

2023 HEART MEN'S & WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Cedar Rapids, IA

Weather: Cloudy, Wind SE 15-25 & 66

Host: Mount Mercy University

5/5/2023 - 5/6/2023

MEET OFFICIALS

Meet Director:

Ryan Scheckel

Meet Referee:

Ryan Elsbernd

Timing:

Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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RESULTS

#18-2 Men's Decathlon Long Jump

! Heart of America 7.57m Roscoe Robinson 2011
Facility 7.11m Aries Scott 4/17/2021

Pl	Name	Yr	Team	Mark	Pts
1	MOELLER, Justin		SR William Penn	6.84m (-0.5)	776
2	BENSON, Calvin		JR Benedictine (6.06m (-0.2)	600
3	SMITH, Ethan		SO Central Meth	6.03m (+0.0)	593
4	DEITERING, Brody		FR Clarke	5.90m (-1.3)	565
5	LARGE, Jacob		SR Grand View	5.72m (+0.1)	527
6	BROGAN, Davis		FR MidAmerica	5.52m (+0.2)	485
7	BUTLER, John Philip		FR Benedictine (5.50m (+0.4)	481

#18-3 Men's Decathlon Shot Put

! Heart of America 17.22m Jim Freeman 2010
Facility 17.36m Sam Liokumovich 4/17/2021

Pl	Name	Yr	Team	Mark	Pts
1	DEITERING, Brody		FR Clarke	12.28m	623
2	SMITH, Ethan		SO Central Meth	11.81m	595
3	MOELLER, Justin		SR William Penn	10.18m	496
4	BENSON, Calvin		JR Benedictine (9.52m	457
5	LARGE, Jacob		SR Grand View	9.31m	444
6	BROGAN, Davis		FR MidAmerica	9.06m	429
7	BUTLER, John Philip		FR Benedictine (7.89m	360

#18-4 Men's Decathlon High Jump

! Heart of America 2.08m Jones / Holmer 2014
Facility 2.13m Noah Steiner 4/23/2022

Pl	Name	Yr	Team	Mark	Pts
1	MOELLER, Justin		SR William Penn	1.99m	794
2	BENSON, Calvin		JR Benedictine (1.78m	610
3	LARGE, Jacob		SR Grand View	1.75m	585
4	DEITERING, Brody		FR Clarke	1.75m	585
5	BUTLER, John Philip		FR Benedictine (1.72m	560
6	SMITH, Ethan		SO Central Meth	1.69m	536
7	BROGAN, Davis		FR MidAmerica	1.57m	441

#16 Men's Hammer

! Heart of America 63.37m Bruno Boccalotta 2010
Facility 58.91m Michael Hensch 2019

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	SCHILLING, Kaden		SO Mount Mercy	54.79m	2(1)	10
2	MILLER, Mitchell		SR Mount Mercy	54.20m	2(2)	8
3	MARSHALL, Nickolas		SO Missouri Valle	53.58m	2(3)	6
4	EVANS, Colder		SO Central Meth	52.31m	2(4)	5
5	RUTHERFORD, Caleb		JR Mount Mercy	50.56m	2(5)	4
6	STOTTLEMYER, Jasper		SR William Penn	50.00m	2(6)	3
7	SIEFKEN, Niles		SR Grand View	49.07m	1(1)	2

#16 Men's Hammer (cont'd)

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
8	HENDERSON, Joshua		SO Central Meth	48.89m	2(7)	1
9	CREW, Hunter		FR Mount Mercy	48.04m	2(8)	
10	HIEBERT, Gage		JR Baker	47.50m	2(9)	
11	ALLEN, Nick		JR MidAmerica	47.04m	2(10)	
12	CASTRO, Felipe		SO Mount Mercy	46.25m	1(2)	
13	WEST, Xzavion		FR Missouri Valle	44.88m	2(11)	
14	WILKINS, Wyatt		SO Clarke	44.74m	1(3)	
15	SUSSEX, Caden		SO Grand View	44.43m	1(4)	
16	JENSEN, Ryan		JR Baker	44.14m	2(12)	
17	LOCKETT, Xaden		SO Central Meth	43.94m	1(5)	
18	GLASPER, Kameron		JR Baker	43.88m	1(6)	
19	JONES, Nate		SO Mount Mercy	42.68m	1(7)	
20	LUKEFAHR, Jace		SR William Penn	41.87m	1(8)	
21	KILSON, Hayden		SO Missouri Valle	39.85m	1(9)	
22	CONTEH, Jeremiah		JR William Penn	37.25m	1(10)	
23	BYRN, Levi		FR Mount Mercy	33.83m	1(11)	
	HARRIS, Gage		SO Central Meth	NM	1	
	WILLEY, Blake		SO Grand View	NM	1	
	WILDE, Nathan		FR Grand View	NM	2	

#12 Men's Javelin

! Heart of America 59.38m John Praeuner 2003
Facility 59.74m Mike Stein 5/1/2021

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	GRAHAM, Koby		FR Evangel	!# 62.78m	2(1)	10
2	HIEBERT, Gage		JR Baker	!# 61.75m	2(2)	8
3	MILLER, Justice		SO Grand View	!# 60.94m	2(3)	6
4	RICHARDSON, Alex		FR Evangel	58.53m	2(4)	5
5	BATTEN, Morgan		FR Mount Mercy	57.84m	2(5)	4
6	ALLEN, Nick		JR MidAmerica	57.45m	2(6)	3
7	WEST, Brock		SR MidAmerica	56.01m	2(7)	2
8	CONNER, Brett		SO Benedictine (54.67m	2(8)	1
9	WEAR, Ollie		FR Mount Mercy	54.37m	2(9)	
10	WORKMAN, Evan		SO Central Meth	51.65m	1(1)	
11	KEIPER, Nate		SO Mount Mercy	50.81m	2(10)	
12	JENSEN, Ryan		JR Baker	50.55m	1(2)	
13	BARBEE, Kaleb		SO MidAmerica	49.87m	1(3)	
14	GREER, Patrick		SO Benedictine (49.30m	1(4)	
15	BROGAN, Davis		FR MidAmerica	48.58m	1(5)	
16	MARSHALL, Nickolas		SO Missouri Valle	46.72m	1(6)	
17	HARRINGTON, Ethan		SR William Penn	44.97m	1(7)	
18	KALENTZIS, Spiros		FR Graceland	42.33m	1(8)	
19	RIOJAS, Brendan		FR Missouri Valle	42.12m	1(9)	

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RESULTS

#8 Men's Pole Vault

!	Heart of America	5.20m	Nicholas Homan	2016
#	Facility	4.45m	Peterson, Nick	5/1/2021
Pl Name	Yr Team	Mark	Pts	
1	SHONKA, Ben	SO Benedictine (4.25m	10
2J	HISER, Jaxon	FR Central Meth	4.25m	7
2J	YAGER, Parker	SR Central Meth	4.25m	7
4J	GRIFFEN, Keaten	FR William Penn	4.25m	5
5J	HICKIN, David	SR Benedictine (4.10m	4
6J	VANDUN, James	JR Clarke	3.80m	2
6J	FRAZIER, Storm	SO Baker	3.80m	2
6J	BANCEY, Davy	FR Graceland	3.80m	2
9J	CHAMBERLIN, Parker	FR Graceland	3.80m	
10J	GOURLEY, Parker	FR Grand View	3.65m	
11J	BROGAN, Davis	FR MidAmerica	3.65m	
11J	MILLER, Timothy	JR Clarke	3.65m	
	STOPPEL, Jackson	SO Baker	NH	
	GREEN, Neil	FR Central Meth	NH	
	EWOLDT, Brayden	FR William Penn	NH	
	SYLVESTER, Joseph	JR Evangel	NH	
	WALKER, Harrison	SO Culver-Stockt	NH	
	KAUFMANN, Ky	FR Mount Mercy	NH	

#6 Men's Long Jump

!	Heart of America	7.57m	Roscoe Robinson	2011
#	Facility	7.11m	Aries Scott	4/17/2021
Pl Name	Yr Team	Mark	F(Pl)	Pts
1	MARCHAND, Paul	JR Graceland	7.10m (+0.0)	1(1) 10
2	FERGUSON, Tahj	JR William Penn	7.02m (+1.8)	2(1) 8
3	HANSON, De'Mario	JR MidAmerica	6.97m (+0.0)	2(2) 6
4	KELLERSTRASS, Matthew	SO Evangel	6.91m (+0.0)	2(3) 5
5	BUFORD, Chase	FR Missouri Valle	6.75m (+0.4)	1(2) 4
6	ALLEYENE, Darrell	FR Baker	6.69m (+2.1)	2(4) 3
7	WILLIAMS, KeJuan	FR MidAmerica	6.59m (+0.0)	1(3) 2
8	ABOUSSOU, Enoch	FR Missouri Valle	6.48m (+0.0)	1(4) 1
9	VANDUN, James	JR Clarke	6.38m (+0.2)	1(5)
10	BALLAH, Tim	SR MidAmerica	6.37m (+0.0)	2(5)
11	HAMPTON, Amari	SO MidAmerica	6.28m (+1.7)	2(6)
12	POOLE, Jayton	FR Grand View	6.25m (+0.0)	2(7)
13	SEYMOUR, Lukas	SR Benedictine (6.23m (+0.6)	2(8)
14	ALBERT, Trey	JR Grand View	6.04m (+0.0)	2(9)
15	LEAZER, Joshua	FR Evangel	6.01m (+0.4)	2(10)
16	MCDONALD, Max	FR Baker	5.90m (-1.3)	1(6)
17	THOMAS, Raysean	SO MidAmerica	5.88m (+0.0)	2(11)
18	GREENE, Nathan	SO Culver-Stockt	5.86m (+0.0)	1(7)
19	BELL, Carter	JR Mount Mercy	5.86m (-0.6)	1(8)
20	MACKLIN, Miles	SO MidAmerica	5.82m (+0.0)	1(9)
21	BLACK, Nathan	FR Grand View	5.72m (-1.8)	1(10)

#6 Men's Long Jump (cont'd)

Pl Name	Yr Team	Mark	F(Pl)	Pts
22 DOUGLAS, Elijah	FR Clarke	4.24m (-1.7)	1(11)	

#18-1 Men's Decathlon 100 Meters

!	Heart of America	10.30	Mike Rodgers	2005
#	Facility	10.40	Dashinelle Dyer	4/17/2021
Pl Name	Yr Team	Time	Wind: (+0.0)	
1	DEITERING, Brody	FR Clarke	11.09	841
2	MOELLER, Justin	SR William Penn	11.17	823
3	BUTLER, John Philip	FR Benedictine (11.24	808
4	SMITH, Ethan	SO Central Meth	11.40	774
5	BENSON, Calvin	JR Benedictine (11.52	748
6	LARGE, Jacob	SR Grand View	11.62	728
7	BROGAN, Davis	FR MidAmerica	12.22	608

#18-5 Men's Decathlon 400 Meters

!	Heart of America	47.11	Haddow Weatherbone	2005
#	Facility	47.91	Connor Belken	4/9/2022
Pl Name	Yr Team	Time	Pts	
1	DEITERING, Brody	FR Clarke	51.88	730
2	BUTLER, John Philip	FR Benedictine (52.01	724
3	MOELLER, Justin	SR William Penn	52.31	711
4	BENSON, Calvin	JR Benedictine (53.58	657
5	SMITH, Ethan	SO Central Meth	54.04	638
6	LARGE, Jacob	SR Grand View	55.51	578
7	BROGAN, Davis	FR MidAmerica	57.15	515

#20 Men's 110m Hurdles

!	Heart of America	14.11	Loubert Dagrín	2022
#	Facility	14.30	Jaheem Hayles	4/17/2021

Prelims

Pl Name	Yr Team	Time	H(Pl)
1 MINEAR, Chantz	JR Grand View	14.46 (+0.5)Q	2(1)
2 THOMPSON, Mason	SO Grand View	15.06 (+1.1)Q	1(1)
3 THOMAS, Spencer	JR Grand View	15.44 (+1.1)q	1(2)
4 SAVAGE, Reid	FR Culver-Stockt	15.45 (+1.1)q	1(3)
5 CURET, Kevin	SR Grand View	15.47 (+0.5)q	2(2)
6 KOLOSICK, Brayden	FR Mount Mercy	15.65 (+1.1)q	1(4)
7 GOURLEY, Parker	FR Grand View	15.90 (+0.5)q	2(3)
8 FRAZIER, Jamesperry	SO Baker	15.91 (+0.5)q	2(4)
9 VANDUN, James	JR Clarke	16.03 (+0.5)	2(5)

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#22 Men's 100 Meters

!	Heart of America	10.30	Mike Rodgers	2005
#	Facility	10.40	Dashinelle Dyer	4/17/2021

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	THOMPSON, Keegan	JR	Mount Mercy	10.52 (+2.1)Q	1(1)
2	WOODALL, Tavius	JR	Baker	10.59 (+0.8)Q	2(1)
3	JOHNSON, Showalter	SO	William Penn	10.65 (+1.6)Q	3(1)
4	MARCHAND, Paul	JR	Graceland	10.72 (+2.1)q	1(2)
5	JOHNSON, Verlyn	SR	Culver-Stockt	10.79 (+1.6)q	3(2)
6	BUSSEY, Tyler	JR	MidAmerica	10.86 (+2.1)q	1(3)
7	KELLERSTRASS, Matthew	SO	Evangel	10.89 (+0.8)q	2(2)
8	PEARCE, Zatrack	SR	Evangel	10.96 (+0.8)q	2(3)
9	WESLEY, Micah	FR	Graceland	11.00 (+2.1)	1(4)
10	ROBERTS, Jonah	JR	Benedictine (11.00 (+2.1)	1(5)
11	HEYWOOD, Malachi	FR	Graceland	11.01 (+1.6)	3(3)
12	MALLETT, Drew	FR	Culver-Stockt	11.02 (+2.1)	1(6)
13	BALLAH, Tim	SR	MidAmerica	11.03 (+1.6)	3(4)
14	SMITH, Gavayne	FR	Clarke	11.04 (+0.8)	2(4)
15	BROWN, Fabian	SO	Grand View	11.08 (+0.8)	2(5)
16	SOURBEER, Kain	FR	Clarke	11.16 (+2.1)	1(7)
17	FERGUSON, Tahj	JR	William Penn	11.25 (+1.6)	3(5)
18	JACKSON, Nick	SR	William Penn	11.27 (+0.8)	2(6)
19	MUSONDA, Josh	FR	Clarke	11.29 (+0.8)	2(7)
20	HOLNESS, Omar	FR	Mount Mercy	11.35 (+1.6)	3(6)
21	FOESCH, Camden	FR	Clarke	11.62 (+0.8)	2(8)
	WADE, Breon	FR	Mount Mercy	FS (NW)	1

#24 Men's 4 x 800m Relay

!	Heart of America	7:38.87	Grand View	2021
#	Facility	8:04.12	Grinnell	4/9/2022

Pl	Team	Time	Pts
1	Grand View (A)	# 7:46.93	10
	1) DAVIS, Ahren SR	2) THOMPSON, Nicolas FR	
	3) HUYSER, Carter SR	4) WITTROCK, Isaiah SR	
2	Benedictine (Kan.) (A)	# 7:49.65	8
	1) CAMPBELL, Thomas SO	2) JOSEPH, Philip JR	
	3) ACCURSO, Joseph FR	4) ROGGE, Daniel JR	
3	Park U. (A)	# 7:51.59	6
	1) WILLMANN, Ethan SO	2) CAINES, Timothy FR	
	3) REYES, Manuel FR	4) CAINES, Alexander FR	
4	Central Methodist (A)	# 7:53.05	5
	1) SCHIFFHAUER, Jack JR	2) KIPTANUI, Meshack SO	
	3) JACKSON, Doriye JR	4) NYAOGA, Mohammed SR	
5	Mount Mercy (A)	# 7:58.27	4
	1) CORTEZ, Brady FR	2) CLANCY, Ryan JR	
	3) LIZARRAGA, Sergio FR	4) FORKPA, Irvin FR	

#24 Men's 4 x 800m Relay (cont'd)

Pl	Team	Time	Pts
6	Evangel (A)	# 8:00.96	3
	1) MONTGOMERY, Ethan SO	2) PATTERSON, Eric SO	
	3) FLORES, Isaiah SO	4) NICHOLS, Campbell SO	
7	MidAmerica Nazarene (A)	# 8:01.19	2
	1) KNUDSEN, Thomas SO	2) BESSMER, TJ FR	
	3) PARKER, Nathan SO	4) FARRIS, Marc FR	
8	Baker (A)	8:24.95	1
	1) MCGLASSON, Jacob FR	2) PERSSON, Luke FR	
	3) HINOJOS, Adriel FR	4) DUTTON, Max SR	
9	Graceland (A)	8:35.63	
	1) COLYER, Andrew SR	2) ESTEY, James SR	
	3) HARDER, Logan SR	4) KIPKOSGEL, Elvis SO	

#26 Men's 200 Meters

!	Heart of America	20.58	Haddow Weatherbone	2005
#	Facility	21.29	Tinashe Chigudu	4/9/2022

Prelims

Pl	Name	Yr	Team	Time	H(Pl)
1	WOODALL, Tavius	JR	Baker	21.35 (+0.0)Q	4(1)
2	THOMPSON, Keegan	JR	Mount Mercy	21.48 (+0.0)Q	3(1)
3	JOHNSON, Showalter	SO	William Penn	21.48 (+1.3)Q	1(1)
4	JOHNSON, Verlyn	SR	Culver-Stockt	21.85 (+0.7)Q	2(1)
5	FARMER-COLE, James	FR	MidAmerica	21.97 (+1.3)q	1(2)
6	BALLAH, Tim	SR	MidAmerica	22.05 (+0.7)q	2(2)
7	ROBINSON, Robert	SO	Graceland	22.05 (+1.3)q	1(3)
8	BUSSEY, Tyler	JR	MidAmerica	22.10 (+0.0)q	3(2)
9	MARCHAND, Paul	JR	Graceland	22.12 (+0.0)	4(2)
10	LOVE, Jaelen	SR	William Penn	22.18 (+0.7)	2(3)
11	HEYWOOD, Malachi	FR	Graceland	22.26 (+0.7)	2(4)
12	BOLDEN, Trevor	SO	Baker	22.38 (+1.3)	1(4)
13	HONDONGA, Tafara	SO	William Penn	22.39 (+0.0)	4(3)
14	JOHNS, Curtis	SR	Central Meth	22.41 (+0.0)	3(3)
15	BROWN, Fabian	SO	Grand View	22.42 (+0.7)	2(5)
16	NYAOGA, Mohammed	SR	Central Meth	22.45 (+0.0)	4(4)
17	MALLETT, Drew	FR	Culver-Stockt	22.51 (+0.0)	3(4)
18	GARNICA, Nathaniel	FR	Evangel	22.67 (+1.3)	1(5)
19	SMITH, Gavayne	FR	Clarke	22.72 (+0.0)	3(5)
20	ALBERT, Trey	JR	Grand View	22.77 (+0.0)	4(5)
21	SOURBEER, Kain	FR	Clarke	22.78 (+0.0)	3(6)
22	MUSONDA, Josh	FR	Clarke	22.83 (+0.0)	4(6)
23	FISHER, Johnny	FR	William Penn	22.84 (+0.0)	4(7)
24	WESLEY, Micah	FR	Graceland	22.84 (+1.3)	1(6)
25	WADE, Breon	FR	Mount Mercy	27.89 (+0.0)	3(7)

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#28 Men's 10000 Meters

!	Heart of America	31:03.76	Soimo Kiplagat	2005
#	Facility	32:21.71	Melvin Kipkemboi	4/17/2021

Pl	Name	Yr	Team	Time	Pts
1	FRIESS, Gabriel		SO Benedictine (# 32:18.45	10
2	HOWARD, Jahlil		SR Missouri Valle	32:23.90	8
3	FRIESS, Thaddeus		SR Benedictine (32:50.91	6
4	SCHWARTZHOFF, Emmett		SO Clarke	33:17.27	5
5	MWIHAKI, James		SO MidAmerica	33:19.17	4
6	WEGHORST, Josh		SR Baker	33:26.02	3
7	MCCORMICK, Kaiden		FR Evangel	34:00.74	2
8	ENGEL, Grant		SO Central Meth	34:07.07	1
9	MAURO, Sam		SO Benedictine (34:17.99	
10	FIGUEOA, Andrew		SO Park U.	34:25.47	
11	DAVIED, Mark		SO Benedictine (34:26.40	
12	KHAN, Zain		JR Baker	34:44.93	
13	ADAME, Jimmy		JR Baker	34:53.80	
14	GLASSBRENNER, Riley		SO MidAmerica	34:59.84	
15	HARDER, Logan		SR Graceland	35:07.17	
16	REED, Elliott		JR Central Meth	35:10.57	
17	ESPINOZA, Evan		JR Evangel	35:19.08	
18	JACKSON, Christopher		SO Baker	35:26.76	
19	JOHNSON, Matt		FR Evangel	35:51.13	
20	PATE, Drew		FR Clarke	36:11.34	
21	GRAVE, Felix		SO Mount Mercy	36:26.57	
22	COKEL, Noah		JR Mount Mercy	37:47.63	
	MASSEY, Aidan		SO Baker	DNF	

#18-7 Men's Decathlon Discus

!	Heart of America	54.90m	James Plummer	2018
#	Facility	50.63m	Blake Veenstra	4/9/2022

Pl	Name	Yr	Team	Mark	Pts
1	DEITERING, Brody		FR Clarke	33.19m	528
2	SMITH, Ethan		SO Central Meth	31.65m	497
3	MOELLER, Justin		SR William Penn	30.06m	466
4	LARGE, Jacob		SR Grand View	26.46m	395
5	BROGAN, Davis		FR MidAmerica	24.09m	350
6	BUTLER, John Philip		FR Benedictine (23.80m	344
7	BENSON, Calvin		JR Benedictine (22.56m	320

#18-8 Men's Decathlon Pole Vault

!	Heart of America	5.20m	Nicholas Homan	2016
#	Facility	4.45m	Peterson, Nick	5/1/2021

Pl	Name	Yr	Team	Mark	Pts
1	SMITH, Ethan		SO Central Meth	4.10m	645
2	MOELLER, Justin		SR William Penn	3.90m	590
3	DEITERING, Brody		FR Clarke	3.90m	590

#18-8 Men's Decathlon Pole Vault (cont'd)

Pl	Name	Yr	Team	Mark	Pts
4	BROGAN, Davis		FR MidAmerica	3.80m	562
5	LARGE, Jacob		SR Grand View	3.60m	509
6	BUTLER, John Philip		FR Benedictine (2.70m	286
7	BENSON, Calvin		JR Benedictine (2.60m	264

#18-9 Men's Decathlon Javelin

!	Heart of America	59.38m	John Praeuner	2003
#	Facility	59.74m	Mike Stein	5/1/2021

Pl	Name	Yr	Team	Mark	Pts
1	BROGAN, Davis		FR MidAmerica	54.02m	648
2	MOELLER, Justin		SR William Penn	51.91m	617
3	LARGE, Jacob		SR Grand View	42.84m	483
4	SMITH, Ethan		SO Central Meth	37.67m	408
5	BENSON, Calvin		JR Benedictine (35.70m	380
6	DEITERING, Brody		FR Clarke	33.94m	355
7	BUTLER, John Philip		FR Benedictine (28.66m	280

#4 Men's Discus

!	Heart of America	54.90m	James Plummer	2018
#	Facility	50.63m	Blake Veenstra	4/9/2022

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	SIEFKEN, Niles		SR Grand View	48.35m	2(1)	10
2	HENDERSON, Joshua		SO Central Meth	47.08m	2(2)	8
3	RICHARDSON, Alex		FR Evangel	47.02m	2(3)	6
4	MILLER, Justice		SO Grand View	46.13m	2(4)	5
5	EVANS, Colder		SO Central Meth	45.98m	2(5)	4
6	SUSSEX, Caden		SO Grand View	44.06m	2(6)	3
7	GLASPER, Kameron		JR Baker	44.06m	2(9)	2
8	SCHILLING, Kaden		SO Mount Mercy	43.71m	2(8)	1
9	MILLER, Mitchell		SR Mount Mercy	43.54m	2(9)	
10	RUTHERFORD, Caleb		JR Mount Mercy	40.29m	2(10)	
11	STOTTLEMYER, Jasper		SR William Penn	40.26m	2(11)	
12	LUKEFAHR, Jace		SR William Penn	39.30m	1(1)	
13	SPENCER, Dakota		FR Evangel	38.47m	1(2)	
14	HANSEN, Landon		SR William Penn	37.83m	1(3)	
15	KIRKLAND, Joe-Don		FR Evangel	36.79m	1(4)	
16	WEST, Xzavion		FR Missouri Valle	36.61m	1(5)	
17	JONES, Nate		SO Mount Mercy	35.85m	1(6)	
18	CONTEH, Jeremiah		JR William Penn	33.81m	1(7)	
19	HOWARD, Cole		FR Culver-Stockt	33.80m	1(8)	
20	MURRAY, Steven		JR William Penn	33.51m	1(9)	
21	MEYER, Zach		JR Benedictine (32.26m	1(10)	
22	WILDE, Nathan		FR Grand View	28.66m	1(11)	
	VAN TIEGHEM, Cole		SO Culver-Stockt	NM	1	
	MARSHALL, Nickolas		SO Missouri Valle	NM	1	
	CREW, Hunter		FR Mount Mercy	NM	2	

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#4 Men's Discus (cont'd)

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
	CASTRO, Felipe		SO Mount Mercy	NM	2	

#2 Men's Shot Put

!	Heart of America	17.22m	Jim Freeman		2010	
#	Facility	17.36m	Sam Liokumovich		4/17/2021	

Pl	Name	Yr	Team	Mark	F(Pl)	Pts
1	RUTHERFORD, Caleb		JR Mount Mercy	15.95m	2(1)	10
2	STEPHENSON, Brayton		FR Central Meth	15.27m	2(2)	8
3	WILLEY, Blake		SO Grand View	15.21m	2(3)	6
4	SIEFKEN, Niles		SR Grand View	14.94m	2(4)	5
5	EVANS, Colder		SO Central Meth	14.83m	2(5)	4
6	ANOAI, Will		SR Evangel	14.80m	2(6)	3
7	CASTRO, Felipe		SO Mount Mercy	14.49m	2(7)	2
8	RICHARDSON, Alex		FR Evangel	14.35m	1(1)	1
9	MILLER, Justice		SO Grand View	14.25m	2(8)	
10	HANSEN, Landon		SR William Penn	13.79m	2(9)	
10	MILLER, Mitchell		SR Mount Mercy	13.79m	2(9)	
12	BROWN, Jayson		JR Baker	13.63m	1(2)	
13	JONES, Nate		SO Mount Mercy	13.41m	1(3)	
14	STOTTLEMYER, Jasper		SR William Penn	13.37m	2(11)	
15	CHAFFEE, Tyler		SR Baker	13.34m	2(12)	
16	ANOAI, CJ		SO Evangel	13.19m	1(4)	
17	GLASPER, Kameron		JR Baker	13.11m	1(5)	
18	WEST, Xzavion		FR Missouri Valle	13.07m	1(6)	
19	LUKEFAHR, Jace		SR William Penn	12.77m	1(7)	
20	MURRAY, Steven		JR William Penn	12.21m	1(8)	
21	HARRIS, Gage		SO Central Meth	11.99m	1(9)	
	CONTEH, Jeremiah		JR William Penn	NM	1	
	MARSHALL, Nickolas		SO Missouri Valle	NM	1	
	VAN TIEGHEM, Cole		SO Culver-Stockt	NM	1	

#10 Men's High Jump

!	Heart of America	2.08m	Jones / Holmer		2014	
#	Facility	2.13m	Noah Steiner		4/23/2022	

Pl	Name	Yr	Team	Mark	Pts
1	MILLSLADLE, Michael		JR Graceland	2.05m	10
2	KELL, Tyler		FR Clarke	1.95m	8
3	HAMPTON, Amari		SO MidAmerica	1.95m	6
4	RODGERS, Logan		SO Evangel	1.90m	5
5	MACKLIN, Miles		SO MidAmerica	1.85m	4
6	GILLIES, Jacob		JR Evangel	1.85m	3
7	VANDUN, James		JR Clarke	1.85m	2
8	BLACK, Nathan		FR Grand View	1.80m	0.5
8	POOLE, Jayton		FR Grand View	1.80m	0.5
10	SEYMOUR, Lukas		SR Benedictine (1.80m	
11	EBERLY, Cole		FR Mount Mercy	1.80m	

#10 Men's High Jump (cont'd)

Pl	Name	Yr	Team	Mark	Pts
11	HUMPHREY, Riley		FR William Penn	1.80m	
13	GRANTHAM, Nash		JR Evangel	1.80m	
14	ALLEYENE, Darrell		FR Baker	1.75m	
14	GOURLEY, Parker		FR Grand View	1.75m	
16	MCDONALD, Max		FR Baker	1.75m	
	HARRINGTON, Ethan		SR William Penn	NH	

#14 Men's Triple Jump

!	Heart of America	15.21m	Michal Joachimowski		2002	
#	Facility	14.91m	Tristen Hanna		4/17/2021	

Pl	Name	Yr	Team	Mark	Pts
1	ABOUSSOU, Enoch		FR Missouri Valle	# 15.06m	10
2	LEAZER, Joshua		FR Evangel	13.80m (+1.4)	8
3	SEYMOUR, Lukas		SR Benedictine (13.69m (+1.7)	6
4	WILLIAMS, KeJuan		FR MidAmerica	13.48m (+0.9)	5
5	EVANS, Ahmad		FR Park U.	12.85m (+0.9)	4
6	HANSON, DeMario		JR MidAmerica	12.78m (+2.5)	3
7	HAMPTON, Amari		SO MidAmerica	12.65m (+2.5)	2
8	DOUGLAS, Elijah		FR Clarke	12.47m (+2.8)	1
9	ROLAND, Jordan		JR MidAmerica	11.76m (+1.2)	
10	MACKLIN, Miles		SO MidAmerica	11.24m (+2.2)	
	JONES, Jamel		FR Central Meth	NM (NW)	
	CORADI, Leo		FR Culver-Stockt	NM (NW)	
	NYANDORO, Tom		SO William Penn	NM (NW)	

#18-6 Men's Decathlon 110m Hurdles

!	Heart of America	14.11	Loubert Dagrín		2022	
#	Facility	14.30	Jaheem Hayles		4/17/2021	

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	MOELLER, Justin		SR William Penn	15.29 (+1.9)	1(1)	815
2	LARGE, Jacob		SR Grand View	16.35 (+1.9)	1(2)	694
3	SMITH, Ethan		SO Central Meth	16.38 (+1.9)	1(3)	691
4	BENSON, Calvin		JR Benedictine (16.70 (+0.6)	2(1)	656
5	BUTLER, John Philip		FR Benedictine (17.03 (+1.9)	1(4)	621
6	DEITERING, Brody		FR Clarke	18.06 (+0.6)	2(2)	518
7	BROGAN, Davis		FR MidAmerica	21.08 (+0.6)	2(3)	269

#18-10 Men's Decathlon 1500 Meters

!	Heart of America	3:51.70	James Kamua		2003	
#	Facility	4:02.62	Tyler Colvin		4/9/2022	

Pl	Name	Yr	Team	Time	Pts
1	BUTLER, John Philip		FR Benedictine (4:44.28	654
2	BROGAN, Davis		FR MidAmerica	4:57.16	576
3	DEITERING, Brody		FR Clarke	4:57.82	572
4	BENSON, Calvin		JR Benedictine (4:58.15	570
5	SMITH, Ethan		SO Central Meth	4:58.42	569

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#18-10 Men's Decathlon 1500 Meters (cont'd)

Pl	Name	Yr	Team	Time	Pts
6	MOELLER, Justin	SR	William Penn	5:01.63	550
7	LARGE, Jacob	SR	Grand View	5:14.31	480

#30 Men's 5000m Walk

!	Heart of America	22:15.26	Thiago Ferreira	2009
#	Facility	24:02.00	Jon Andersen	2019

Pl	Name	Yr	Team	Time	Pts
1	LIMAS, Nathan	FR	Grand View	# 23:55.03	10
2	DISER, Seth	JR	Grand View	26:44.15	8
3	CHURCH, Noah	JR	Clarke	27:42.67	6
4	COBURN, Exavier	JR	Central Meth	27:44.58	5
5	VASQUEZ, Ben	FR	Clarke	28:49.65	4
6	MUNSEY, Luke	JR	Mount Mercy	30:21.80	3
7	MILLER, Edward	JR	Evangel	33:09.32	2
8	JACOBS, Patrick	FR	MidAmerica	33:34.10	1
9	HEDDINGS, Paul	FR	MidAmerica	36:18.75	
10	SWEARENGIN, Tyler	FR	MidAmerica	36:24.79	
11	MILLER, Logan	FR	Graceland	36:59.55	
	THOMAS, Aidan	SO	MidAmerica	DQ	

#32 Men's 3000m Steeple

!	Heart of America	9:30.87	Trevor Albert	2021
#	Facility	9:29.98	Melvin Kipkemboi	4/9/2022

Pl	Name	Yr	Team	Time	Pts
1	CLANCY, Ryan	JR	Mount Mercy	9:40.00	10
2	PATTERSON, Eric	SO	Evangel	9:47.71	8
3	KIPTANUI, Meshack	SO	Central Meth	9:55.21	6
4	MICHAEL, Sebastian	FR	Benedictine (9:55.48	5
5	SILVA, Braylan	JR	Grand View	10:08.57	4
6	GODARD, Luke	SR	Benedictine (10:15.49	3
7	HAVERLY, Kole	SO	Clarke	10:31.52	2
8	KONDOS, Bryce	FR	Clarke	10:37.32	1
9	JACKSON, Christopher	SO	Baker	10:38.23	
10	SIVOLA, Trent	SR	Grand View	11:09.18	
11	GRAHAM, Jude	SO	Baker	11:12.99	
12	FELDKAMP, Matthew	SO	Benedictine (11:20.12	

#34 Men's 4 x 100m Relay

!	Heart of America	40.63	Lindenwood	2005
#	Facility	40.72	Iowa Central CC	4/17/2021

Pl	Team	Time	H(Pl)	Pts
1	William Penn (A)	41.64	2(1)	10
	1) HONDONGA, Tafara SO			
	2) JOHNSON, Showalter SO			
	3) JACKSON, Nick SR			
	4) LOVE, Jaelen SR			

#34 Men's 4 x 100m Relay (cont'd)

Pl	Team	Time	H(Pl)	Pts
2	MidAmerica Nazarene (A)	41.81	2(2)	8
	1) BUSSEY, Tyler JR			
	2) FARMER-COLE, James FR			
	3) THOMAS, Raysean SO			
	4) BALLAH, Tim SR			
3	Graceland (A)	41.90	2(3)	6
	1) WESLEY, Micah FR			
	2) HEYWOOD, Malachi FR			
	3) ROBINSON, Robert SO			
	4) MARCHAND, Paul JR			
4	Evangel (A)	41.92	2(4)	5
	1) PEARCE, Zatrack SR			
	2) SYLVESTER, Joseph JR			
	3) GARNICA, Nathaniel FR			
	4) KELLERSTRASS, Matthew SO			
5	Culver-Stockton (A)	42.24	2(5)	4
	1) SAVAGE, Reid FR			
	2) MALLETT, Drew FR			
	3) HAVENS, Anthony SR			
	4) JOHNSON, Verlyn SR			
6	Benedictine (Kan.) (A)	42.42	2(6)	3
	1) WITHERSPOON, Dalton FR			
	2) CAPLINGER, Blue SO			
	3) MERRIFIELD, Alex SR			
	4) ROBERTS, Jonah JR			
7	Mount Mercy (A)	42.44	2(7)	2
	1) HOLNESS, Omar FR			
	2) THOMPSON, Keegan JR			
	3) SCHROEDER, Jordan JR			
	4) KEIPER, Nate SO			
8	Clarke (A)	42.69	2(8)	1
	1) SOURBEER, Kain FR			
	2) SMITH, Gavayne FR			
	3) MUSONDA, Josh FR			
	4) FOESCH, Camden FR			
9	Central Methodist (A)	42.82	1(1)	
	1) JOHNS, Curtis SR			
	2) NYAOGA, Mohammed SR			
	3) WATSON, Adrian JR			
	4) SCHIFFHAUER, Jack JR			
10	Grand View (A)	43.00	1(2)	
	1) BROWN, Fabian SO			
	2) ALBERT, Trey JR			
	3) THOMPSON, Mason SO			
	4) DESEQUEIRA, Leo SR			
11	Baker (A)	43.20	1(3)	
	1) BOLDEN, Trevor SO			
	2) WOODALL, Tavius JR			
	3) ALLEYENE, Darrell FR			
	4) CLAESSENS, Alexander SO			

#36 Men's 1500 Meters

!	Heart of America	3:51.70	James Kamua	2003
#	Facility	4:02.62	Tyler Colvin	4/9/2022

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	HUYSER, Carter	SR	Grand View	# 3:58.61	2(1)	10
2	MANNELLA, David	JR	Benedictine (# 3:59.47	2(2)	8
3	WITTRICK, Isaiah	SR	Grand View	4:03.44	2(3)	6
4	KELLERMAN, Khobi	JR	Missouri Valle	4:04.67	2(4)	5
5	CAMPBELL, Thomas	SO	Benedictine (4:05.12	2(5)	4
6	THOMPSON, Nicolas	FR	Grand View	4:05.20	1(1)	3
7	ACCURSO, Joseph	FR	Benedictine (4:05.28	2(6)	2
8	SCHRODER, Tom	FR	Park U.	4:06.30	1(2)	1
9	HECKENBERG, Jonah	SO	William Penn	4:06.81	2(7)	
10	DAVIS, Ahren	SR	Grand View	4:07.07	1(3)	
11	JOSEPH, Philip	JR	Benedictine (4:07.08	2(8)	

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#36 Men's 1500 Meters (cont'd)

Pl	Name	Yr Team	Time	H(Pl)	Pts
12	REYES, Manuel	FR Park U.	4:07.33	1(4)	
13	CLANCY, Ryan	JR Mount Mercy	4:09.88	2(9)	
14	MONTGOMERY, Ethan	SO Evangel	4:11.46	2(10)	
15	FIGUEOA, Andrew	SO Park U.	4:15.99	1(5)	
16	ESTEY, James	SR Graceland	4:16.77	1(6)	
17	VARVELO, Ethan	SO William Penn	4:18.42	1(7)	
18	KIPKOSGEI, Elvis	SO Graceland	4:18.59	1(8)	
19	HINOJOS, Adriel	FR Baker	4:19.39	1(9)	

#20 Men's 110m Hurdles

!	Heart of America	14.11	Loubert Dagrin	2022
#	Facility	14.30	Jaheem Hayles	4/17/2021

Finals

Pl	Name	Yr Team	Time	Pts
1	MINEAR, Chantz	JR Grand View	14.41	10
2	THOMPSON, Mason	SO Grand View	15.06	8
3	THOMAS, Spencer	JR Grand View	15.23	6
4	CURET, Kevin	SR Grand View	15.46	5
5	SAVAGE, Reid	FR Culver-Stockt	15.66	4
6	KOLOSICK, Brayden	FR Mount Mercy	15.71	3
7	GOURLEY, Parker	FR Grand View	15.98	2
8	FRAZIER, Jamesperry	SO Baker	16.00	1

Wind: (-0.1)

#38 Men's 400 Meters

!	Heart of America	47.11	Hadow Weatherbone	2005
#	Facility	47.91	Connor Belken	4/9/2022

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	FARMER-COLE, James	FR MidAmerica	48.18	4(1)	10
2	NYAOGA, Mohammed	SR Central Meth	48.46	4(2)	8
3	HONDONGA, Tafara	SO William Penn	48.73	4(3)	6
4	WATSON, Adrian	JR Central Meth	49.40	4(4)	5
5	SOURBEER, Kain	FR Clarke	49.97	3(1)	4
6	DESEQUEIRA, Leo	SR Grand View	50.07	3(2)	3
7	THOMAS, Raysean	SO MidAmerica	50.07	4(5)	2
8	ROBINSON, Robert	SO Graceland	50.22	3(3)	1
9	EVANS, Ahmad	FR Park U.	50.37	4(6)	
10	CELIENTO, Lorenzo	JR Missouri Valle	50.71	3(4)	
11	REID, Christian	FR Missouri Valle	50.82	3(5)	
12	SCHROEDER, Jordan	JR Mount Mercy	51.15	3(6)	
13	PARKER, Nathan	SO MidAmerica	51.20	2(1)	
14	BOLDEN, Trevor	SO Baker	51.29	4(7)	
15	ADUM, Ardadi	FR Grand View	51.64	2(2)	
16	FISHER, Johnny	FR William Penn	51.68	2(3)	
17	RAWICKI, Joseph	SR Benedictine (51.73	2(4)	
18	GARNICA, Nathaniel	FR Evangel	51.81	3(7)	
19	LOVELESS, Jaden	SO William Penn	52.09	2(5)	

#38 Men's 400 Meters (cont'd)

Pl	Name	Yr Team	Time	H(Pl)	Pts
20	CLAESSENS, Alexander	SO Baker	52.17	1(1)	
21	MUSONDA, Josh	FR Clarke	52.40	3(8)	
22	PEARCE, Zatrack	SR Evangel	52.53	2(6)	
23	WHITE, Tyler	JR Evangel	52.57	1(2)	
24	COZZI, Avery	SO Benedictine (52.64	2(7)	
25	SMITH, Gus	FR Benedictine (53.80	1(3)	

#22 Men's 100 Meters

!	Heart of America	10.30	Mike Rodgers	2005
#	Facility	10.40	Dashinelle Dyer	4/17/2021

Finals

Pl	Name	Yr Team	Time	Pts
1	THOMPSON, Keegan	JR Mount Mercy	10.54	10
2	JOHNSON, Showalter	SO William Penn	10.56	8
3	WOODALL, Tavius	JR Baker	10.64	6
4	KELLERSTRASS, Matthew	SO Evangel	10.81	5
5	JOHNSON, Verlyn	SR Culver-Stockt	10.83	4
6	BUSSEY, Tyler	JR MidAmerica	10.93	3
7	MARCHAND, Paul	JR Graceland	10.96	2
8	PEARCE, Zatrack	SR Evangel	11.32	1

Wind: (+2.4)

#40 Men's 800 Meters

!	Heart of America	1:52.40	Joshua Schmidt	2010
#	Facility	1:56.23	Robin Aguilar Gonzalez	4/17/2021

Pl	Name	Yr Team	Time	H(Pl)	Pts
1	HUYSER, Carter	SR Grand View	# 1:54.15	4(1)	10
2	JACKSON, Doriye	JR Central Meth	# 1:54.76	4(2)	8
3	KNUDSEN, Thomas	SO MidAmerica	# 1:55.21	3(1)	6
4	MANNELLA, David	JR Benedictine (# 1:55.30	4(3)	5
5	ROGGE, Daniel	JR Benedictine (# 1:55.75	4(4)	4
6	WILLIAMS, Brandon	SO William Penn	# 1:55.79	3(2)	3
7	CAINES, Alexander	FR Park U.	# 1:56.10	3(3)	2
8	NICHOLS, Campbell	SO Evangel	1:56.78	3(4)	1
9	KELLERMAN, Khobi	JR Missouri Valle	1:58.42	3(5)	
10	THOMPSON, Nicolas	FR Grand View	1:58.42	4(5)	
11	CAINES, Timothy	FR Park U.	1:58.55	4(6)	
12	CORTEZ, Brady	FR Mount Mercy	1:58.61	2(1)	
13	SANSENBACH, Carson	FR Clarke	1:58.72	3(6)	
14	WITTRUCK, Isaiah	SR Grand View	2:00.02	4(7)	
15	BESSMER, TJ	FR MidAmerica	2:00.86	2(2)	
16	HECKENBERG, Jonah	SO William Penn	2:01.05	4(8)	
17	WILLMANN, Ethan	SO Park U.	2:01.23	3(7)	
18	BLAINE, Daytona	FR Missouri Valle	2:02.05	2(3)	
19	FARRIS, Marc	FR MidAmerica	2:02.36	2(4)	
20	COLYER, Andrew	SR Graceland	2:03.58	1(1)	
21	DAVIS, Ahren	SR Grand View	2:04.05	2(5)	

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#40 Men's 800 Meters (cont'd)

Pl	Name	Yr	Team	Time	H(Pl)	Pts
22	MCGLASSON, Jacob	FR	Baker	2:04.68	2(6)	
23	LOPEZ, Oscar	SR	Mount Mercy	2:06.06	1(2)	
24	PERSSON, Luke	FR	Baker	2:07.20	1(3)	

#42 Men's 400m Hurdles

!	Heart of America	52.81	Jermaine Ricketts	2003
#	Facility	52.71	Johanna Frost	4/17/2021

Pl	Name	Yr	Team	Time	H(Pl)	Pts
1	MINEAR, Chantz	JR	Grand View	52.86	3(1)	10
2	MILLER, Tyler	SR	Grand View	53.16	3(2)	8
3	WATSON, Adrian	JR	Central Meth	55.39	3(3)	6
4	BOIVIN, William	JR	Evangel	55.46	3(4)	5
5	HOUSH, Chase	FR	Park U.	57.27	3(5)	4
6	ATIANJOH, Lawson	SR	MidAmerica	57.41	3(6)	3
7	THOMAS, Spencer	JR	Grand View	57.42	3(7)	2
8	SCHIFFHAUER, Jack	JR	Central Meth	57.97	1(1)	1
9	GRANTHAM, Nash	JR	Evangel	58.63	2(1)	
10	BOGUSLAWSKI, Michael	SO	Park U.	58.71	3(8)	
11	KUSSMAN, Gustav	SO	Benedictine (58.94	2(2)	
12	CAPLINGER, Blue	SO	Benedictine (59.13	1(2)	
13	NYANDORO, Tom	SO	William Penn	59.16	2(3)	
14	KOLOSICK, Brayden	FR	Mount Mercy	1:00.87	2(4)	
15	CURET, Kevin	SR	Grand View	1:01.13	2(5)	
16	WITHERSPOON, Dylan	FR	Benedictine (1:02.37	2(6)	
17	MILLER, Logan	FR	Graceland	1:04.64	1(3)	

#26 Men's 200 Meters

!	Heart of America	20.58	Haddow Weatherbone	2005
#	Facility	21.29	Tinashe Chigudu	4/9/2022

Finals

Wind: (+2.2)

Pl	Name	Yr	Team	Time	Pts
1	THOMPSON, Keegan	JR	Mount Mercy	20.95	10
2	JOHNSON, Showalter	SO	William Penn	21.22	8
3	WOODALL, Tavius	JR	Baker	21.27	6
4	JOHNSON, Verlyn	SR	Culver-Stockt	21.58	5
5	BUSSEY, Tyler	JR	MidAmerica	21.92	4
6	ROBINSON, Robert	SO	Graceland	21.99	3
7	BALLAH, Tim	SR	MidAmerica	22.46	2
8	FARMER-COLE, James	FR	MidAmerica	25.06	1

#44 Men's 5000 Meters

!	Heart of America	14:50.69	Noah Too	2007
#	Facility	14:52.52	Andrew Stumbo	2019

Pl	Name	Yr	Team	Time	Pts
1	MANNELLA, David	JR	Benedictine (15:33.17	10

#44 Men's 5000 Meters (cont'd)

Pl	Name	Yr	Team	Time	Pts
2	ACCURSO, Joseph	FR	Benedictine (15:34.84	8
3	LIZARRAGA, Sergio	FR	Mount Mercy	15:36.68	6
4	FINLEY, Max	FR	William Penn	15:39.29	5
5	FRIESS, Thaddeus	SR	Benedictine (15:47.85	4
6	FRIESS, Gabriel	SO	Benedictine (15:50.23	3
7	WEGHORST, Josh	SR	Baker	15:51.15	2
8	DAVIS, Anthony	JR	Baker	15:55.90	1
9	KIPTANUI, Meshack	SO	Central Meth	16:00.95	
10	SCHRODER, Tom	FR	Park U.	16:01.91	
11	GLASSBRENNER, Riley	SO	MidAmerica	16:02.35	
12	MICHAEL, Sebastian	FR	Benedictine (16:08.16	
13	MWIHAKI, James	SO	MidAmerica	16:22.49	
14	SCHWARTZHOFF, Emmett	SO	Clarke	16:26.72	
15	KIPKOSGEL, Elvis	SO	Graceland	16:34.79	
16	GODARD, Luke	SR	Benedictine (16:41.89	
17	FIGUEOA, Andrew	SO	Park U.	16:49.86	
18	SILVA, Braylan	JR	Grand View	16:53.63	
19	MUNOZ, Micah	FR	Benedictine (17:15.47	
20	KHAN, Zain	JR	Baker	17:32.52	

#46 Men's 4 x 400m Relay

!	Heart of America	3:12.11	MidAmerica Nazarene	2002
#	Facility	3:16.25	Hawkeye CC	4/17/2021

Pl	Team	Time	H(Pl)	Pts
1	Central Methodist (A)	# 3:16.19	2(1)	10
	1) NYAOGA, Mohammed SR			
	2) SCHIFFHAUER, Jack JR			
	3) JACKSON, Doriye JR			
	4) WATSON, Adrian JR			
2	MidAmerica Nazarene (A)	3:18.35	2(2)	8
	1) BUSSEY, Tyler JR			
	2) HAMPTON, Amari SO			
	3) KNUDSEN, Thomas SO			
	4) THOMAS, Raysean SO			
3	Grand View (A)	3:18.47	2(3)	6
	1) DESEQUEIRA, Leo SR			
	2) DENNY, Ezra SO			
	3) MILLER, Tyler SR			
	4) HUYSER, Carter SR			
4	Park U. (A)	3:22.09	2(4)	5
	1) BOGUSLAWSKI, Michael SO			
	2) CAINES, Alexander FR			
	3) HOUSH, Chase FR			
	4) EVANS, Ahmad FR			
5	Baker (A)	3:22.75	2(5)	4
	1) MCGLASSON, Jacob FR			
	2) WOODALL, Tavius JR			
	3) BOLDEN, Trevor SO			
	4) CLAESSENS, Alexander SO			
6	Missouri Valley (A)	3:23.27	2(6)	3
	1) RIOJAS, Brendan FR			
	2) REID, Christian FR			
	3) KELLERMAN, Khobi JR			
	4) CELIENTO, Lorenzo JR			
7	Mount Mercy (A)	3:23.33	2(7)	2
	1) KEIPER, Nate SO			
	2) HOLNESS, Omar FR			
	3) CORTEZ, Brady FR			
	4) SCHROEDER, Jordan JR			

2023 HEART MEN'S & WOMEN'S OUTDOOR TRACK & FIELD CHAMPIONSHIPS

Cedar Rapids, IA

Weather: Cloudy, Wind SE 15-25 & 66

Host: Mount Mercy University

5/5/2023 - 5/6/2023

MEET OFFICIALS**Meet Director:**

Ryan Scheckel

Meet Referee:

Ryan Elsbernd

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

printed: 5/6/2023 5:21 PM

RESULTS**#46 Men's 4 x 400m Relay (cont'd)**

Pl	Team	Time	H(Pl)	Pts
8	William Penn (A)	3:23.57	1(1)	1
	1) FISHER, Johnny FR			
	2) JOHNSON, Showalter SO			
	3) WILLIAMS, Brandon SO			
	4) HONDONGA, Tafara SO			
9	Graceland (A)	3:23.76	1(2)	
	1) HEYWOOD, Malachi FR			
	2) ROBINSON, Robert SO			
	3) WESLEY, Micah FR			
	4) MARCHAND, Paul JR			
10	Clarke (A)	3:24.71	1(3)	
	1) MUSONDA, Josh FR			
	2) SANSENBACH, Carson FR			
	3) HAVERLY, Kole SO			
	4) SOURBEER, Kain FR			
11	Benedictine (Kan.) (A)	3:26.69	2(8)	
	1) CAPLINGER, Blue SO			
	2) COZZI, Avery SO			
	3) ROGGE, Daniel JR			
	4) RAWICKI, Joseph SR			
12	Evangel (A)	3:30.49	1(4)	
	1) PEARCE, Zatrack SR			
	2) BOIVIN, William JR			
	3) WHITE, Tyler JR			
	4) GARNICA, Nathaniel FR			

#18 Men's Decathlon

Pl	Name	Yr	Team	Points	Pts
!	Heart of America	6506	Logan Pettz	2011	
1	MOELLER, Justin		SR William Penn	! 6638	10
2	SMITH, Ethan		SO Central Meth	5946	8
3	DEITERING, Brody		FR Clarke	5907	6
4	LARGE, Jacob		SR Grand View	5423	5
5	BENSON, Calvin		JR Benedictine (5262	4
6	BUTLER, John Philip		FR Benedictine (5118	3
7	BROGAN, Davis		FR MidAmerica	4883	2

Men's Scores

Pl	Team	Code	Score
1	Grand View	GRAN	164
2	Benedictine (Kan.)	BEKS	111
3	Central Methodist	CEMO	107
4	Mount Mercy	MOIA	89
4	MidAmerica Nazarene	MIDA	89
6	Evangel	EVMO	78
7	William Penn	WIIA	67
8	Clarke	CLIA	42
9	Baker	BAKS	39
10	Missouri Valley	MIM2	37
11	Graceland	GRIA	34
12	Park U.	PAMO	22
13	Culver-Stockton	CULV	17