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Triangle North Healthcare Foundation's 2021 Grant Cycle is Open

Triangle North Healthcare Foundation's Board of Directors has announced the launch of its 2021 grant cycle, now open through May 1.

The Foundation seeks programs and projects that will provide positive results in one or more of the five focus areas: Child Well-Being, Chronic Disease, Mental Health and Substance Use Disorders, Nutrition and Physical Activity, and Reproductive Health. Nonprofit organizations, government agencies, and schools serving Vance, Warren, Granville, and Franklin counties are eligible to apply.

The link to the Foundation's online grant application portal is available at the website: www.tnhfoundation.org/

The Foundation's mission- to encourage, support, and invest in quality efforts that measurably improve health in the Triangle North area- is achieved through funding strategic initiatives, programs, and projects that focus on improving health. The Foundation also supports programs that build capacity and develop leaders for nonprofits in the region. The Foundation has launched a grant cycle each year since 2013. To date, the Foundation has invested \$2.3 million in over 75 projects serving the four- county region.

"Our hope is that the Foundation's investment of grant funds in our communities will result in long lasting improvements in the health and well-being of our children and adults," said Val Short, Executive Director for the Foundation. She added, "Through grantee organizations and the people they serve, the Board's vision for the future of our region will be realized... "to live in a healthy community."

Triangle North Healthcare Foundation, a regional healthcare grantmaking organization based in Henderson, NC, is a health legacy foundation that was established in 2011 following the merge of Maria Parham Medical Center and Duke Lifepoint.

Information about current and past funded programs and projects is available on the website at www.tnhfoundation.org

Our Mission

To encourage, support and invest in quality efforts that measurably improve health in the Triangle North Region.

Our Vision

To live in a healthy community.

Our Focus Areas

The Foundation gives priority to grant projects that will have a positive impact and improve health in these priority areas:

- Chronic Disease
- Nutrition & Physical Fitness
- Mental Health & Substance Abuse
- Reproductive Health
- Child Well-Being

Community Response Fund Grants available through September 2021. Contact us to discuss your grant ideas, 252-430-8532. Go to the Foundation's website, www.tnhfoundation.org, to review the Community Response Fund guidelines.

Foundation Launches Community Response Fund

Triangle North Healthcare Foundation has launched a Community Response Grant Fund, available to nonprofit, local government, and educational organizations, serving the counties of Franklin, Granville, Vance and Warren.

The grants will fund relief and response programs related to the COVID-19 Pandemic. "With the continuing stress on our communities from the Pandemic, our local safety net organizations are struggling to make ends meet and respond to their clients' needs. We are pleased to announce the Foundation Board's commitment to provide grants for community relief," said Val Short, Executive Director.

Applications for grants up to \$20,000 each will be accepted through September 1, 2021. Applications will be reviewed quarterly and grants will be awarded in March, June, September, and December. Through this Community Response program, recipients can receive up to four grants throughout the year.

The Community Response Grant application is now available at the Foundation's online grant portal. A link to the grant portal is available at the website: <http://www.tnhfoundation.org>.

Virtual meetings with Foundation staff will be required prior to submitting an application. To schedule a meeting, please call 252-430-8532.

Grant Recipients Share Successful Pandemic Programs

In response to the onset of the COVID-19 Pandemic in 2020, Triangle North Healthcare Foundation launched a special relief grant cycle last April. Seven grants to six area organizations were awarded, providing support and sustenance to individuals and families from throughout our region who were impacted by the Pandemic.

Two organizations that received grant funds – Christian Faith Center and Turning Point Community Development Corporation—have provided success stories from their Pandemic relief programs that I'd like to share with you here.....

Pandemic Technology Assistance for Students

Imagine being a mother of six children and suddenly you are forced into converting your home into a classroom, having to facilitate the daily instruction of your children. What makes this scenario even more challenging is that you do not have the finances to purchase the necessary technology for each of your children. This story became the reality of one the parents at Christian Faith Center Academy.

With the most recent wave of COVID-19 in the nation, many households were disrupted as the need for alternative means of educating their children arose. Many districts looked for methods of educating students as schools were locked down due to the state's stay-at-home orders. The necessity for remote learning became more prevalent and more than ever, the need for additional parental support became crucial. In every household with school-aged children, additional technology became essential. For this parent at Christian Faith Center Academy, with five school-age children, the need for additional chrome books was pertinent because each child needed to be able to do virtual classes and work assignments at the same time, but they only had one device.

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Like most schools serving low-income populations in rural communities, there has been a shortage of funding for items in short supply such as computers. Once families receive this technology, it creates an environment that both the students and parents can win and the cycle of learning can continue." Since receiving funding from Triangle North Healthcare Foundation through their TNHF COVID-19 Relief Program, families at Christian Faith Center Academy, including the family mentioned above, were able to receive chrome books which were a lifesaver for their homes and learning environments.

Within a month, what would have been a crisis for this mother turned into a success story and became an overall win-win situation for everyone, especially for the students. Every child in her household received a chrome book and now the mother, who was once without hope, has been empowered to assist her children in their remote learning experience.

Christanie Jones, Administrator, Christian Faith Center

Produce Box Distribution

Through the support of the grant from Triangle North Healthcare Foundation, we were able to support our community and a local farm business by purchasing produce boxes that provided access to fresh, healthy, local produce on a bi-weekly basis to families and individuals. This grant allowed a local farm to produce boxes on a consistent basis during a season when they would normally not operate for general business and with even lower activity due to Covid-19. With this funding we were able to provide steady business and build a great working relationship with this farm. The community members who received the boxes experienced many benefits that they shared with us on a regular basis. The majority of our participants' finances were negatively impacted by the pandemic; the provision of the produce box alleviated grocery expenses and financial stress for many of our families.

We collected evaluations from our participants about the impact of the produce box. 97% of responses agreed that access to healthy food was a concern for their household. 97% also agreed that receiving the produce box made it easier for them to eat and prepare healthy food. The following themes were apparent in the responses: access to nutritious food (fruit and vegetables), economic impact (saving money, using resources for other priorities, spending less, issues concerning the affordability of produce in stores), health and safety during the pandemic (limiting visits to grocery stores), and education/awareness of produce (introduced to new recipes and vegetables).

Below are a few responses that capture the essence of the impact from this grant:

- "Kept me from having to go to the grocery store as often. Plus it provided me with fresh vegetables and fruits that I would not have normally purchased. Or been able to purchase. And the amount was perfect for my family size."
- "It gave us healthy food to eat. And we needed it."
- "Provided fresh produce that is typically costly."
- "Able to use part of food bill for other necessities."
- "With severe decreases in family household income, food boxes were an immense help."
- "It provided a source of fresh food for my family."
- "Provided fresh fruit and vegetables so I did not have to go out and also enabled me to try new recipes and spend less during this time."
- "It was a blessing to receive fresh produce when we have our grandkids living with us."
- "It was helpful because it was enough to feed a family my size and it was healthy."
- "The produce box was a big help to my family; we enjoyed all the healthy fruits and vegetables and learning new recipes. I am very thankful for the produce box."

Chalis Henderson, Director, Turning Point Community Development Corporation



Semaj Thomas, a 5th grader at Christian Faith Center, proudly displays his new chrome book.



Kindergartener Madison Tharrington at work on her new chrome book.



J'Lynn Isom, Xavier Newkirk, and Dylan Dees transfer boxes from Moore's Farm to be delivered to families in need.



Janelle Inman, Turning Point CDC Program Manager, prepares produce boxes for delivery.

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Free Over the Counter Medicine Giveaway Drive-Thru Event ONLY

Date: Friday, April 30, 2021
Time: 9am-2pm
Where: Salvation Army
2292 Ross Mill Road
Henderson, NC 27536

Event Details:
OTC Items include: cold, cough, flu medicine, pain relief, vitamins, children's medicine, etc.



NC MedAssist is a nonprofit pharmacy providing access to prescription medications to qualified uninsured North Carolina residents.

Learn how to receive free medicine at:
www.medassist.org or call: 866-331-1348

Pre-registration is strongly encouraged.
www.medassist.org/mobile

No ID required.
Must be 18 years or older. Face mask is required to participate.

EVENT MADE POSSIBLE BY:

