

## POLEBALL—A SHORT DESCRIPTION OF THE GAME

Poleball is a fast action field game played on a football field or a soccer field. Each team has 10 players on the field, and there are four 15 minute quarters of play. The ball used is a #3 or #4 soccer ball. There is a goal on each end of the field.

There is a kickoff to start each half and after a scoring event of 2 points or more. A scoring event can be awarded a score 1 to 4 points depending on how far from the goal the throw or kick was from the goal and how accurate the throw or kick was in hitting the goal. If the scoring event was awarded less than 2 points, instead of a kickoff, the new offense is given the ball out of bounds at midfield.

To score, the offense works its way toward the goal by passing, kicking or running with the ball while avoiding being touched by defense players. The offense always has to be concerned about losing possession of the ball by multiple touchings, interception, going out of bounds or a failed scoring attempt. Once the offense loses the ball, it becomes the defense and the new offense has to work its way toward its goal.

When a team gets near enough to its goal it can attempt to score by running to the goal or by throwing or kicking the ball to the goal. The number of points awarded for a score depends on the accuracy of hitting the center pole or going between the outside poles of the goal.

Poleball play is somewhat different from that of football, basketball, soccer and lacrosse, but there are some similarities. The principal differences from soccer and lacrosse is that in poleball players can use their hands and their feet to control the ball, and when they shoot on the goal there is no goal tender to block their shots. So, if the throw or kick to a smaller goal is accurate, the team gets awarded a score.

Hitting and blocking are not allowed in Poleball, and body contact during play and when going for a free ball is limited in order to avoid serious injuries.

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Copies of the RULE BOOK for the game of POLLBALL can be purchased at [poleball.org](http://poleball.org) -- or, they can be Ordered from Third Wave Promotions, Inc. at 1333 Harpers Road, Unit 105, Virginia Beach, VA 23454

Go to [poleball.org](http://poleball.org) for instructions on how to order.

## A COMPARING DESCRIPTION OF THE GAME OF POLEBALL

This description of the game of Poleball will explain it by comparing its rules for playing with the rules for playing some popular sports games.

The game of Poleball has actions in its playing that are similar to those in Football, Soccer, Basketball, and Lacrosse. Poleball is played on a field the size of a football field or a soccer field with two teams of 10 players each, a ball that can be a #3 or #4 soccer ball, and 2 goals for scoring points. Each goal has 3 poles and a net behind the poles. Multiple point scoring is possible and depends on the accuracy of the throw or kick hitting the center pole.

Like playing Football, you can run with the ball, kick it, or throw it. Unlike Football you can't hit, block or tackle another player. Also, unlike Football, you use a round ball, so you know which way the ball is going to bounce.

Like playing Basketball, you move the ball around by passing it between players and your not supposed to be coming in contact with players on the other team. Also, like Basketball, you get more points when scoring from beyond an arc that is farther from the goal. Unlike Basketball, you can run with the ball without dribbling it and you can touch the player who has the ball.

Like playing Soccer, you can kick the ball and control it with your feet. Unlike Soccer, you can use your hands to catch and throw the ball. But, you can't use your head or neck to touch the ball to control it.

Like playing Lacrosse, you run with the ball and pass it among the players as you try to get near your team's scoring goal. Unlike Lacrosse, you don't have any device to use to catch, hold, and throw the ball. You have your hands and feet to control the ball.

Unlike Football and Lacrosse, you don't need a helmet or protective padding.

Players can be any size and their ability to play depends on their skill of thinking, throwing, catching, kicking, running, and playing on a team. Scoring points depends on these skills. The game is designed to reduce injuries, the expense of equipment, and the amount of luck in scoring. It is also designed to provide a lot of fast action.

The ball is moved by the offense players toward their goal by throwing, kicking or running with the ball. Points are scored by the offense when they get past the defense so the offense players are able to run the ball to the goal for 1 point, or throw or kick the ball to the goal. When the ball is thrown or kicked to the goal a greater number of points are possible to be awarded for each score. The ball has to be thrown or kicked from beyond 15 yards from the goal. There is an arc marked out on the field to show the 15 yard distance. There is another arc on the field showing the 25 yard distance. It is possible to get more points for a throw or kick from beyond the 25 yard arc than a throw or kick inside the 25 yard arc.

The defense can take the ball away from the offense by 2 defenders touching the offense player who has the ball, or by intercepting the ball, or by the offense moving the ball to out of bounds. The team with the most points at the end of the game wins. END

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## IMAGINE A POLEBALL GAME

Imagine 2 soccer teams of 10 players each on a soccer field and a goal on each end of the field. You notice that the goals are much smaller than those for a soccer game. They are more like the size of a goal for lacrosse. The ball that is being used is a small soccer ball, and the players are throwing and catching the ball as well as kicking it and running with it in their hands. The referees say the players cannot hit the ball with their heads, and they can't bump into each other. The player with the ball can be touched by the members of the other team, and the player with the ball has to stop when touched, but he/she can still throw or kick the ball after being touched. But, they can't hand the ball off, they have to throw or kick it, and they have to do that before a second player from the other team touches them. If a second player touches them before they get rid of the ball, they have to give the ball over to the other team. You notice that there is no goalie protecting the goal, but instead there is an arc marked out on the ground that is 15 yards away from each goal, and you are told the players have to throw or kick the ball at the goal from beyond the arc in order to score, but they can run the ball to the goal to score 1 point - if they are not touched first.

To picture the goal, look at the attached diagram of the goal. When scoring, points are awarded on the basis of accuracy in hitting the center of the goal and the distance from the goal the player kicks or throws the ball. Points awarded range from 4 to 1. When points are scored, the ball is then given to the other team. If 2 or more points are awarded for the score, there will be a kickoff similar to that in a football game. If only 1 point is scored, the other team will get the ball out of bounds at midfield.

The game is played for four 15 minute quarters, and the teams change goals after the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> quarters. The team with the most points at the end of the game wins. You have to read the Rule Book to get more detail about the playing and the scoring.