



Certifying BCBAs in Sexual & Sociosexual Behavior:

The Certified Behavioral Sexologist (CBS & CBS-C)

SECTION I: INTRODUCTION

Thank you for your interest in the Certified Behavioral Sexologist (CBS & CBS-C) Program here at *Empowered: A Center for Sexuality LLC* and *CEUs by Study Notes ABA*. We are grateful to be able to say this is the first-ever certification program for the subfield of Sexual Behavior Analysis (SBA), allowing ABA Professionals to demonstrate their competency in sexual and sociosexual behaviors, consistent with the requirements in the BACB® (2020) Code of Ethics 1.05: Receive independent verification of training and experience.

The program has 3 main components:

1. CEU Content - Hosted on the CEUs by Study Notes ABA website, taken at self-pace
2. Supervised Practicum - Supervision meetings at 10% of total hours once engaging in work with sexual and/or sociosexual behaviors
3. Sexuality-focused Experiences Evaluation (SEE) - In-person mandatory 2-day training

Each component is laid out in greater detail later in this manual.

For simplicity and ease, here is a cost breakdown:

- **Level 1 (CBS) - Autism and ID - \$2800**
 - 60 CEUs = \$1800
 - SEE = \$500
 - **Note: See Section III: Sexuality Experiences Evaluation for additional information about pricing regarding room & board, which is not factored into this total due to variability.**

- 10 Group Supervision Hours = \$500
- **Levels 1 & 2 (CBS-C) - Neurotypical and Couples - \$4700 (total; \$1900 additional to CBS)**
 - 30 additional CEUs = \$900
 - 5 additional Group Supervision Hours = \$250
 - 5 Individual Supervision Hours = \$750

--	CEU Requirements	SEE (- room & board)	Group Supervision	Individual Supervision	Cost for this Level
Level 1	\$1800	\$500	\$500	--	\$2800
Level 2	\$900	--	\$250	\$750	\$1900

**Keeping in mind that Level 2 requires completion of Level 1 and thus comes to a GRAND total of: \$4700.*

SECTION II: DISCLAIMERS

Please note the following statements:

- Sexual Behavior Analysis (SBA) is a newly developed subfield of ABA that has yet to receive official recognition from the Behavior Analyst Certification Board™ (BACB), although they have been aware of this practice for years.
 - *This certification is not endorsed by the Board and is not affiliated with it in any way.* It is intended to demonstrate competency and compliance with the BACB™ (2020) Code of Ethics when addressing sexual or sociosexual behaviors, including working with members of the LGBTQIA+ community and developing socially-valid behaviors, or teaching about puberty.
- **This program** does result in BACB® Learning CEUs, so even though it is not BACB®-endorsed, per se, it **is bound by the BACB® (2020) Code of Ethics**. Please refer to the code to know further information regarding rights as a student. All students are certified ABA professionals, so it is assumed that students have a basic understanding of the code. In the event a student has questions about their rights, these can be asked of Nicholas Maio-Aether (nicholas.maio@empoweredcenter.com) or directly of the BACB® Ethics Hotline.
- **Reporting a suspected Ethics violation:**

-
- Please follow the BACB™ (2020) Code's advice and first let the person know you have a concern and wish to address it for actionable change
 - If such occurs, move on
 - If such does not occur, or if the change does not result, report to the BACB™ Ethics Hotline through the BACB™ home site.
-
- **This certification requires upkeep every two years**, demonstrating continuing education; such is explained later in this manual but should be noted early on.

 - **Technology requirements are up to the individual student** in the program to meet, and include the following:
 - Reliable Internet connection
 - Access to a device that is sufficient for running full functionality of Zoom:
 - Laptop or PC with operating system that meets Zoom requirements
 - Chromebooks and Phones are not sufficient
 - Access to a recording device that can be wiped of all data and kept secured whenever data is on it
 - Access to an email service account

 - **All students will need proof of active certification for training in HIPAA**, and this must be provided prior to entering Supervised Practicum. The cost for this training is up to the student to cover, and can range online from \$40-\$100. No preference will be given to any particular training, so long as it results in a certificate.

 - **Transactions/Refunds**
 - CEUs/StudyNotesABA content
 - All sales are final once a CEU has been delivered, save for in an instance that it is determined a CEU presentation contained misinformation; in such a case, refunds will be delivered as a policy.

 - The Sexuality Experiences Evaluation (SEE)
 - This is an in-person event that requires staying onsite, and thus since the cost of a BnB will remain the same even if someone backs out prior to the event, this portion (**Room & Board only**) **will not be refundable once purchased.**

 - Supervision
 - Refund

-
- If a supervision session has been attended, there is no refund for that session; payments are at the time of the session, so missed sessions will not require a refund
 - Cancellation
 - Any supervision session can be rescheduled with 24 hours notice, but in the event it must be canceled, such as a student dropping the program or pausing supervised work:
 - *Payments are made at the time of supervision, so there is no refund needed*
 - Late Cancel
 - Any supervision session for which the student did not cancel at least 24 hours in advance, but which they did cancel prior to the onset of the session time, rescheduling will be available with no financial penalty.
 - No Call/No Show
 - Any supervision session for which the student registered and then missed without notice, does result in a charge for that missed session, at full cost.

SECTION III: COMPONENTS

- **Continuing Education Units (CEUs) - \$30/CEU**
 - 60 hours for Level 1 (CBS - Autism & ID)
 - **Ethics In Addressing Sexual Behavior** (3 hrs) **is the first course -- required**
 - Pick and Choose from any Level 1 courses; do them in whichever order is convenient/desired, or recommended by a supervisor during supervision sessions
 - 90 total (30 *additional*) hours for Level 2 (CBS-C - Neurotypical and Couples)
 - After completion of Level 1
 - All courses are focused on counseling skills that can be worked into ABA methodology
 - Individual
 - Sexual Dysfunction; Perceived Sex/Porn Addiction; Traumas; Adult Virgins
 - Couples & Polycules
 - Sexual Dysfunction; Perceived Sex/Porn Addiction; Traumas; Boundary-Setting and Navigating Non-Monogamy

-
- **Tests after each training** to ensure understanding and application of skills into hypotheticals
 - This replaces a comprehensive exam at the end of the certification process
 - **2-3 questions per hour of education**

 - **Supervision by demonstrably competent Sexual Behavior Analysts**
 - *NOTE: Supervision may begin ONLY after completing at least 20 hours of CEUs (first 3 hours must be Ethics In Addressing Sexual Behavior).*
 - Indirect/Experience hours for Level 1 = 90
 - 10 hours minimum group supervision at Level 1 (10% minimum)
 - Cost = \$50/hr
 - Indirect/Experience hours for Level 2 = 90
 - 5 additional hours group supervision + 5 hours individual supervision at Level 2 (10% minimum, ½ individual)
 - Cost for Group = \$50/hr
 - Cost for Individual = \$150/hr
 - Recordings
 - Recording is a standard practice in many therapy practicums
 - Utilizing forms provided by this program, guardians will provide consent for temporary recording with data shred post-supervision.
 - All visual recordings will be of the Program Student, not the client/s
 - Such will require placement of a phone or camera, which will be in onboarding instructions
 - Audio of the clients' responses can be illuminating enough; we do not need to see the clients
 - All recordings will be stored on HIPAA-compliant drives/software and will be shredded immediately following the supervision session, where they will be shared only via *screen share* on Zoom
 - The shared recordings are intended to be highlight reels, 10-15 minutes in length
 - These will depict application of skills, challenges, and/or successes

 - **Sexuality-focused Experiences Evaluation (SEE)**
 - The SEE is a Behavior-Analytic exploration of the most fringe corners of sexuality, to determine if the Behavior Analysts attending are truly cut out for this work, if and what their boundaries will be, and to be exposed to things they may simply find interesting.

-
- *It is intentionally jarring at times, and thus there will be emotional debriefs and also several self-care and wellness options available throughout the weekend.*
 - This is MANDATORY and can occur at any time during the program. It is recommended that this be done early, as it can be illuminating as to what boundaries (emotional; caseload) one may require in doing this type of work.
 - This is a **2-day training**, You will earn BACB™ CEUs directly from Empowered: A Center For Sexuality LLC upon completion:
 - It is 10 hours total and costs \$500 at base
 - This does not include airfare or hotel/BnB costs
 - This event will be sold as a package with a discounted room & board added to the total cost of the event; *for example:*
 - \$500 base + \$300 room for 3 nights at AirBnB where event is being held = \$800 total
 - *Total price is subject to change depending on price and availability of BnBs, but the base remains at \$500*
 - **In-person, offered twice annually**
 - 1 event will be in Anchorage, AK, and the other in St Louis, MO each year -- *locations are subject to potential change, pending availability and ongoing feedback by attendees.*
 - Each day, 5 hours of training will occur
 - This is experiential training, where members of populations will be met, videos will be watched, and activities will be completed by the students among themselves
 - This is intended to be intense and to help students evaluate what they are going to be comfortable with in doing this type of work
 - Each day, before and after the training, there will be included activities for personal wellness, such as:
 - Mindful Eating
 - Mindfulness Meditation and Yoga
 - Walking Tours
 - Each day, after training, there will also be optional additional purchases students can make for further wellness options, such as massages, facials, etc.
- **Actual Certification**
 - This program can take as little as 10 months or as much as 2 years to complete
 - *If more than 2 years, some course content may need to be retaken for the updates*

-
- Upon completion, participants can send in their Certification application, which will include an overview of all requirements met
 - Our team at both Study Notes ABA and Empowered: A Center for Sexuality will confirm CEU, Supervision, and SEE requirements have been met
 - The student will then be awarded their certificate at no additional cost, within 2 weeks of submission
 - *Time may be extended if it is found that a requirement is not sufficiently met or documented as such*
 - **Renewal**
 - Every 2 years, a total of 10 SBA CEUs will be required for renewal; they will not need to come from our program, but will require ACE Continuing Education approval and a summary/overview to determine if it meets sexological and behavior-analytic standards
 - Renewal will cost a processing fee of \$100 if using outside CEUs or \$25 if using ones from our program

****SEE NEXT PAGE FOR CLOSING STATEMENT AND CONTRACT FOR ONSET****

SECTION IV: CLOSING STATEMENT AND CONTRACT FOR ONSET

Thank you for your participation in this program! We look forward to providing you with a quality Continuing Education, Supervision, and resulting Certification program focused solely on building skills pertaining to Behavior Analytic work! If you have any questions about the above content, please contact Nicholas Maio-Aether (nicholas.maio@empoweredcenter.com). If you have reviewed this manual and are ready to accept the stipulations therein, please sign below and return this page following the instructions after the signature line.

I, _____(legal name), have read and thoroughly understand the program manual for Certified Behavioral Sexologist and Certified Behavioral Sexologist - Couples. I am aware that this program is worthy of CEUs bound by the BACB® (2020) Code of Ethics and also that this program and resulting certifications are independent of the Behavior Analyst Certification Board®.

I know that I can take these courses at my own pace and in any order, so long as I am remaining within my desired certification level (CBS or CBS-C). I am aware that this certification does not result in a unique licensure, but is to demonstrate my competency in a niche area of Behavior Analytic work. I am also aware that I do not have to complete this program once I begin; I am allowed to withdraw at any time without penalty.

In completing the below fields, I am contractually establishing the onset of my educational and certification journey with Empowered: A Center for Sexuality LLC and CEUs by Study Notes ABA. I am aware that I, and the above named entities, are bound by the policies and procedures outlined in this manual as a condition of this program.

Signature_____ Date_____

Preferred Name and Pronouns:_____

BACB Certificant Number:_____

****To establish onset of this program, please email your signed copy of this page to both of the addresses below:***

Nicholas Maio-Aether: nicholas.maio@empoweredcenter.com

Jordan Litt: ceu@studynotesaba.com

*****You will receive a confirmation email from both of the above individuals; if you do not receive a response within 24 business hours IT IS YOUR RESPONSIBILITY to call Empowered: A Center for Sexuality LLC to request assistance (leave a voicemail if no answer): 314-932-1105. If you leave a voicemail, expect a response within the next business day to ensure you can be enrolled.*****