

What's Cooking in the Kitchen: For the Week of: April 5—9, 2021

MONDAY

- BREAKFAST: Special K w/Red Berries, Bananas, Milk
- AM SNACK: Juice Break
- LUNCH: La Luz Lunchable: Ham Slices, Cheddar Cheese Sticks, Ritz Crackers, Cucumber Spears, Honeydew Melon, Milk
- PM SNACK: Vanilla Greek Yogurt, **ORGANIC** Blueberries, Graham Crackers, Water

TUESDAY

- BREAKFAST: French Toast (made w/French Bread and **ORGANIC** Eggs), Syrup on Request, Turkey Sausage Links, Applesauce, Milk
- AM SNACK: Juice Break
- LUNCH: Spaghetti w/Marinara Sauce, Shredded Parmesan on the Side, **ORGANIC** Broccoli (from Frozen) w/Hint of Margarine, Plum Slices, Milk
- PM SNACK: String Cheese, Cheese Its, Fresh Pear Slices, Water

WEDNESDAY

- BREAKFAST: Oatmeal w/Hint of Cinnamon, Mango Slices, Low Sodium Bacon, Milk
- AM SNACK: Juice Break
- LUNCH: Cheesy Quesadillas, Refried Beans, **ORGANIC** Carrots (**Infants thru Young Toddlers: Cooked Carrots**), Cantaloupe, Milk
- PM SNACK: **RED** Apple Slices, Soft Pretzel Pieces, Cheese Sauce, Water

THURSDAY

- BREAKFAST: **WARM** Bagel Quarters, Freshly Whipped Cream Cheese, Cuties, Milk
- AM SNACK: Juice Break
- LUNCH: Meatballs w/Brown Gravy, Mashed Potatoes, **ORGANIC** Green Beans (from Frozen) w/Hint of Margarine, Watermelon, Milk
- PM SNACK: **PLAIN** Hummus, Multi Colored Bell Pepper Slices, Black Olives, Pretzel Sticks (**Infants: Low Sodium Saltines**), Water

FRIDAY

- BREAKFAST: **ORGANIC** Scrambled Eggs, Grits w/Cream Gravy, Turkey Sausage Links, Orange Sections, Milk
- AM SNACK: Juice Break
- LUNCH: Pepperoni Pizza, Celery Sticks, Ranch to Dip, Fruit Salad, Milk
- PM SNACK: String Cheese, Wheat Thins, Pineapple Chunks, Water