



Beginner Curriculum – DogTrainerOC.com

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Week 1:

- **Introduction** – Name, dogs name, what your dog was bred to do, goals, something positive about your dog. Homework, look up breed online akc.org
- **How your dog learns and how we train** – our energy, positive, reward for good ignore and redirect for bad.
- **Timing** – how important timing is and consistency.
- **Body Language vs. Tone** – Move less, talk less
- **Be able to touch your dog anywhere** – for grooming and vet handling
- **Focus Command** – Root of all training.
- **Potty Training** – if necessary.
- **Crate Training** – size, length of time, feeding in crate
 - **Spend time this week just working on the focus command of your dogs name.**

Week 2:

- **Review** – focus command
- **Unwanted behaviors** – redirection and reward
- **Jumping** – how jumping is created, why dogs jump, how to fix it
- **Sit for greeting** – only pet when dog is seated and calm
- **Teeth on skin** – how to discourage
- **Sit with Release** – how we release everything. Foundation for recall and stay
- **Collars/Leashes** – proper fitting and different types of collars for different uses
- **Toys** – which ones to use. How breed type affects the type of toy is best (or worst)
- **Walking on a leash properly** – difference between walking and heeling.
 - **Spend time relaxing with your dog during training.**
 - **Work on focus, Sit with Release**
 - **Train during commercials**

Week 3:

- **Review** – focus, sit with release. Walking on loose leash
- **Leave it** – leaving things alone. Can never have
- **Drop it** – drop it but replace it or possible resource guarding can build
- **Down** – reward in the direction you want the behavior to be
- **Nutrition** – foods vs foods (www.dogfoodadvisor.com)
 - **FOCUS on one thing at a time while training.**

Week 4:

- **Review** – focus, sit with release, leave it, take it, down with release
- **Walking on a leash & Leave it** – ignoring things on a walk
- **Basics of Grooming**
- **Come** – reinforce word of initial focus command
- **Stay with release** – reinforce word of prior commands

Week 5:

- **Review**- focus, sit with release, leave it, take it, down with release, come, stay
- **Socialization to other animals**- how to read opposing dog
- **Proper greeting to other dogs on lead** – sniff and go
- **Come with Sit** – combining commands before reward
- **Pass the dog** - have stranger tell your dog commands