Brandeis | BRANDEIS NATIONAL COMMITTEE
Phoenix Chapter

2020 * 2021
STUDY GUIDE

Phoenix, Scottsdale,
Sun Lakes, Southeast Valley
and West Valley



About Brandeis University

Characterized by academic excellence since its founding in 1948, Brandeis is one of the youngest private research universities in the United States, as well as the only nonsectarian Jewish-sponsored college or university. It is regarded as one of the pre-eminent liberal arts and research universities in the country. Brandeis counts among its faculty and alumni a Nobel Laureate, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy Award-winning actors, broadcasters and producers. The university stresses an interdisciplinary approach to knowledge and the solution to real life problems. The campus community remains devoted to the concept of social justice, a legacy inherited from the namesake of the university, U.S. Supreme Court Justice Louis D. Brandeis.

BNC Mission Statement

Brandeis National Committee (BNC) is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, non-sectarianism and service to the community.

BNC Phoenix Chapter Presidents' Message



On behalf of the Brandeis National Committee's (BNC) Phoenix chapter, we are excited to welcome you to the 2020-2021 Study Group year. Due to the pandemic, this is an unusual time. But you will see, as you read through the Study Group Guide, how many terrific and diverse groups are being offered on a virtual platform. Once it is safe to meet in person again, there are many more groups that will be added.

Our mission as a BNC chapter is to provide philanthropic support to Brandeis University, a university with a history dating back to 1948 and one that has achieved acclaim as one of the finest research universities in the country. A great university needs a great library and our BNC chapter is instrumental in raising funds to expand the library and digitize the library's unique collections highlighting social injustice. Our current national campaign, *Honoring Our History*, strives to provide global availability of these collections in order to fulfill the University's founding principles of access, inclusivity and tolerance.

The Phoenix chapter's study groups complement the University's commitment to excellence. By offering many diverse virtual groups, our chapter has increased access to outstanding programming for chapter members, wherever they may reside. Our study groups are led by talented chapter members who offer their time and expertise to serve as facilitators. We can't thank them enough for their commitment to our mission and the chapter.

We want to give very special thanks to our Study Group Vice Presidents, Stephanie Klopper, Joyce Steinberg and Barbara Stern. These women, along with a very dedicated Study Group Committee, have worked for many hours in order to provide this offering of virtual programming.

We hope you will find many groups of interest to keep you busy and engaged during this challenging time. Wishing you all good health in the year ahead!

We look forward to "seeing" you on Zoom!

Jan Lebovitz and Linda Ullman



Dear Members,

We are very excited to share with you all the Study Groups in this year's Study Guide. You may notice that some of your favorite groups are missing from the guide. Unfortunately, there are no in-person groups meeting the rest of 2020, and we will not schedule any until current health conditions in Arizona warrant it. But, never fear! We still have plenty of groups meeting online, using the Zoom platform, including some new and exciting groups for you to join. In fact, this new method of meeting will permit our winter visitors to participate the entire season, since they won't have to wait until they return to Arizona to join with us!

Since study groups are available only to paid-up members of the Brandeis National Committee (BNC), now is the time to join or renew, which you can do online. See page 5 for detailed instructions.

The study groups schedule was created to contain as few conflicts as possible. With that said, we are fortunate to have so many groups, which means you will have to make some choices, Please keep in mind that many of our groups fill up quickly, so plan to register as soon as possible. Our new online registration method is explained in detail on page 6.

We encourage you to share this Study Guide with any of your friends who are not yet members of BNC and talk to them about joining. Remember, your study group fees are used to offset the administrative expenses of our local BNC Phoenix Chapter with all surplus going to the Brandeis University library.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer for 2020-2021!

Your Study Group VPs,

Stephanie Klopper, Joyce Steinberg, and Barbara Stern

If you have any questions, we can be reached at

2021phxstudygroups@gmail.com or at **480-256-9515**.

http://www.brandeisphoenix.org/study-groups.html

Study Guide Coordinator/Layout & Graphics: Joyce Steinberg
Study Guide Editors: Sara Leopold & Kathleen Witkin

Membership Information

To join our Brandeis National Committee Phoenix Chapter as a new member or to renew your dues, please follow the instructions below

The membership year is July 1st through June 30th of each year. For individuals, the fee is $60; for couples it is $100 and covers our fiscal year through June 30, 2021. Here are step-by-step instructions for completing your membership online:

1. **CLICK HERE to go to the BNC membership page**
2. Choose your membership level: "**Regular**" or "**Couples.**"
3. Under **Designations** you will see "**BNC Annual Membership**" with either $60 or $100 pre-selected, depending on what you chose in Step 2..
4. For **BNC Chapter**, scroll the drop-down until you see "**Phoenix"** and select it.
5. **Click** "**Next**." [**Please skip the Scheduled Payments box**.]
6. Fill in the **Personal Information** fields**.**
   a. **Couples**: If husband and wife have the same last name, enter it in the Last Name(s) field. Enter Husband's first name and Wife's first name in the First Name(s) field (e.g., Joe & Ann). If the couple has **different last names**, enter the Husband's full name in the First Name(s) field and enter the Wife's full name in the Last Name(s) field.
   b. Enter Email address and confirm.
   c. For **Preferred Class Year**, scroll the drop-down arrow until you see "N/A" and select it (unless you actually attended Brandeis University).
   d. For **Relationship to Brandeis**, scroll the drop-down arrow until you see **"BNC Member"** and select it.
   e. Enter at least one Phone Number and additional ones as you prefer.
   f. Complete the Home Address fields.
   g. Click "Save and Continue." Or "Back" to edit the previous entries.
7. Fill in the **Billing Information** to **PAY WITH YOUR CREDIT CARD**.
8. **Click "Next."**
9. Once you see the **"THANK YOU"** page, you're done!

If you need assistance with online registration:

If your last name begins with A – L, call Irene Lubin at 480-948-3773.

If your last name begins with M – Z, call Bruce Galin at 480-661-0842.

How to Register for Study Groups

BEFORE YOU BEGIN PLEASE READ ALL INSTRUCTIONS

Please be sure your BNC Phoenix chapter membership is current and your contact information is up to date. Make certain your email is unique to you — partners/spouses may not share an email if registering for the same group.

⇒ **If you are registering for the first time,** click on the **REGISTRATION LINK** on the Phoenix BNC Study Group webpage https://www.brandeisphoenix.org/study-groups.html on the BNC web site.

⇒ Fill out your personal data, scroll down and hit "**save and continue."** You will be asked if you are a BNC member or not, and if you wish to join or renew your membership. You can complete that process at this time.

⇒ The next pages list all study groups. You can scroll through the list to find your preferred group using the Study Guide as a reference.

⇒ Open the drop-down box to add the $20.00 registration fee.
You must click on that box.

⇒ Select all groups you wish to register for and hit **"next."**

⇒ If the group(s) are no longer open, you will see a message saying there is no longer availability. At the bottom of the form, you may add your name to any waitlists for groups that are not available.

⇒ The screen that opens will summarize your personal information, list the total price for your group (s) and ask for your credit card information. Enter the requested information and click on **"next."**

⇒ The last screen lists the group(s) for which you registered and paid. **Verify all information**. Then click on **"submit."**

⇒ A final screen will open with the completed registration form. It will include any groups for which you are waitlisted. You are not charged for any waitlisted groups.

⇒ You will receive an email from BNC with your registration information, which can also serve as a receipt. **SAVE THIS EMAIL!**

⇒ This confirmation email contains a link that you may use to add to your registration at a later time. Click on the link that that says "**Edit my registration"** and continue to add study groups. **Do not create a new record under a different email address!**

Any questions, please contact 2021phxstudygroups@gmail.com or call 480.256.9515

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

B-Puzzled: Mystery and Suspense

Bake with Hillary *NEW*

Book Brothers

Books for the Armchair Traveler

Books that Define an Era *NEW*

Camelview, Shea 14 - Review and Lunch

Casual Cooking *NEW*

Contemporary Fiction Book Group

Contemporary Issues Discussion Group

Contemporary Reads Book Group

Creating Emotional Resilience: During & After the Pandemic *

Culture in AZ

Current Events

Ethnic Jewish Cooking & Eating *NEW*

Explore the World of Interior Design

Exploring Children's Books *NEW*

First Friday Films & Feasts

Foreign Film Foodies

Golden Age of Radio *NEW*

Great Decisions *NEW*

Guys & Gals...Ask Away! *NEW*

Holocaust Education - Up Close & Personal *NEW*

Intermediate Hatha Yoga *NEW*

Jewish Book Group

Knit A Mitzvah

ALPHABETICAL LISTING

Click on the group name to go to the page with the description.

Law Whisperers *NEW*

Le Cinéma Français *NEW*

Live Theater Happy Hour *NEW*

Loom Knitting for Fun *NEW*

Meditation *NEW*

Men for Brandeis Activities (MBA) *formerly Men of Brandeis

Monday Happy Hour *NEW*

Monday Mystery Ladies

Movies of the Heart *NEW*

Nonfiction Book Group

North Scottsdale Friday AM Book Group

Poets Laureate

Raise Your Consciousness, Change Your Life

Restless Minds Discussion Group

Restless Minds Discussion Group for Men *NEW*

Second Tuesday AM Book Group

Second Wednesday AM Book Group

Show Me the Money *NEW*

Study with the Best: Potpourri of Classic Movies

Sunday Afternoon Movie Talk & Munchies

Third Thursday AM Book Group

Travel and Beyond *NEW*

Women of Substance *NEW*

Writing Your Stories

GROUPS BY DAYS OF THE WEEK

Click on the day of the week to go to the page where the groups meeting on that day begins

Monday

1. Monday Mystery Ladies
2. Holocaust Education - Up Close & Personal *NEW*
4. Show Me the Money *NEW*
5. Writing Your Stories
6. Loom Knitting for Fun *NEW*
14. Le Cinéma Français ***NEW DAY***
52. Exploring Children's Books *NEW*.
8. B-Puzzled: Mystery and Suspense
54. Guys & Gals.... Ask Away! *NEW*
55. Monday Happy Hour *NEW*

Tuesday

9. Intermediate Hatha Yoga *NEW*
10. Books That Define an Era *NEW*
11. Current Events
12. Great Decisions *NEW*
13. Meditation *New*
15. Second Tuesday AM Book Group
16. Live Theater Happy Hour *NEW*
17. Camelview, Shea 14 - Review & Lunch
18. Law Whisperers *NEW*
19. Creating Emotional Resilience: Before & After the Pandemic *NEW*
20. Raise Your Consciousness, Change Your Life

Wednesday

51. Bake with Hillary *NEW*
22. Contemporary Fiction Book Group
23. Men for Brandeis Activities (previously MOB)
24. Knit A Mitzvah
25. Second Wednesday AM Book Group
26. Movies of the Heart *NEW*
27. Golden Age of Radio *NEW*
28. Women of Substance *NEW*
29. Foreign Film Foodies
30. Nonfiction Book Group

GROUPS BY DAYS OF THE WEEK

Click on the day of the week to go to the page where the groups meeting on that day begin.

Thursday

32. Jewish Book Group
33. Book Brothers
34. Study with the Best: Potpourri of Classic Movies
35. Ethnic Jewish Cooking & Eating *NEW*
36. Books for the Armchair Traveler
37. Contemporary Reads Book Group
38. Poets Laureate
39. Contemporary Issues Discussion Group
40. Third Thursday AM Book Group
53. Casual Cooking *NEW*

Friday

41. First Friday Films & Feasts
42. North Scottsdale Friday AM Book Group
43. Restless Minds Discussion Group for Men *NEW*
47. Explore the World of Interior Design
49. Travel and Beyond *NEW*

Various Days

44. Culture in Arizona

Sunday

45. Restless Minds Discussion Group
46. Sunday Afternoon Movie Talk & Munchies

List of In-Person Groups Currently on Hiatus



WEAR YOUR MASK

MAINTAIN PHYSICAL DISTANCE

WASH YOUR HANDS OFTEN

2020-21 Study Group Descriptions

Mondays

1. MONDAY MYSTERY LADIES



This book group will analyze mysteries written from 2000 to the present. We will meet initially on Zoom and when safe to do so, in person for lunch. **Our first meeting will be October 5.** Maximum 16.

First Mondays, 12:00 pm (October - May)

Facilitator:
Irene Mieszcanski miesirene@aol.com

2. HOLOCAUST EDUCATION - UP CLOSE AND PERSONAL *NEW*



Join as we learn about the Holocaust first-hand from Second Generation chapter members Susan Block, Jan Lebovitz, Ruth Lerner, Joan Schaller and Helen Weisman. In addition to the experiences of their parents, several of the speakers also have lived in a Displaced Persons (DP) camp. Three are docents at the Illinois Holocaust Museum in Skokie and will be sharing a multitude of resources and experiences from the museum. We will meet in our homes or a clubhouse when safe to do so. **The first meeting will be via Zoom on November 2.** Minimum 10, maximum 25.

First Mondays, 10:00 am - 12:00 pm (November - February)

Facilitator:
Jan Lebovitz janice.lebovitz@gmail.com **847-772-2922**

Mondays

55. MONDAY HAPPY HOUR *NEW*



Bring your *end of the day* "Quarantini" drink and join us each month for a fun get together. Catch up, unwind, have a few laughs, and connect with new and existing (not old) friends! **The first meeting will be February 1 via Zoom.**
Maximum 20.
First Mondays, 4:00 - 5:00 pm (February – May)

Facilitators:
Linda Ullman linda@lindaullman.com **520-405-7972**
Iris Wigal wiggley@cox.net **602-980-5436**

4. SHOW ME THE MONEY *NEW*

We will read and discuss books about investing and memoirs by famous money makers using Zoom. We will start with *The Intelligent Investor* by Benjamin Graham (revised 2003) and then the group will select other books from a list or from suggestions by members of the group. . (Warren Buffett described *The Intelligent Investor* ... as "the best book about investing ever written.") **The first meeting will be October 5th.** Minimum 10, Maximum 20.



First Mondays, 2:00 pm (October - May)

Facilitator:
Carol Kadet carolkadet@gmail.com **415.828.1299**

Mondays

5. WRITING YOUR STORIES



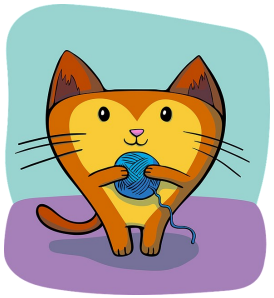
Every person has stories to write, life experiences to share or new ones to create. With writing prompts and discussion in a non-judgmental group atmosphere, we will encourage you to find your words and put them on paper, tablet or laptop; bring your preferred writing instrument. This group is for both new and experienced writers We will meet online initially, and in person when safe to do so. **Our first meeting will be via Zoom October 12.** Minimum 6, maximum 12.

Second and Fourth Mondays, 1:30 - 3:30 pm (October - May)

Facilitator:
Judy Mosbacher judeinphx@gmail.com **602-228-4138**

6. LOOM KNITTING FOR FUN *NEW*

Easy on the hands, loom knitting uses a loom instead of needles to create beautiful knitted items. It is a combination of knitting and crocheting and is easy to learn. You will need to purchase a 36-peg round plastic loom at any craft store (around $9) and a skein of #5 yarn. We will start off easy with a knitted hat, using the basic knit stitch. Then you will progress to additional stitches and patterns so that you can make scarves and other knitted items for gifts or to donate to local shelters. Join us each month as we knit and kibitz on Zoom. **The first meeting will be November 9 .** Minimum 6, maximum 16.



Second and Fourth Mondays, 10:00 am (November - April)

Facilitator:
Joyce Steinberg joyces12003@gmail.com **602-538-2561**

Mondays

52. EXPLORING CHILDREN'S BOOKS *NEW*



There are lots of groups out there that explore, read and discuss all types of literature for adults, but what about books that we want to read with our children or grandchildren, or even just to amuse ourselves? Each month we will share some of our favorite children's books and authors, and be introduced to new literature that is out there. We will focus on picture books, but we can also explore the world of young adult literature. Come join us on this journey. **The first session will be January 18 on Zoom.** Maximum 25.

Third Mondays, 1:00 -2:00 pm (January - May)

Facilitator:
Patti Grossman psgrosman717@gmail.com
602-885-0158

8. B-PUZZLED: MYSTERY & SUSPENSE



This book group will focus on mystery and suspense. Books are chosen by participants and range from classic "whodunits" (Agatha Christie) to current mysteries (Louise Penny), spy novels (Daniel Silva) and psychological thrillers (A. J. Flynn). The group will begin by meeting via Zoom. **The first meeting will be October 26** and the first selection is *Above the Bay of Angels* by Rhys Bowen. Minimum 10, maximum 15.

Fourth Mondays, 12:00 pm (October - April)

Facilitators:
Arlene Gluck agluck1128@gmail.com **760-559-7558**
Alyce Helfman ahelfman2002@yahoo.com **551-427-8365**

Mondays

14. LE CINÉMA FRANÇAIS *NEW DAY*



If you love film, foreign film and, in particular, French film, join us for three sessions of viewing a French film from Amazon Prime or Netflix, followed by a discussion. The group will meet on Zoom or in-person, as circumstances permit. **The first session will be January 18**. When we are able to meet in person safely, location details will be emailed to participants. Minimum 10, maximum 50

Third Mondays, 10:00 am - 12:00 pm (January– March)

Facilitator:
Andrew Tievsky atievsky@yahoo.com 214-477-5762

NOTE: There are several film groups offered this year; so they may occasionally select the same film.

54. GUYS & GALS ... ASK AWAY! *NEW*



Open to ALL chapter GALS and GUYS: Are you ready for a fun Zoom group? We will have three consecutive sessions. There will be lots of laughs, true confessions and just plain old fun. **The first session will be via Zoom on February 8.**

Second Mondays, 10:00 -11:30 am (February - April)

Facilitators:
Roni Nassberg ronika1@aol.com 602-790-7603
Lorrie Cohen lorriecohen@aol.com 973-632-4477

Tuesdays

9. INTERMEDIATE HATHA YOGA *NEW*

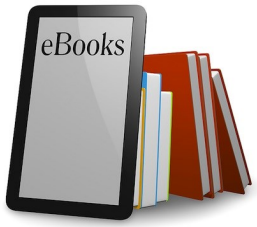


In this class, we will practice and experience the many benefits of yoga, including better flexibility, more energy, and more resilience to meet our challenges in a healthy way. Each session will end with a calming savasana - a complete relaxation - and handouts will be provided so participants can practice at home. Since this is an intermediate class, participants should have a basic practice of the standard postures (asanas). If you have a pre-existing condition or specific questions, please contact the facilitator before registering. Dr. Nancy Siefer, a registered and certified yoga instructor with over 20 years of teaching experience, will lead the classes, most likely via Zoom. Have a mat, water and any prop (block, belt, etc.) you like to use. **Our classes will meet on eight consecutive Tuesdays, beginning January 12.** Maximum 24.

Eight Tuesdays, 8:30 - 9:30 am (January 12 - March 2)

Facilitator:
Nancy Siefer n.siefer@gmail.com 480-577-1439

10. BOOKS THAT DEFINE AN ERA *NEW*



Each month a book will be selected that defines an era. Starting with the 1950's, our first selection will be *The Catcher in the Rye*, by J.D. Salinger. We will work our way up through 2020, discussing the events and the general mood of our country and why the selected book represents that period of time. This study group will meet online initially, and will meet in members' homes when safe to do so. **The first meeting will be October 6**. Maximum 24.

First Tuesdays, 1:30 - 3:30 pm (October - May)

Facilitators:
Marcia Langer marciala@msn.com 914-943-7804
Judy Levine judithlevine43@yahoo.com 480-496-0252

Tuesdays

11 . CURRENT EVENTS



Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. **The first meeting will be via Zoom on October 6**. When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments, and an optional lunch will follow the discussion. Maximum 35.

First Tuesdays, 10:00 am (October - April)

Facilitators:
Gladys Simon gladsi26@hotmail.com 480-282-2047
Stephanie Klopper rednoz@aol.com 480-251-0815
Nancy Sacks nhshobo@aol.com 480-299-1792

12. GREAT DECISIONS *NEW*

This discussion group will be based on the topics in the Foreign Policy Association (FPA) *Great Decisions, 2021 Edition* briefing book. The FPA series is America's largest discussion program on world affairs and critical global issues facing the U.S. today. Participants will need to purchase the *Great Decisions 2021* briefing book and obtain access to videos that augment the briefing book. For each of the four meetings, group members will select the topic from among those in the materials. We will discuss the topic via Zoom, or in person when safe to do so. Members will be expected to lead discussions and, when it's possible to meet in person, host meetings.



Our first meeting will be January 12. The facilitators will select the topic for the first meeting and notify group members, who will also be notified of pricing information for additional discussion materials, if any. Minimum 10, maximum 16.

Second Tuesdays, 1:30 pm (January - April)

Facilitators:
Georgia Heller georgiaheller@gmail.com 203-524-0053
Jane Coleman jane6973866@gmail.com

Tuesdays

13. MEDITATION *NEW*

Meditation is an intentional practice, where you focus inward to increase calmness, concentration and emotional balance. Join us for 8 virtual evening sessions, where we will practice a variety of guided meditation techniques. Different aspects and purposes of the meditative process will be introduced and incorporated in each session. This study group is suitable for beginners as well as those who have an established practice. To enhance this experience, we will invite a variety of meditation practitioners to guide us. **The first session will be October 6**. Minimum 10, maximum 30.

First Tuesday Evenings, 7:00 – 8:00 pm (October – May)

Facilitators:
Nancy Siefer n.siefer@gmail.com 480- 577-1439
Ellen Widoff ebwidoff@gmail.com 602-513-3138



Tuesdays

15. SECOND TUESDAY AM BOOK GROUP



This group reads new and new-ish novels that make us THINK! Books will be selected by the group from a large list previously compiled by the facilitators. This study group will meet initially via Zoom and in members' homes, when safe to do so. The facilitator will send out a monthly email with the name of the book and the person to whom you must RSVP. **Our first meeting will be October 13.** Maximum 36.

Second Tuesdays, 10:00 am – 11:30 pm (October- May)

Facilitators:
Leslie Kiefus lk907@yahoo.com
Marcia Langer marciala@msn.com 914-943-7804

16. LIVE THEATER HAPPY HOUR *NEW*



For Brandeis theater lovers. Following mandated season cancellations due to the Coronavirus, theaters worldwide have made their archives available on the internet. Members will view a 1 ½ - 3 hour production each month, which may include repertory classics, National Theatre and Lincoln Center productions, musicals, Shakespeare, and live televised plays from TV's golden age. The group will meet via Zoom at 4:00 pm for discussion and theater talk. Cocktails optional. **Our first discussion will be on October 6.**
The details of the selected performances will be emailed to participants.

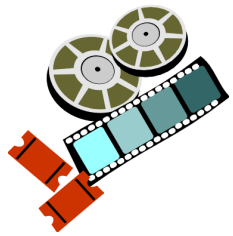
NOTE: While currently these productions are available at no cost, some may have a small viewing charge.

Various Tuesdays, 4:00 pm (October —May)

Facilitator:
Andrew Tievsky atievsky@yahoo.com 214-477-5762

Tuesdays

17. CAMELVIEW, SHEA 14 - REVIEW & LUNCH



Enjoy a thought-provoking movie each month, followed by a discussion. To begin the year, movies will be chosen from Netflix or Amazon Video and will be discussed online. When it is safe to do so, we will meet at Harkins Camelview at Scottsdale Fashion Square, Harkins Shea 14 or at another theater in the area, followed by lunch at a nearby restaurant. Meeting notices will be emailed to participants each month, about five to seven days before the meeting date (after movie schedules are set), with the name of the movie and where to find it. **Our first discussion will be via Zoom on October 20.**

Third Tuesdays, 11:00 am (October - May)

Facilitators:
Sheila Landau buildor2@cox.net 602-809-5100
Harriet Schwartz harriet0715@gmail.com 602-738-0801

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

18. LAW WHISPERERS *NEW*



We will read and discuss memoirs by or about famous judges or attorneys and books about famous legal cases. We will start with *Out of Order...Stories from the History of the Supreme Court,* by Sandra Day O'Connor and then the group will select other books from a list or from suggestions by members of the group. **The first meeting will be via Zoom on October 20.** Minimum 10, maximum 20.

Third Tuesdays, 2:00 pm (October - May)

Facilitator:
Rena Selden seldensays@gmail.com 602-200-0111

Tuesdays

19. CREATING EMOTIONAL RESILIENCE: DURING AND AFTER THE PANDEMIC *NEW*



Life changed from normal to abnormal in a very short period of time as COVID-19 forced us into social-distancing, stay-at-home situations and unwanted separation from families and loved ones. This study group will concentrate on putting participants' lives in motion with a new vision, changed thinking and outlook. **The first meeting will be held via Zoom on October 20**. Minimum 10, maximum 20.

Third Tuesdays, 9:45 am - 11:30 am (October - March)

Facilitator:
Arlene Rosenberg ar@arlenerosenberg.com **480-993-5322**

NOTE: Portions of the facilitator's book, *Say It See It Be It: How Visions and Affirmations Will Change Your Life,* will be used as a study guide. It will be available to attendees for $10, payable to the facilitator by the first meeting.

20. RAISE YOUR CONSCIOUSNESS, CHANGE YOUR LIFE



If you want to participate in a "mind, body, spirit/metaphysical" non-fiction book group that focuses on issues related to health and well-being, this is the group for you. We will also explore topics viewed as metaphysical, such as energy systems in the body, reincarnation and levels of consciousness. **The first meeting will be Tuesday, October 27 via Zoom.** The details of the first book will be emailed to participants prior to the first meeting. Minimum 3, maximum 10.

Fourth Tuesdays, 11:00 am (October, January - April)

Facilitator:
Carol Wolf peanuts526@aol.com **847-207-9954**

Wednesdays

22. CONTEMPORARY FICTION BOOK GROUP



This is an ongoing group, reading fiction only. Participants will be asked to lead book discussions. The first book title will be emailed to participants. **The first discussion will be via Zoom on October 14.** Maximum 36.

Second Wednesdays, 10:30 am (October - May)

Facilitators:
Sara Leopold sara1225@gmail.com **480-525-1575**
Susan Rollins serollins52@gmail.com **480-563-0411**

51. BAKE WITH HILLARY *NEW*



Bake with Hillary was launched during summer camp when I shared my mother's delicious mandel bread recipe. Once a month, starting in January 2021, we will bake easy but delicious tried and true recipes, including some of my family's most requested desserts and traditional holiday specialties. Participants will be sent the recipe 7-10 days in advance, allowing for time to assemble the ingredients. My hope is you will bake along with me. **The first meeting will be January 13 via Zoom.**

Second Wednesdays, 1:00 –2:30 pm, (January - May)

Facilitator:
Hillary Kaminsky hillary.kaminsky@gmail.com
602-953-3213

Wednesdays

23. MEN for BRANDEIS ACTIVITIES (MBA) [Formerly known as Men of Brandeis (MOB)]

The MBA, formerly known as Men of Brandeis (MOB), is now in its 9th year. Starting in October, we will meet via Zoom every month to hear a variety of guest speakers. **Our first meeting will be on October 14**. If it becomes safe to meet in person, we will entertain the possibility of resuming our normal schedule of alternating (on a monthly basis) visiting interesting sites around the Valley and in-person meetings with guest speakers at the JCC.



Second Wednesdays, 1:00 pm (October - April)

Facilitator:
Leith Baletin lbaletin@gmail.com 480-874-9434

24. KNIT A MITZVAH

If you knit or crochet and want to be a part of a wonderful group that makes scarves (donated to JFCS) and newborn baby caps, chemo caps and lap blankets (donated to HonorHealth Scottsdale Shea Medical Center), then this is the group for you! We will meet via Zoom. Knitting or crocheting, kibitzing and sharing ideas two afternoons a month will be a stitch. **The first meeting will be on October 14.** Maximum 20.



Second & Fourth Wednesdays, 1:00 - 3:00 pm (October - May)

Facilitators:
Ronee Siegel ronees@aol.com 917-273-0393
Joan Davis davis6j@gmail.com 602-499-8357

Wednesdays

25. SECOND WEDNESDAY AM BOOK GROUP

Stimulating reading and discussion of both fiction and nonfiction books. Participants will be asked to lead book discussions and/or volunteer their homes for meetings, when it is safe to do so. **The first meeting will be via Zoom on Wednesday, October 14.** Maximum 20.



Second Wednesdays, 10:00 am (October - May)

Facilitator:
Geri Gould gerijim@hotmail.com 480-305-0123

26. MOVIES OF THE HEART *NEW*



Join us as we view and enjoy four films ripe with TLC! Together, we will explore their positive messages of hope and resilience. Is there no firmer bedrock to stand upon to get us through these challenging times? All of the films will be available either on Netflix or Amazon Prime. Everyone will watch the films prior to each discussion. Participants will be asked to lead a discussion or, when safe to do so, host a discussion in their homes, with light refreshments. **The first meeting will be via Zoom on October 7.** Minimum 10, maximum 24.

First Wednesdays, 1:30 pm (October, December, February, April)

Facilitators:
Gale Gradus ggradus13@gmail.com 480-939-2917
Nyles Gradus negradus@gmail.com

Note: There are several film groups offered this year; so they may occasionally select the same film.

Wednesdays

27. GOLDEN AGE OF RADIO *NEW*



Stroll down memory lane and listen to and discuss the origins and casts of old radio shows from the early 30's to the 50's - from the twilight of the Jazz Age to the dawn of the Space Age. We will meet online until it is safe to meet in person. **Our first discussion will be via Zoom on December 16.** Minimum 4, maximum 15.

Third Wednesdays, 1:00 pm (December, February and April)

Facilitator:
Allan Goldberg allangoldberg13@yahoo.com **480-628-0763**

28. WOMEN of SUBSTANCE *NEW*



Are you a Woman of Substance? If so, join our group as we learn about and discuss important women in history, as well as our contemporary role models. This group will be a unique virtual discussion group using pictures, video clips, magazine articles, or anything else that tells the story of these fabulous women. Each month two or three members will choose a woman of substance and research her for the next month. Then they will present in the first person, as if they were Queen Elizabeth, or Eleanor Roosevelt, or Oprah Winfrey, or Michelle Obama, or whomever they believe deserves our recognition. **Our first meeting will be via Zoom on October 28.** Minimum 8, maximum 24.

Fourth Wednesday Evenings, 6:30 pm (October - April)

Facilitators:
Ileen Herberg iherberg@aol.com **602-460-0047**
Joyce Steinberg joyces12003@gmail.com **602-538-2561**

Wednesdays

29. FOREIGN FILM FOODIES



Join us as we explore the world of foreign films. To begin the year, the films chosen will be available on Netflix and the discussions will be online. When safe to do so, you can either come to the designated showing or you can see the film on your own and join us for lunch to discuss. Please note, the films may be subtitled. We will provide the name of each film in advance so you can plan ahead. **Our first discussion will be via Zoom on Wednesday, November 11.** Minimum 5, maximum 30.

Second Wednesdays, 3:00 pm (November, January, February, March and May)

Facilitators:
Ileen Herberg iherberg@aol.com **602-460-0047**
Joyce Steinberg joyces12003@gmail.com **602-538-2561**

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

30. NONFICTION BOOK GROUP



Join us to explore nonfiction over a wide range of topics: history, current affairs, biography and more! Books will be selected by the group. Each discussion will be led by a member(s). Facilitators will email participants about the book for the **October 28 discussion**, which will be held via Zoom. Maximum 20.

Fourth Wednesdays, 1:00 - 2:30 pm (October - April)

Facilitators:
Georgia Heller georgiaheller@gmail.com **203-524-0053**
Janis Lipman janislipman@gmail.com **203-216-0177**

Thursdays

53.. CASUAL COOKING *NEW*



Eating healthy should still be delicious and displayed beautifully. Eat to live or live to eat? Is your salad wilted? Are you tired of the greens? Join us as we examine vegetables and their true offerings.
Session one: Spinach, the versatile vegetable!
Session two: Lentils. Lentils can add flavorful excitement to dishes with vibrant colors. Find the one suited best for your palate.
Session three: Eggplant, also known as aubergine, has a unique range of health benefits! The preparation of eggplant is varied, with each way resulting in a unique flavor.

The first meeting will be January 21 via Zoom. Maximum 20..

Bring your appetite and either cook or observe how these wonderful vegetables can be transformed. The list of ingredients needed will be emailed prior to each session.

Third Thursdays, 1:00 - 2:30 pm (January, February, March)

Facilitators:
Lori Roth lori.rothaz@gmail.com **480-440-4429**
Joan Davis davis6j@gmail.com **602.499.8357**

32. JEWISH BOOK GROUP



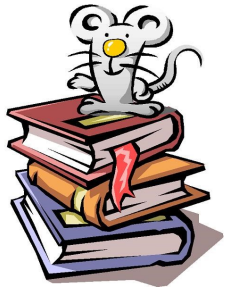
This group will meet initially via Zoom. **The first meeting will be November 5** and the book will be *In Another Time* by Jillian Cantor. If you would like the complete list of books, call Ellen. When safe to do so, we will meet at the clubhouse at Mountain Gate Apartments. Participants must RSVP to Ellen by the Tuesday prior to each meeting. Maximum 18.

First Thursdays, 10:00 am (November - May)

Facilitator:
Ellen Tuckman 602-953-9307
Colleen Espinoza colleene1122@aol.com **480-483-8622**

Thursdays

33. BOOK BROTHERS



Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not exclusively focus on, Jewish themes, individuals, and events. Our first book will be *Bottle of Lies,* by Katherine Eban. The reading list for the year will be distributed following **the first meeting, which will be held via Zoom on October 8**. When we can meet in person, lunch will follow for those interested. Maximum 25.

Second Thursdays, 10:00 am - 12:00 pm (October - May)

Facilitators:
Joe Widoff jwidoff@gmail.com **703-946-8869**
Frank Lange franklange@cox.net **602-768-3631**

34. STUDY WITH THE BEST: POTPOURRI OF CLASSIC MOVIES



Using Brandeis-authored and other materials, Potpourri of Classic Movies explores four Hollywood films that will engage us in lively discussions. The films will be available on Netflix or Amazon Prime and participants will view them prior to the discussions. **The first meeting will be via Zoom on November 5.** The film selection details will be emailed to participants. Maximum 25.

First Thursdays, 12:30 pm (November, December, February and March)

Facilitators:
Carol Kern cak8219@gmail.com **602-315-1595**
Stephanie Klopper rednoz@aol.com **480-251-0815**

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Thursdays

35. ETHNIC JEWISH COOKING AND EATING *NEW*

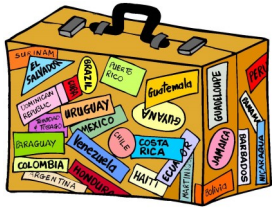


We'll explore the incredibly varied world of Jewish cooking over the centuries, starting with just a few countries in the Middle East - Israel, Turkey, Syria and Yemen. Each session will feature a demonstration and hands-on preparation of one dish; for instance, Israel's session will feature homemade hummus. We will explore old and new cookbooks, talk about the history of Jewish migration and share recipes and family travel stories. **Our first meeting will be via Zoom on October 8.** When safe to do so, we will meet in members' homes and participants will each prepare a pre-specified dish to contribute to the shared lunch. Minimum 8, maximum 12.

Second Thursdays, 10:00 am - 1:00 pm (October, November, January and March)

Facilitator:
Carol Abrams abrams.carol@gmail.com **310-210-6751**

36. BOOKS FOR THE ARMCHAIR TRAVELER



This group reads books that take place in foreign locales. We will meet online, then resume meeting in each others' homes when safe to do so. As responsibilities are shared, members are asked to lead/co-lead discussions and/or host when we meet in person again. **Our first meeting will be , October 15,** when we will discuss *The Island of Sea Women* by Lisa See. Maximum 33.

Third Thursdays, 10:00 am (October - May)

Facilitators:
Linda Burech lburech@mac.com **480-794-1988**
Bruce Galin bruce.phxbnc@gmail.com **480-661- 0842**
Nancy Sacks nhshobo@aol.com **480-299-1792**

Thursdays

37. CONTEMPORARY READS



This group meets on the 2nd Thursday of the month at 1:00 pm, October through April. We read both contemporary fiction and nonfiction. **Our first meeting will be via Zoom on October 8.** Maximum 30.

Second Thursday, 1:00 - 3:00 pm (October - April)

Facilitators:
Joyce Grant jhgrant35@gmail.com **847-877-5793**
Hillary Kaminsky hillary.kaminsky@gmail.com **602-953-3213**

38. POETS LAUREATE

The focus of this study group will continue to be poets laureate - those artists who have been awarded the highest honor in the land by the Library of Congress, including champions of poetry preceding the official title conferred In 1985. We will discuss reading strategies to enable a deep understanding of the sound and sense of the poems. The goal is to penetrate the surface of the poem as well as the heart of the poet. The facilitator is Freyda Libman, Professor Emerita, a published poet in love with poetry. Meetings will be held via Zoom initially, and at participants' homes when safe to do so. **Our first meeting will be October 22.** The required text is *The Poets Laureate Anthology,* published by the Library of Congress and edited by Elizabeth Schmitt, obtainable on Amazon. This group will continue our study of American poets laureate and use the same anthology for our readings. Minimum 8, maximum 20.



Fourth Thursdays, 1:30 - 3:00 pm (October - April)

Facilitator:
Freyda Libman poetprof329@gmail.com **630-926-3193**

Thursdays

39. CONTEMPORARY ISSUES DISCUSSION GROUP



Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation by everyone is the key to great discussions. **The first meeting will be via Zoom on October 15.** When safe to do so, members will be asked to hold meetings in their homes and/or provide refreshments. Maximum 25.

Third Thursdays, 9:30 - 11:30 am (October - May)

Facilitators:
Janis Lipman janislipman@gmail.com 203-216-0177
Joyce Goldstein joyce@goldstein.us 973-715-6475

40. THIRD THURSDAY AM BOOK GROUP



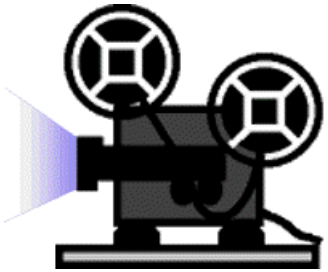
This is an ongoing group where the books are chosen by committee. Please call one of the facilitators below for the books to be read before signing up. **Our first meeting will be on January 7 via Zoom**, or at the Starbucks at Tatum & Greenway if safe to do so. The January book will be *The Only Woman in the Room,* by Marie Benedict. Maximum 18.

Third Thursdays 10:00 am (January* - May)
***with the exception of January 7 (First Thursday)**

Facilitators:
Ellen Tuckman 602-953-9307
Colleen Espinoza colleene1122@aol.com 480-483-8622

Fridays

41 FIRST FRIDAY FILMS & FEASTS



We view interesting movies (including mainstream, indies, foreign language films and documentaries), or limited series streaming on Netflix or Amazon. We'll email the group in advance with the movie title, and will discuss the selection on Zoom, starting at 10 am and ending no later than noon. **Our first meeting will be October 2.** Minimum 5, maximum 60.

First Fridays, 10:00 am –12:00 pm (October - April)

Facilitators:
Stephanie Klopper rednoz@aol.com 480-251-0815
Joyce Grant jhgrant35@gmail.com 847-877-5793
Roni Nassberg ronika1@aol.com 602-790-7603

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

42. NORTH SCOTTSDALE FRIDAY AM BOOK GROUP



Join us for stimulating reading and discussion of a variety of both fiction and nonfiction books. Participants will be asked to lead book discussions. We will meet initially via Zoom, but participants will be asked to volunteer their homes for meetings or provide refreshments when safe to do so. **The first discussion will be on November 6.** Maximum 25.

First Fridays, 10:00 am (November - May)

Facilitator:
Eilene Raiden eraiden@aol.com 480-563-5737

Fridays

43. RESTLESS MINDS FOR MEN DISCUSSION GROUP *NEW*



We will meet on Zoom until it is safe to meet in person, for an hour and a half, and discuss what is on our minds. Once we can meet in-person, we will meet at my home and then alternate homes each month, with the discussion group leader also selecting an interesting topic. **The first meeting will be via Zoom on October 9** . Minimum 6, maximum 12.

Second Fridays, 11:00 am - 12:30 pm (October - May)

Facilitator:
Marvin Kestenbaum digsee@me.com 480-883-7639

47. EXPLORE THE WORLD OF INTERIOR DESIGN



Join professional designer Sheila Landau to explore the latest trends in Interior design. You can email your photos for kitchens or bathrooms you would like to update or renovate. Sheila will answer your questions and show you some of the newest products and creative ideas. It will be like a virtual tour of the design showrooms all from your home. **The first meeting will be October 16 via Zoom.**

Third Fridays, 11:00 am (October – April)

Facilitator:

Sheila Landau buildor2@cox.net 602-809-5100

Fridays

49. TRAVEL AND BEYOND *NEW*



Join our travelogue group as we explore the world with a different theme each month. Members will share their experiences, which may include anything from culture, people, history, adventures, food and especially fun and humor. As time and interest permits, some months can include topics such as travel bargains, choosing your travel companion wisely and finding your ideal trip. The theme for the **first meeting on November 13** will be "your most memorable and/or inspirational vacation". We will be meeting on Zoom until further notice. Minimum 8, maximum 40.

Second Fridays, 10:00am -12:00 pm (November, January-May)

Facilitators:
Helen Abrams hsbbcd@aol.com
Marcy Strauss mss29@comcast.net 612-710-6291

Various Days

44. CULTURE IN AZ



We will have three to four Zoom visits with directors of organizations unique to Arizona. These institutions each have a mission which contributes to the well-being and status of our community. Should conditions change in the spring, we will attempt in-person tours. Maximum 100.

Meets on various dates.

Facilitators:
Nancy Sacks nhshobo@aol.com 480-299-1792
Iris Wigal wiggley@cox.net 602-980-5436

Sundays

45. RESTLESS MINDS DISCUSSION GROUP



Join this coed EVENING group and participate in stimulating conversations. Do you have an opinion on "What makes an educated person?," "Is there a war on Science?," "Can Socialism and Capitalism Coexist?" or other mind-expanding topics? The members of the group will suggest topics, research them and share in leading the discourse. Meetings will be held initially via Zoom. They will be held in participants' homes or community rooms when safe to do so, and the participants will host or provide refreshments. **The first meeting will be October 11.** Minimum 9, maximum 24.

Second Sunday Evenings, 7:00 - 9:00 pm (October - May)

Facilitators:
Irene Kestenbaum irenek0426@gmail.com 480-734-7306
Marvin Kestenbaum digsee@me.com 480-883-7639

46. SUNDAY AFTERNOON MOVIE TALK & MUNCHIES



Join this coed group for lunch and a lively discussion of new movie releases. Participants will see each movie on their own. We'll send a monthly email with the movie title, Zoom invitation and RSVP deadline. When safe to do so, we will meet for lunch to discuss the movies. Please note that the restaurants hosting our group require a $10 minimum purchase, plus tax and gratuity for every participant. **The first meeting will be December 20.** Maximum 21.

Third Sundays, from 1:00 – 3:00 pm (December - March)

Facilitators:
Abby Tucker skyranch52@gmail.com 917-816-8261
Sharon Nova sharonjill1@yahoo.com 704-996-9185
Becky Morris beckym23@att.net 847-867-9550

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

Groups on Hiatus

Since the health and well-being of our members and our community are paramount, we will adhere to guidance from Brandeis University and the Brandeis National Committee (BNC), while keeping current local health conditions in mind.

To that end, no BNC Phoenix Chapter in-person activities are planned for the remainder of 2020. We will reevaluate for 2021 as conditions evolve.

These are the study groups currently on hiatus for 2020-21:

A Bissel Yiddish and a Nosh
Advanced Canasta for Fun
Advanced Mah Jongg
Ancient Peoples of Central AZ
Arizona Authors Speaker Series
Artist in Residence
At the Ballet
Boomers
Bowlero Via Linda Lanes
Bridging It!
Canasta for Beginners
Central Phoenix Readers
Concerts & Conversations
Don't Worry, Be Happy Hour
Gals at Brunch
Get Out of the Valley Hiking
Hands on Art
Intermediate Hiking Club
Intermediate Mah Jongg
Learn to Play Canasta
Learn to Play Pinochle
Leisure Hiking
Mah Jongg for Beginners
Men's Canasta 1
Men's Canasta 2
Men's Saturday Hiking Group
Mitzvah Mavens
Movers and Shakers
Neighborhood Haunts
Neighborhood Walks
New Yorker Short Stories Discussion
Off the Beaten Path
Optimists' Fourth Weds. Lunch Bunch
Phoenicians of BNC
Planes, Trains & Automobiles
Play Golf
Second Tuesday Lunch Bunch
Seriously Canasta
Simply Scrabble
Studio Art & Bistro Lunch
Sun Lakes Potpourri
Theater & Lunch Series
Weekends are for Brunch
Wine Connoisseurs