TN

520-3343 *(Assist with food and other needs)*

Monterey Church of God

625 S Poplar

Monterey, TN 38574

(Assist with food and other needs)

Mineral Springs Missionary Baptist Church

Monterey, TN 38574

(Assist with food and other needs)

Putnam County Helping hands

421 E Broad St

Cookeville, TN. 38501

(931) 526-3838 *(Assists families in need)*

Stevens Street Baptist Church Care Center

406 Short St

Cookeville, TN. 38501

(931) 526-6398

Open Noon-2pm, Closed Fridays *(Assist with food needs)*

St. Thomas Aquinas Catholic

421 N. Washington Ave

931-372-1368

(Assists with food and utilities)

Tennessee Department of Human Services - Putman County

Families First Program

Cookeville, TN 38501

931-528-7487

*(Assists with Children's Issues, Disability Services, **Food**, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)*

Trinity Outreach Center

205 West Wall Street

Algood, TN 38506

931-537-9814

*(Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)*

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave

Cookeville, TN 38506

931-528-1127

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys)

Victory Christian Church

125 South Oak Street

Monterey, TN 38574

(931) 839-6068

West View Baptist Church

427 Laurel Ave

Cookeville, TN 38501

931-526-7220

Free clothing 1st & 3rd Monday 11Am-1PM

Resources to assist with Housing/Homeless Needs:

Algood Manor

100 Maddux Ct
Algood, TN. 38506
(931) 537-3228 (*Income Based Housing*)

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

Highlands Residential Services

235 West Jackson St.
Cookeville, TN 38501
Main Office: (931) 526-9793
Fax: (931) 526-5841

Website: www.highlandsrs.com

(Public Housing offers affordable housing in Cookeville, Baxter, Algood, Monterey, Gainesboro and Celina. In addition, their resident services dept. offers programs to housing residents such as Teens Need Training after-school program, elderly or disabled mentoring, monthly resident newsletter, Resident Council activities, youth programs and more).

Cookeville Rescue Mission

1331 South Jefferson Ave
Cookeville, TN 38506
(931) 528-5819 (*Homeless shelter*)

First United Methodist Church of Cookeville

165 E Broad
Cookeville, TN 38501
931-526-2177

*(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), **pay for rent**, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)*

Habitat for Humanity

728 E 15th St.
Cookeville, TN. 38501
(931) 528-1711
(Habitat builds and sells houses to “partner families” at cost with no-interest mortgages)

Highland Manor

535 Old Walton Rd
Monterey, TN 38574
(931) 839-7566 (*62 years or older/housing*)

Homeless Prevention and Rapid Rehousing

1225 S. Willow Ave
Cookeville, TN 38501
931-432-4111

Hope In Christ

Peter Ave
Monterey, TN 38574
931-584-0214
2nd and 4th Friday of Month 9AM-12PM (Food)

Laurel Creek Apartments

Sponsored by: Upper Cumberland Development District
580 Cora Rd
Cookeville, TN. 38501
(931) 432-4111

Rolling Meadows

186 Dry Valley Rd
Algood, TN. 38506
(931) 537-9839 (*Low-income Benefits for Housing*)

Titus House

206 W Crawford Ave
Monterey, TN 38574
931-252-7676 (2nd Saturday of month. Clothing Only)

Trinity Outreach Center

205 West Wall Street
Algood, TN 38506
931-537-9814
*(Assists in paying **utilities**, rent, prescription drugs, and household items for Domestic Violence cases. Individuals can also receive food and clothing help.)*

United States Department of Agriculture

Rural Development
390 South Lowe Avenue Suite K
Cookeville, TN 38501
(931) 526-9502 (*Provides affordable home loans. Assists low-income homeowners finance needed home repairs*)

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-520-0651

Volunteer Behavioral Outreach

Kristin Raines- Homeless Outreach Coordinator
1200 S. Willow Ave
Cookeville, TN 38501
931-432-7681

Wonderwood Apartments

230 Cates Rd
Monterey, TN. 38574
(931) 839-3118 (*Low-income housing, must meet guidelines*)

Assistance with Insurance Needs:

Blue Cross Blue Shield

1-800-845-2738 (*Affordable Insurance for Families & Individuals*)

Farm Bureau

410 Veterans Drive

Cookeville, TN 38501

(931) 528-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau

1165 South Willow Ave

Cookeville, TN 38501

(931) 432-1571 (*Affordable Insurance for Families & Individuals*)

Farm Bureau

107 W. Commercial Ave

Monterey, TN

931-584-0042

State Farm Insurance

595 E. Spring Street

Cookeville, TN 38501

(931) 528-6515 (*Affordable Insurance for Families & Individuals*)

The Bradley Agency

102 E. Commercial Ave

Monterey, TN

931-584-0111

Tennessee Department of Human Services - Putman County Coverkids

1000 England Drive, Suite B

Cookeville, TN 38501

931-528-7487

(Assists with Children's Issues, Disability Services, Food, and Health. Responsible for a variety of functions including, but not limited to administering the Families First and Food Stamp programs, processing TennCare applications, regulating childcare centers, managing child support services and providing a wide-range of services to Tennesseans with disabilities)

Tennessee Justice Center

301 Charlotte Ave

Nashville, TN

615-255-0331

Assists with strategies for obtaining TennCare and appeals process, etc.

Legal/Governmental Assistance:

Child Support Services of Tennessee - Cookeville

1525 East Spring Street

Suite G

Cookeville, TN 38506

931-528-8598

(Helps locate parents who are not paying child support. They will provide legal representation in child support hearings. They also provide paternity testing)

Highland Residential Services

Housing Authority

235 W Jackson

Cookeville, TN 38503

(931) 526-9793 Cookeville

(931) 839-3331

(This program offers low-income or no-income housing, after-school programs, TNT Partnership with the police, tutoring, computer centers, field trips, Character Counts, Teens Need Training, PALS - Police, and fundraisers. Older children get paid \$2 per day for attending school, and children ages 5 - 10 get paid \$1 per day. There is a waiting list for eligible persons depending on the type of housing being applied for.)

Legal Aid Society of Middle Tennessee and the Cumberland

9 South Jefferson Avenue

Cookeville, Tennessee 38501

Phone: 931.528.7436

Toll Free: 800.262.6817

(Serves all counties in the LBJ&C Head Start Service area. Provides free legal assistance to low-income persons on such issues as TennCare, Medicare, Domestic Violence, Housing Problems, Special Education Issues, and Consumer Issues.)

Rape and Sexual Assault Response Center

1519 East Spring, Suite F

Cookeville, TN 38506

Hours of operation = 24 hrs/day, 7 days a week

Phone: = 931-526-5197

Hotline: 800-707-5197

Translation services offered: Yes

(Serves all eight counties in L.B.J. & C. Head Start Service area. Provides free legal & governmental assistance, Rape and sexual assault forensic exams, legal advocacy, court advocacy, counseling (individual and support group). Also qualifies for all Genesis House service).

United Way 211

1-800-318-9335

(Helps direct non-profit agencies within each local service area of the state. Services are networked to find suicide prevention hotlines, help caring for an elderly relative, help learning to read, emergency help with a utility bill, support groups, & transportation, etc.)

Upper Cumberland-Community Services Agency

1000 England Dr

Suite F Cookeville, TN 38501

(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave

Cookeville, TN 38506

931-528-1127

(Assists with Children's Issues, Clothing, Disability Services, Drug/Alcohol Abuse, Food, Health, Housing, Unruly and Delinquent Youth, Legal/Governmental Assistance, Mental Care and Counseling, Money/Employment Assistance, Transportation/Utilities, Youth Activities. Provides the following services: Homemaker Aide and Elderly Chore Services; LIHEAP; WAP; Emergency Assistance; Information and Referral Services; Child and Adult Care Food; Child Care Certificate; WIA; Youth; Dislocated Worker; Adult; Families First Employment; Title V Senior; 502E Senior; Drivers' Education; Community Intervention for Juvenile Offenders; Adult Community Corrections; DUI/LIOP; CHANCE for Girls; CHANCE for Boys; Lakeside Resort and Educational Complex; UCARTS; Van Pool; Job Access; Commodities; Van Buren County Head Start; Cumberland Mountain School.)

Resources to Strengthen Marriages:

Assessment Counseling & Training Services (ACTS)

Cookeville, TN 38501

(931) 528-9399

Family Church of God

A Family of Faith, Hope and Love

119 West Commercial Ave.

Monterey, TN 38574

(931) 839-7011 (931) 839-2183

LifeCare Family Services

Cookeville, TN. 38501

(931) 528-0051

(615) 781-0688

The Exchange Club/Stephens Center for the Prevention of Child Abuse

307A West Broad Street

Livingston, TN 38570

Contact: Carolyn Isbell, Executive Director

931-823-6432 & 800-635-5199

Trinity Church

205 West Wall Street

Algood, TN. 38506

(931) 537-9830

Upper Cumberland Development District

1225 South Willow Avenue

Cookeville, TN 38501

(931) 432-4111

Westview Baptist Church

427 Laurel Ave.

Cookeville, TN. 38501

(931) 526-7220

Pre- Marriage Counselors:

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501

(931) 528-9399

(Provide Assistance with Marriage & Mental Health Counseling)

Family Church of God

A Family of Faith, Hope and Love

119 West Commercial Ave.

Monterey, TN 38574

(931) 839-2183

Contact: Carlos Merida

(Assist with pre-marriage & marriage strengthening counseling)

Trinity Church

205 West Wall Street

Algood, TN. 38506

(931) 537-9830

(Assist with pre-marriage & marriage strengthening counseling)

Westview Baptist Church

427 Laurel Ave.

Cookeville, TN. 38501

(931) 526-7220

(Assist with pre-marriage & marriage strengthening counseling)

Medical Providers who take TennCare:

Baxter Medical Clinic

319 West Broad Street
Baxter, TN.38544
(931) 858-2116

Children's Special Services

Cookeville Regional Health Office
200 W. 10th Street
Cookeville, TN 38501
931-528-2531

Cookeville Pediatrics Associates

150 N. Willow Ave
Cookeville, TN. 38501
(931) 528-1485

Cookeville Regional Medical Center

142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541

Center of Vision Development/Dr. Clopton

1440 E10th St
Cookeville, TN. 38501
(931) 372-2567

Dr. P.K. Jain

225 North Willow Ave.
Cookeville, TN. 38501
(931) 528-8899

Dr. Kouchecki

40 Elmo Dr
Crossville, TN. 38555
(931) 484-5525
1-800-669-1851

Dr. Krusa

289 Highland Square Shopping Center
Crossville, TN. 38556
(931) 484-4364

Dr. David Snodgrass

4761 Andrew Jackson Parkway
Hermitage, TN. 37076
(615) 885-3525
(Takes TennCare)

Kids Kare

Dr. Climico
758 South Willow Ave.
Cookeville, TN. 38501
(931) 526-6173
(Takes TennCare)

Monterey Rural Health Clinic

117 W Commercial Ave
Monterey, TN. 38574
(931) 839-6642
(Takes TennCare)

Moore Eyes

209 E. Commercial Ave
Monterey, TN.
(931) 839-3937

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531

Tennessee Pediatrics

435 North Cedar Street
Cookeville, TN. 38501
(931) 526-6100
(Takes TennCare)

Wheeler Eye Care

Dr. Jane Wheeler
46 West Broad Street
Cookeville, TN. 38501
(931) 528-7765
(Takes TennCare)

Medical Providers, who may not take TennCare, but offer services to low-income families:

Baxter Medical Clinic

319 West Broad Street
Baxter, TN.38544
(931) 858-2116

(Takes TennCare and has affordable rates for those who do not have TennCare)

Bread of Life Homeless Shelter and Clinic

281 4th Street
Crossville, TN 38555
931-707-0503

(Primary care medical clinic for uninsured no-income and low -income persons. Medication, clinic, dental services for extractions only. Long-term day shelter program for families, single men and women or single parents with children. Employment and emergency food assistance is available)

Children's Special Services

1100 England Dr
Cookeville, TN 38501
931-528-7531

(Assists with the medical needs of children and young adults from birth to age 21. They offer assistance with medical bills, hearing aids, speech/language pathology for children under age 3, transportation, and TennCare appeals. Referrals are made through the local county Health Department. Eligibility is determined at time of referral and is based on income and access to other medical resources.)

Cookeville Regional Medical Center

142 West 5th Street
Cookeville, TN. 38501
(931) 528-2541 *(Takes TennCare)*

Monterey Lion's Club

1020 Farley Ave
Monterey, TN. 38574
(931) 839-2669 *(Assist with eye exams and glasses, must show proof of need)*

Putnam County Health

701 County Services Drive
Cookeville, TN. 38501
(931) 528-2531
(Takes TennCare and has affordable rates for those who do not have TennCare)

Primary Health Clinic

135 W 3rd St
Cookeville, TN 38501
931-526-7622

Mental Health Providers who take TennCare:

Cumberland Plateau Recovery

550 North Church Street
Livingston, TN. 38570
(931) 403-3577
(931) 265-5382

Dale Hollow Mental Health Center

501 Spruce Street
Livingston, TN. 38570
(931) 823-5678 or (800) 704-2651

Personal Growth and Learning Center

509 North Cedar Avenue
Cookeville, TN 38501
931-520-8435

Plateau Mental Health Center

Substance Abuse Services
1200 South Willow Avenue
Cookeville TN 38502 Phone: (931) 432-4123 or Crisis Hotline: (877) 567-6051

Rape and Sexual Assault Response Center

1519 East Spring, Suite F
Cookeville, TN 38506
Hours of operation = 24 hrs/day, 7 days a week
Phone: 931-526-5197 **Hotline:** 800-707-5197

Volunteer Behavioral Health Care System - Plateau Mental Health Center

1200 South Willow
PO Box 3165
Cookeville, TN 38502
931-432-4123 **Hotline:** 1-800-281-4943

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Mental Health Co-Op

418 N. Willow Ave
Cookeville, TN 38501
931-646-5600

**Mental Health Providers, who may not take TennCare,
but offer services to low-income families:**

Assessment/Counseling/training Services (ACTS)

Cookeville, TN. 38501
(931) 528-9399

LifeCare Family Services

Cookeville, TN. 38501
(931) 528-0051
(615) 781-0688

Plateau Mental Health Center

1200 South Willow Avenue
Cookeville TN 38502
Phone: (931) 432-4123 or Hotline: (877) 567-6051

Pacesetters Inc.

2511 HWY 111 North
Algood, TN. 38506
(931) 537-9100

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 South Jefferson Ave
Cookeville, TN 38506
931-528-1127

Quit Tobacco Resources

Tennessee Tobacco Quitline: 1-800-784-8669

Cumberland County Health Department

Smoking Cessation

Ruth Lucas

131 South Webb

Crossville, TN 931-484-6196

Nicotine Anonymous

www.nicotineanonymos.org

American Lung Association

Freedom From Smoking

www.lungusa.org

American Lung Association of Tennessee

1-800-432-5864

www.lungusa.org

Former Smokers

The No Smoke Café

<http://clever.net/chrisco/nosmoke/stop.html>

Resources to assist persons raising children possibly other than their own:

Agricultural Extension Service - Putnam County

900 South Walnut Avenue
Cookeville, TN 38501
931-526-4561

The Agricultural Extension Service of Putnam County offers information on basic food preparation, storage, safety and/or preservation. The service also offers family life skills information and referrals related to parenting, communication, discipline, economics, and nutrition. Information relating to health issues such as exercise, health risks, stress, personal grooming, eating disorders, etc. is also available.

Department Of Children's Services

1300 Salem Road
Cookeville, TN 38506
(931) 646-3002

(Counties Include: Cannon, Clay, Cumberland, DeKalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Smith, Van Buren, Warren, and White)

Help Us Grow Up Successful (HUGS)

Upper Cumberland
Regional Office
111 England Dr
Cookeville, TN 38501
931-528-7531

Developed by the Tennessee Department of Health, Help Us Grow Successfully also known as HUGS is a home visiting program that also coordinates additional services for pregnant and postpartum women up to two years and children ages birth through five years. HUGS coordinators can assist clients in getting health care as well as social, educational, and many other necessary services to ensure Tennessee's babies are born healthy and grow up healthy.

Relatives as Caregivers

1225 South Willow Ave.
Cookeville, TN. 38501
(931) 432-4111

(Assists in various ways, such as support groups, etc.)

The Exchange Club/Stephens Center for the Prevention of Child Abuse

307A West Broad Street
Livingston, TN 38570
Contact: Carolyn Isbell, Executive Director
931-823-6432 & 800-635-5199

(Assist parents with building nurturing home-environments and prevent abuse/neglect through home-visitation programs, parenting classes, & community education programs)

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

Youth Villages

1420 Neal Street
Cookeville, TN. 38501
(931) 525-6900

(Assists Foster Parents in the Upper Cumberland)

Resources to assist with Transportation Needs:

A Cheap Taxi

984 Humble Dr, Cookeville, TN 38501
(931) 520-1818

A-1 Auto Repair

12636 Monterey Hwy
Monterey, TN. 38574
(931) 839-3013
(Repairs vehicles)

Affordable Cab

502 E Spring St, Cookeville, TN 38501
(931) 372-7599

Clark's Taxi Cab Service

565 W Broad St, Cookeville, TN 3850
(931) 526-8889

Cookeville Taxi Cabs

428 E Broad St, Cookeville, TN 38501
(931) 372-2227

Discount Taxi

945 Grandiose Dr, Cookeville, TN 38501
(931) 526-2222

First United Methodist Church of Cookeville

204 East Springs Street
Cookeville, TN 38501
931-526-2177

(Assists with Clothing, Transportation and Utilities. Helps the needy to pay for utilities (except telephone), pay for rent, and pay for gasoline. There is also a clothing store that helps with providing clothes for the needy, located on 2nd Street and is open Tuesday - Thursday, 9:00 a.m. - 11:00 a.m.)

Norrod's Garage

605 Cates Road
Monterey, TN. 38574
(931) 839-3016
(Repairs vehicles)

Selby's Cab Company

164 W 1st St, Cookeville, TN 38501
(931) 372-7588

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

(Assists with Children's Issues, Drug/Alcohol Abuse, Unruly and Delinquent Youth, Mental Care and Counseling, Transportation/Utilities, Youth Activities. Prevention case management services to children at risk of being placed in state custody, home studies requested through the Court system and crisis intervention. Family Crisis Intervention for unruly youth, TennCare transportation, Family Services Counseling, AmeriCorps Tutoring and Mentoring, and Juvenile Mental Health and Drug Court Counseling are also available)

Upper Cumberland Human Resource Agency - Putnam County

Cookeville Area Transit Service, CATS
580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127
931-372-8000

Accessible public transportation within Cookeville city limits. Please make reservations at least two days in advance. Services operated by Upper Cumberland Human Resource Agency (UCHRA).

Upper Cumberland Development District

1225 South Willow Avenue
Cookeville, TN 38501
(931) 432-4111

(Provide assistance with Disability Services, Housing, Legal/Governmental Assistance, Money/Employment Assistance, Parenting and Marriage Issues, Transportation/Utilities)

Promoting Youth Involvement:

Baxter Branch Library

200 Main Street

Baxter, TN.

(931) 858-1888

(Assists with library cards, tax forms, research and Internet access)

Church of the Nazarene

106 North Poplar Street

Monterey, TN. 38574

(931) 839-2609

(Provide opportunities for youth to meet and participate in activities)

Collegeside Church of Christ

252 East 9th Street

Cookeville, TN. 38501

(931) 528-2872

(Has Teenside & UCSC Programs for youth involvement)

Cookeville Children Theatre

460 E. Stevens Street

Cookeville, TN. 38501

9331-528-5437

(Assists young people to get involved with drama/theatre. Puts on plays for the community)

Highlands Residential Services

235 West Jackson St.

Cookeville, TN 38501

Main Office: (931) 526-9793

Fax: (931) 526-5841

Website: www.highlandsrs.com

(Public Housing offers affordable housing in Cookeville, Baxter, Algood, Monterey, Gainesboro and Celina. In addition, their resident services dept. offers programs to housing residents such as Teens Need Training after-school program, elderly or disabled mentoring, monthly resident newsletter, Resident Council activities, youth programs and more).

Cumberland Soccer Complex

Board of Directors

(931) 528-6516

(Assists young people to get involved with soccer)

First United Methodist Church Youth Group

204 East Spring Street
Cookeville, TN. 38501
(931) 526-2177

(Provide opportunities for youth to meet and participate in activities)

Monterey Branch Library

401 East Commercial
Monterey, TN. 38574
(931) 839-2103

(Assists with library cards, tax forms, research and Internet access. Also has activities for youths)

Monterey First Baptist

Youth Pastor: Jeremy Flatt

106 N Chestnut St
Monterey, TN. 38574
(931) 839-2971

Putnam County Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

(Assists with library cards, tax forms, research and Internet access)

Putnam County Children's Library

50 E. Broad Street
Cookeville, TN. 38501
(931) 526-2416

(Assists with library cards, has story time and special projects for youth)

River Community Church

1200 Miracle Rd
Cookeville, TN. 38501
(931) 528-3660

(Youth Program)

Upper Cumberland-Community Services Agency

1000 England Dr
Cookeville, TN 38501
(931) 520-0200

Upper Cumberland Human Resource Agency - Putnam County

580 S Jefferson Ave
Cookeville, TN 38506
931-528-1127

YMCA

235 Raider Dr
Cookeville, TN. 38501
(931) 528-1255

(Assists young people to become involved in exercise activities and community events)

Victory Christian Church Youth Program

125 S Oak St
Monterey, TN. 38574
(931) 839-6068

(Provide opportunities for young children to become involved in church and the community)

WCTE American Graduate& Ready To Learn

IWray@wcte.org
CPutnam@wcte.org
931-528-2222

Language Assistance **(All Counties)**

Brent Simpson
931-212-8097

County Health Depts. - Primary Health Care Services

County operated outpatient health care facilities that provide a broad range of diagnostic and treatment services including primary adult and pediatric care, prenatal care, dental care and specialty medicine as well as laboratory and radiological services and allied support services like nutrition and health education. Some public clinics may also offer public health services such as immunizations and communicable disease screening and treatment. Services are available on an ability-to-pay basis and target low-income and indigent residents of the community. (Spanish Language Services)

Department of Human Services, Counties

A state government agency that provides the following financial assistance and health insurance programs to those who qualify: Families First - temporary cash assistance program; Food Stamp Program/Electronic Benefit Transfer (EBT) - nutritional assistance program, EBT Helpline (1-888-997-9444); Medicaid/TennCare - processes applications for health insurance coverage; Child Care Resource & Referral; & Adult Protective Services - investigates reports of abuse, neglect, or financial exploitation of adults (1-888-277-8366). Interpreter Services available upon request

Hispanic Family Resource Center

(615) 227-7500
(800) 280-8682

Hispanic Association

732 Lafayette Rd Red Boiling Spgs, TN 37150
(615) 699-6279

LifeCare Family Services - Cookeville - Counseling and Therapeutic Services

665 South Jefferson Avenue
Cookeville, TN 38501
(931) 528-0051

Provides a variety of counseling services such as academic and behavioral school issues, juvenile delinquency, marriage and family, separation and divorce, depression, alcohol and drug dependency & twelve step recovery, grief and loss, job and life transitions, parenting, and conflict resolution/communication training. (Spanish Language Services)