

3rd Dan – 3rd Gup

Taekwondo Tti(belt)

The Tti(belt) represents the purpose of the training and the degree of technique according to its color. The comparison of movement between people who have Dan or Kup represents the difference in the body movement and mind. The Tti(belt) that is tied around the waist connects the upper part and lower part of Taekwondo uniform and covers the center of the body. To wear the belt can help to deliver the power to the muscle that connect Meongmunhyul(acupunture point) of waist and body center of lower abdomen.