

The Epistle to the Galatians

1 Paul an apostle—sent neither by human commission nor from human authorities, but through Jesus Christ and God the Father, who raised him from the dead— ²and all the members of God’s family who are with me,

To the churches of Galatia:

3 Grace to you and peace from God our Father and the Lord Jesus Christ,⁴who gave himself for our sins to set us free from the present evil age, according to the will of our God and Father, ⁵to whom be the glory for ever and ever. Amen.

6 I am astonished that you are so quickly deserting the one who called you in the grace of Christ and are turning to a different gospel— ⁷not that there is another gospel, but there are some who are confusing you and want to pervert the gospel of Christ. ⁸But even if we or an angel from heaven should proclaim to you a gospel contrary to what we proclaimed to you, let that one be accursed! ⁹As we have said before, so now I repeat, if anyone proclaims to you a gospel contrary to what you received, let that one be accursed!

10 Am I now seeking human approval, or God’s approval? Or am I trying to please people? If I were still pleasing people, I would not be a servant of Christ.

11 For I want you to know, brothers and sisters, that the gospel that was proclaimed by me is not of human origin; ¹²for I did not receive it from a human source, nor was I taught it, but I received it through a revelation of Jesus Christ.

13 You have heard, no doubt, of my earlier life in Judaism. I was violently persecuting the church of God and was trying to destroy it. ¹⁴I advanced in Judaism beyond many among my people of the same age, for I was far more zealous for the traditions of my ancestors. ¹⁵But when God, who had set me apart before I was born and called me through his grace, was pleased ¹⁶to reveal his Son to me, so that I might proclaim him among the Gentiles, I did not confer with any human being, ¹⁷nor did I go up to Jerusalem to those who were already apostles before me, but I went away at once into Arabia, and afterwards I returned to Damascus.

18 Then after three years I did go up to Jerusalem to visit Cephas and stayed with him for fifteen days; ¹⁹but I did not see any other apostle except James the Lord’s brother. ²⁰In what I am writing to you, before God, I do not

lie! ²¹Then I went into the regions of Syria and Cilicia,²² and I was still unknown by sight to the churches of Judea that are in Christ; ²³they only heard it said, 'The one who formerly was persecuting us is now proclaiming the faith he once tried to destroy.'²⁴ And they glorified God because of me.

2 Then after fourteen years I went up again to Jerusalem with Barnabas, taking Titus along with me. ²I went up in response to a revelation. Then I laid before them (though only in a private meeting with the acknowledged leaders) the gospel that I proclaim among the Gentiles, in order to make sure that I was not running, or had not run, in vain. ³But even Titus, who was with me, was not compelled to be circumcised, though he was a Greek. ⁴But because of false believers secretly brought in, who slipped in to spy on the freedom we have in Christ Jesus, so that they might enslave us— ⁵we did not submit to them even for a moment, so that the truth of the gospel might always remain with you. ⁶And from those who were supposed to be acknowledged leaders (what they actually were makes no difference to me; God shows no partiality)—those leaders contributed nothing to me. ⁷On the contrary, when they saw that I had been entrusted with the gospel for the uncircumcised, just as Peter had been entrusted with the gospel for the circumcised ⁸(for he who worked through Peter making him an apostle to the circumcised also worked through me in sending me to the Gentiles), ⁹and when James and Cephas and John, who were acknowledged pillars, recognized the grace that had been given to me, they gave to Barnabas and me the right hand of fellowship, agreeing that we should go to the Gentiles and they to the circumcised. ¹⁰They asked only one thing, that we remember the poor, which was actually what I was eager to do.

11 But when Cephas came to Antioch, I opposed him to his face, because he stood self-condemned; ¹²for until certain people came from James, he used to eat with the Gentiles. But after they came, he drew back and kept himself separate for fear of the circumcision faction. ¹³And the other Jews joined him in this hypocrisy, so that even Barnabas was led astray by their hypocrisy. ¹⁴But when I saw that they were not acting consistently with the truth of the gospel, I said to Cephas before them all, 'If you, though a Jew, live like a Gentile and not like a Jew, how can you compel the Gentiles to live like Jews?'

15 We ourselves are Jews by birth and not Gentile sinners; ¹⁶yet we know that a person is justified not by the works of the law but through faith in Jesus Christ. And we have come to believe in Christ Jesus, so that we might be justified by faith in Christ, and not by doing the works of the law, because no one will be justified by the works of the law. ¹⁷But if, in our effort to be justified in Christ, we ourselves have been found to be sinners, is Christ then a

servant of sin? Certainly not! ¹⁸But if I build up again the very things that I once tore down, then I demonstrate that I am a transgressor. ¹⁹For through the law I died to the law, so that I might live to God. I have been crucified with Christ; ²⁰and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me. ²¹I do not nullify the grace of God; for if justification comes through the law, then Christ died for nothing.

3 You foolish Galatians! Who has bewitched you? It was before your eyes that Jesus Christ was publicly exhibited as crucified! ²The only thing I want to learn from you is this: Did you receive the Spirit by doing the works of the law or by believing what you heard? ³Are you so foolish? Having started with the Spirit, are you now ending with the flesh? ⁴Did you experience so much for nothing?—if it really was for nothing. ⁵Well then, does God supply you with the Spirit and work miracles among you by your doing the works of the law, or by your believing what you heard?

6 Just as Abraham 'believed God, and it was reckoned to him as righteousness', ⁷so, you see, those who believe are the descendants of Abraham. ⁸And the scripture, foreseeing that God would justify the Gentiles by faith, declared the gospel beforehand to Abraham, saying, 'All the Gentiles shall be blessed in you.' ⁹For this reason, those who believe are blessed with Abraham who believed.

10 For all who rely on the works of the law are under a curse; for it is written, 'Cursed is everyone who does not observe and obey all the things written in the book of the law.' ¹¹Now it is evident that no one is justified before God by the law; for 'The one who is righteous will live by faith.'¹²But the law does not rest on faith; on the contrary, 'Whoever does the works of the law will live by them.'¹³Christ redeemed us from the curse of the law by becoming a curse for us—for it is written, 'Cursed is everyone who hangs on a tree'—¹⁴in order that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we might receive the promise of the Spirit through faith.

15 Brothers and sisters, I give an example from daily life: once a person's will has been ratified, no one adds to it or annuls it. ¹⁶Now the promises were made to Abraham and to his offspring; it does not say, 'And to offsprings', as of many; but it says, 'And to your offspring', that is, to one person, who is Christ. ¹⁷My point is this: the law, which came four hundred and thirty years later, does not annul a covenant previously ratified by God, so as to nullify the promise. ¹⁸For if the inheritance comes from the law, it no longer comes from the promise; but God granted it to Abraham through the promise.

19 Why then the law? It was added because of transgressions, until the offspring would come to whom the promise had been made; and it was ordained through angels by a mediator. ²⁰Now a mediator involves more than one party; but God is one.

21 Is the law then opposed to the promises of God? Certainly not! For if a law had been given that could make alive, then righteousness would indeed come through the law. ²²But the scripture has imprisoned all things under the power of sin, so that what was promised through faith in Jesus Christ might be given to those who believe.

23 Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. ²⁴Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. ²⁵But now that faith has come, we are no longer subject to a disciplinarian, ²⁶for in Christ Jesus you are all children of God through faith. ²⁷As many of you as were baptized into Christ have clothed yourselves with Christ. ²⁸There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. ²⁹And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

4 My point is this: heirs, as long as they are minors, are no better than slaves, though they are the owners of all the property; ²but they remain under guardians and trustees until the date set by the father. ³So with us; while we were minors, we were enslaved to the elemental spirits of the world. ⁴But when the fullness of time had come, God sent his Son, born of a woman, born under the law, ⁵in order to redeem those who were under the law, so that we might receive adoption as children. ⁶And because you are children, God has sent the Spirit of his Son into our hearts, crying, 'Abba! Father!' ⁷So you are no longer a slave but a child, and if a child then also an heir, through God.

8 Formerly, when you did not know God, you were enslaved to beings that by nature are not gods. ⁹Now, however, that you have come to know God, or rather to be known by God, how can you turn back again to the weak and beggarly elemental spirits? How can you want to be enslaved to them again? ¹⁰You are observing special days, and months, and seasons, and years. ¹¹I am afraid that my work for you may have been wasted.

12 Friends, I beg you, become as I am, for I also have become as you are. You have done me no wrong. ¹³You know that it was because of a physical infirmity that I first announced the gospel to you; ¹⁴though my condition put you to the test, you did not scorn or despise me, but welcomed me as an angel of God, as Christ Jesus. ¹⁵What has become of the goodwill you felt? For

I testify that, had it been possible, you would have torn out your eyes and given them to me. ¹⁶Have I now become your enemy by telling you the truth? ¹⁷They make much of you, but for no good purpose; they want to exclude you, so that you may make much of them. ¹⁸It is good to be made much of for a good purpose at all times, and not only when I am present with you. ¹⁹My little children, for whom I am again in the pain of childbirth until Christ is formed in you, ²⁰I wish I were present with you now and could change my tone, for I am perplexed about you.

²¹Tell me, you who desire to be subject to the law, will you not listen to the law? ²²For it is written that Abraham had two sons, one by a slave woman and the other by a free woman. ²³One, the child of the slave, was born according to the flesh; the other, the child of the free woman, was born through the promise. ²⁴Now this is an allegory: these women are two covenants. One woman, in fact, is Hagar, from Mount Sinai, bearing children for slavery. ²⁵Now Hagar is Mount Sinai in Arabia and corresponds to the present Jerusalem, for she is in slavery with her children. ²⁶But the other woman corresponds to the Jerusalem above; she is free, and she is our mother. ²⁷For it is written, 'Rejoice, you childless one, you who bear no children, burst into song and shout, you who endure no birth pangs; for the children of the desolate woman are more numerous than the children of the one who is married.'

²⁸Now you, my friends, are children of the promise, like Isaac. ²⁹But just as at that time the child who was born according to the flesh persecuted the child who was born according to the Spirit, so it is now also. ³⁰But what does the scripture say? 'Drive out the slave and her child; for the child of the slave will not share the inheritance with the child of the free woman.' ³¹So then, friends, we are children, not of the slave but of the free woman.

5¹For freedom Christ has set us free. Stand firm, therefore, and do not submit again to a yoke of slavery.

2 Listen! I, Paul, am telling you that if you let yourselves be circumcised, Christ will be of no benefit to you. ³Once again I testify to every man who lets himself be circumcised that he is obliged to obey the entire law. ⁴You who want to be justified by the law have cut yourselves off from Christ; you have fallen away from grace. ⁵For through the Spirit, by faith, we eagerly wait for the hope of righteousness. ⁶For in Christ Jesus neither circumcision nor uncircumcision counts for anything; the only thing that counts is faith working through love.

7 You were running well; who prevented you from obeying the truth?⁸Such persuasion does not come from the one who calls you. ⁹A little yeast leavens

the whole batch of dough. ¹⁰I am confident about you in the Lord that you will not think otherwise. But whoever it is that is confusing you will pay the penalty. ¹¹But my friends, why am I still being persecuted if I am still preaching circumcision? In that case the offence of the cross has been removed. ¹²I wish those who unsettle you would castrate themselves!

¹³For you were called to freedom, brothers and sisters; only do not use your freedom as an opportunity for self-indulgence, but through love become slaves to one another. ¹⁴For the whole law is summed up in a single commandment, 'You shall love your neighbor as yourself.' ¹⁵If, however, you bite and devour one another, take care that you are not consumed by one another.

¹⁶Live by the Spirit, I say, and do not gratify the desires of the flesh. ¹⁷For what the flesh desires is opposed to the Spirit, and what the Spirit desires is opposed to the flesh; for these are opposed to each other, to prevent you from doing what you want. ¹⁸But if you are led by the Spirit, you are not subject to the law. ¹⁹Now the works of the flesh are obvious: fornication, impurity, licentiousness, ²⁰idolatry, sorcery, enmities, strife, jealousy, anger, quarrels, dissensions, factions, ²¹envy, drunkenness, carousing, and things like these. I am warning you, as I warned you before: those who do such things will not inherit the kingdom of God.

²²By contrast, the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, ²³gentleness, and self-control. There is no law against such things. ²⁴And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵If we live by the Spirit, let us also be guided by the Spirit. ²⁶Let us not become conceited, competing against one another, envying one another.

6 My friends, if anyone is detected in a transgression, you who have received the Spirit should restore such a one in a spirit of gentleness. Take care that you yourselves are not tempted. ²Bear one another's burdens, and in this way you will fulfil the law of Christ. ³For if those who are nothing think they are something, they deceive themselves. ⁴All must test their own work; then that work, rather than their neighbor's work, will become a cause for pride. ⁵For all must carry their own loads.

6 Those who are taught the word must share in all good things with their teacher.

7 Do not be deceived; God is not mocked, for you reap whatever you sow. ⁸If you sow to your own flesh, you will reap corruption from the flesh; but if you sow to the Spirit, you will reap eternal life from the Spirit. ⁹So let us not grow

weary in doing what is right, for we will reap at harvest time, if we do not give up. ¹⁰So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith.

11 See what large letters I make when I am writing in my own hand! ¹²It is those who want to make a good showing in the flesh that try to compel you to be circumcised—only that they may not be persecuted for the cross of Christ. ¹³Even the circumcised do not themselves obey the law, but they want you to be circumcised so that they may boast about your flesh. ¹⁴May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world. ¹⁵For neither circumcision nor uncircumcision is anything; but a new creation is everything! ¹⁶As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God.

17 From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body.

18 May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.