



## THROWERS CLUB AWARDS 2018

### CANADIAN RECORDS

#### **Indoor**

##### **Shot Put**

Doreen Garner W64 10.19 25-Feb-18

##### **Weight**

Kristen Dajia W55 11.92 10-Mar-18

#### **Outdoor**

##### **Hammer**

Kristen Dajia W55 38.53 26-May-18

##### **Shot Put**

Doreen Garner W64 10.61 18-Aug-18

##### **Discus**

Jean-Pierre Mayer M70 41.12 18-Aug-18

Doreen Garner W64 29.28 28-Jul-18

Kristen Dajia W55 27.15 18-Aug-18

##### **Weight**

Kristen Dajia W55 11.85 18-Aug-18

##### **Throws Pentathlon**

Kristen Dajia W55 3,415 26-May-18

### ONTARIO RECORDS

All of the above are new Ontario Records

##### **Shot Put**

Jean-Pierre Mayer M70 13.21 18-Aug-18

##### **Javelin**

Jean-Pierre Mayer M70 29.99 29-Jul-18

### CHALLENGE TROPHY

Bill Pearson M66 - 9,052pts

### LATVIAN CUP

Kristen Dajia W55 - 3,415pts



## THROWERS CLUB AWARDS 2018

### SEASON TOTAL POINTS -THROWS PENTATHLON

Gold	Bill Pearson	M66	9,052
Silver	Kristen Dajia	W55	6,809
Bronze	Brock Pullen	M69	2,962

### SEASON TOTAL POINTS - TRIATHLON

Gold	Peter Zowkewych	M67	5,354
Silver	Peter St. Pierre	M60	4,452
Bronze	Adri Rowswell	W77	3,884

### HIGHEST POINTS IN EACH EVENT

#### **Hammer**

Gold	Kristen Dajia	W55	1,019	26-May-18
Silver	Emil Muller	M83	927	18-Jul-18
Bronze	Ray Bzibziak	M64	591	15-Jun-18

#### **Shot Put**

Gold	Doreen Garner	W64	923	18-Aug-18
Silver	Jean-Pierre Mayer	W70	907	18-Aug-18
Bronze	Adri Rowswell	W77	801	29-Jul-18

#### **Discus**

Gold	Jean-Pierre Mayer	M70	924	18-Aug-18
Silver	Adri Rowswell	W77	856	29-Jul-18
Bronze	Doreen Garner	W64	786	18-Aug-18

#### **Javelin**

Gold	Barb Dabrowski	W60	801	7-Jul-18
Silver	Brock Pullen	M69	652	7-Jul-18
Bronze	Adri Rowswell	W77	600	18-Aug-18

#### **Weight Throw**

Gold	Kristen Dajia	W55	820	18-Aug-18
Silver	Bill Pearson	M66	645	7-Jul-18
Bronze	Brock Pullen	M69	594	7-Jul-18



## THROWERS CLUB AWARDS 2018

### HIGHEST POINTS - THROWS PENTATHLON

Kristen Dajja	W55	3,415	26-May-18
Bill Pearson	M66	3,089	7-Jul-18
Brock Pullen	M69	2,962	7-Jul-18
Reggie Johnston	M37	2,237	26-May-18
David Morris	M80	2,023	7-Jul-18
Walter Robert	M55	1,988	26-May-18
Enrico Toscano	M77	1,388	18-Aug-18

### HIGHEST POINTS - TRIATHLON

Adri Rowswell	W77	2,030	18-Aug-18
Peter Zowkewych	M67	1,857	18-Aug-18
Peter St. Pierre	M60	1,532	18-Aug-18
Tim Delyea	M53	1,394	7-Jul-18
Ram Sharma	M70	1,389	26-May-18
Paul Arculus	M83	1,373	18-Aug-18
Patrick Grouix	M76	1,225	26-May-18
Ina Legzdins	W49	1,086	26-May-18
Gary McColeman	M75	998	26-May-18
Jean-Emile Paraiso	M45	707	18-Aug-18



## THROWERS CLUB AWARDS 2018

### HIGHEST POINTS - HAMMER

Kristen Dajia	W55	1,019	26-May-18
Emil Muller	M83	927	18-Jul-18
Ray Bzibziak	M64	591	15-Jun-18
David Morris	M80	531	29-Jul-18
Brock Pullen	M69	526	7-Jul-18
Bill Pearson	M65	509	26-May-18
Lucille Green	W69	463	7-Jul-18
Patrick Grouix	M76	401	26-May-18
Reggie Johnston	M37	365	26-May-18
Walter Robert	M55	313	26-May-18
Bruce Wilson	M69	262	26-May-18
Enrico Toscano	M77	247	18-Aug-18
Tim Delyea	M53	206	7-Jul-18

### HIGHEST POINTS - SHOT PUT

Doreen Garner	W64	923	18-Aug-18
Jean-Pierre Mayer	W70	907	18-Aug-18
Adri Rowswell	W77	801	29-Jul-18
Peter Zowkewych	M67	792	18-Aug-18
Bill Pearson	M66	777	7-Jul-18
Kristen Dajia	W55	690	18-Aug-18
David Morris	M80	637	7-Jul-18
Brock Pullen	M69	629	7-Jul-18
Moe Jacobs	M74	608	29-Jul-18
Paul Arculus	M83	594	7-Jul-18
Peter St. Pierre	M60	581	18-Aug-18
Reggie Johnston	M37	565	26-May-18
Walter Robert	M55	542	26-May-18
Peter St. Pierre	M59	535	26-May-18
Ram Sharma	M70	533	26-May-18
Gary McColeman	M76	462	29-Jul-18
Patrick Grouix	M76	458	26-May-18
Ina Legzdins	W49	456	26-May-18
Gary McColeman	M75	447	26-May-18
Tim Delyea	M53	382	7-Jul-18
Bruce Wilson	M69	374	26-May-18
Enrico Toscano	M77	367	29-Jul-18
Jean-Emile Paraiso	M45	333	18-Aug-18



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### HIGHEST POINTS - DISCUS

Jean-Pierre Mayer	M70	924	18-Aug-18
Adri Rowswell	W77	856	29-Jul-18
Doreen Garner	W64	786	18-Aug-18
Bill Pearson	M66	674	7-Jul-18
Kristen Dajja	W55	637	18-Aug-18
Moe Jacobs	M74	592	29-Jul-18
Brock Pullen	M69	588	7-Jul-18
Ray Bzibziak	M64	576	15-Jun-18
Paul Arculus	M83	560	18-Aug-18
Peter Zowkewych	M67	529	18-Aug-18
David Morris	M80	512	7-Jul-18
Peter St. Pierre	M60	494	29-Jul-18
Reggie Johnston	M37	467	26-May-18
Bruce Urch	M60	455	29-Jul-18
Ram Sharma	M70	449	26-May-18
Walter Robert	M55	409	26-May-18
Patrick Grouix	M76	387	26-May-18
Bruce Wilson	M69	357	26-May-18
Ina Legzdins	W49	341	26-May-18
Gary McColeman	M76	296	18-Aug-18
Enrico Toscano	M77	292	29-Jul-18
Tim Delyea	M53	284	7-Jul-18
Jean-Emile Paraiso	M45	247	18-Aug-18



## THROWERS CLUB AWARDS 2018

### HIGHEST POINTS - JAVELIN

Barb Dabrowski	W60	801	7-Jul-18
Brock Pullen	M69	652	7-Jul-18
Adri Rowsell	W77	600	18-Aug-18
Jean-Pierre Mayer	M70	594	29-Jul-18
Peter St. Pierre	M60	579	29-Jul-18
Peter Zowkewych	M67	576	29-Jul-18
Kristen Dajia	W55	459	26-May-18
Bill Pearson	M66	452	7-Jul-18
Bruce Urch	M60	430	29-Jul-18
Ram Sharma	M70	407	26-May-18
Patrick Grouix	M76	380	26-May-18
Reggie Johnston	M37	364	26-May-18
David Morris	M80	356	29-Jul-18
Ina Legzdins	W49	355	26-May-18
Walter Robert	M55	297	26-May-18
Gary McColeman	M75	274	26-May-18
Paul Arculus	M83	256	18-Aug-18
Bruce Wilson	M69	234	26-May-18
Jean-Emile Paraiso	M45	174	26-May-18
Enrico Toscano	M77	162	29-Jul-18
Tim Delyea	M53	158	7-Jul-18

### HIGHEST POINTS - WEIGHT THROW

Kristen Dajia	W55	820	18-Aug-18
Bill Pearson	M66	645	7-Jul-18
Brock Pullen	M69	594	7-Jul-18
David Morris	M80	566	29-Jul-18
Walter Robert	M55	526	26-May-18
Reggie Johnston	M37	504	26-May-18
Lucille Green	W69	493	26-May-18
Tim Delyea	M53	364	7-Jul-18
Enrico Toscano	M77	332	18-Aug-18
Bruce Wilson	M69	248	26-May-18