

Headaches

The term “headache” is a very broad condition. There are many different types of headaches. One thing they all have in common is pain! Headaches can also cause nausea and vomiting. We will discuss a few most common types of headaches.

Sinus headaches tend to be deep and continuous pain that can reach into your cheekbones, forehead and bridge of nose. The pain intensifies with sudden head movement or straining and is usually associated with other sinus symptoms such as nasal drainage, fullness in the ears and facial swelling.

Tension Headaches are headaches in which the pain is mild or moderate and a pressure feeling, like a band around your head. Throbbing can also be associated with tension headaches. It usually begins gradually and can last from 30 minutes to several days at a time. It can become chronic and can affect your ability to function throughout the day and even the night times.

Migraines can give intense pain usually described as pounding, throbbing pain. These type of headaches can affect the whole head or can even shift from one side of the head to the other. You can experience sensitivity to noise, odors and even light. Blurred vision is another one of many symptoms of a migraine.

Cluster headaches are usually one-sided and can give a burning or piercing sensation that can be throbbing or constant. The pain is usually behind one eye and does not change sides. These type of headaches normally happen at the same time each day and can even wake you up in the night with the intense pain.

These are just a few of many different type of headaches. Each person is different and your symptoms can overlap. Dr. Sewell will be able to identify and treat your headaches and help you figure out what can be causing your suffering. If you are experiencing any type of head or facial pain, let Dr. Sewell know during your medical examination.