



ODE CNP CACFP Menu Form



Sponsor name/site name Gentog

Month and Year August 10-14, 2020

Meal Patterns	Monday, Augusts 10	Tuesday, August 11	Wednesday, August 12	Thursday, August 13	Friday, August 14
Breakfast <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	Cheerios (wg) Toast (ww) Grapes Milk	Scrambled Eggs Toast (ww) Orange Slices Milk	Oatmeal Toast (ww) Raisins Milk	Sausage & Egg English Muffin Sandwich (ww) Apple Slices Milk	Yogurt Toast (ww) Berries Milk
AM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	English Muffin (ww) Melted Cheese	Graham Crackers Sliced Oranges	Crackers Grapes	Cheddar Cheese Apple Slices	Veggie Straws Cheese Stick
Lunch <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Other Foods 	Chicken Steak Rice Toast (ww) Mixed Vegetables Pears Milk	Turkey Sandwich on Wheat Bread (ww) Mashed Potatoes with Gravy Carrots Peaches Milk	Egg Sandwich on Wheat Bread (ww) Noodle Soup Green Beans Fruit Cocktail Milk	Spaghetti and Meatballs Bread Stick Tossed Salad Peaches Milk	Grilled Cheese on Wheat Bread (ww) Corn Soup Pickles Applesauce Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> • Fluid Milk • Meat or meat alternate • Vegetables • Fruits • Grains 	Teddy Grahams Milk	Cheez-Its Grapes	Ritz Crackers Milkshakes	Apple Slices Cheese Slices	Raisin Toast (ww) Cheese Sticks

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.