Vocabulary: all answers must be followed with “sir”

Chop: Son-nal Chi-gee
Palm Strike: Pa-tang-son Tuk-chi-gee
Single Mountain Block: Oeh-san-tul-mak-kee

Knowledge:
What are the 3 basic points to remember in Taekwondo?
The 3 basic points are: eye contact, good balance and a loud, strong ki-yup.

Where are the 3 attack points?
High Section: Under the Nose
Middle Section: Solar Plexus
Low Section: Groin

Counting Numbers
89. Yu-dun A-hop  90. Ah-hun

Home Rules: Age 13 & under Numbers 1-8