



# A Non-Profit Organization

(480) 831-1111 | info@dignitykids.org | www.dignitykids.org

**OUR MISSION:** To educate and empower youth through fitness-based programs that teach STEM concepts, encourage healthy lifestyles, and promote positive youth development through opportunities to learn, succeed and belong.

## PE Coach for the Day

Science, Technology, Engineering and Math all come together through our "Universal Principles of Sport Science" workshop in which we explore principles such as torque, speed, acceleration, leverage, power, etc and how to view the body in motion from a scientific perspective. This workshop can be done in a classroom setting or in a school-wide assembly.

We can also adapt this workshop and use the curriculum in the PE Teacher for the Day presentations in a more physical atmosphere/setting.



## Heroes in Waiting Assembly

We will teach on the issue of Bullying and how to react as a by-stander or as the victim yourself. The curriculum is based upon a program known as "Heroes in Waiting" in which the by-stander learns that they can become the hero. Hollywood's very own Hero, Ernie Reyes Jr. from the Teenage Mutant Ninja Turtles movies (actor) has recently joined our non-profit organization and is heading this effort and will come to your school as a special guest for the presentation! *\*Not available in all states, please inquire for details. Min 100 students\**

### Meet actor Ernie Reyes Jr.!



# Festival/Carnival Booth

We will run a board-breaking game booth in which children will be able to break fun plastic boards to win prizes while learning about the concept of mass and it's involvement in power.

This is a popular activity during Science Fairs or Science Nights due to its relevance to STEM.



**HOW TO BREAK A BOARD:**  
(Force = Mass x Acceleration)



# Bounce House

Reserve our "Ninja Warrior Bounce House" for your fall/spring carnival for free if the date is requested enough in advance. Dignity kids will work with you to sell tickets to enter the bounce house and provide the staff to manage the attraction.



**Free "Ninja Warrior" Bounce House for your fall or spring carnival**

**TONS OF FUN!**



# Mascot Appearances

We have mascots for occasions such as Reading Nights, Field Days, Festivals, etc. Choose from Power Rangers, Kung Fu Panda or a Ninja Turtle to add some fun to your event!

**For Reading Nights, Field Day, Festivals, Etc!**



**Kung Fu Panda**



**Power Rangers**



**Ninja Turtles**

# Fundraising Packages

Dignity Kids will fund fitness packages for you to sell. The two packages consist of:

- 1.) 1 month of unlimited martial arts lessons and a uniform/belt valued at \$145.
- 2.) 1 month of fitness classes (ie: kickboxing aerobics) and hand wraps valued at \$85.

You may sell them at whatever price point you prefer- most organizations choose an average of \$20-\$25 each and get to keep 100% of the proceeds. Flyers and posters to help promote the fundraiser are included and will be delivered to the school as well.

91st Psalm Christian School  
**SPRING FITNESS FUNDRAISER**

If I like to purchase a **KIDS' Martial Arts Lesson Package** including One month of Unlimited Lessons with 2 gear week, including Uniform (belt, Pads, Kick for \$22.00) (This price is non-transferable to other organizations)

If I like to purchase an **Adults-Only Fitness Package** including One month of Unlimited Classes in Kickboxing, Aerobic, HIIT or Kickboxing Aerobics classes (includes hand wraps, & complimentary DVD for \$25.00) (This price is non-transferable)

Lessons/Classes Valid at 32 Valley Locations! See Back for Class Schedule

Leo's MMA Martial Arts - South Phoenix Campus  
 3767 E. Broadway Rd. #1 Phoenix, AZ 85040  
 (Just West of 38th St. & Broadway) (602) 438-7338  
 Please only use form for personal use.

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Teacher Name: \_\_\_\_\_ Room #: \_\_\_\_\_  
 Parent Name: \_\_\_\_\_ Tel: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Form of Pay: \_\_\_\_\_ Amount Paid: \_\_\_\_\_ Date: \_\_\_\_\_  
 Qty: \_\_\_\_\_ Martial Arts Lesson Pkg Qty: \_\_\_\_\_ Adults-Only Fitness Pkg

Please note that no checks are accepted. Return this form along with cash or check to the front office only. Cash checks by deposit with money for the day's event also look for the Dignity Kids logo on the back of the form.

**WESTWOOD PRIMARY**

**SUMMER FITNESS FUNDRAISER**

Kids' Martial Arts Lessons

**AND**

Adults-Only Fitness Classes

**Buy a one-month lesson package and 100% of the proceeds go to your school!**