



Firefighter Behavioral
Health Alliance,
Retired Fire Captain Jeff Dill,
Life Support,
and
Kittitas County EMS Division
Present



An Internal Size-Up

A First Responder behavioral health awareness workshop on how stress, anxiety, PTSD, moral injury, addictions, depression and anger affects you and your job. We will also discuss suicide and retirement.

March 25, 2023

First Session

9:30am-11:30am

Lunch Provided

Second Session

1:00pm-3:00pm

Lunch Provided

Location:

Putnam Senior Center

719 E 3rd St, Cle Elum, WA 98922

FBHA
2126 Albury Ave
N. Las Vegas, NV 89086
Office: (847) 209-8208
Fax: (888) 788-5047
Email: info@ffbha.org

Instructor:
Jeff Dill, Founder & CEO
Cell: (847) 209-8208
Email: jdill@ffbha.org

Please reserve seats by registering on the
Kittitas County EMS website at
www.kittitascountyems.org

“Sponsored by Life Support at NO charge to attendees.”

FBHA is an IRS approved 501(c)3 organization

For more information about FBHA see www.ffbha.org