



## Walk A Mile in Her Shoes®

I promise to never commit, condone, or remain silent about domestic violence, sexual assault, child abuse or other forms of aggressive violence against women, men and children.

I will encourage men and women to mentor children to live violence-free, and I will work together with other men and women to end all interpersonal violence.

Wherever possible I will report all known, suspected or witnessed incidents of domestic violence or child abuse to an agency/organization who can assist the victims.

I will educate myself as well as my friends, family and children about healthy relationships.

I promise to teach my sons to respect women and that strength is not defined by violence or domination.

I promise to teach my daughters self-esteem and self-worth.